**21st Century Staff Community – Adaptive, Committed, & Collaborative**

1. principal of a small urban school – tensions between teachers

1. unacceptable – teachers = role models

1. seminar on the work of Dr. Murray Bowen, the founder of Family Systems Theory – answer to our problems
2. emotional field running through communities – “May the force be with you”
3. stress in teachers impacts students’ performance - we are supposed to support children to become creative
4. The Yale Center for Emotional Intelligence: emotional intelligence = RULER – Recognize our emotions, Understand our emotions, Label our Emotions, Express our emotions and Regulate our emotions.
5. Charter of Commitment.
6. Laurens Van der Post – “It always comes back to this:  We cannot take the life of our times further than we have taken ourselves.”