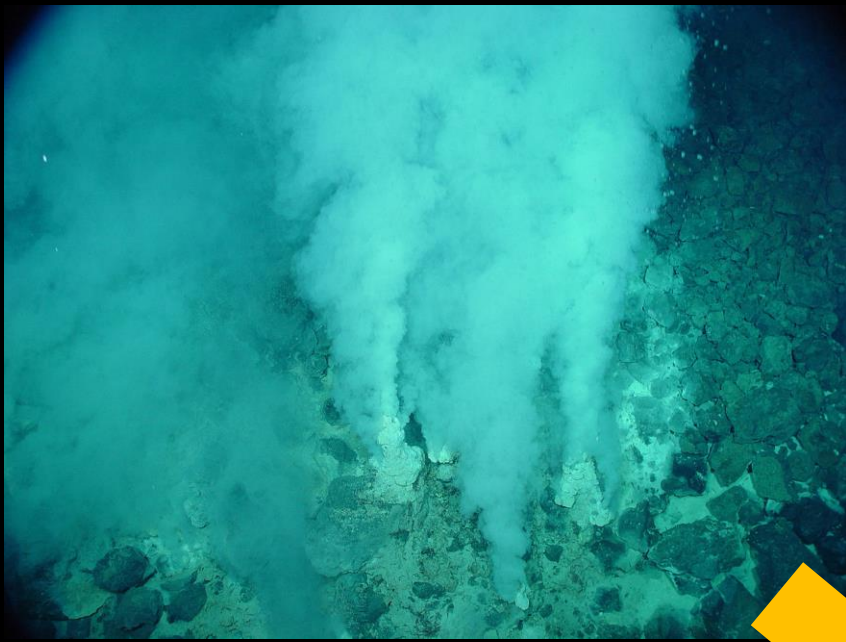
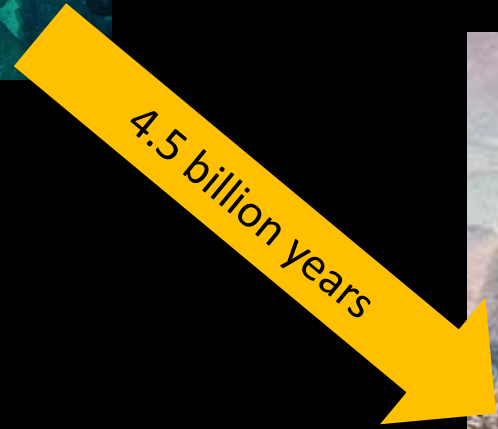


Inflammation

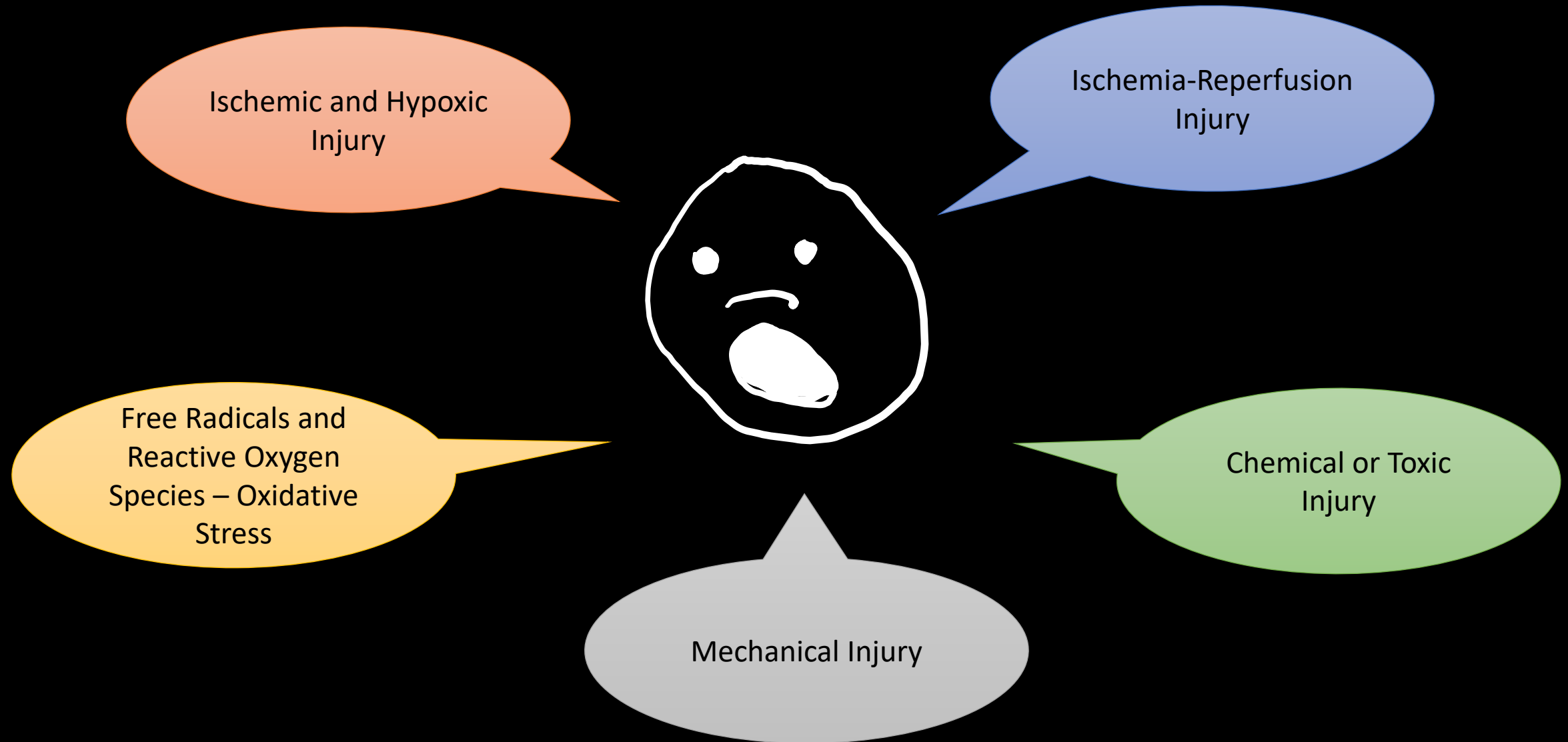


LUCA

**multicellular
organism**



Forms of Cellular Damage



Inflammation

Definition:

- the organism **protective response** against a harmful agent

Aim:

- **to confine** the extent of damage, **kill** microorganisms, **remove** cellular debris and activate **healing**

Inflammation

- complex non-specific reaction of **vascularized tissue**
 - *Inflammation in avascular tissue is modified.*
- **non-specific, normal** (*physiological mechanism*), **necessary**
- also part of the healing process
- every defense reaction includes a component that **damages** its own tissues and whether positive or destructive components prevail depends on the regulation
- during acute inflammation, in the first phase mainly components of non-specific immunity are activated, in the second phase specific immunity is activated

Causes of Inflammation

microorganisms

- bacteria, viruses, fungi, protozoas

chemical agents

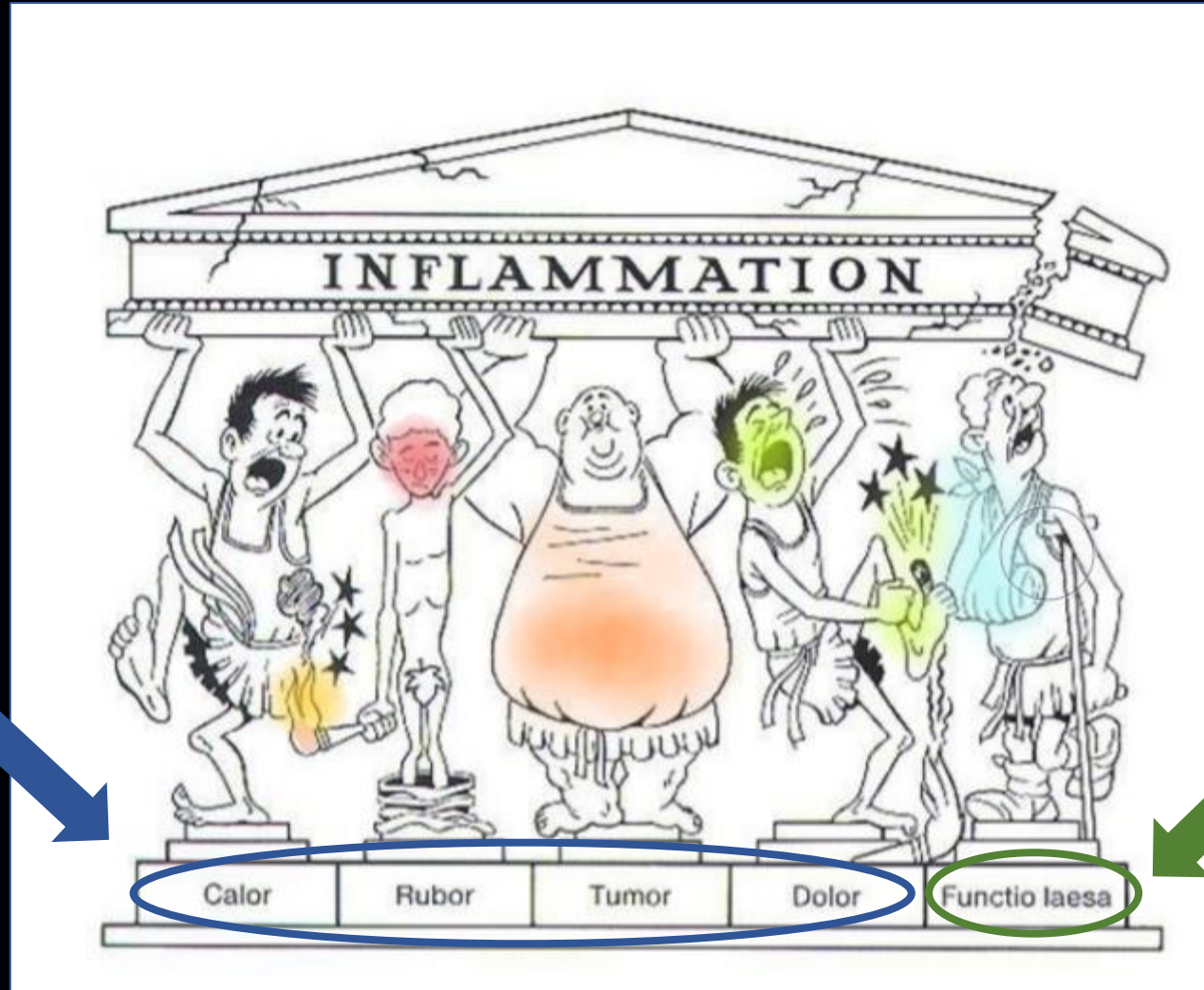
- exogenous proteins (pollen), asbestos or silicate crystals

damage

- mechanical, chemical, thermal injury, radiation, endogenous harmful substances (urate, phosphate and oxalacetate crystals, cholesterol), immunological (decaying cancer cells, extravascular blood, AI reaction, cholesterol)



25 BC – 50 AD



129 – 199 AD

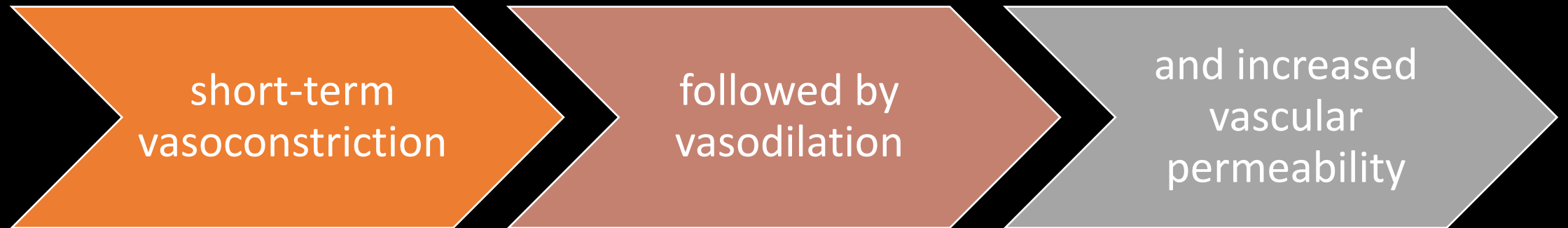
Components of Inflammation

Vascular response

Plasma protein system

Cells and vascular tissue

1st Vascular Response



Vascular Response (seconds - minutes)

Short-lived vasoconstriction

- limiting bleeding, but worsening of ischemia

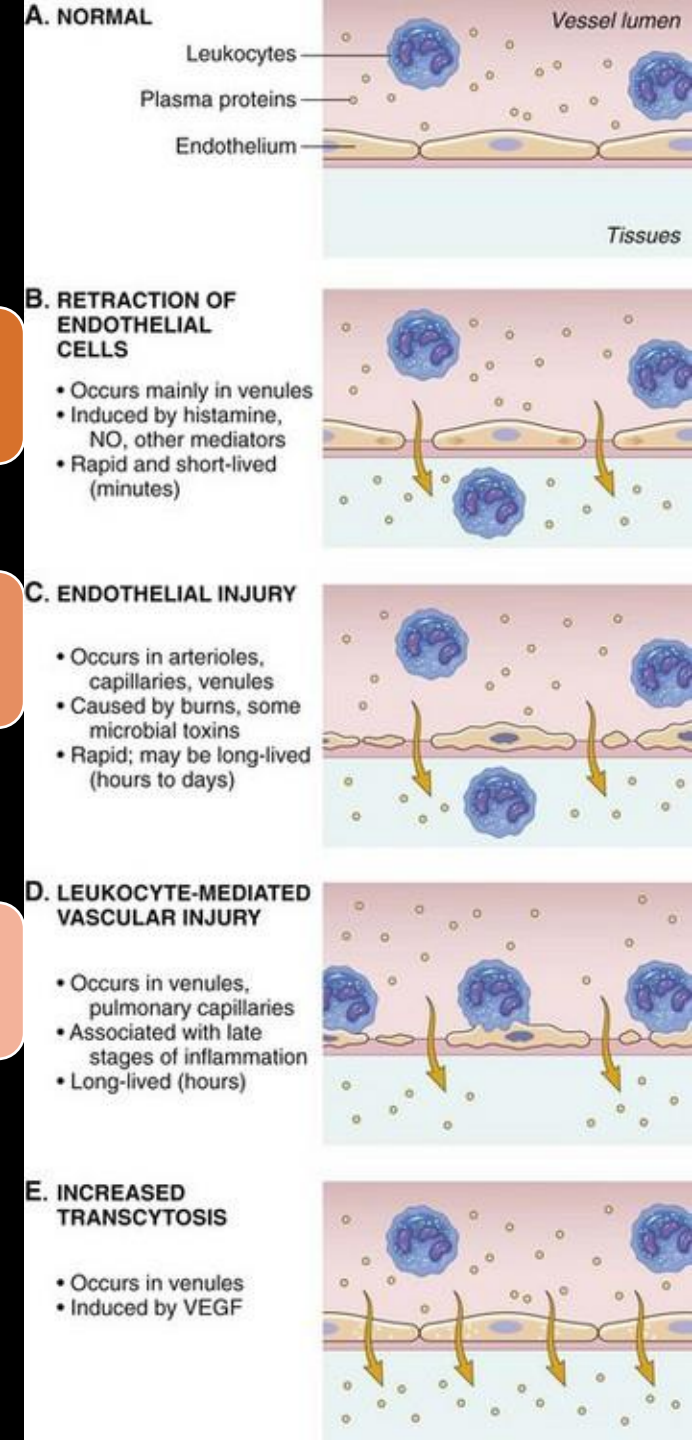
Followed by vasodilatation

- ← NO production by the endothelium
- → ↑ perfusion of inflamed tissue, slowing of blood flow

Retraction of endothelial cells

- ← reaction to mechanical and chemical irritation
- → ↑ permeability → transfer of plasma, including proteins to interstitium

Principal mechanisms of increased vascular permeability in inflammation and their features and underlying causes. *NO*, Nitric oxide; *VEGF*, vascular endothelial growth factor.



2nd Plasma Protein System

Clotting system

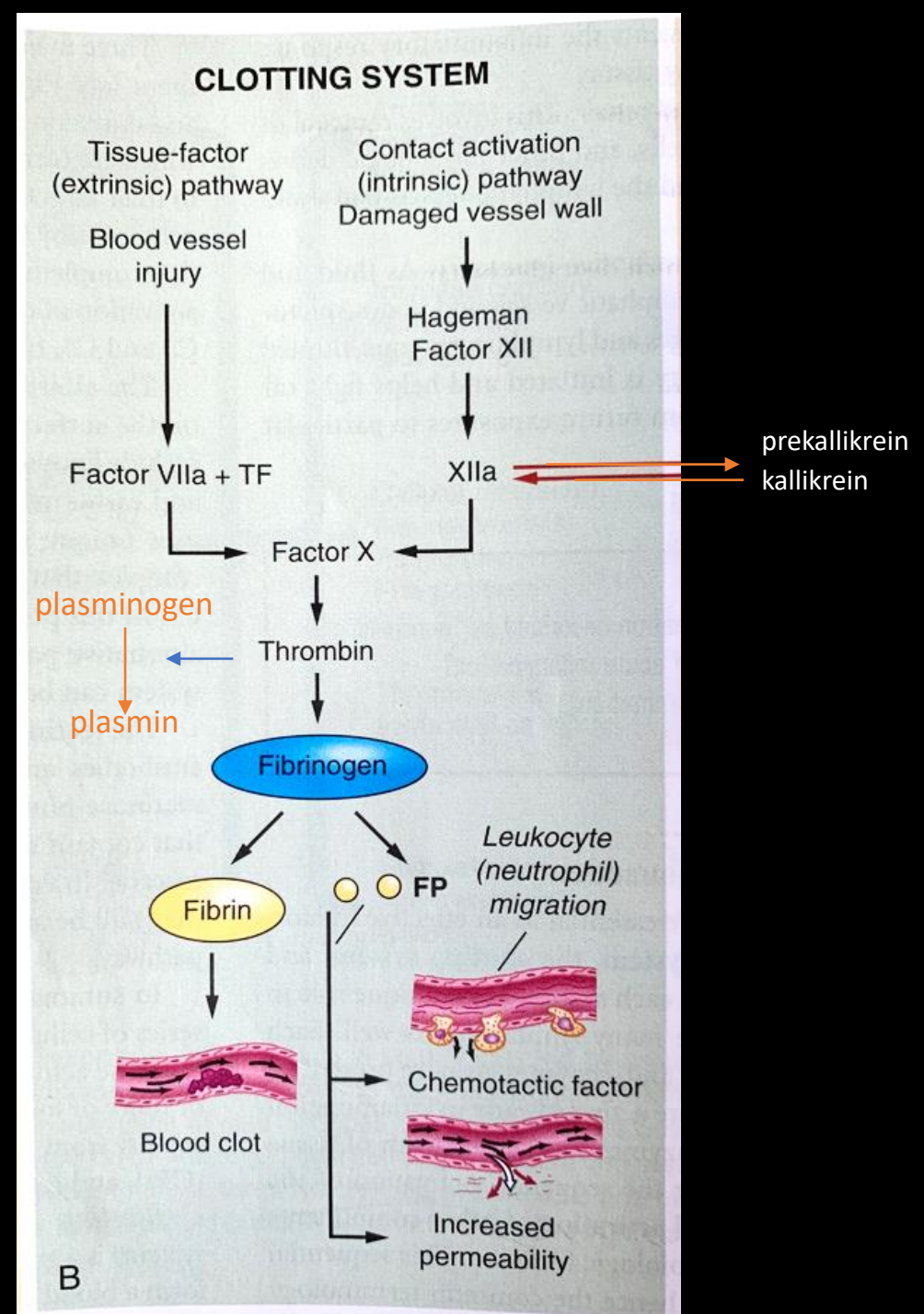
Complement

Kinin system

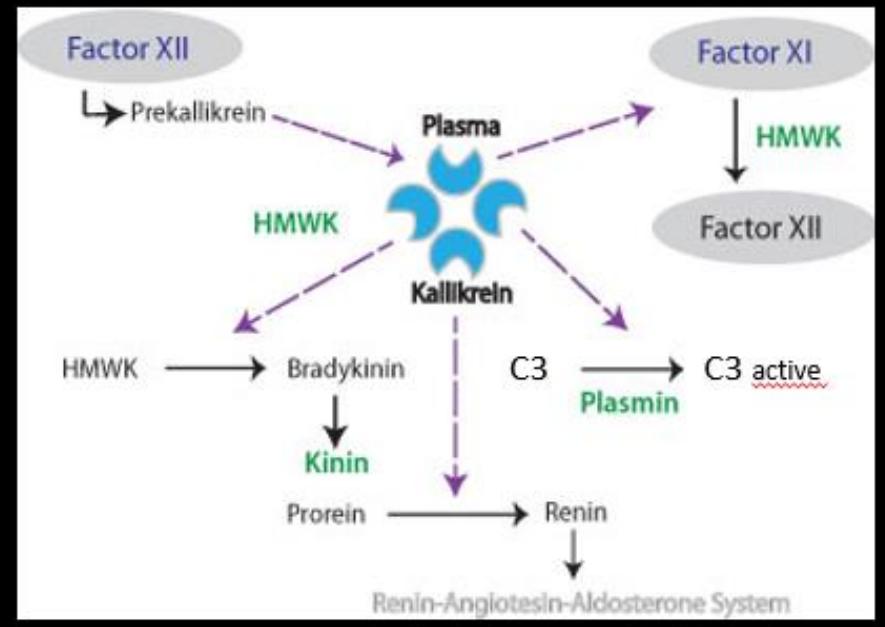
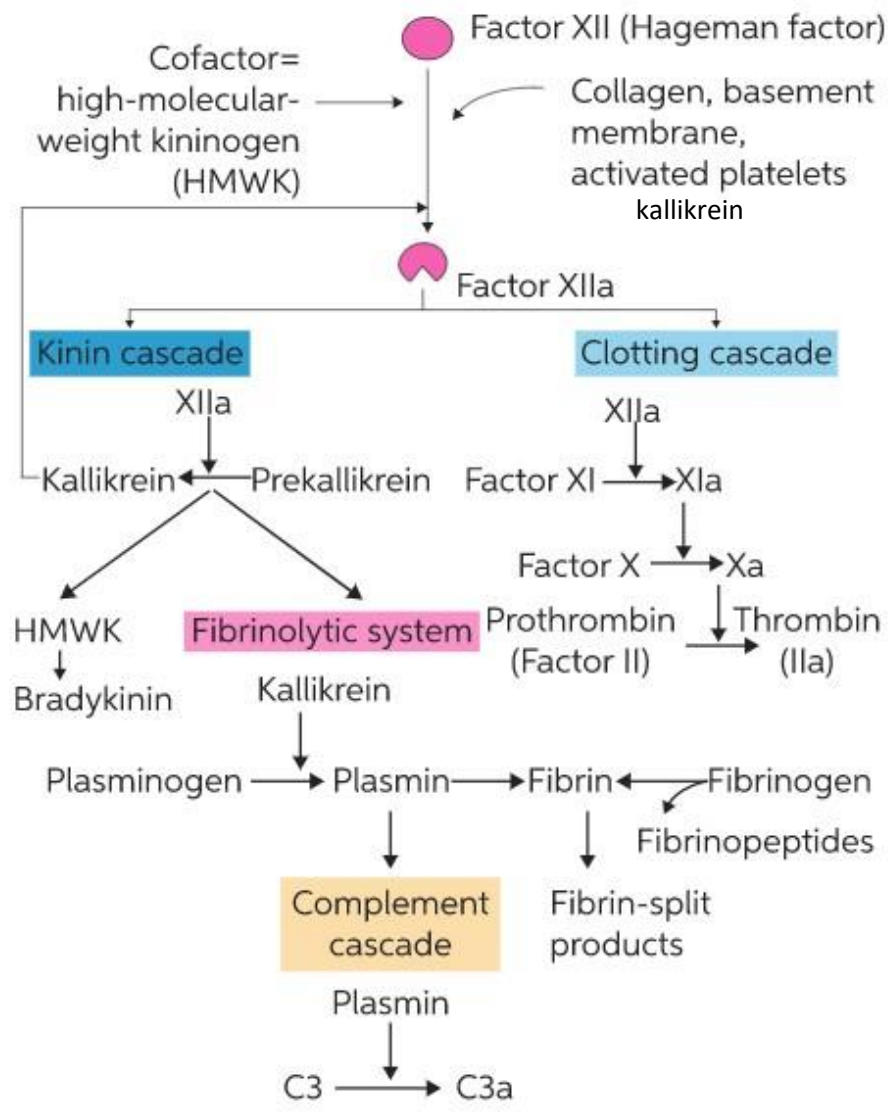
(regulation of the above systems)

Clotting System

- bounding of inflammation, limitation of spread
- (network) for future healing
- activated Hageman factor (XII) activates complement and the kallikrein-kinin system
- **simultaneous activation of the fibrinolytic system** as a defence against thrombus forming in blood vessels and the possibility of mild, further spread under local ↑ pressure



Structure of Hageman Factor



Hageman Factor Deficiency



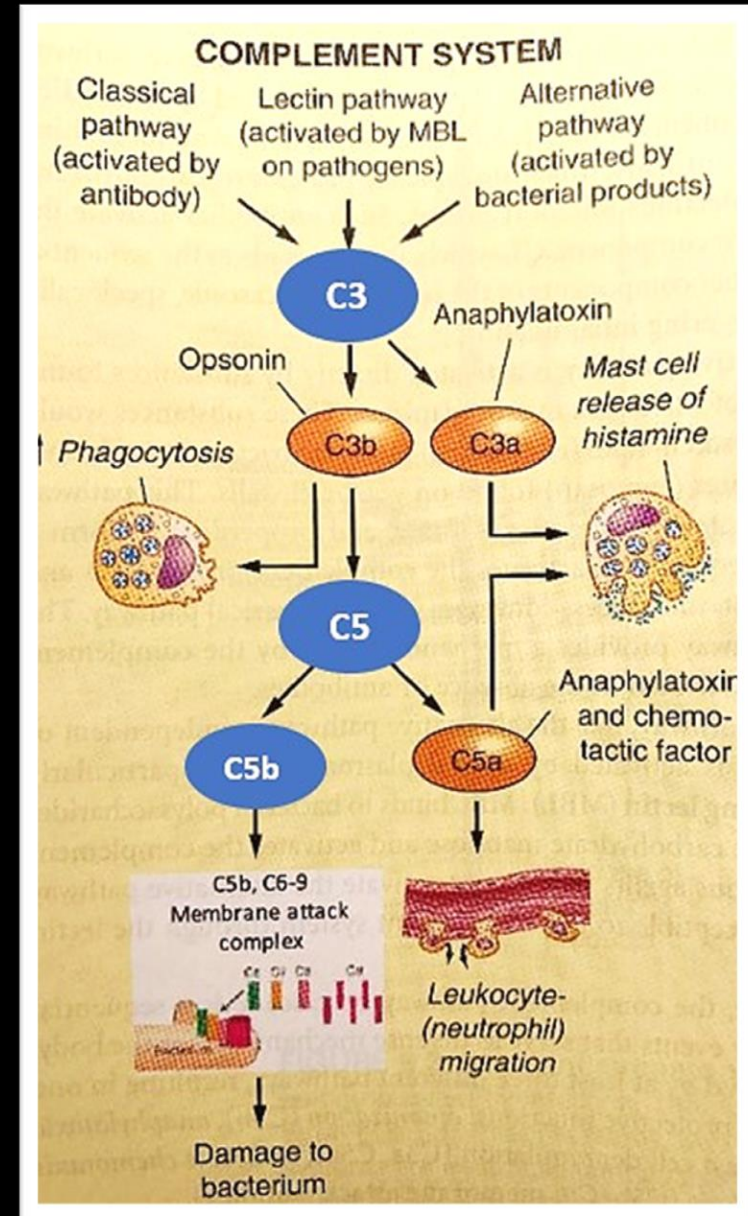
https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcTDwPJJTe7LP689xipCpgAc3zQNpYUMz-tjtMQXj1f_TurbmHTGP4Z0sRok5GBxo-8k7lhY&usqp=CAU



<https://onlinelibrary.wiley.com/doi/full/10.1046/j.1365-2141.2003.04459.x>

Complement System

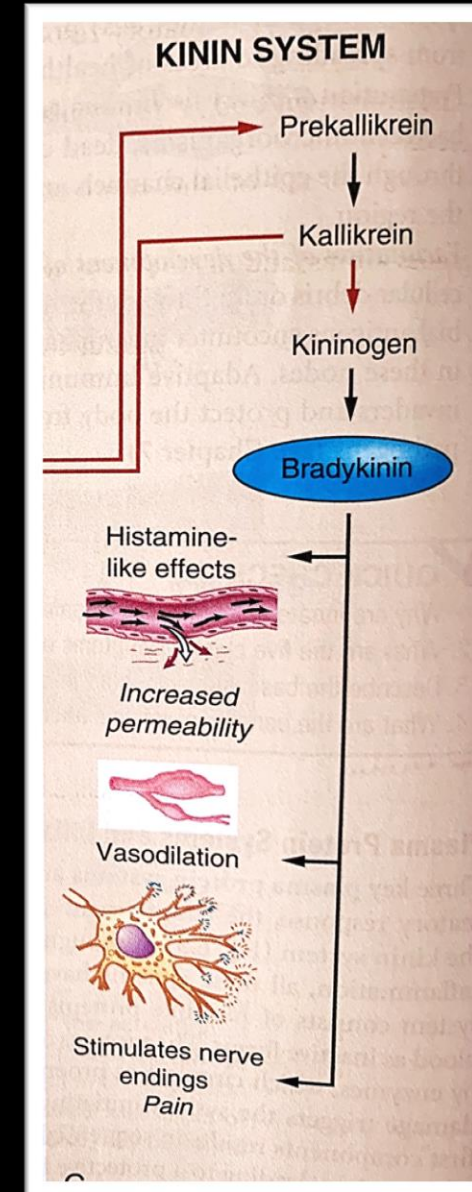
- mast cells activation (C3a, C5a)
- chemotaxes (C5a), opsonization (C3b)
- cytolytic effect (C5b, C6-9)
- neutralization

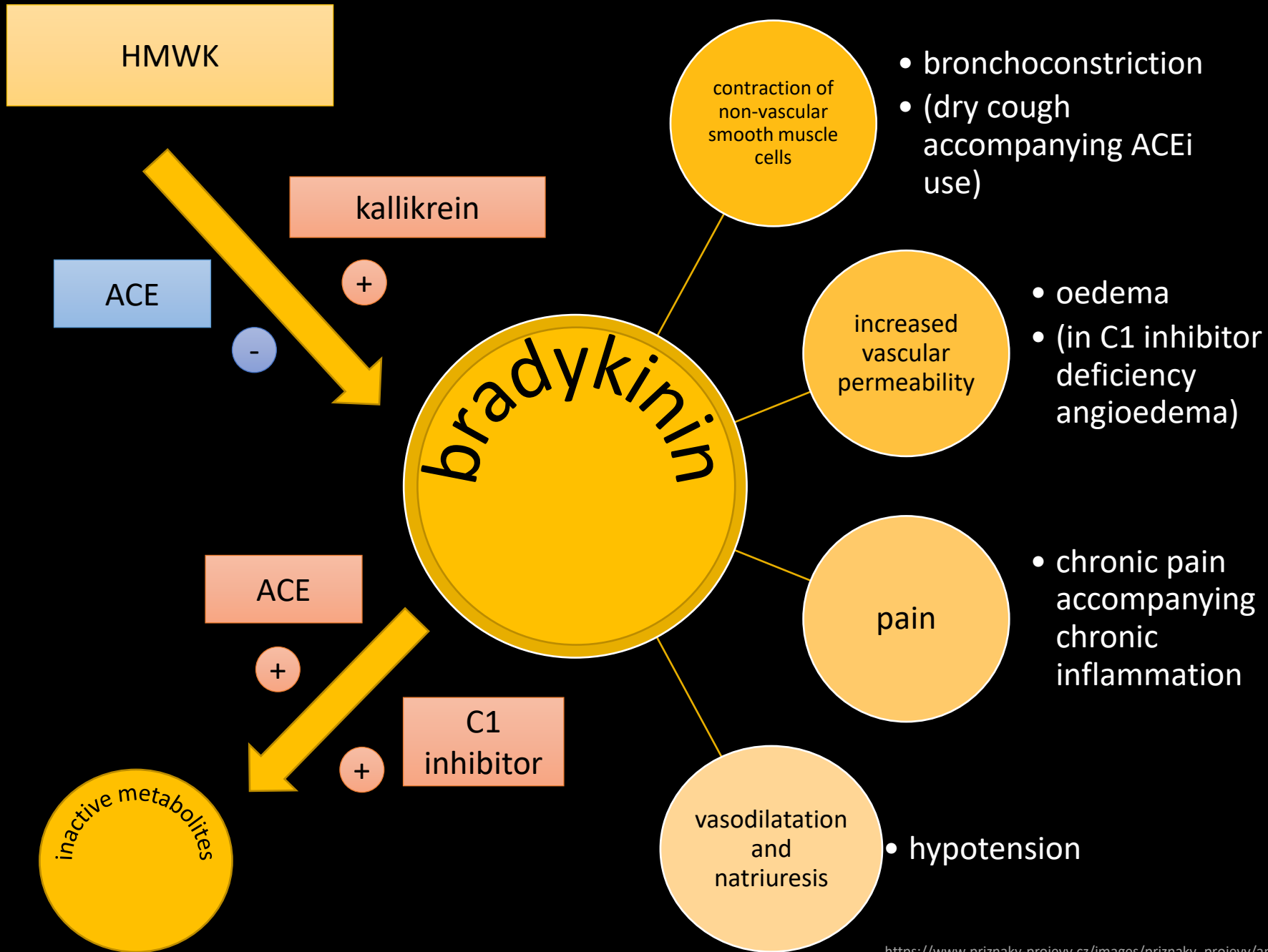


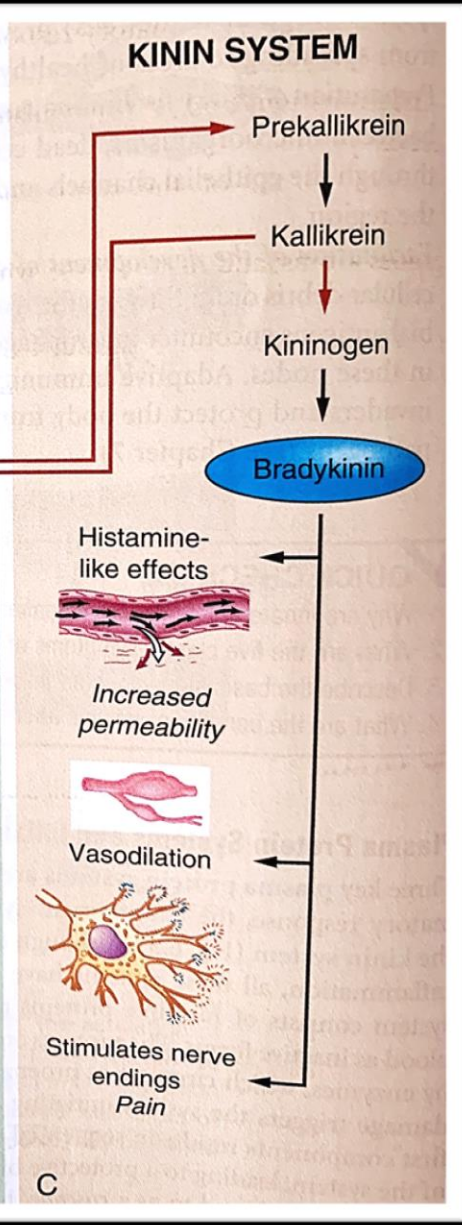
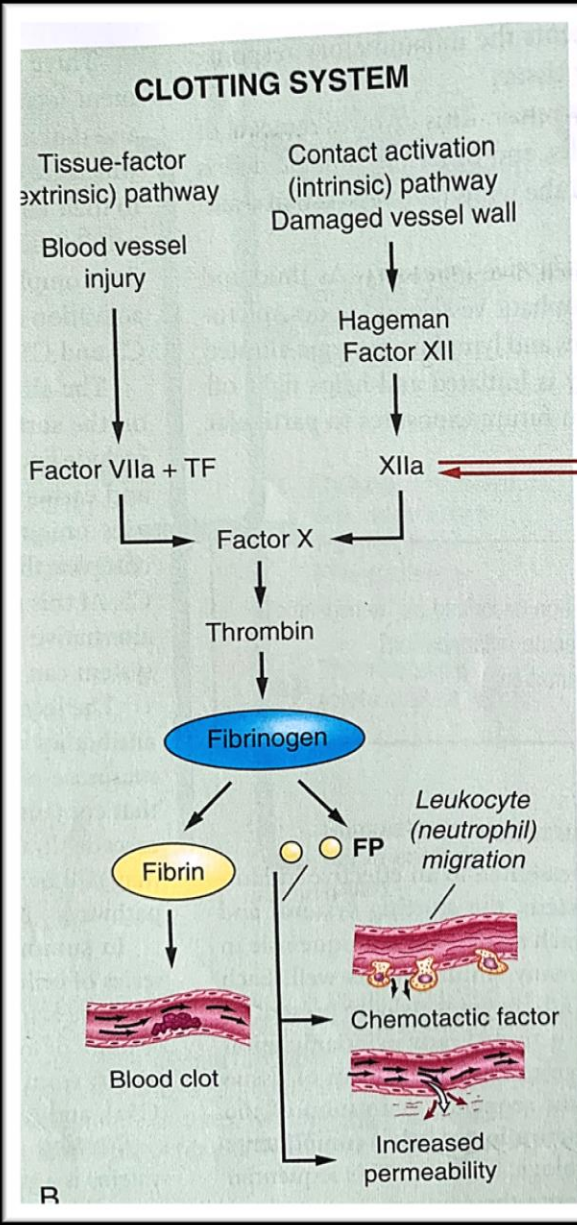
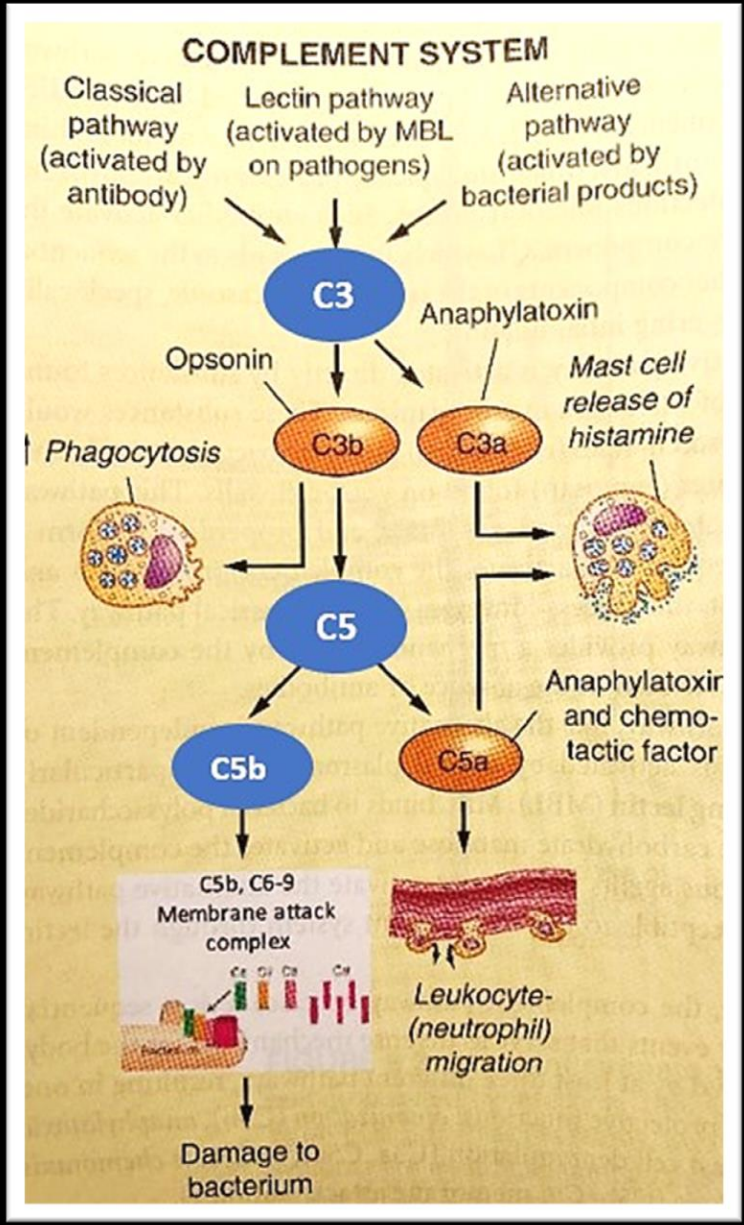
Kallikrein-kinin System

- through bradykinin :
 - vasodilatation
 - ↑ vascular permeability
 - irritation of free nerve endings

XIIa







Regulation of the Plasma Protein System

- all 3 described plasma systems interact with each other and activation of one leads to activation of the other
- the successful course of inflammation depends on the effective activation of these systems
- activated inflammatory mediators are also potentially harmful - therefore their activity must be strictly regulated
 - restriction to the site of infection
 - penetration of plasma proteins that destroy mediators of inflammation:
 - protease inhibitors - **C1 inhibitor, carboxypeptidase** (x C3a and C5a)
 - **kininases** (*x kinins*)
 - **histaminases**
 - **fibrinolytic system** (plasmin)

Cellular Component and Vascular Tissue

local – dendritic cells (fixed macrophages), mast cells (mastocyte) and their “chemical weapons “

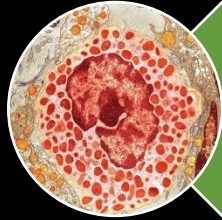
chemotactically attracted – neutrophils and monocytes → macrophages

chemotaxis and phagocytosis

cellular receptors: PRRs and antigens: PAMPs and DAMPs

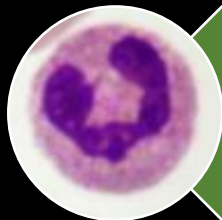
cellular mediator and products

Cellular Components of Inflammation



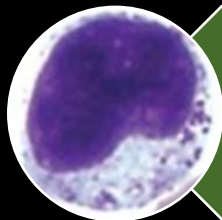
1st line

- **tissue macrophages, dendritic cells, mast cells**, activation within minutes



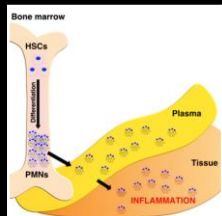
2nd line

- **neutrophil granulocytes**, activation in a few minutes, in the tissue in 6 – 12 h



3rd line

- **monocytes**, activation within 8 hours, in the tissue the first in 24 h



4th line

- **activated bone marrow**, activation within 3 – 4 days

How do the cells of non-specific immunity recognize "their enemy" (foreign element)?

PRRs

- Pattern Recognition Receptors

PAMPs

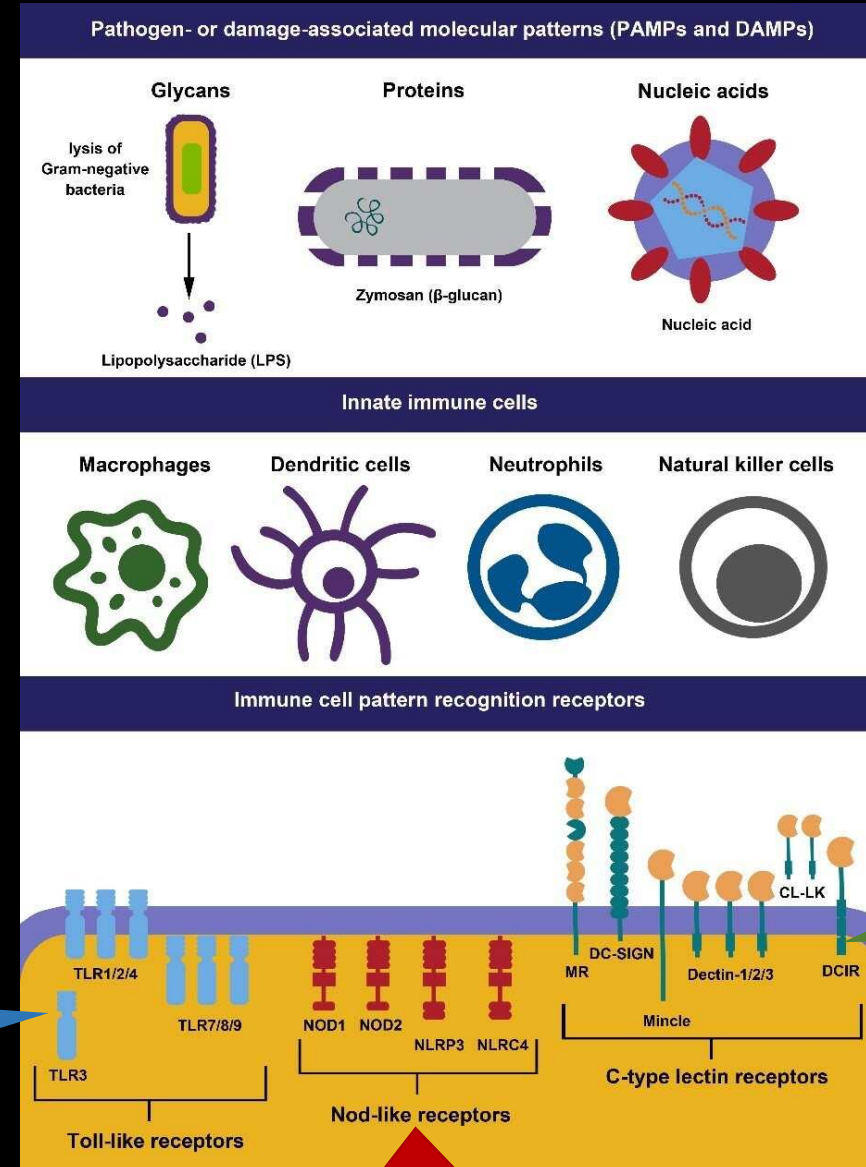
- **Pathogen-Associated Molecular Patterns**

DAMPs

- **Damage-Associated Molecular Patterns**

PRRs PAMPs DAMPs

- *PRR are found on the surface of non-specific immunity cells and on cells near the body surface*
- *over 100 different PRRs*
- *allow differentiation of more than 1000 molecules*



membrane

membrane

cytoplasmic

Overview of PRR



Toll-like receptors (TLRs)

- outer membrane – mucous epithelial cells, mastocytes, neutrophils, macrophages, dendritic cells, lymphocytes
- distinguish different PAMPs – lipopolysaccharides, flagellin, peptidoglycans, lipoproteins, zymosan, viral and bacterial NA, virus coat proteins and DAMPs

C-type lectin receptors

- outer membrane of phagocytes
- distinguish PAMPs (especially fungal) and DAMPs

NLR, NOD-like receptors

- cytoplasm – innate immune cells and lymphocytes

Complement receptors (C3a, C5a, C3b)

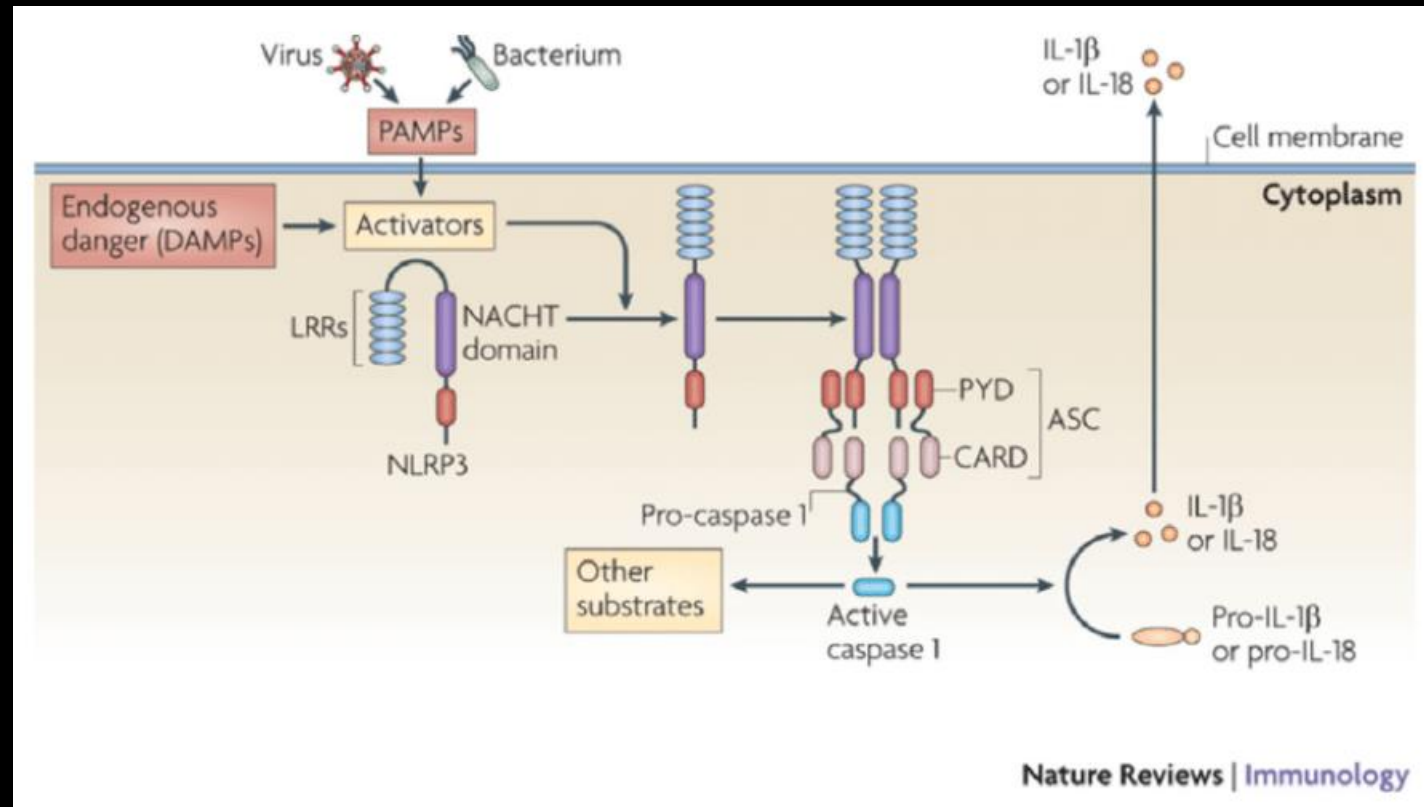
- outer membrane of innate immune cells, platelets, endothelial cells, vascular smooth muscle cells

Scavenger receptors

- outer membrane of macrophages
- differentiation of membrane phospholipids, phagocytosis of LDL, HDL, oxLDL

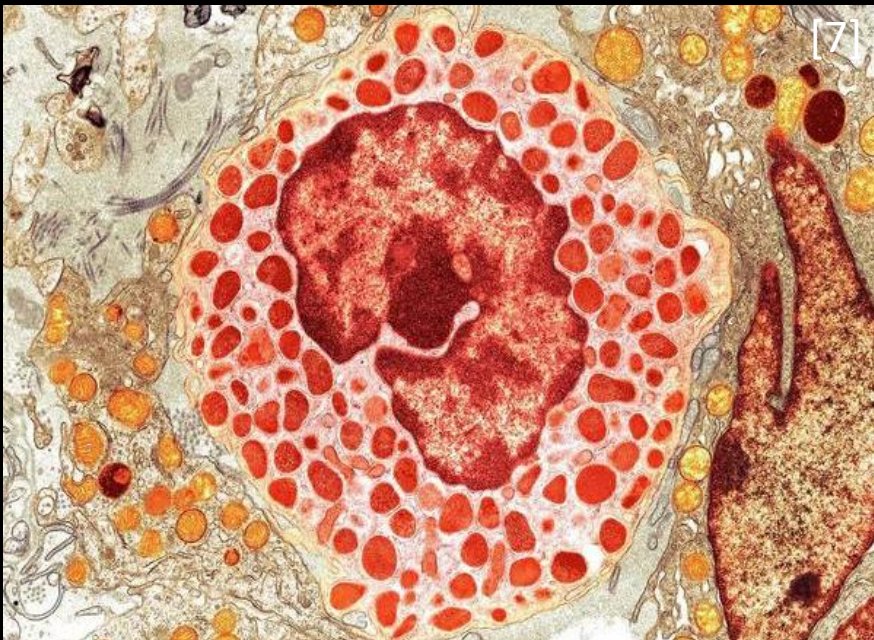
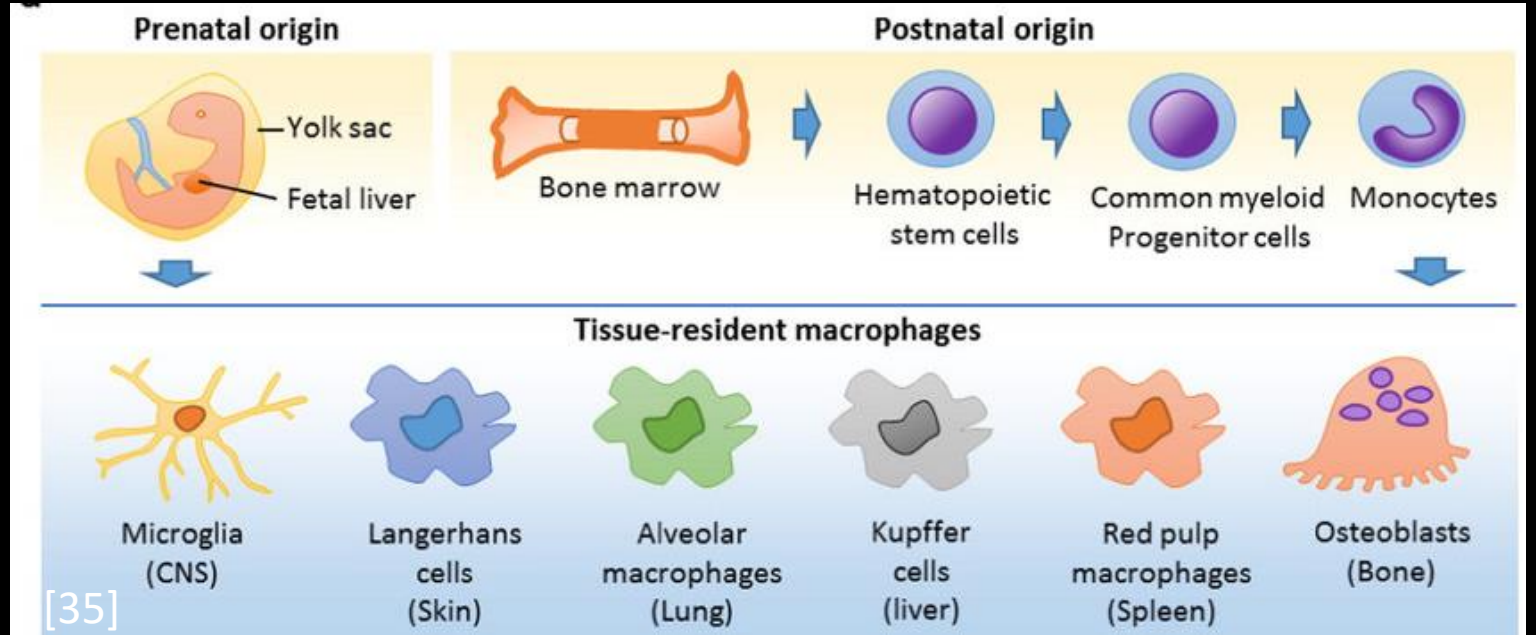
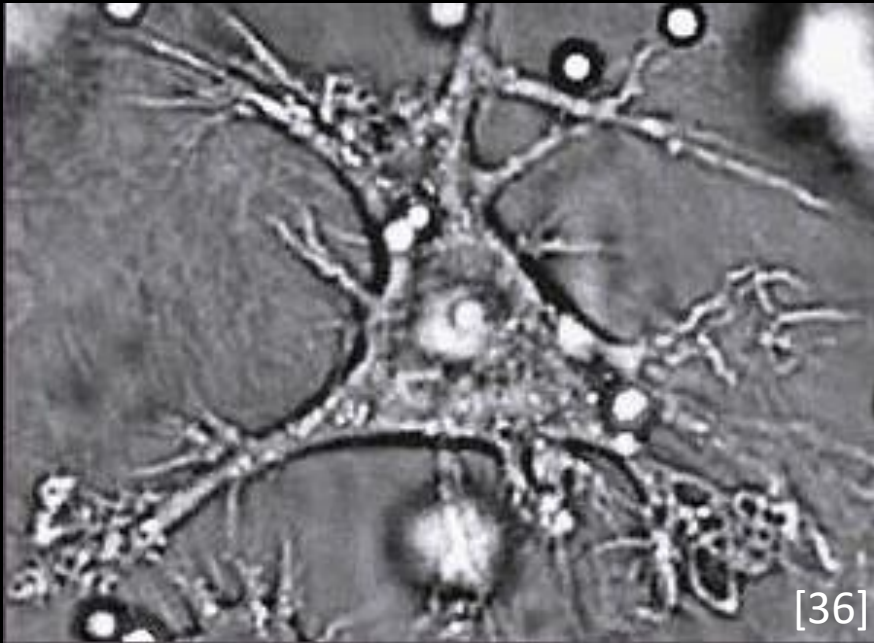
inflammasome creation → proinflammatory cytokines production → acute inflammation activation

Inflammasome = protein complex created in cytosol after PPR activation



[6]

https://www.researchgate.net/figure/NLRP3-inflammasome-activation-Under-healthy-conditions-NOD-like-receptor-family-pyrin_fig1_305423876

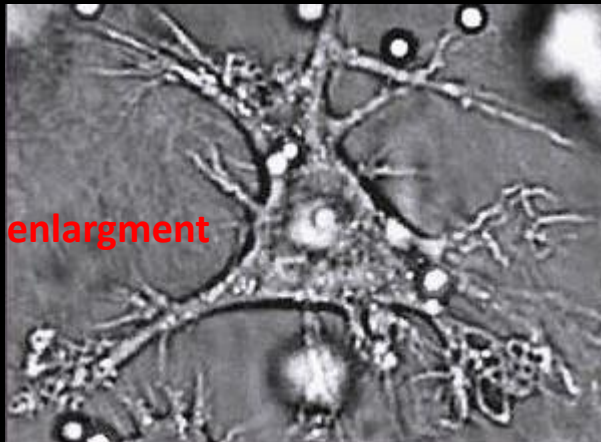


1st Line of Cellular Defence



Tissue Macrophages, Dendritic Cells

tissue injury



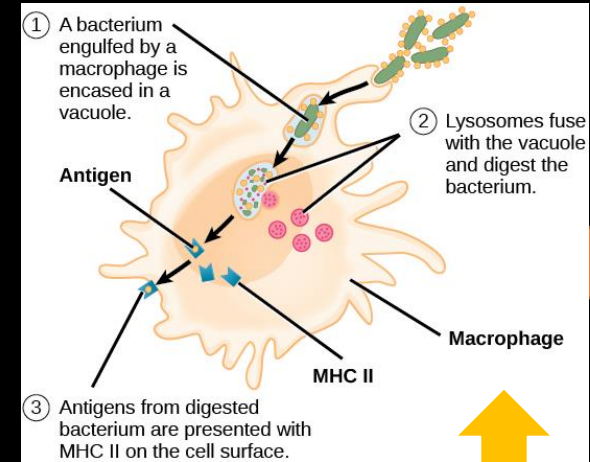
enlargment

cytokines, IL production

managements of processes on the inflammatory site

endothelial cell activation – adhesive molecules expression

phagocytosis

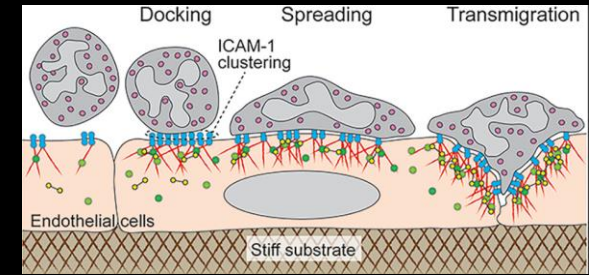


[44]

[41]

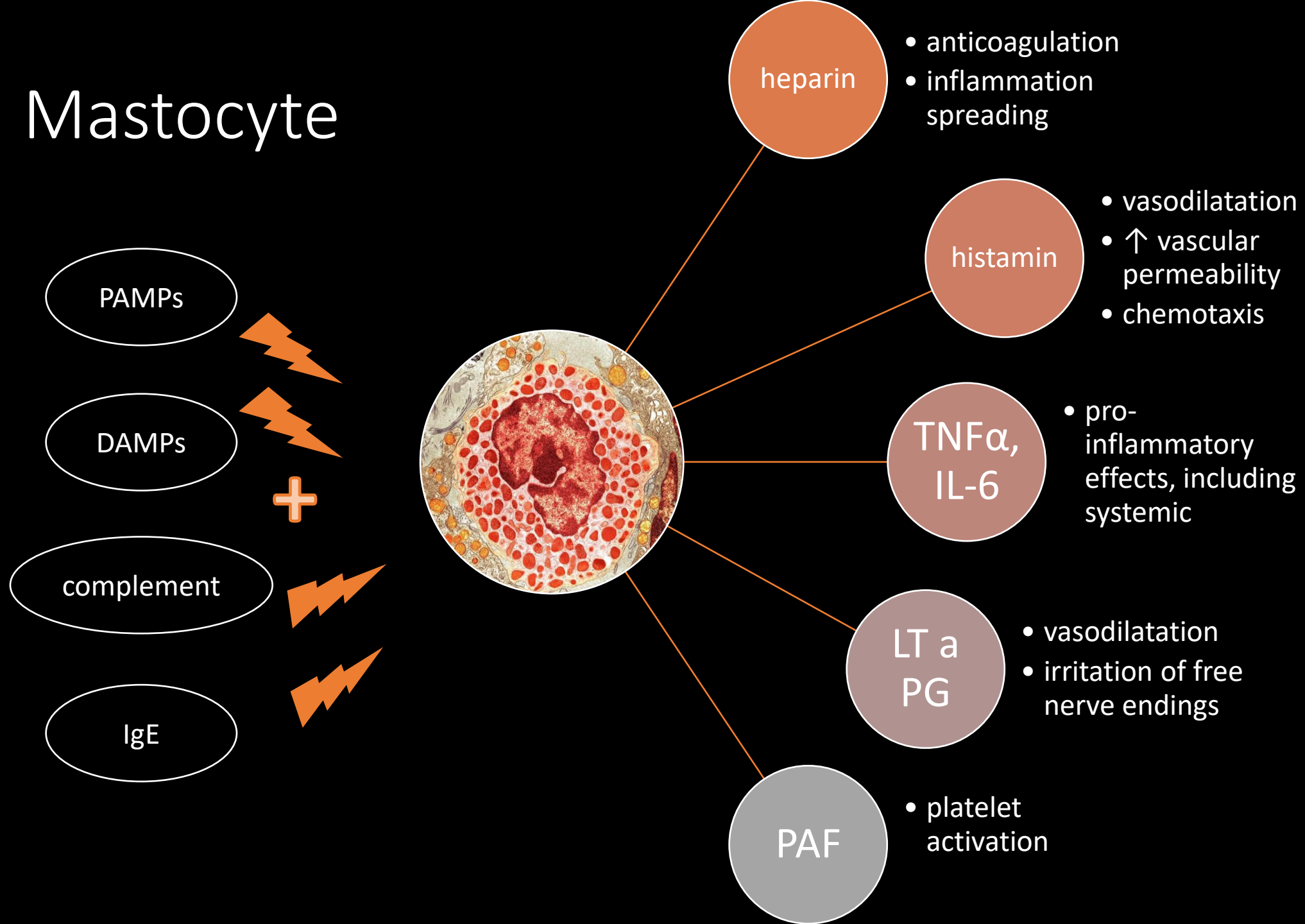
↑ mobility

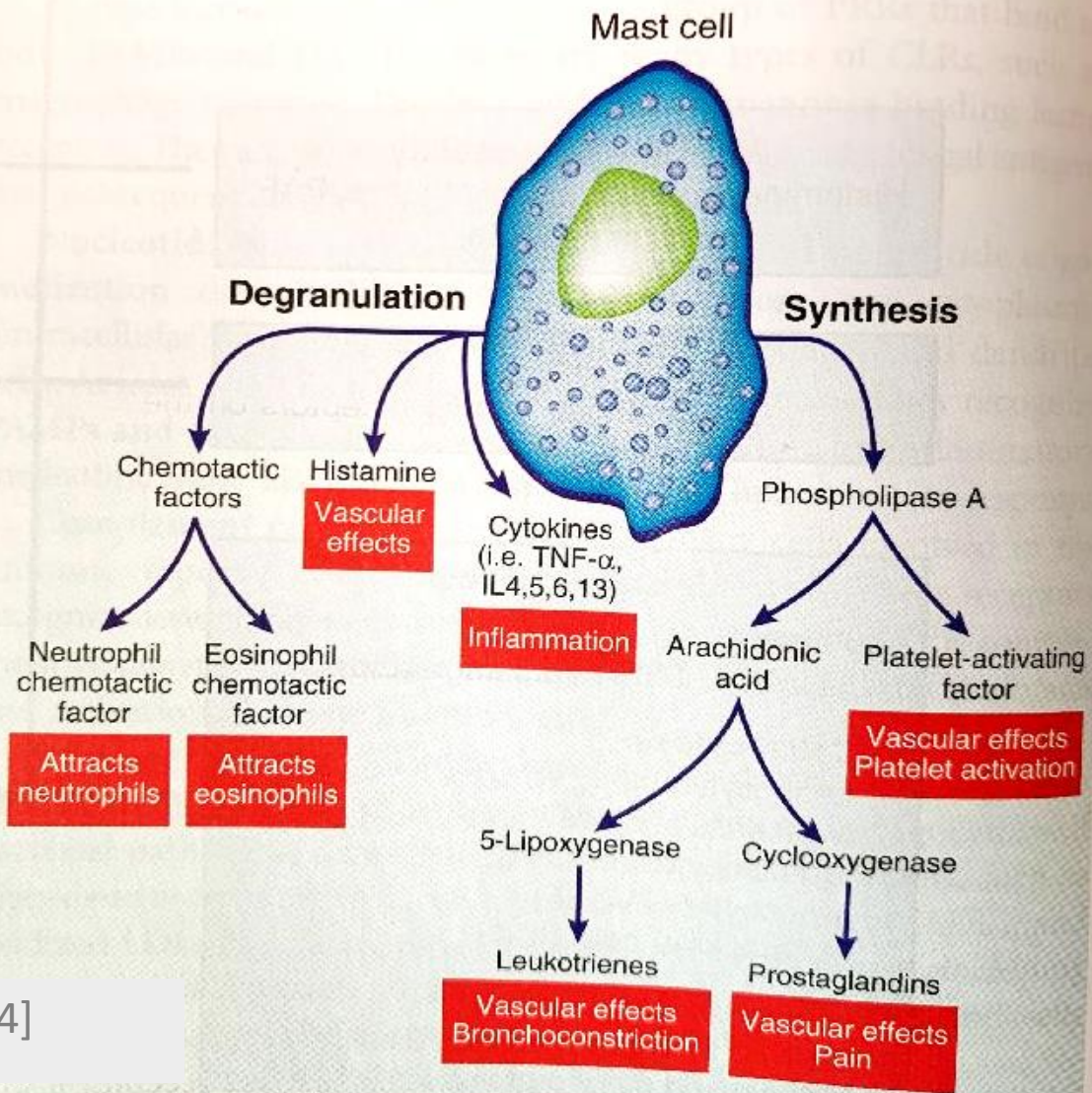
- part travel to lymph nodes



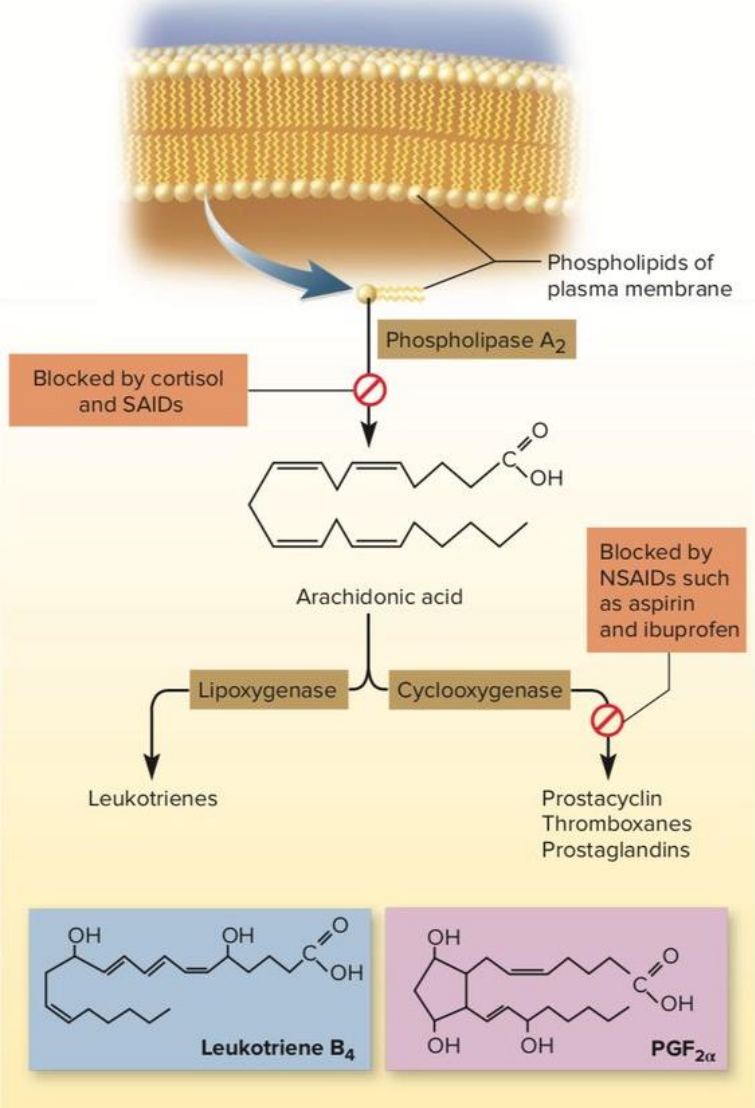
alien antigen presentation

Mastocyte





[4]



[3]

Effects of inflammatory mediators released by the mast cell (revision)

histamine

- through H1R pro-inflammatory effects - VD, ↑ vascular permeability, neutrophil chemotaxis, ↑ leukocyte adherence, bronchoconstriction
- anti-inflammatory effects via H2 receptors - suppression of leukocyte function, HCl secretion

heparin

- anti-clotting effect, spread of inflammation

proteases

- spread of inflammation

leukotrienes

- ↑ vascular permeability, important in late phase of inflammation, bronchoconstriction

prostaglandins

- ↑ vascular permeability, neutrophil chemotaxis, pain

PAF - platelet activating factor

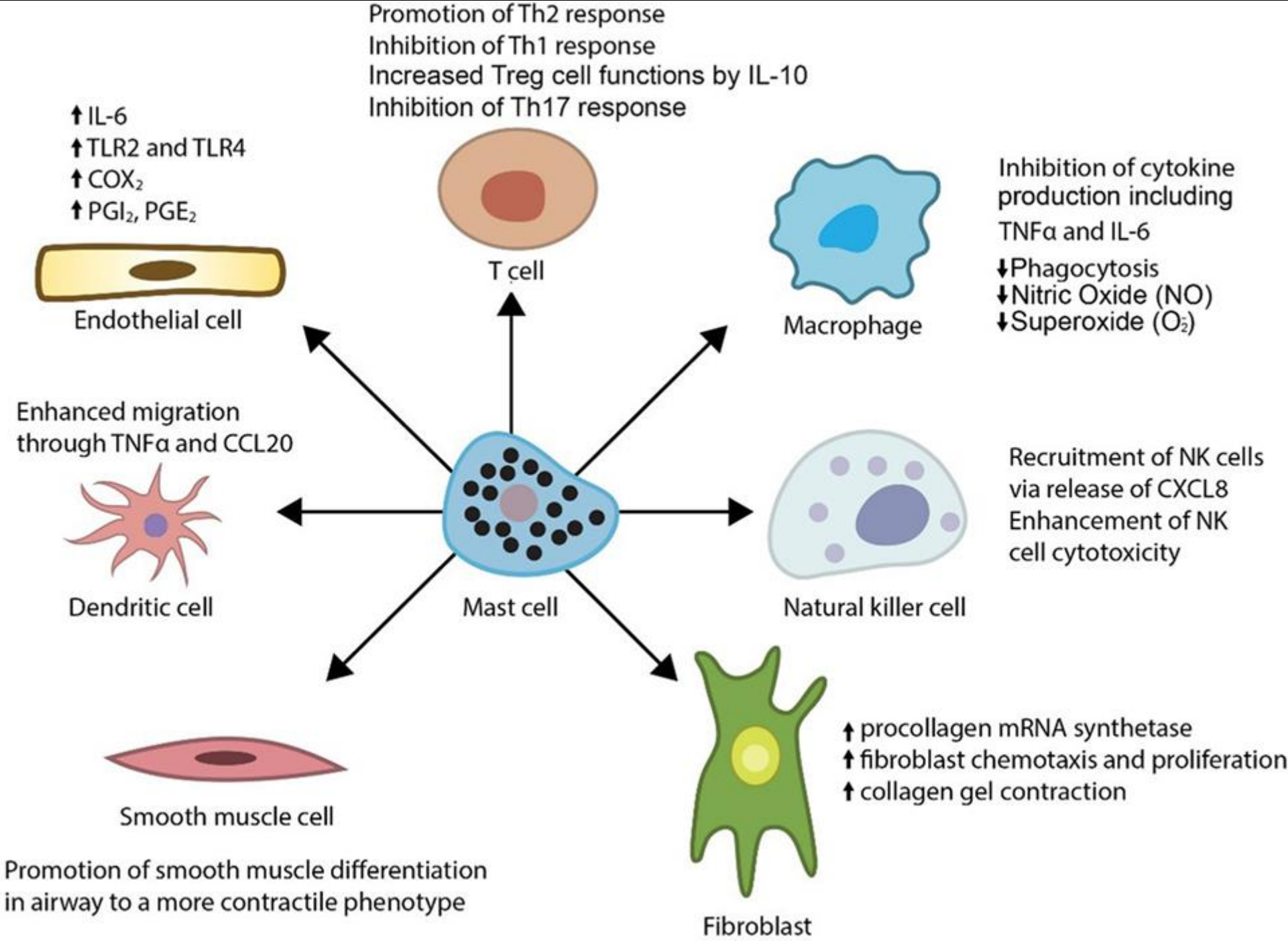
- ↑ vascular permeability and leukocyte adhesion, platelet and mast cell activation
- also produced by phagocytes, endothelia and platelets

eosinophil and neutrophil chemotactic factors

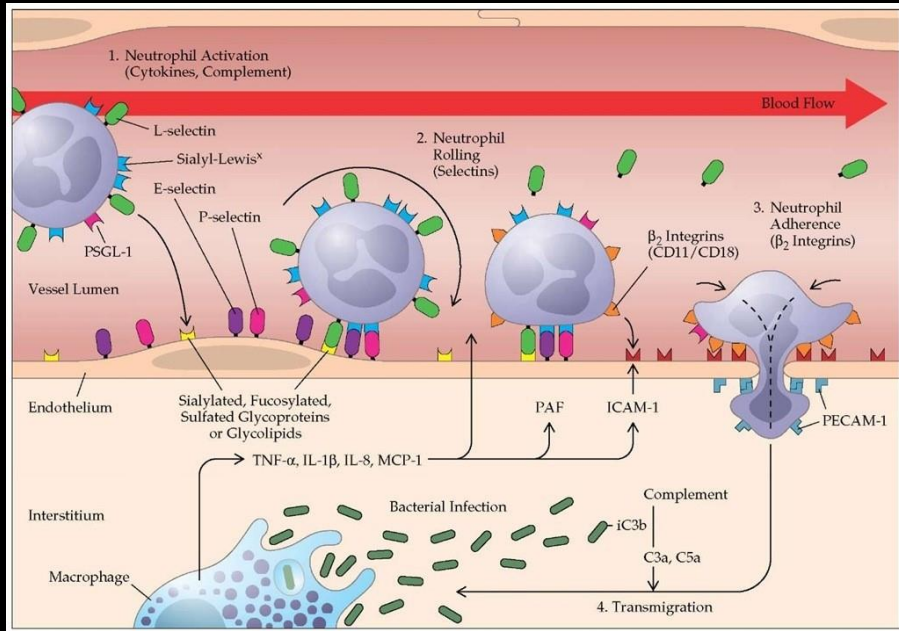
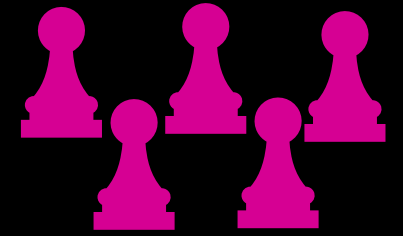
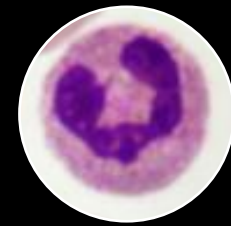
- neutrophil and eosinophil chemotaxis

TNF α , IL 4, 5, 6, 13

- pro-inflammatory and systemic effects



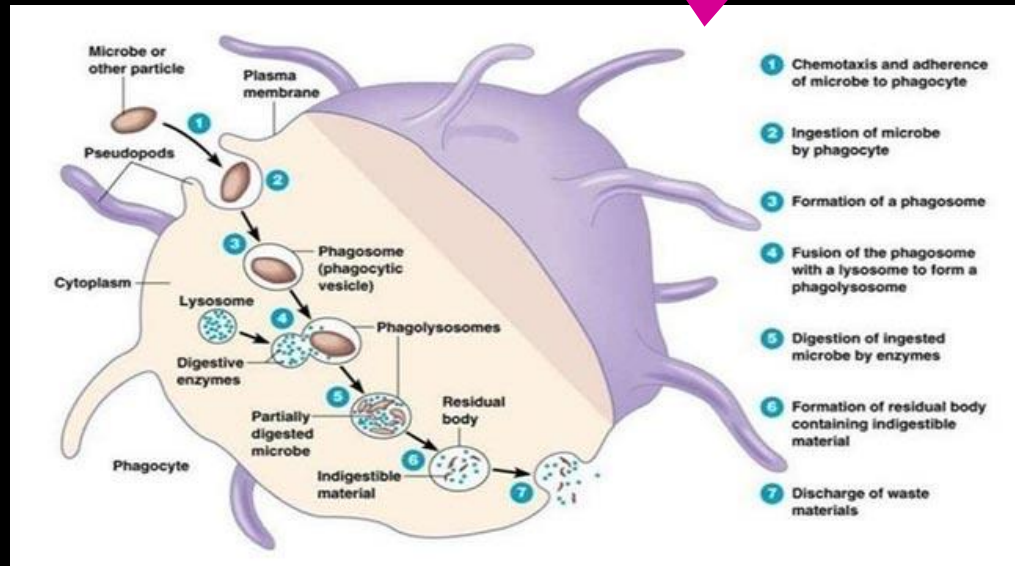
2nd Line of Cell Defence - Neutrophils



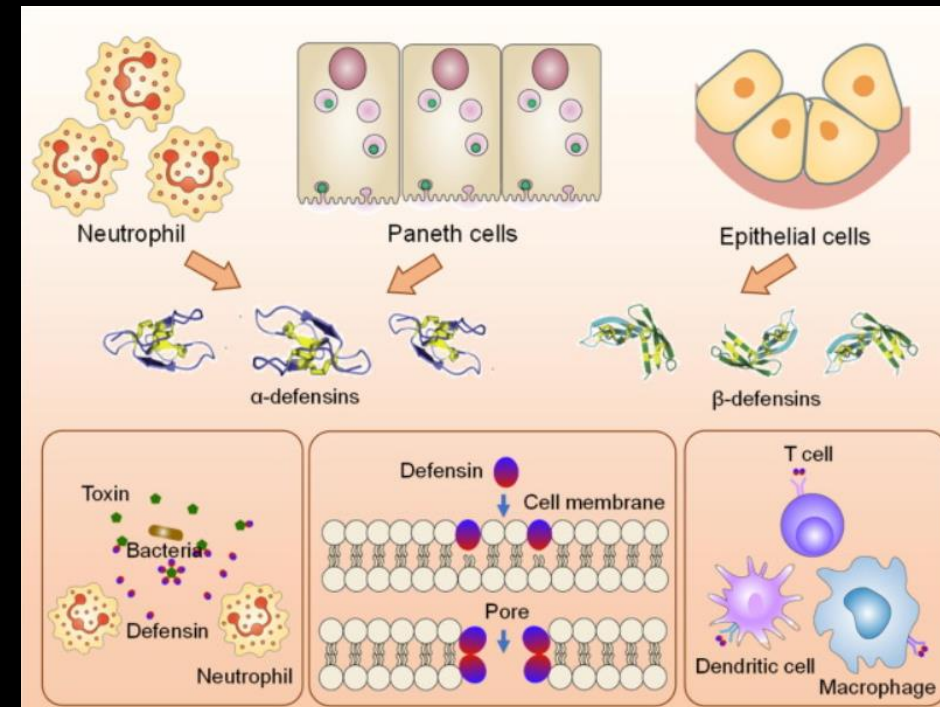
During their life, which lasts about a week, they phagocytose up to 10 particles.

- equipment of neutrophil **azurophilic granules**:
 - defensins
 - proteolytic enzymes
 - lysozyme
 - myeloperoxidases

[42]

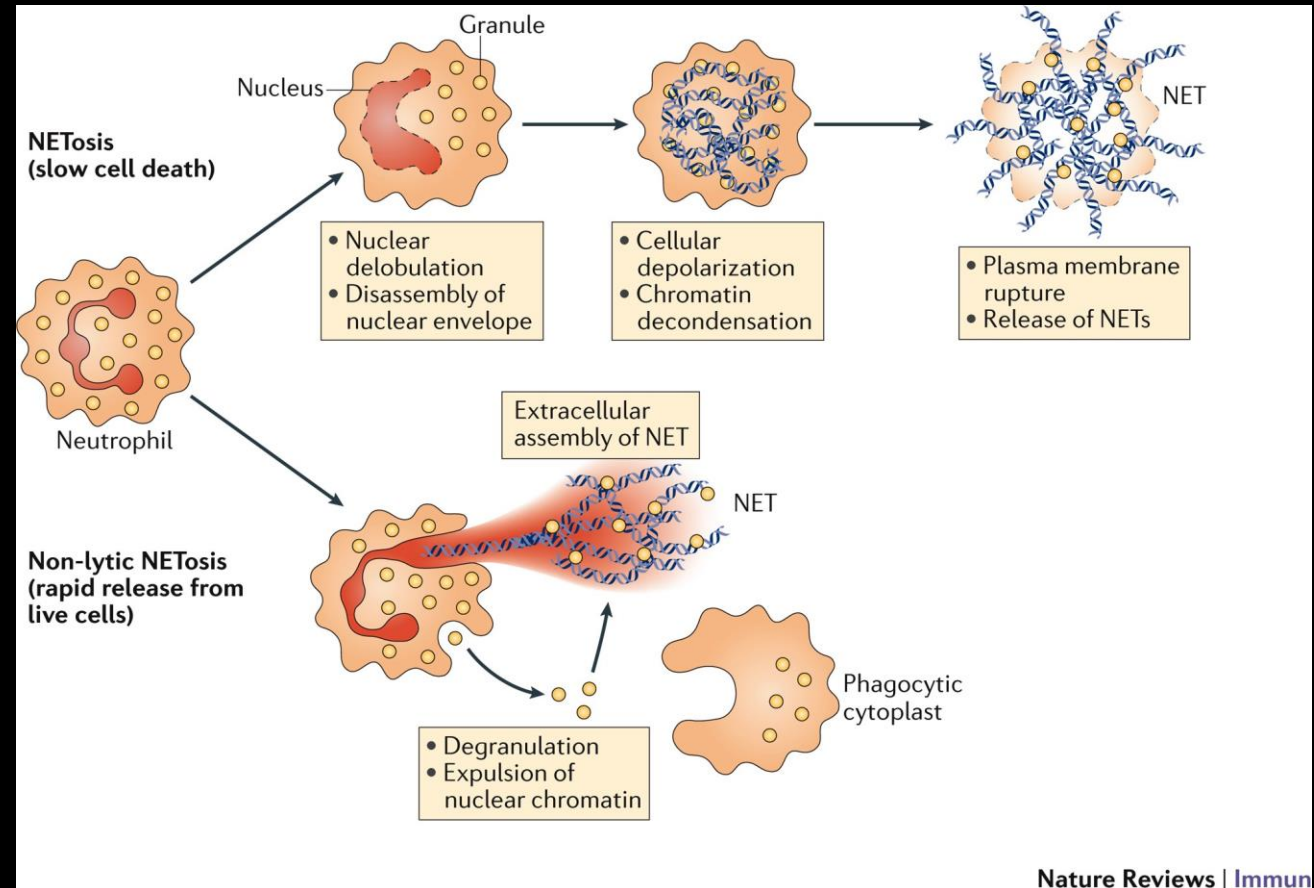


[40] [43]

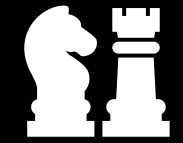
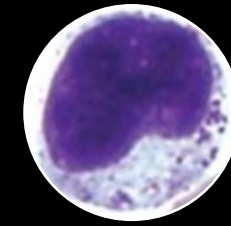


NETs – Extracellular Neutrophil Networks

- "traps for microorganisms"
- formation from neutrophils by NETosis
- composed of filaments of nuclear chromatin, with granular and cytoplasmic proteins (enzymes)
- stimulus to trigger formation: bacteria and their components, viruses, protozoa, fungi, cholesterol crystals, urate crystals

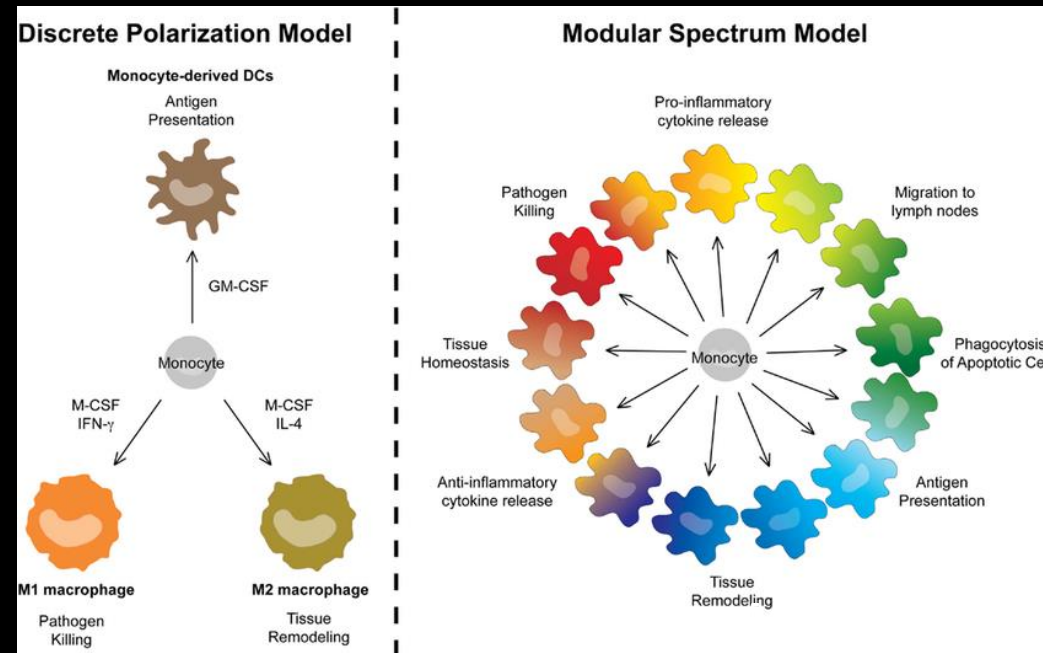


3rd Line of Cell Defense— Monocytes



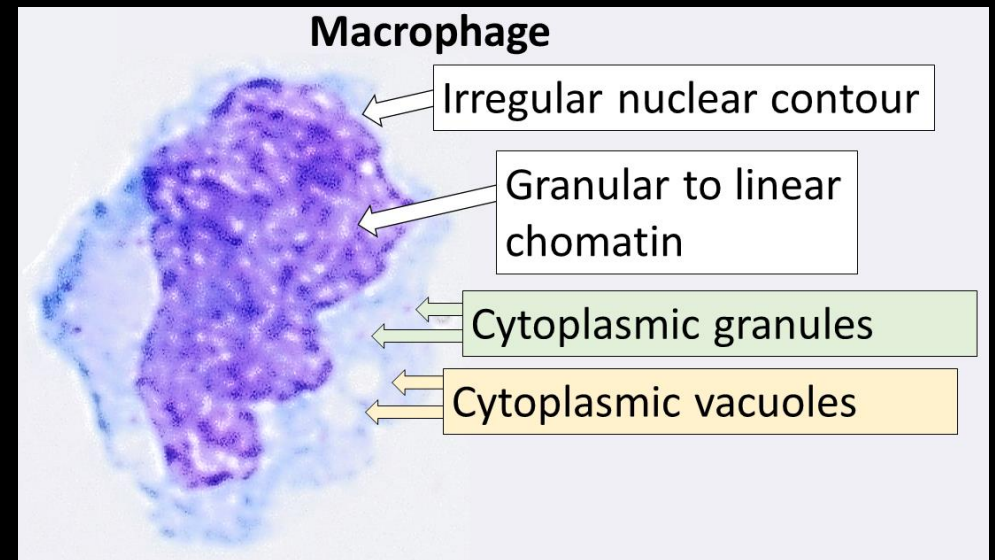
- → activation within 8 - 12 hours → macrophages
- long-lasting, efficient **phagocytic** and **Ag presenting cells**
- production of 100 various **substances**
 - IL-1, IL-6, IL-8, TNF- α , PG, clottings factors

adaptive
immunity
activation

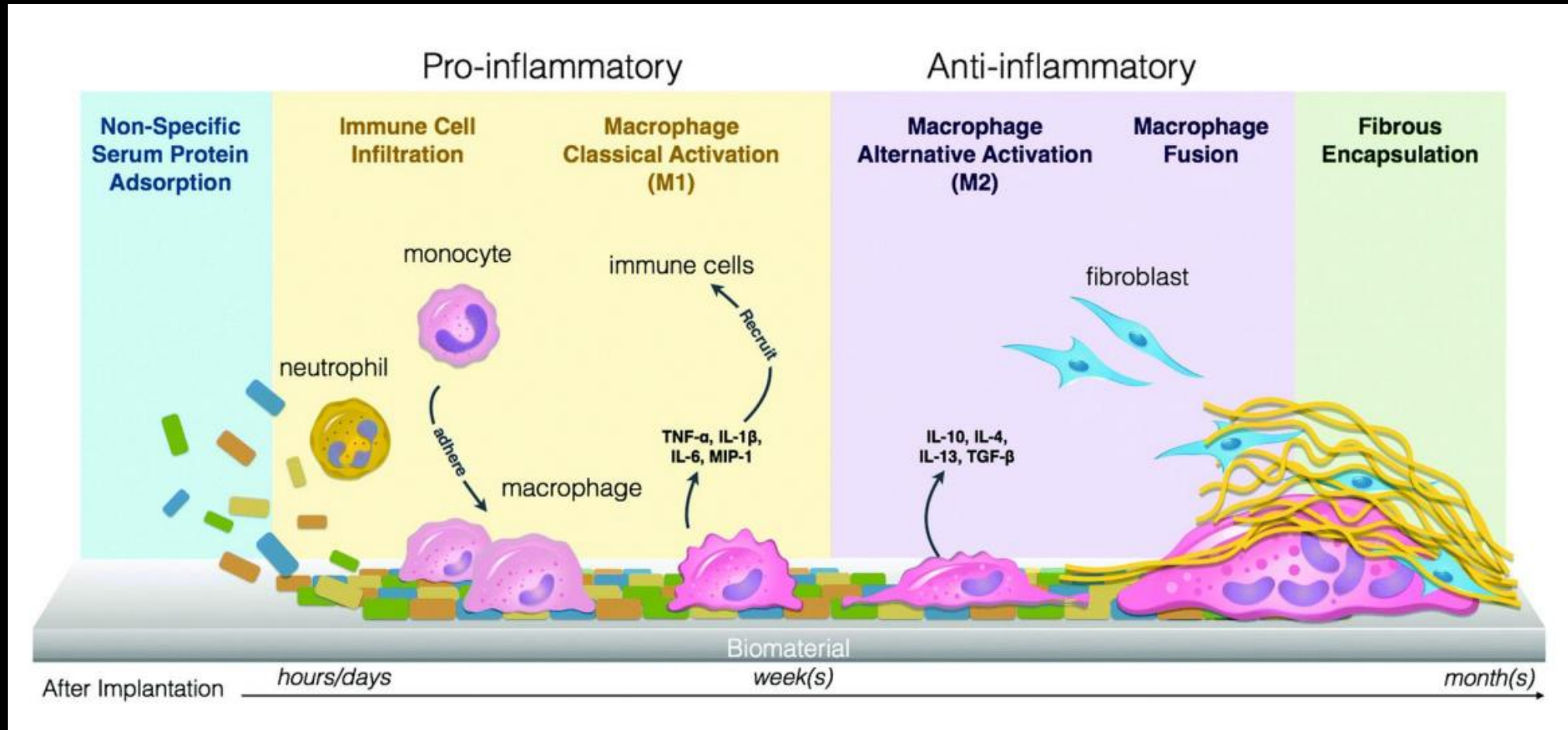


Monocytes → Macrophages

- largest leukocytes
- migrate to sites of inflammation and transform into macrophages (become even larger)
- appear a day later behind neutrophils at the site of inflammation; arrive in larger numbers after 3-7 days
- attracted by chemotactic factors
- able to survive, proliferate and phagocytose in acidic environments
- activate in 2 subpopulations
 - "pro-inflammatory" M1
 - "healing" M2
- essential role in:
 - removal of tissue detritus
 - healing - production of RF, promotion of angiogenesis
- bacteria resistant to destruction inside macrophages:
 - mycobacterium tuberculosis
 - mycobacterium leprae
 - salmonella typhi
 - brucella abortus
 - listeria monocytogenes



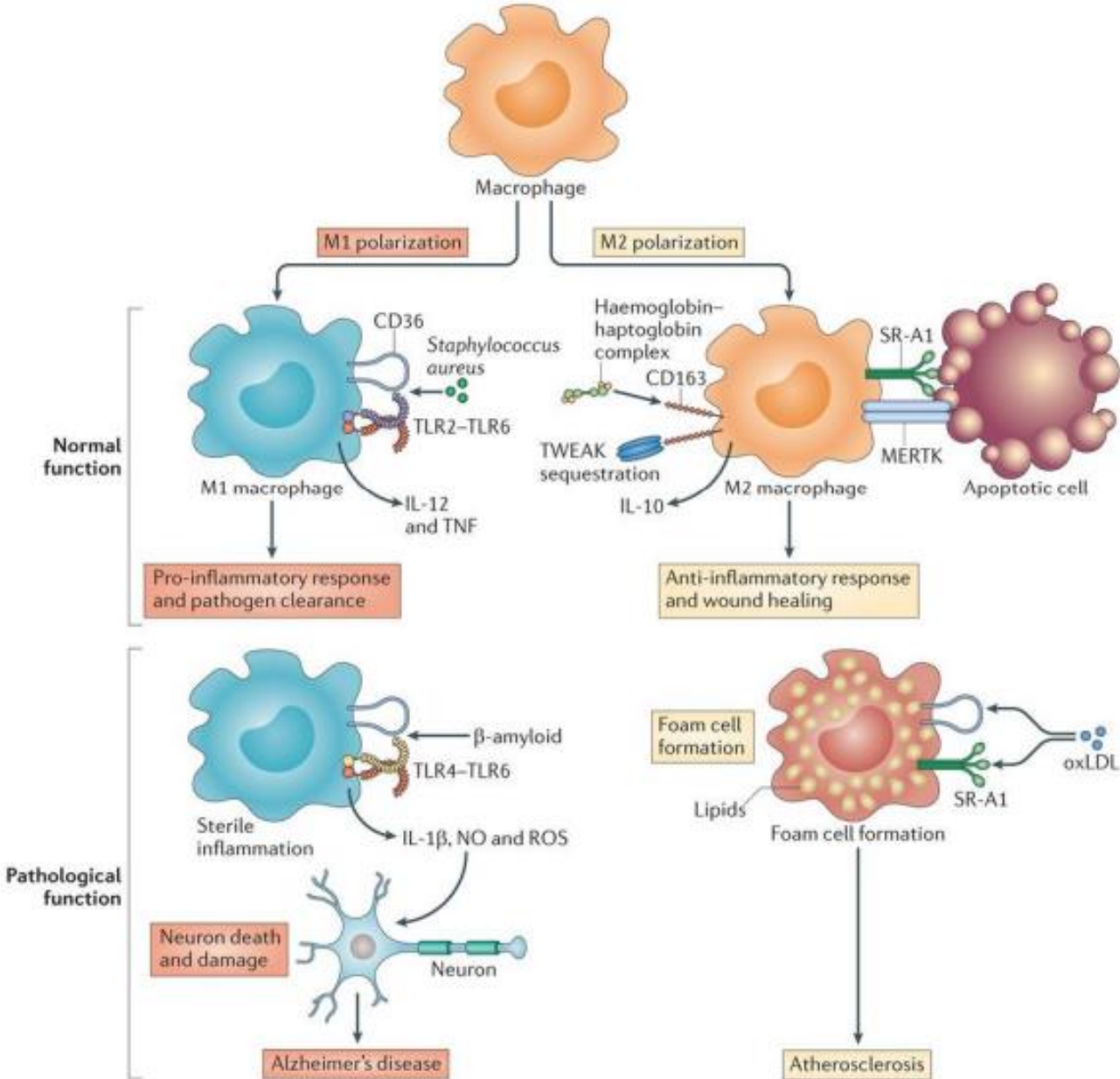
The Role of Phagocytes in the Inflammatory Process



Polarization of Macrophages – *notes to the previous slide*

- Macrophages play a **key role in the regulation of healing**. During inflammation, their phenotype changes to provide the needs of the healing process.
- **Pro-inflammatory macrophages M1**
 - activated by TLR-ligands and IFN γ
 - produce NO, ROS, IL1, IL6, TNF α and MMP2 and 9 (creating space for infiltration by inflammatory cells)
- **Anti-inflammatory M2 macrophages**
 - activated by IL-4 and IL-13L
 - produce GF - PDGF, ILG1, VEGF, TGF β -1 - help with proliferation, granulation, angiogenesis
 - also produce inhibitors of metalloproteinases
 - produce IL-10 to suppress inflammation
 - restore homeostasis, minimize fibrosis by apoptosis of myofibroblasts, suppress T-cell proliferation, maintain balance of metalloproteinases and their inhibitors

Role of M1 and M2 Macrophages in Pathophysiology



Inflammatory Mediators

- Prostaglandins
- Vasoactive substances
- **Cytokines**
 - soluble intercellular signaling molecules
 - pro and anti-inflammatory effect, systemic effects
 - IL - interleukins - produced mainly by lymphocytes and macrophages
 - **Importance:**
 - expression of **adhesion** molecules CAMs
 - **chemotaxis**
 - **proliferation** and **maturation of leukocytes**
 - **enhancement or suppression of nonspecific and specific immune responses**



Proinflammatory Cytokines

TNF α

- from activated macrophages, mast cells, neutrophils and lymphocytes
- chemotaxis, leukocyte adherence, stimulation of phagocytosis, leukocyte proliferation
- **systemic effects:** fever, RAF synthesis, muscle atrophy, prothrombogenic

IL - 1

- from macrophages
- activates monocytes, macrophages, lymphocytes
- endogenous pyrogen
- GF
- enhances specific and non-specific immunity

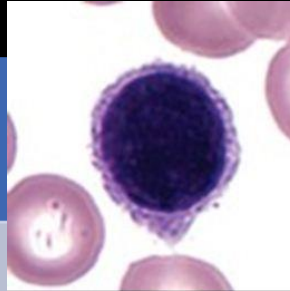
IL - 6

- from monocytes, lymphocytes, fibroblasts
- bone marrow activation
- stimulation of fibroblast growth

the most important mediator of inflammation and sepsis - discovered in the 1970s while studying anticancer mechanisms

Antiinflammatory Cytokines

IL 10



- from lymphocytes
- suppression of other lymphocytes activity and proliferation
- inhibits the production of pro-inflammatory cytokines by macrophages

TGF β

- transforming growth factor β
- from many cells
- suppresses lymphocyte activity
- inhibits cytokine production by macrophages
- stimulation of fibroblasts



Interferons

IFN α a β

- produced by cells infected with the virus
- activation of defence mechanisms in surrounding healthy cells

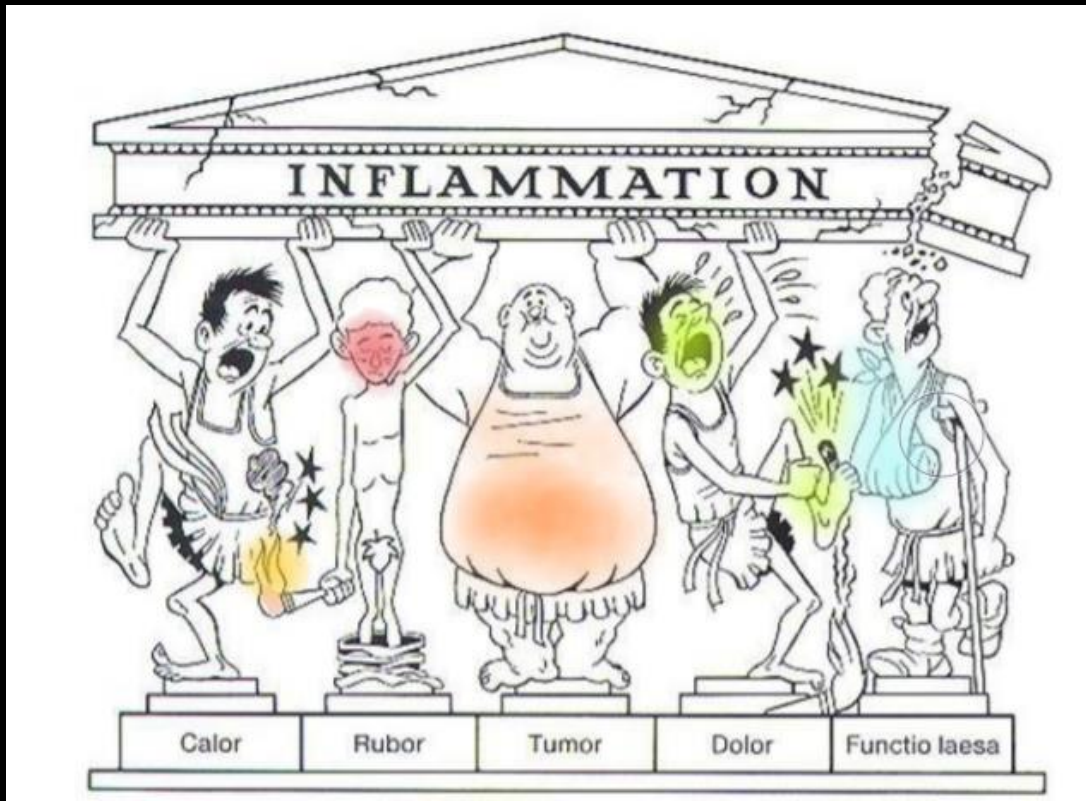
IFN γ

- from lymphocytes
- activation of macrophages

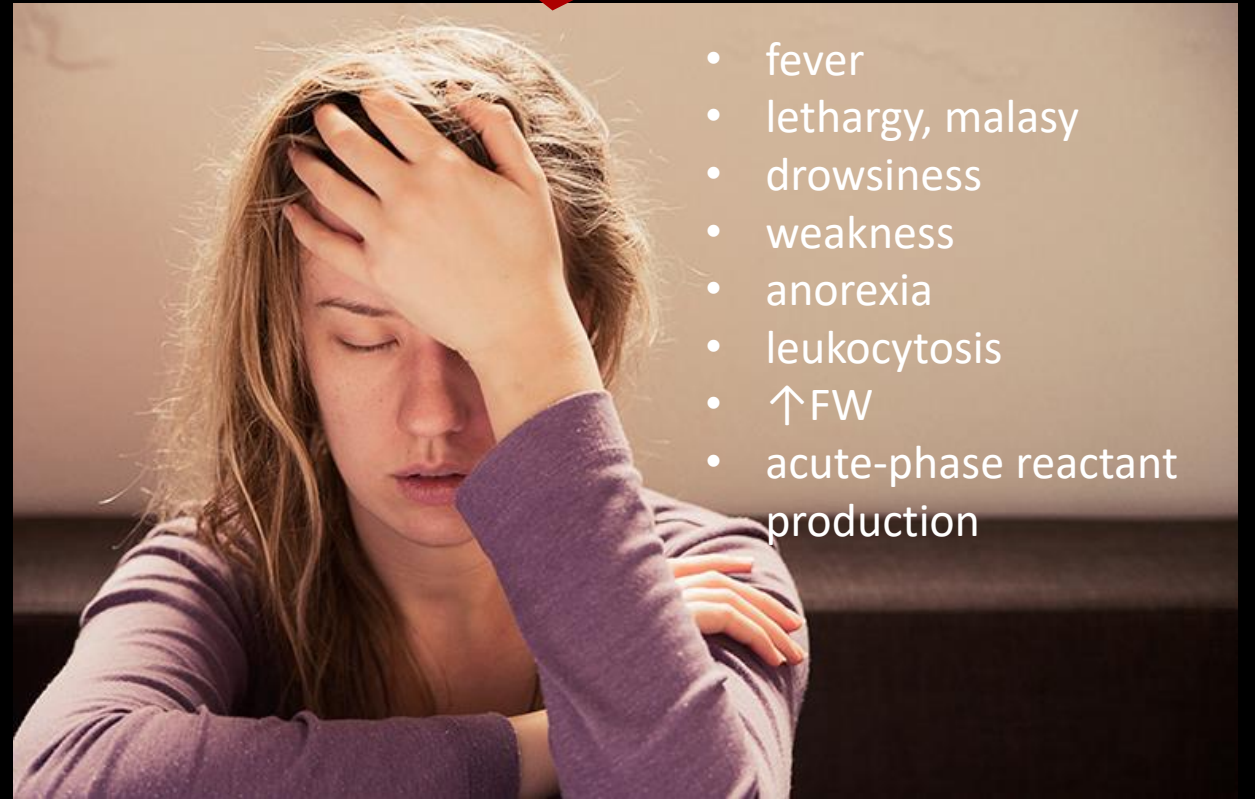
Symptoms of Inflammation

inflammatory focus

↑↑↑ cytokines production
(IL-1, IL-6, TNF α)



local



- fever
- lethargy, malasy
- drowsiness
- weakness
- anorexia
- leukocytosis
- ↑FW
- acute-phase reactant production

general

General Symptoms of Inflammation

caused by action of cytokines on

- **liver** → acute-phase reactants production

- **CRP**

- innate immunity stimulation
- production proportional to the severity of inflammation
- determination of plasma level replaces FW



- **fibrinogen**

- helping to limit inflammation

- **antiproteases**

- inhibition of enzymes from desintegrated phagocytes
- α 1-antitrypsin, α 1-chymotrypsin

- **hepcidin**

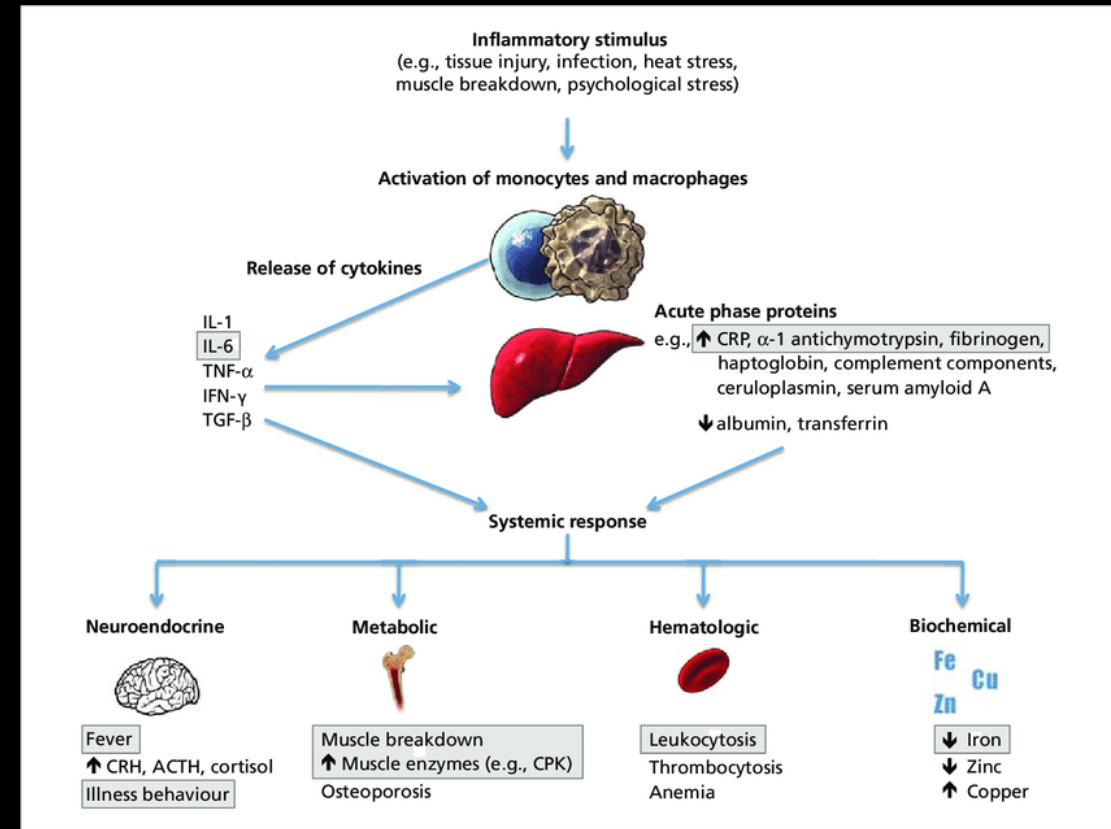
- reduces the absorption of Fe from enterocytes and locks already absorbed Fe into macrophages
- responsible for anemia of chronic disease

- **ceruloplazmin**

- oxidation $Fe^{++} \rightarrow Fe^{+++}$

- **haptoglobin**

- binding of hemoglobin



↓ availability Fe^{++} to bacteria
→ ↓ bacterial multiplication

Father Thomas Ganz Vilém (more like William at the time the picture was taken) Ganz (left) and Jeremy Swan pose with the Swan-Ganz catheter for measuring blood pressure and flow in the pulmonary artery, which they developed in the early 1970s.



Otec Tomáše Ganzze Vilém (v době pořízení snímku už spíše William) Ganz (vlevo) a Jeremy Swan pózuji u Swanova-Ganzova katétru pro měření krevního tlaku a průtoku v plicnici, který vyvinuli počátkem sedmdesátých let.

Snímek archiv Tomáše Ganzze



V roce 2014 ocenila Americká hematologická společnost Tomáše Ganzze cenou E. Donnalla Thomase za jeho průkopnický výzkum v oblasti homeostázy železa, včetně objevu hepcidinu.

Snímek archiv Tomáše Ganzze

In 2014, the American Society of Hematology awarded Tomáš Ganz the E. Donnall Thomas Award for his pioneering research on iron homeostasis, including the discovery of hepcidin.

General Symptoms of Inflammation

caused by action of cytokines on:

- amygdala

- malasy, drowsiness

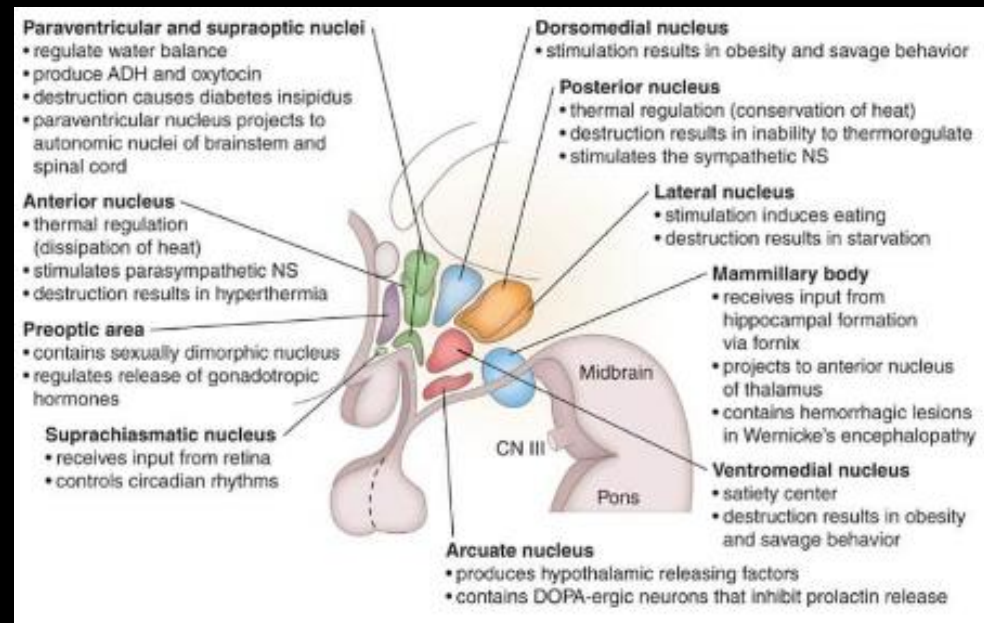
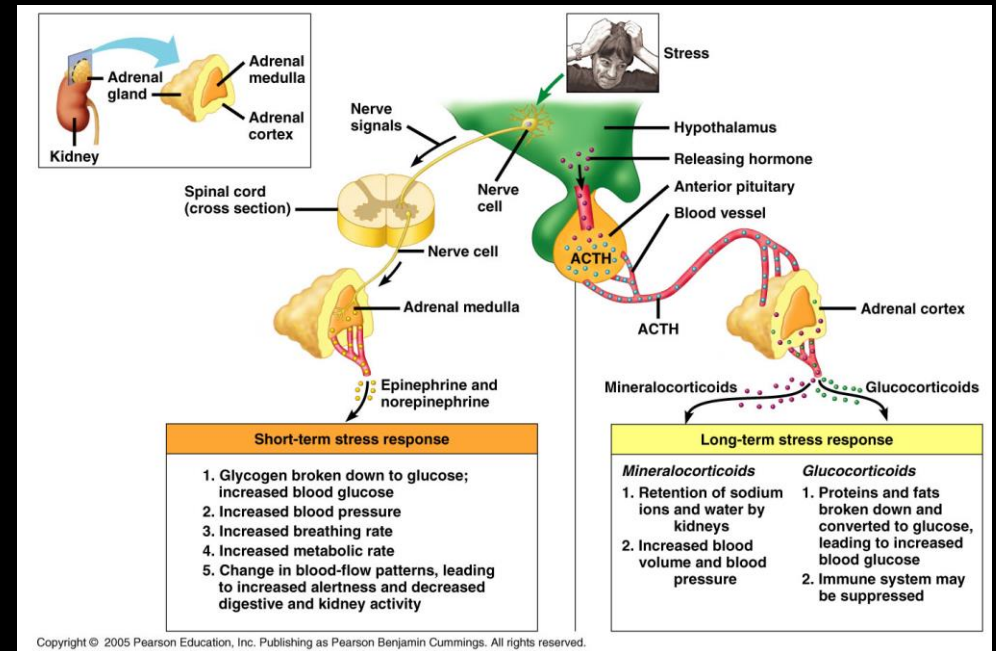
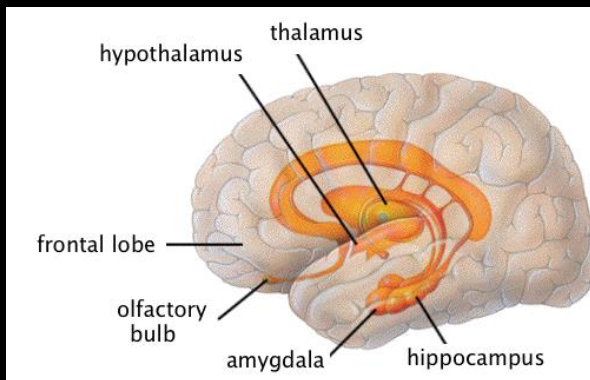
- hypothalamus:

- fever

- anorexia

- triggering the stress response

- sympathetic activation → leucocytosis

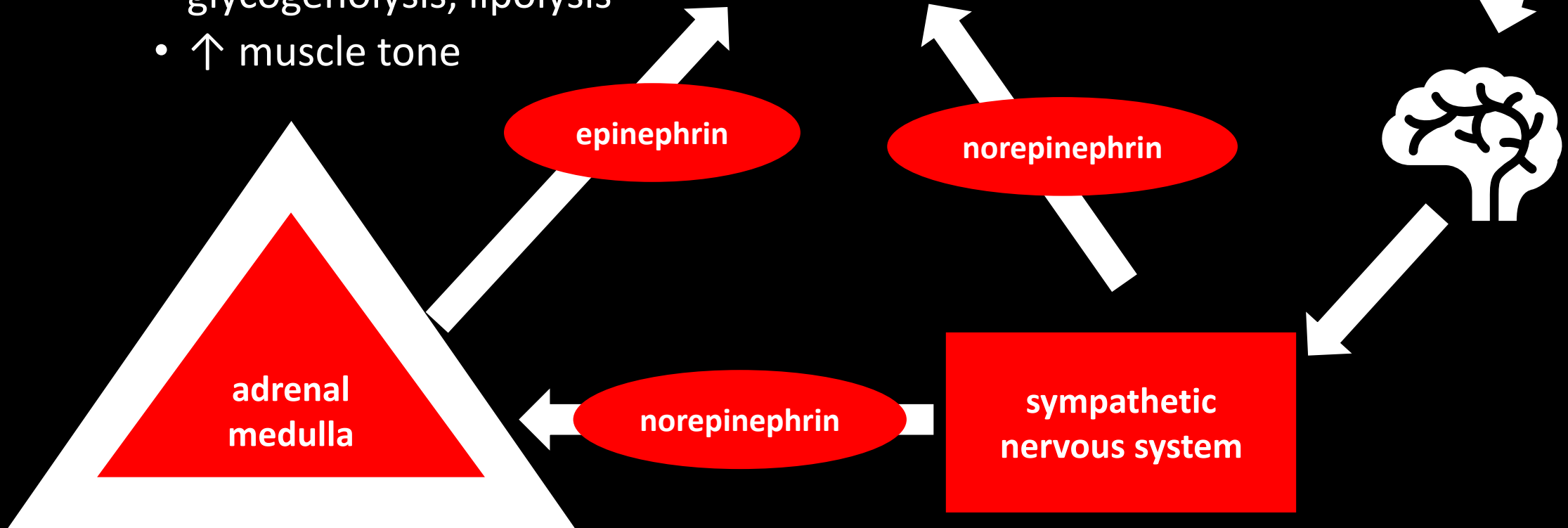


Systems Involved in the Stress Response

stress

1. Sympathetic-adrenomedullar axis activation (in seconds)

- circulatory and respiratory system activation
- glycogenolysis, lipolysis
- ↑ muscle tone

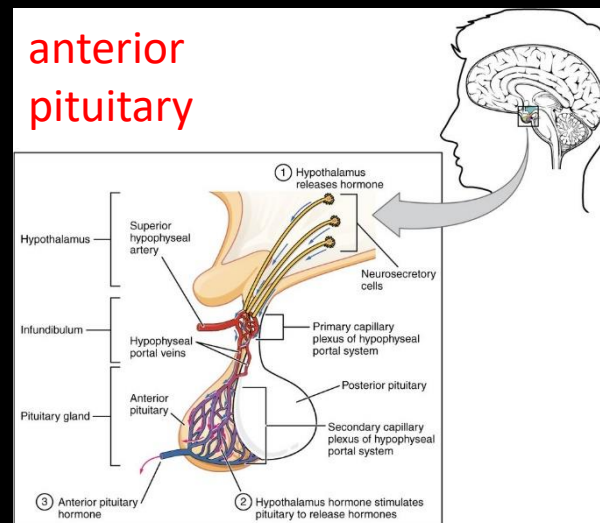
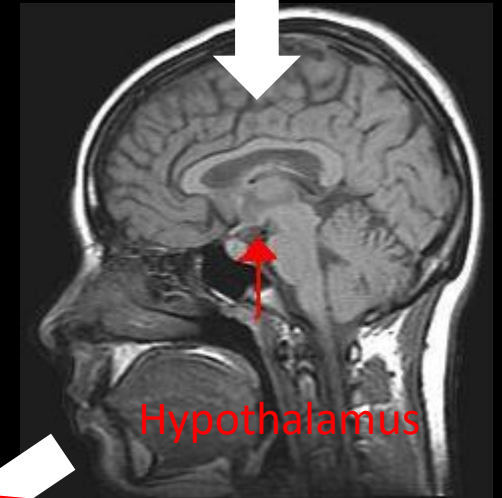


Systems Involved in the Stress Response

stres

2. Hypothalamic-Pituitary-Adrenal (HPA) axis activation

- metabolic sources provision (gluconeogenesis, glycogenolysis, lipolysis)
- anti-inflammatory and immunosuppressive effects



[48]

cortisol

ACTH

CRH

adrenal cortex

Systems Involved in the Stress Response - Hormones

3. **Endorphines**

- a by-product of ACTH formation in the adenohypophysis

4. **Oxytocin**

- modulation of social behaviour (tend and befriend)

5. **Aldosterone**

- from the adrenal cortex, production also stimulated by the HPA axis
- increases blood pressure (**retains sodium cation** in plasma, defense against salt loss)

6. **ADH**

- produced by hypothalamus, released by neurohypophysis
- increases blood pressure (**retains water** in the body, defense against water loss)

7. **STH**

- produced by adenohypophysis
- provides energy sources (glycogenolytic and lipolytic effect) and at the same time protects the muscles (proteoanabolic)

Systems Involved in Stress Response - Neurotransmitter

8. Dopamin

- faster decision making

9. Serotonin

- lowering fear

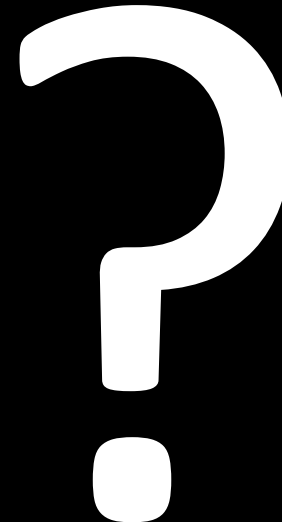
10. Acetylcholin, Noradrenalin

- improving the ability to concentrate



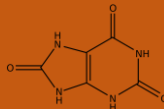
Metabolic Consequences of Inflammation

Change +/-	↑↓	Cause
Glycaemia		
Insulin receptors sensitivity		
Kalemia (pl. K^+)		
Uremia (pl. urea)		
Uricemia (pl. uric acid)		
Acid-base balance		
Total body H_2O		
Urine volume		
Na^+ retention		
K^+ secretion into urine		

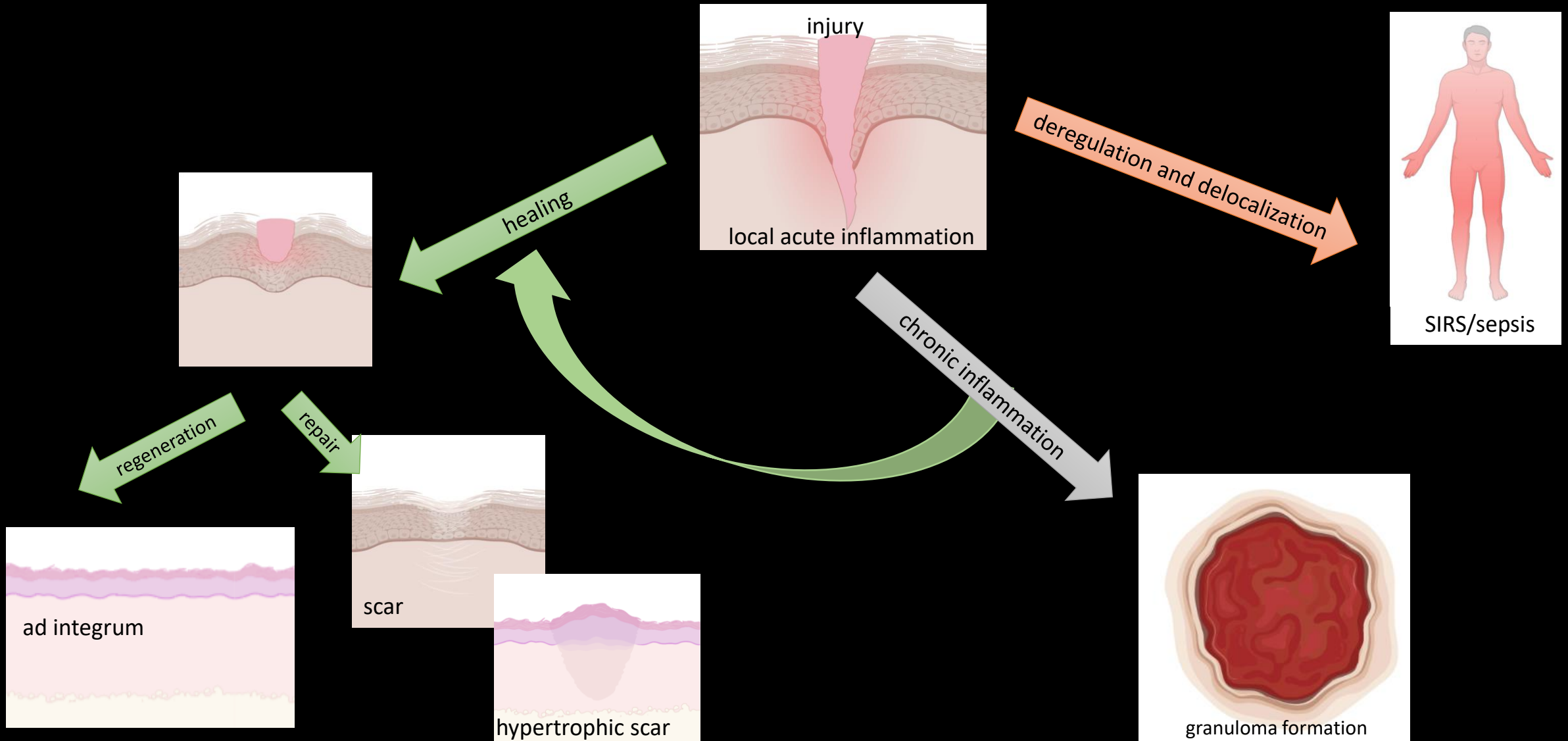


Metabolic Consequences of Inflammation

Change +/-	↑↓	Cause
Glycaemia	↑	← cortisol + glukagon + epinephrin + STH ← energy needs of brain
Insulin receptors sensitivity	↓	← cortisol, adrenalin
Kalemia (pl. K⁺)	↑	← cell lysis ← ↓ renal perfusion → oliguria
Uremia (pl. urea)	↑	← protein degradation ← oligurie, ADH
Uricemia (pl. uric acid)	↑	← cell breakdown, from DNA ← oliguria
Acid-base balance	↑/↓ (due to nature of injury)	<ul style="list-style-type: none"> • ischemia, ↑ lactate, ↑ ketones → MAC • hyperventilation → RAL • aldosteron (→ H⁺ excretion) → MAL
Total body H₂O	retention effort	↑ ADH, ↑ aldosteron
Urine volume	↓	← ↑ ADH, ↑ aldosteron
Na ⁺ retention	↑	← ↑ aldosteron
K ⁺ secretion into urine	↑	← ↑ aldosteron

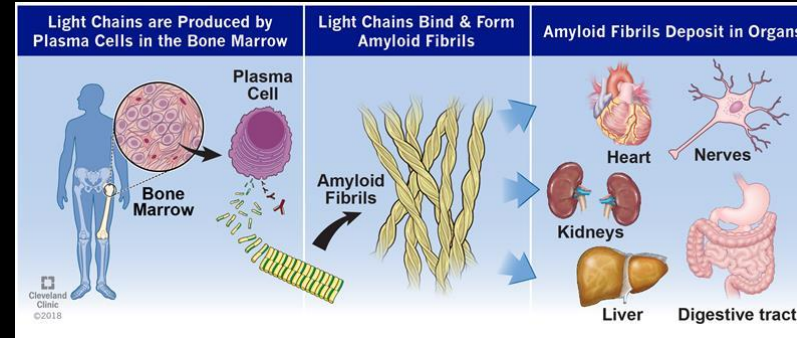


Further Progression of Local Inflammation

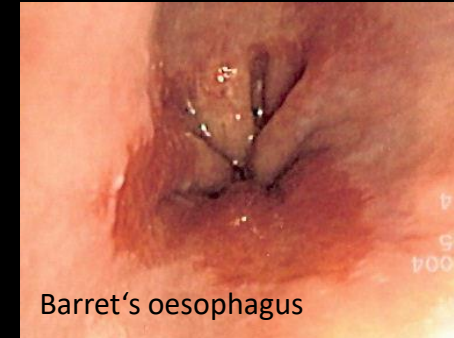


Chronic Inflammation

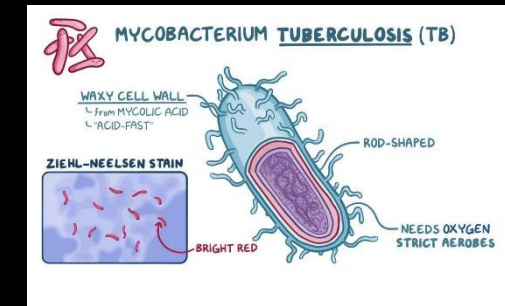
- duration > 6 weeks
- burdening, damaging, exhausting
- causes:
 - unhealed acute inflammation
 - repetitive tissue irritation
 - the causative pathogen resistant to immune mechanisms (mycobacterium tuberculosis)
- **adaptive immunity** activation
- possibly hidden local symptoms
- general symptoms maintained by cytokines (fatigue, anorexia, ↑ FW, ↑ leu, ↑ BM)
- possible **further damage to the affected organ** (tumor formation)
- possible **systemic changes** (amyloidosis in bone marrow inflammation)



[66]



[65]



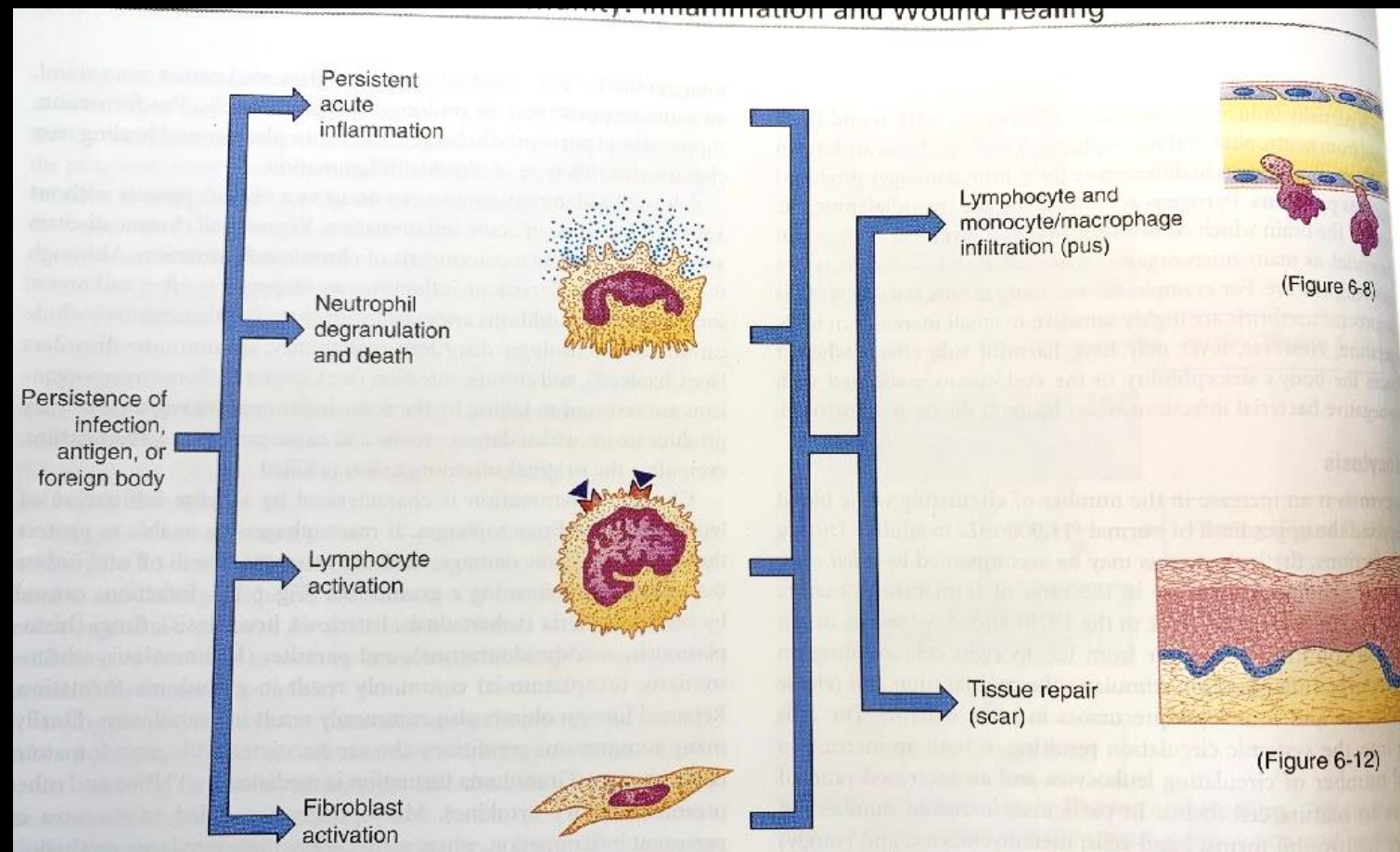
[67]

Acute x Chronic Inflammation

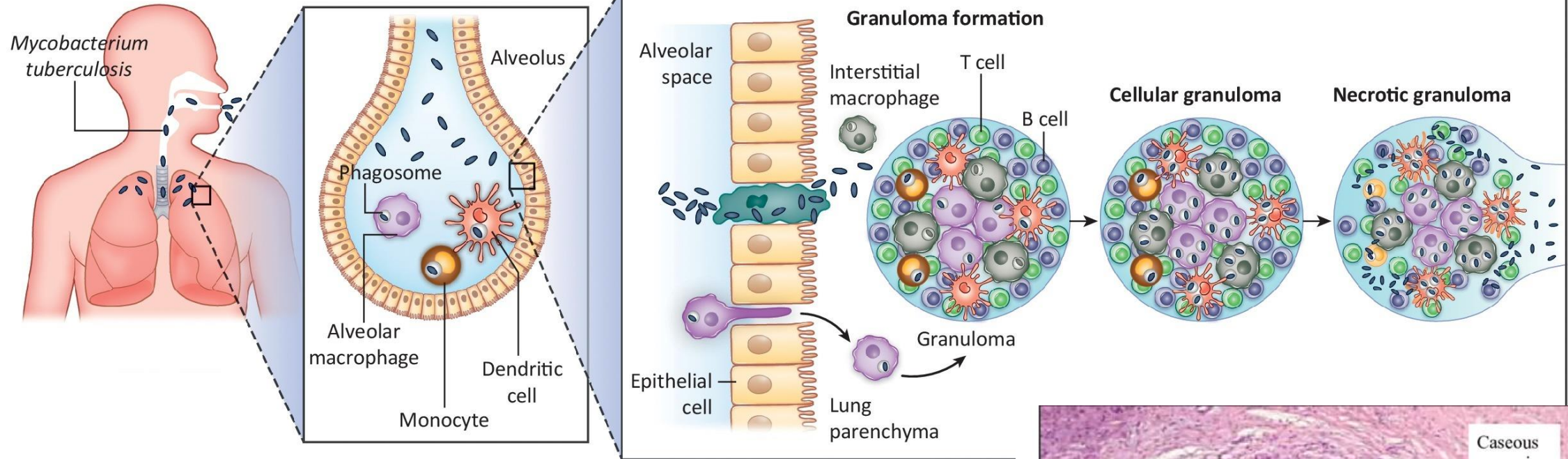
Inflammation	Acute	Chronic
Causes	pathogenes, tissue injury	persisting acute inflammation and healing also, autoimunné reaction
Mechanisms, Immune Cells	prevailance of innate immunity, neutrophils, monocytes, macrophages	prevailance of acquired immunity , monocytes, macrophages, lymphocytes
Duration	several days	month - years
Consequences	healling, absces, chronic inflammation	tissue destruction, fibrotization, tumors, system amyloidosis

podle: ROKYTA, Richard. *Fyziologie a patologická fyziologie: pro klinickou praxi*. Praha: Grada Publishing, 2015. ISBN 978-80-247-4867-2.

Chronic Inflammation



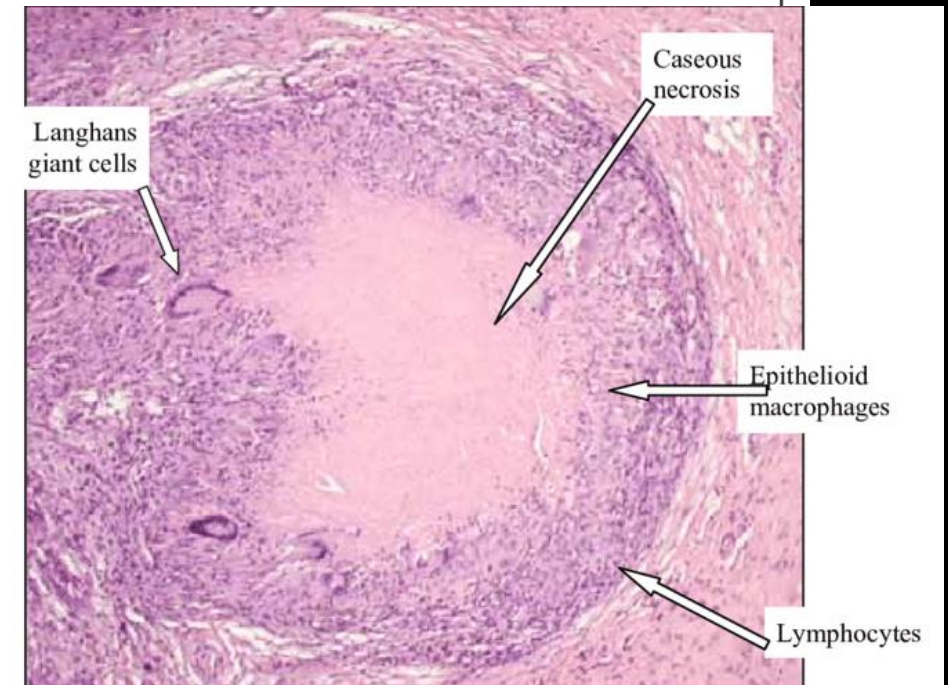
2 = 2



Granuloma

- attempt to isolate damaged tissue when the phagocytic function of macrophages fails
- foreign material, congenital disorders of phagocytic function, bacteria resisting phagocytosis
- formation stimulated by TNF- α and pro-inflammatory cytokines

[20]



The Role of Chronic Inflammation in the Development of Civilization Diseases

atherosclerosis

- the inflammatory immune response generally accelerates processes in the vessel wall leading to plaque formation

diabetes mellitus type II

- inflammation in the visceral fat of the obese → pro-inflammatory cytokines → ↑ CRP → direct damage to endothelium, hepatocytes, pancreatic β -cells and insulin resistance development
- vicious circle (alteration of cells by glycation promotes inflammation)

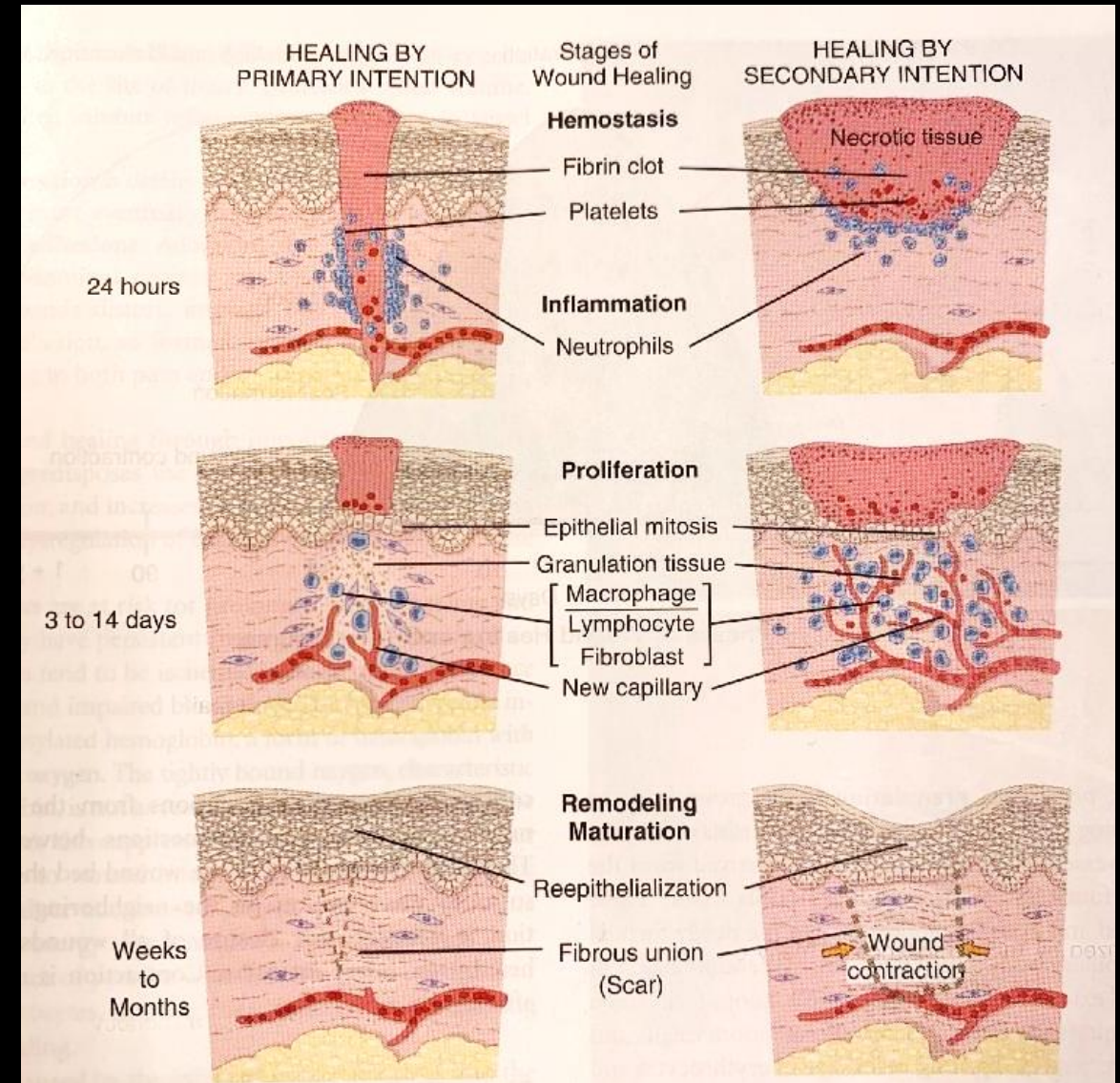
Alzheimer disease

- the resulting β amyloid plaques are considered by the immune system as damaged tissue suitable for removal



4 Stages of Healing

- Hemostasis
- Inflammation
- Proliferation with new tissue formation
- Remodeling and maturation





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SIRS =

Systemic Inflammatory Response Syndrom

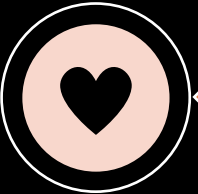
- generalized acute inflammatory reaction, acute phase reaction RAF
- inflammation that has become **delocalized, deregulated, and autoaggressive**
- → lost its original (defensive) meaning
- strength proportional to the extent and intensity of the damage inflicted
- 2 basic forms:
 - **septic SIRS = sepsis**
 - if the precipitating cause is infection
 - **aseptic SIRS**
 - response to non-infectious tissue damage
 - may become septic secondarily

Clinical Signs Defining SIRS

positivity of 2 or more of the listed symptoms = SIRS



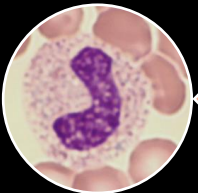
temperature $> 38^{\circ}\text{C}$ or $< 36^{\circ}\text{C}$



heart rate $> 90 \text{ min}^{-1}$



respiratory rate $> 20 \text{ min}^{-1}$, or
hyperventilation with $p_a\text{CO}_2 < 32 \text{ mm Hg}$



leucocytes $> 12 \times 10^9/\text{l}$ or $< 4 \times 10^9/\text{l}$ or $> 10 \% \text{ bands}$

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