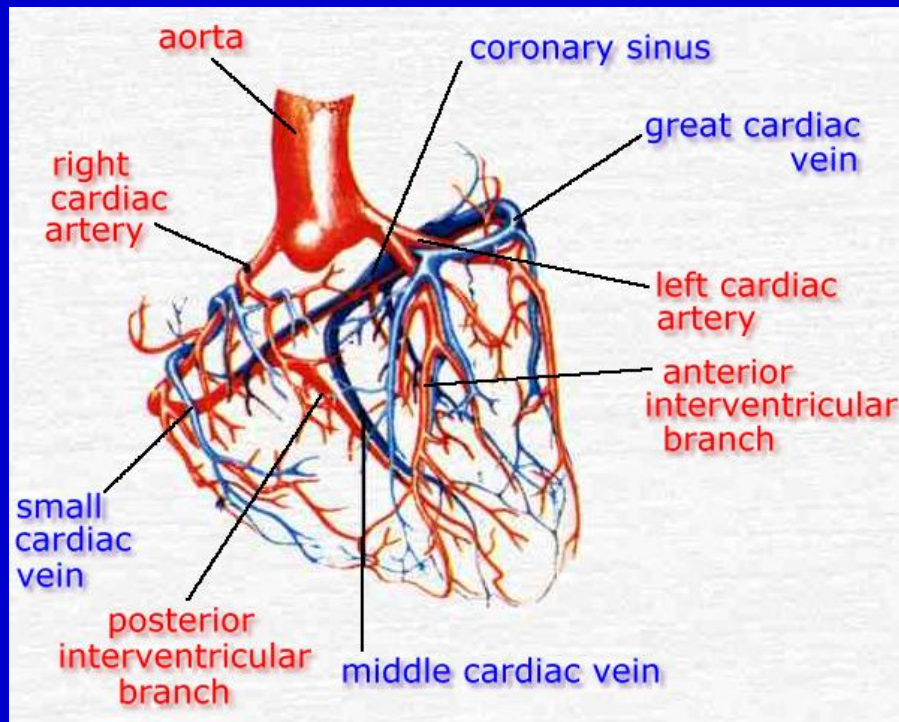
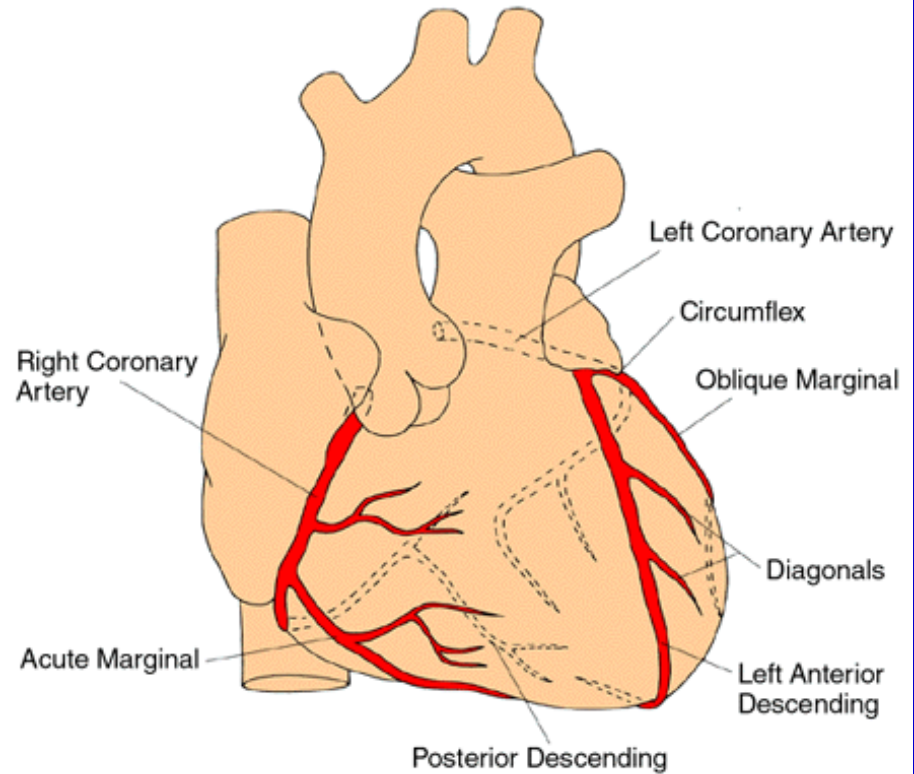


**Coronary heart
disease (CHD)**

CORONARY CIRCULATION AND MYOCARDIAL METABOLISM



Coronary Arteries of the Heart



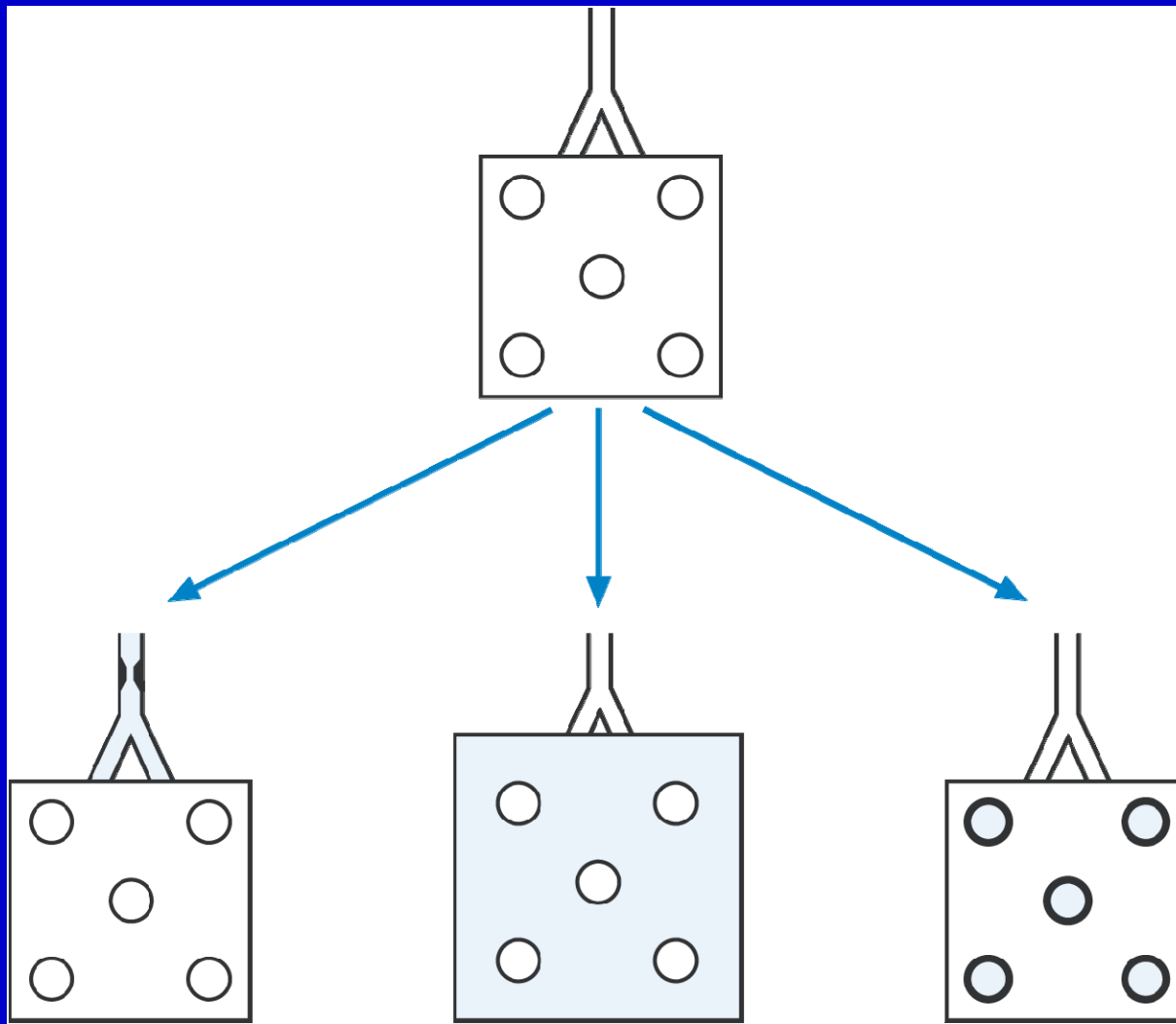
Blood flow:

resting: 250 ml/min

Main components:

- coronary arteries in epicardial part
- small coronary vessels
- myocardium

Perfusion pressure x resistance



Zátěžová echokardiografie, Maxdorf

Perfusion

extravascular pressure



high in systole
higher in subendocardium
myocardium diseases



perfusion pressure



vascular resistance

dilatation of larger
epicard. arteries

arteriolar dilatation

endothelium

main mechanism
of increasing the blood flow

- metabolic influence
- autoregulation

diastolic BP

VNS
 $\beta_2 \times \alpha$

Perfusion pressure:

pressure difference between the beginning of coronary arteries and estuary of coronary sinus

Coronary reserve:

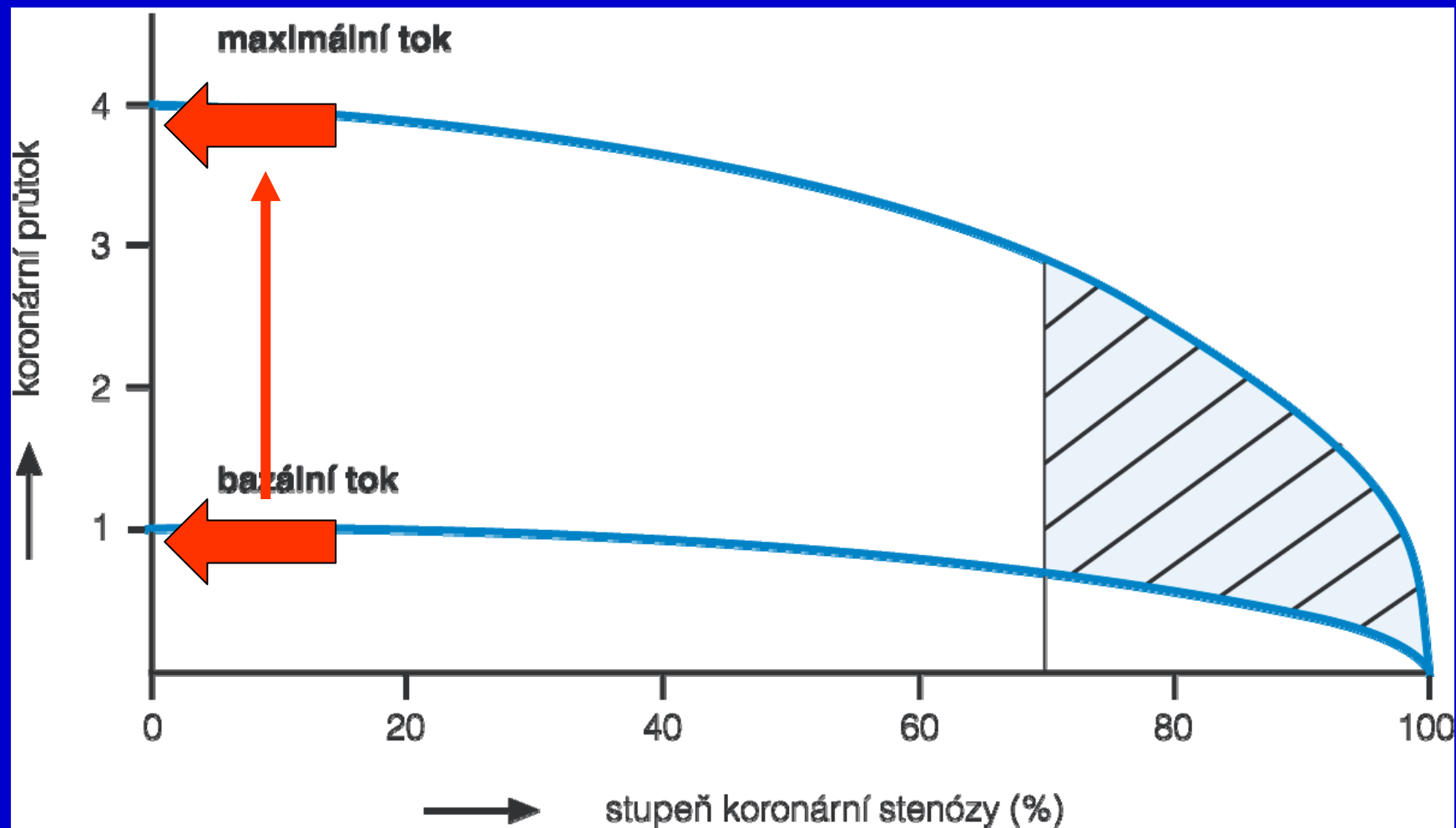
maximal increase of blood flow through

myocardium – cca 4x

vasodilatation of small vessels

Differences in perfusion:

impaired perfusion of subendocardial parts



Blood flow through the **subendocardial vessels** *is less during systole* than in the outer coronary vessels.

To compensate, *the subendocardial vessels are far more extensive* than the outermost arteries, allowing a disproportionate increase in subendocardial flow during diastole.

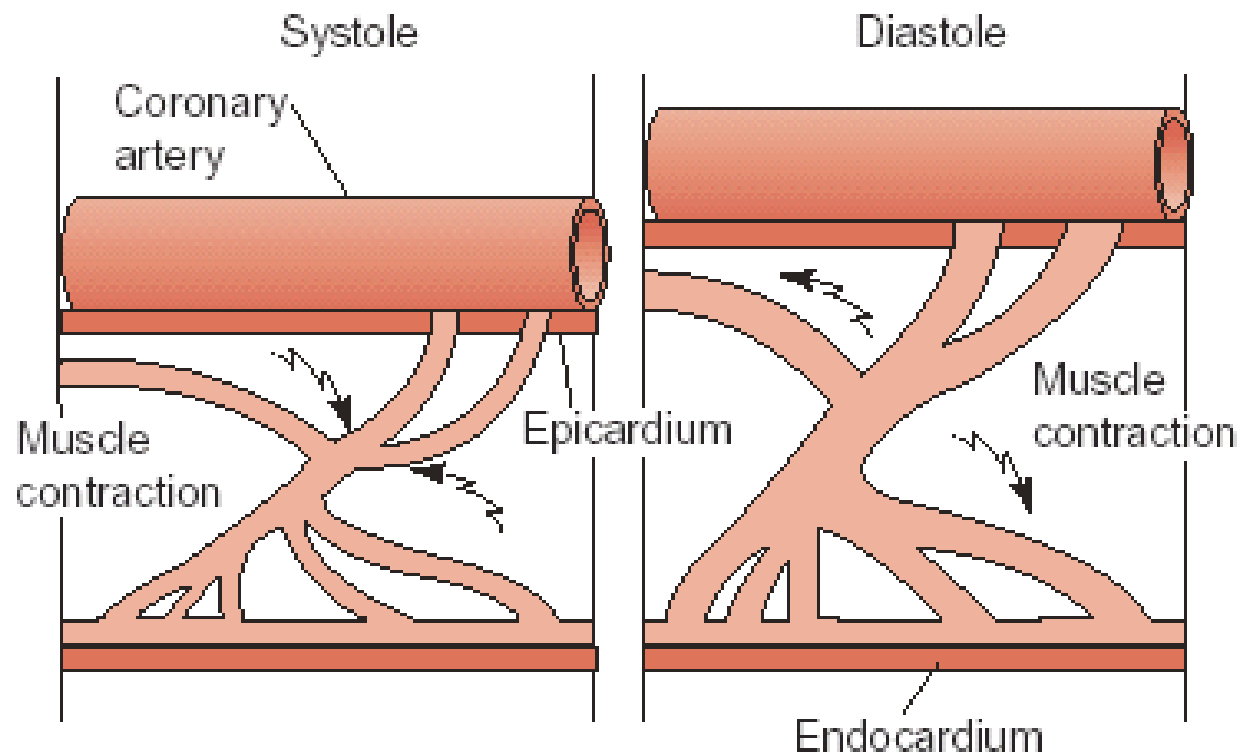
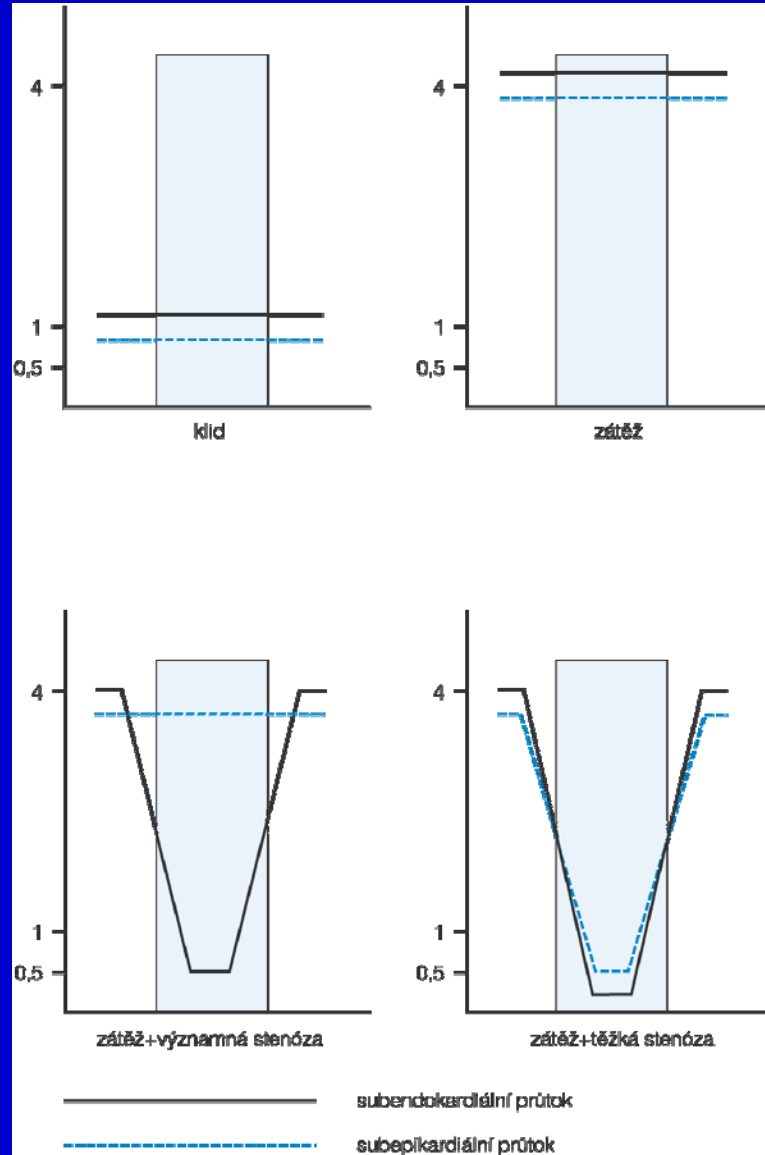


FIGURE 26-5 The compressing effect of the contracting myocardium on intramyocardial blood vessels and subendocardial blood flow during systole and diastole.

Because blood flow mainly occurs during diastole, there is a risk for subendocardial ischemia

- **diastolic pressure is low**
- **elevation in diastolic intraventricular pressure sufficient to compress the vessels in the subendocardial plexus**
- **rapid heart rates, the time spent in diastole is greatly reduced**



Zátěžová echokardiografie, Maxdorf

Oxygen extraction: almost maximal (as in intensively working skeletal muscles)

AV difference: 140–160 ml O₂/L blood

Oxygen consumption (AV difference × flow):

rest – 140 × 0,25 = 35 ml

exercise – 160 × 1,00 = 160 ml

Mainly achieved by increase of flow – vessel parameters are crucial for oxygen delivery to the myocardium during exercise

Energy consumption:

- 90 % mechanical activity (contraction, relaxation)
 - 9,5 % proteosynthesis
 - 0,5 % electrical activity
-
- tension in the wall of LV ~ blood pressure
 - inotropy
 - heart rate

Energy sources in the myocardium:

rest – FFA, glucose, lactate

exercise – increase of lactate up to 2/3

Factors influencing oxygen consumption:

- heart work
- contractility
- heart rate
- myocardium properties: wall tension (dilatation, afterload – hypertension), hypertrophy
- adrenergic stimulation

Factors influencing oxygen delivery to the myocardium:

- partial tension of oxygen in the environment
- respiratory functions
- hemoglobin
- blood flow through myocardium

ISCHEMIA

Ischemia

insufficient delivery of oxygen and nutrients and insufficient outflow of metabolites from the tissues due to the impaired perfusion

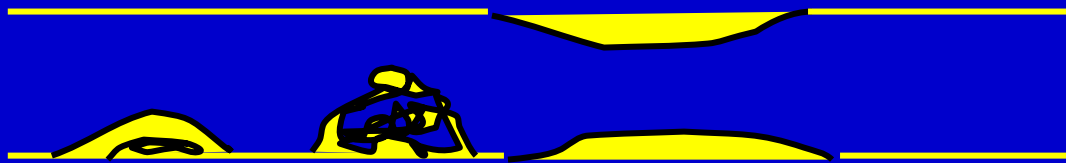
Imbalance between metabolic requirements and perfusion:

1. increased requirements – *simulation by exercise tests*
2. impaired perfusion
3. combination

Vessel narrowing

- organic
- functional
- combined
- fixed
- dynamic

plaque + thrombus
+ spasmus



atherom. plaque

thrombus

spasmus

localisation

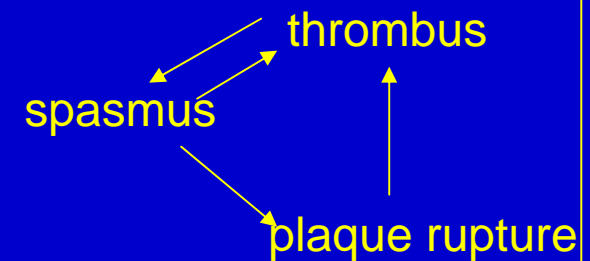
- concentric
- excentric

stability

- fibrotisation
- lipids
- inflammation

platelets:
vasoconstr. factors
growth factors

diurnal rhythm (morning!)
cold
smoking
psychic influences

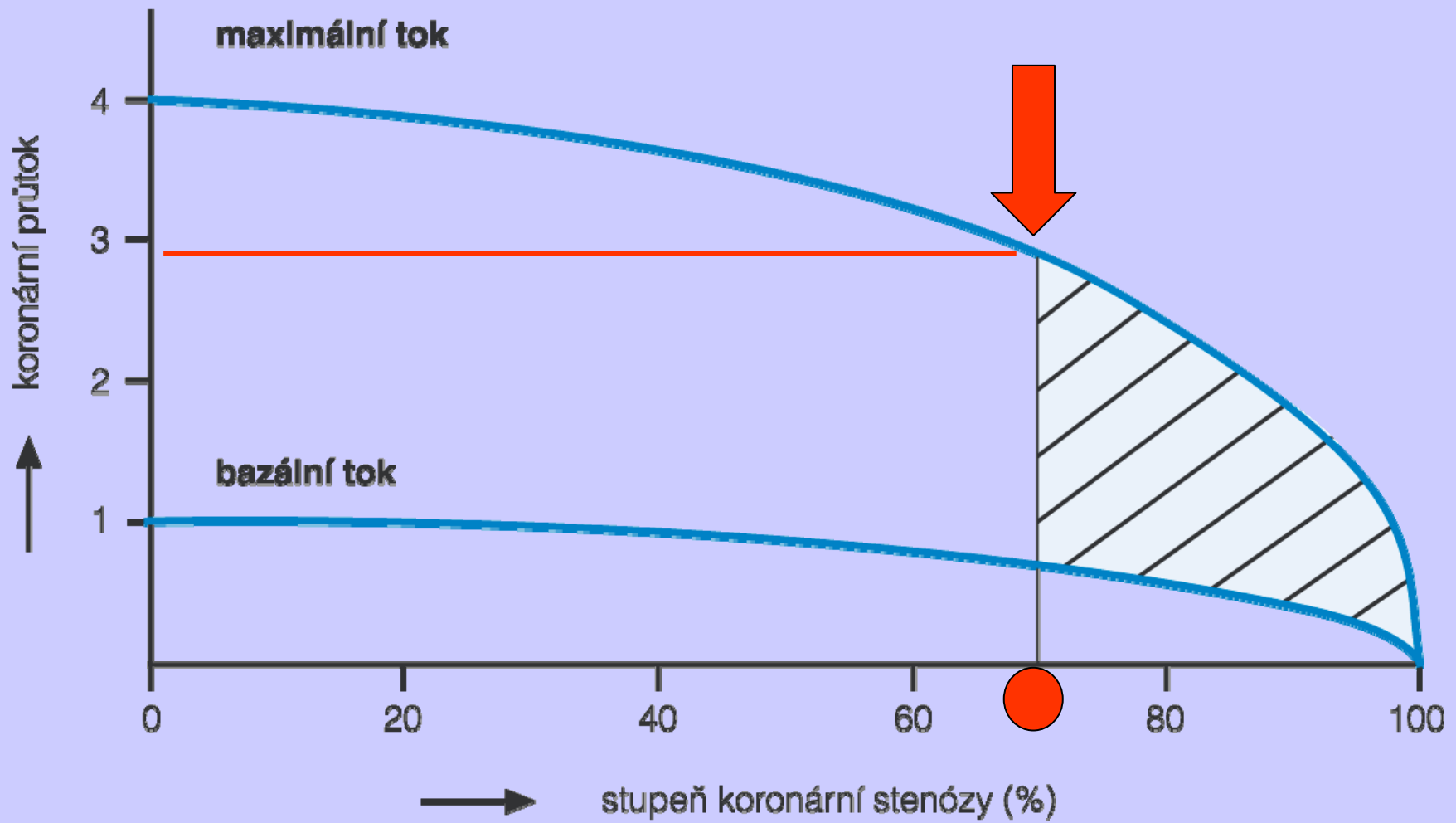


Impact of the size of stenosis on hemodynamics of coronary blood flow:

- do 40 % – without influence
- 40–70 % – ischemia not apparent in physiological exercise
- **70–90 %** – ischemia not in resting, distinct in exercise
- over 90 % – ischemia even in rest

Hemodynamically unimportant atherosclerotic plaque can be the cause of life-threatening myocardial infarction:

rupture \Rightarrow thrombus + spasmus \Rightarrow necrosis \Rightarrow
arrhythmia (ventricular fibrillation) \Rightarrow death



Consequences of ischemia:

- **metabolic changes: ATP depletion, lokal acidosis, increased inflow of *calcium* to the cells**
- **impaired contractility (*decrease of stroke volume*):**
- **impaired relaxation (*diastolic dysfunction*)**
- **impaired electrical events (*arrhythmias, ECG*)**
- **morphological changes (*myocytes, necrosis, fibrotisation, steatosis etc.*)**
- **clinical symptoms (*pain, arrhythmia, heart failure*)**

Postischemic changes

- * ischemia duration
- * reperfusion

Stunned myocardium

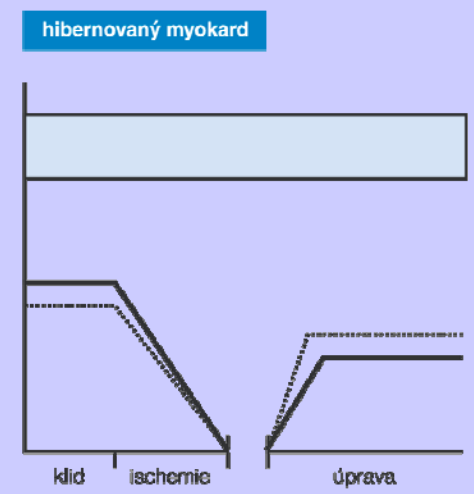
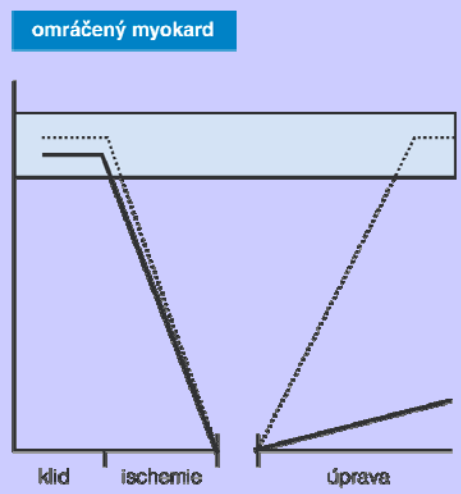
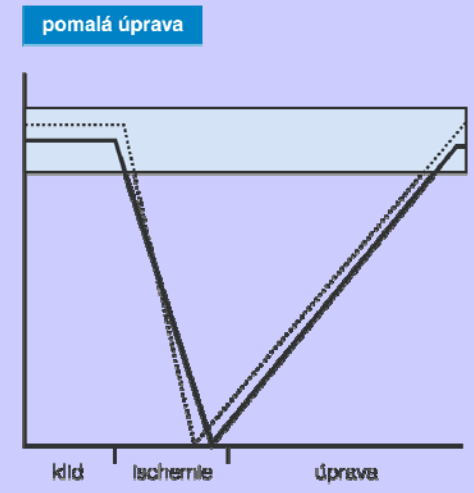
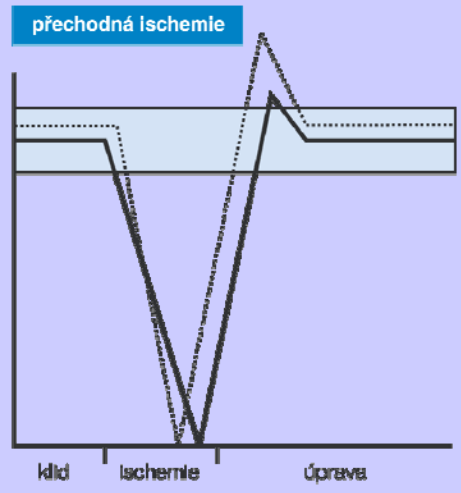
perfused but not functioning

reversible continuous dysfunction of myocardium after reperfusion without apparent changes

Hibernating myocardium

chronically hypoperfused and functionally impaired
situation with continuously decreased blood flow
accompanied by impaired contractility

adaptation of cells to decreased energy delivery



- regionální funkce
- koronární tok
- normální rozsah

Ischemic preconditioning

increased resistance of myocardium against damage due to ischemia

caused by preceding ischemia and reperfusion

Reperfusion

Collaterals

Angiogenesis

VEGF (vascular endothelial growth factor)

FGF (fibroblast growth factor)

Angiopoetin

and others...

Therapeutical angiogenesis

gene therapy: direct intramyocardial application of plasmid or use of vector (adenovirus) VEGF or FGF

Revascularization by invasive treatment

- PTCA (percutaneous transluminal coronary angioplasty)
- stents
- bypass

Reperfusion damage

- * oxygen radical species: source in mitochondria, or leukocytes, xanthinoxidase (less important in myocardium)
- * increased amount of intracellular calcium
- * neutrophils: radical formation, mechanical plugging of capillaries, proteolytic enzymes

clinically - ***arrhythmias***