

Infections in pregnancy. Sexually transmitted diseases (STD)



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Infections in pregnancy (intrauterine transmission)

- **primoinfection of mother**: no immunity
rubella, CMV, parvovirus, toxoplasma
- **reactivation of latent infection**: immunosuppression of mother
CMV, HSV
- **chronic infection of mother**
hepatitis B, HIV
- **neither of above**
listeria, syphilis

perinatal transmission:

- but more frequently intrauterine: syphilis, listeria
- and more frequent than intrauterine: HIV, HSV, HBV
- only perinatal: *C. trachomatis*, *N. gonorrhoeae*, GBS

maternal blood

vagina

stool

Infections in pregnancy (with the risk to the fetus)

- **sexually transmitted**

HIV, herpesviruses (HSV2), syphilis

- **not STD**

rubella, parvovirus, toxoplasma

Pregnant woman asymptomatic / benign signs of infection
Child severely affected

Risk factors for the development of the fetal infection:

- primary infection vs. re-infection/recurrence
- gestational age at the time of infection

Infections in pregnancy

- death of the fetus
- malformation of the fetus (teratogenic effect)
- after birth:
 - congenital infection (with persistence of the agent)
 - early with immediate symptomatology
 - late (silent at birth)
 - peri(neo)natal infection

40-day human embryo (actual length 20 mm)	organ involved	effect	
	brain	small brain size mental retardation	MALFORMATIONS
	eye	cataract microphthalmia	
	ear	hearing defect organ of Corti affected	
	heart	patent ductus arteriosus patent interventricular septum	LESIONS
	liver, spleen	hepatosplenomegaly thrombocytopenic purpura anaemia	
	general	low birth weight failure to thrive increased infant mortality	

Infections in pregnancy

- S Syphilis (teratogen)
- T Toxoplasmosis (teratogen)
- O Other (parvovirus B19, VZV, hepatitis B, E, ...)
- R Rubella (teratogen)
- C CMV (teratogen)
- H HSV, HIV

Microbiological diagnostics:

serology
PCR of viruses

Screening at pregnancy:

Syphilis Ab
Hepatitis B HBsAg
HIV Ab
(rubella)
(toxoplasma)

GBS culture

Treponema pallidum

- teratogenic

- Affecting the fetus:
 - Primary or secondary stage at the mother = risk of transmission almost 100%
 - ... therapy eliminates that risk!

Congenital syphilis:

early: like II. stage in adults

alteration of cartilages, bones, skin lesions, hepatitis

late: *Hutchinson trias*: teeth, deafness, keratitis

Toxoplasma gondii

- teratogenic

affected

- first trimester: 10% of fetuses, but more serious
- third trimester: 60%, less serious

Congenital toxoplasmosis

often late onset of signs

microcephalia, **chorioretinitis**, mental retardation

(rarely as *Sabin trias*: hydrocephalus, calcifications in brain)

Rubella

- teratogenic

affected

- until week 11: 90% of fetuses
- until week 16: 20% of foetuses
- week 20 and above: 0%

Congenital rubella syndrome (CRS):

= *Gregg's syndrome*: eyes (cataract, microphthalmia), **heart**, deafness

secretion of viruses from saliva, urine as the example of persistent infection after birth

later signs of CRS: deafness, mental retardation



Cytomegalovirus

- teratogenic (also, VZV, HSV from herpesviruses)

Congenital CMV = most common congenital disease (in 90% asymptomatic)
haematopoiesis affected: anaemia, thrombocytopenia
chorioretinitis

Blueberry muffin baby



secretion of viruses from saliva, urine
later signs of congenital infection:
deafness, mental retardation

Parvovirus B19

affinity to myocard cells, erythroblasts

non-teratogen,
but serious risk to develop hydrops fetalis (due to severe anaemia)

Perinatal transmission:

- but more frequently intrauterine: syphilis, listeria
- and more frequent than intrauterine: HIV, HSV, HBV
- only perinatal: *C. trachomatis*, *N. gonorrhoeae*, GBS

Listeria monocytogenes

- **intrauterine infection:**
premature labour and sepsis, rarely granulomatosis infantiseptica
- **perinatal infection:**
meningitis

TABLE 2.1. Causative organisms of neonatal meningitis^a

Country	United Kingdom [12]	Total
Observation period	2010–2011	
<i>Streptococcus agalactiae</i>	150	565 (58%)
<i>Escherichia coli</i>	41	203 (21%)
<i>Listeria monocytogenes</i>	11	19 (2%)
<i>Streptococcus pneumoniae</i>	28	39 (4%)
Other	72	156 (16%)
Total	302	982

^aStudies were performed in different time periods, with varying vaccination status.

HSV

- most often to be perinatal infection:
 - disseminated skin infection
 - encephalitis
 - other organs (lungs, liver)

Hepatitis B

risk of acute, fulminant hepatitis
prophylaxis: vaccine + immunoglobulins

HIV

Congenital infection:
progression to AIDS

25% risk of vertical transmission

- antiretroviral therapy of mother (third trimester) – today with combined therapy (lowering risk to less than 0.5%)



N. gonorrhoeae, C. trachomatis

neonatal conjunctivitis – eye drops

C. trachomatis - pneumonia

Streptococcus agalactiae (GBS)

perinatal infection:

sepsis, meningitis, pneumonia

Sexually transmitted diseases

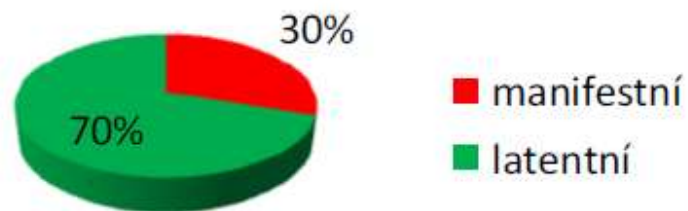
Paradox: **controllable diseases**

- no reservoir in environment
- mechanisms of transmission is not easy
- sensitive agents

but these **are not under control**

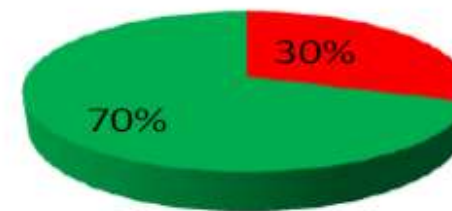
- no vaccination (except HPV, HBV)
- often asymptomatic
- late diagnostics (not because of labs)

syfilis



infekce *Chlamydia trachomatis*

■ manifestní ■ latentní



gonorrhoea

■ manifestní ■ oligosymptomatická



zdroj: Dr. Zákoucká, Státní zdravotní ústav,
NRL pro dg. syfilis, chlamydie

Basic signs:

- discharge
- changes on mucosa - chancre, pustules... (mucosa which were in contact - genital organs, mouth, rectum)

the diagnosis cannot be made without microbiology

Basic nosological unit = urethritis, cervicitis

THESE ARE NOT urinary tract infections

Eligible material

- urine (first in the morning)
 - PCR (species specific)
- swab from urethra (discharge), cervix, vagina
 - microscopy if immediately put on the microscopic slide
 - culture (transport medium)
 - PCR
- swab from skin lesion
 - microscopy
 - culture
 - PCR
- serum

	Agent	disease
Viral STD		
	HSV2 (HSV1) HBV HCV HIV HPV	Herpes genitalis Viral hepatitis B Viral hepatitis C AIDS Condyloma, verruca, ca of cervix
Bacterial		
	<i>Treponema pallidum</i>	syphilis
	<i>Nesseria gonorrhoeae</i>	gonorrhoea
	<i>Chlamydia trachomatis</i>	lymphogranuloma venereum, urethritis...
	<i>Haemophilus ducreyi</i>	ulcus molle
Parasites		
	<i>Trichomonas vaginalis</i> <i>Phthirus pubis</i> <i>Sarcoptes scabiei</i>	Trichomoniasis Phtiriasis pubis Scabies
Fungal		
	<i>Candida spp.</i>	Candidosis

Treponema pallidum subsp. *pallidum*

Stage		Time period	manifestation	diagnostics
early	primary	weeks	ulcum durum (primary chancre) and bubo	microscopy, PCR, antibodies
	secondary	weeks - months	Generalisation: skin rash, condylomata lata	antibodies
	latent		1 year (2 yrs)	none
		many years	none	antibodies
late	tertiary		Organs: neurosyphilis, cardiovascular, gumma	antibodies

Treponema pallidum subsp. *pallidum*

- **direct diagnostics**

- microscopy (dark field)
- PCR

- **indirect diagnostics**

- non-specific (non-treponemal) = VDRL (RPR, BWR)

cardiolipin as an antigen

positive earlier (~ from 4 weeks p.i.), positivity disappears with therapy

risk of false findings

- specific (treponemal) - TP (hem)agglutination TPHA, TPPA; FTA-ABS, ELISA, WB

says which isotypes IgG, IgM (important for congenital syphilis)

IgG positivity life long

confirmation at the reference lab



Treponema pallidum subsp. *pallidum*

- indirect diagnostics

- non-specific = VDRL (RPR, BWR)

- specific - TPHA, TPPA; FTA-ABS, ELISA, WB

VDRL	specific reaction	interpretation
+	+	active infection
+	-	false positivity ?
-	+	successful therapy

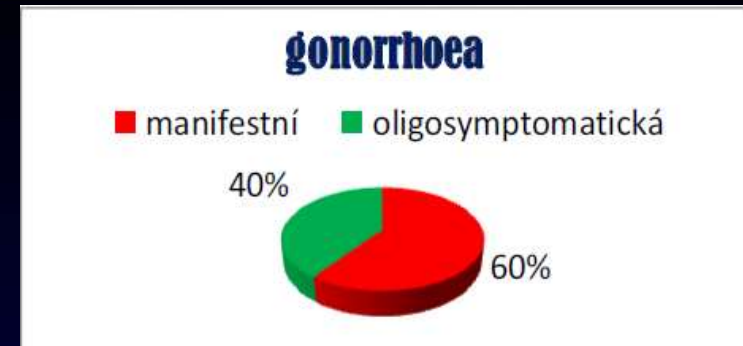
Neisseria gonorrhoeae

high penetration

- urethritis, cervicitis
- complication: disseminated
(peritonitis, sepsis, meningitis)
- tonsilopharyngitis, proctitis
- neonatal conjunctivitis

Diagnostics:

microscopy
culture (special conditions)
PCR



Therapy:

no longer valid
that it is
susceptible to
PNC, tetracycline
or quinolones
(*N. gono* is competent
for the DNA uptake,
mostly in oropharynx)

cephalosporins III.
generation

+

macrolides
tetracyklins
quinolons

WHO PRIORITY PATHOGENS LIST FOR R&D OF NEW ANTIBIOTICS

Priority 1: CRITICAL[#]

Acinetobacter baumannii, carbapenem-resistant

Pseudomonas aeruginosa, carbapenem-resistant

*Enterobacteriaceae**, carbapenem-resistant, 3rd generation
cephalosporin-resistant

Priority 2: HIGH

Enterococcus faecium, vancomycin-resistant

Staphylococcus aureus, methicillin-resistant, vancomycin
intermediate and resistant

Helicobacter pylori, clarithromycin-resistant

Campylobacter, fluoroquinolone-resistant

Salmonella spp., fluoroquinolone-resistant

Neisseria gonorrhoeae, 3rd generation cephalosporin-resistant,
fluoroquinolone-resistant

Priority 3: MEDIUM

Streptococcus pneumoniae, penicillin-non-susceptible

Haemophilus influenzae, ampicillin-resistant

Shigella spp., fluoroquinolone-resistant



Chlamydia trachomatis

Serotypes associated with different diseases:

- A,B,C: trachoma (not STD)
- L: lymphogranuloma venereum
- **D - K**: STD: urethritis, prostatitis
cervicitis, salpingitis (also chronic asymptom. -- infertility)
proctitis
reactive arthritis
paratrachoma = neonatal conjunctivitis
neonatal pneumonia

Diagnostics:

microscopy
culture
PCR

STD

Neisseria gonorrhoeae
Chlamydia trachomatis
Mycoplasma genitalium
Mycoplasma hominis
Ureaplasma parvum
Ureaplasma urealyticum
Trichomonas vaginalis

Therapy:

macrolides
tetracyklins
quinolons

Mycoplasma and ureaplasma

STD	
<i>Neisseria gonorrhoeae</i>	
<i>Chlamydia trachomatis</i>	
<i>Mycoplasma genitalium</i>	←
<i>Mycoplasma hominis</i>	←
<i>Ureaplasma parvum</i>	←
<i>Ureaplasma urealyticum</i>	←
<i>Trichomonas vaginalis</i>	

Risk factor or a causative agent ?
urethritis, prostatitis
chorioamnionitis and premature labours

Herpes simplex (HSV2, HSV1)

primary, recurrent infections -- vesicles

HPV

Genotypes associated with different diseases:

- warts
- condyloma (condylomata accuminata)
- oncogenic (cervix, oropharyngeal, larynx)

HCV

not only via sexual contact (not the major route of transmission)

- high tendency to develop chronic infection (min. 60 %)
- **curable** thanks to DAA (direct acting antivirals) - specific by HCV genotype
success of therapy to be monitored by quantification of viral load

Diagnostics:

antigens and antibodies

HBsAg

HBeAg

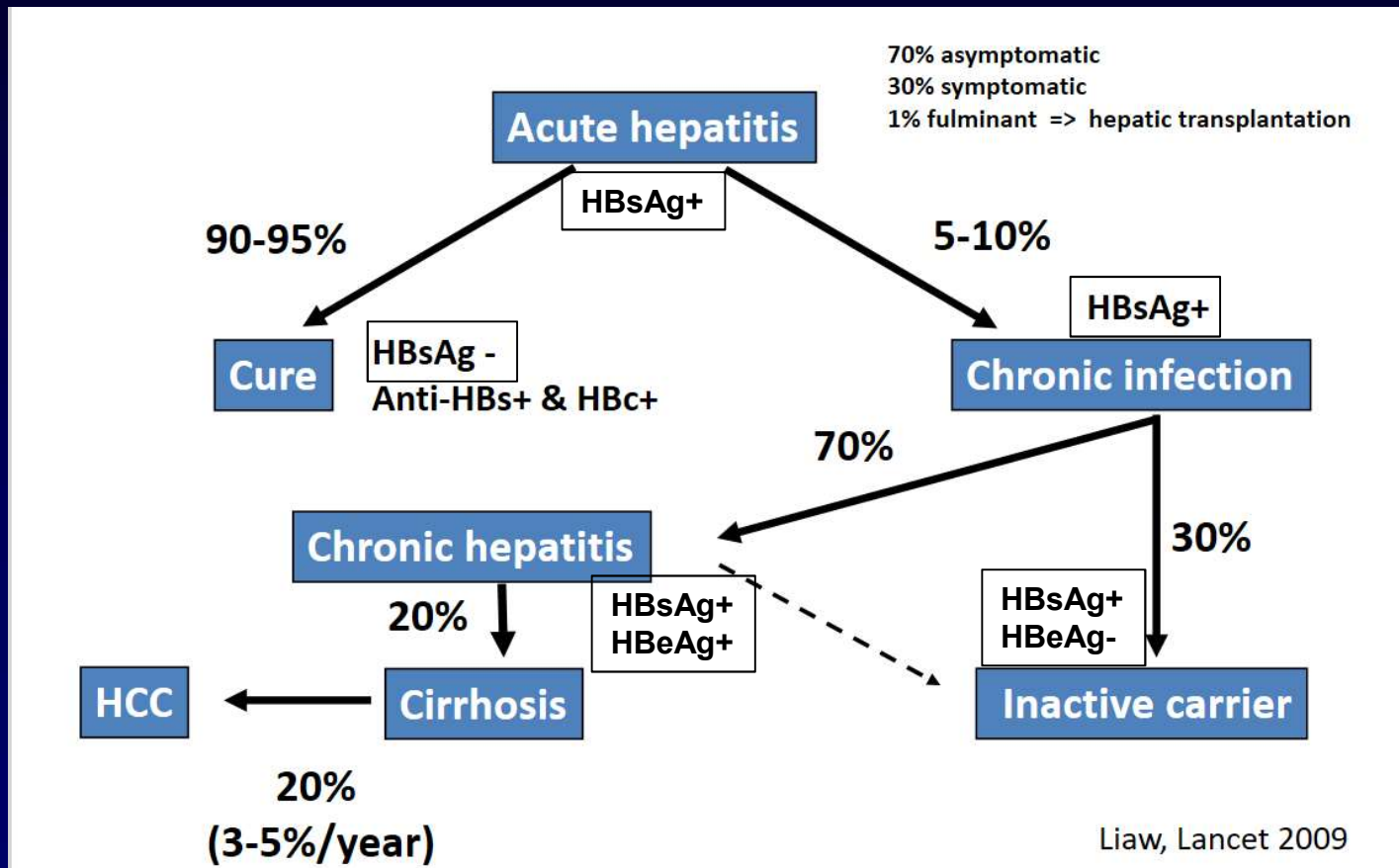
anti-HBs

anti-HBc (life-long evidence of infection)

anti-HBe

... and HBV DNA

Infectivity: HBeAg > HBsAg



Diagnostics:

antigens and antibodies

HBsAg

HBeAg

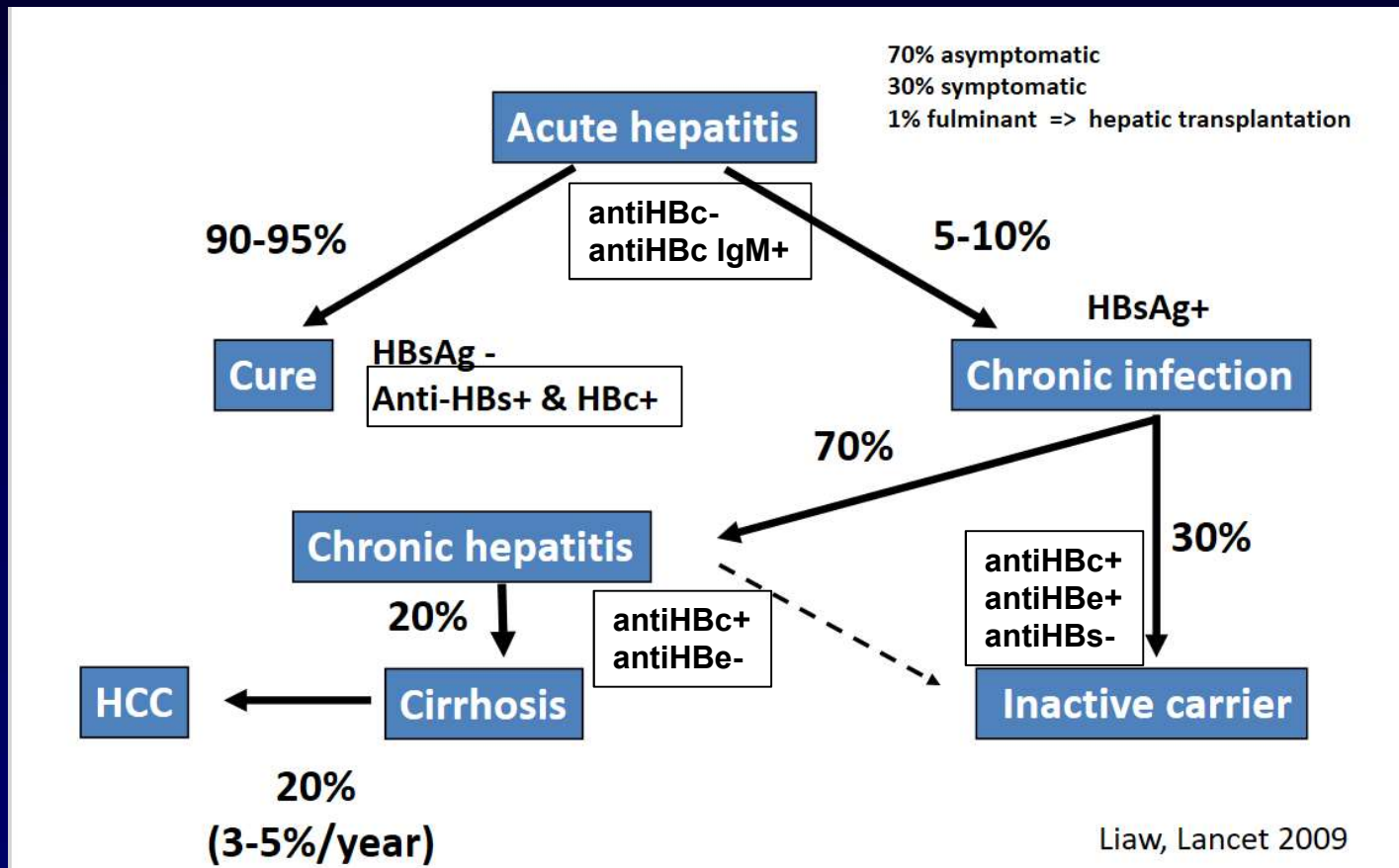
anti-HBs

anti-HBc (life-long evidence of infection)

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... and HBV DNA

Infectivity: HBeAg > HBsAg



HIV

1981 June 5;30:250-2

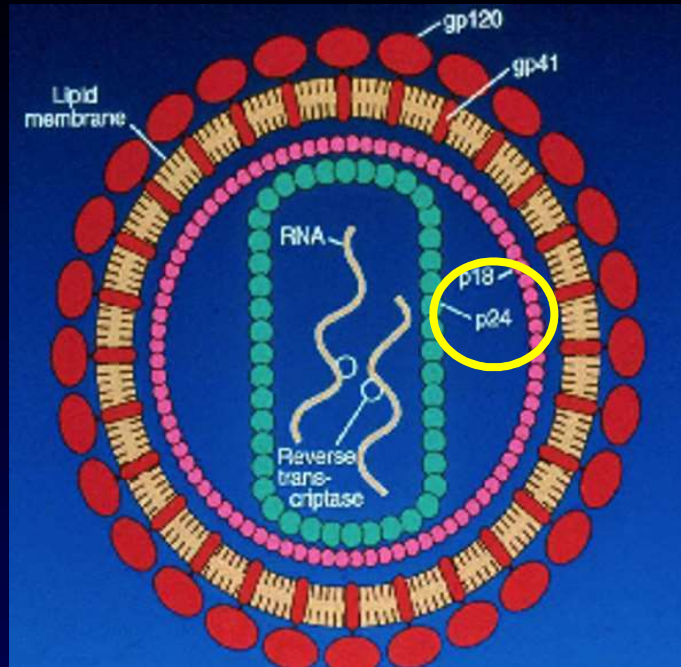
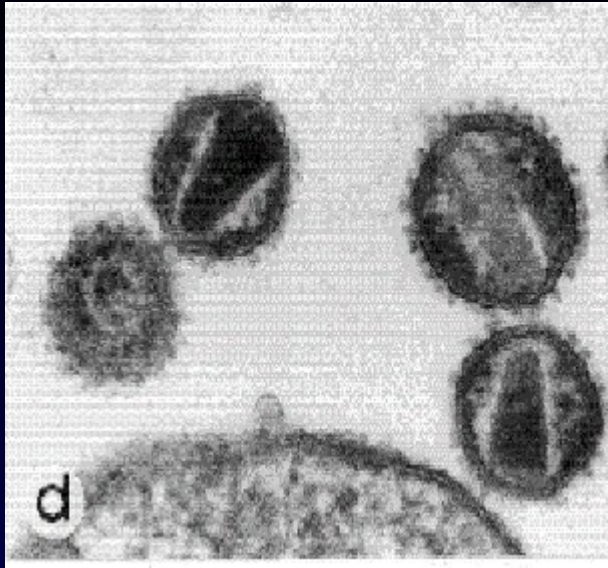
Pneumocystis Pneumonia – Los Angeles

In the period October 1980-May 1981, 5 young men, all active homosexuals, were treated for biopsy-confirmed *Pneumocystis carinii* pneumonia at 3 different hospitals in Los Angeles, California. Two of the patients died. All 5 patients had laboratory-confirmed previous or current cytomegalovirus (CMV) infection and candidal mucosal infection. Case reports of these patients follow.

Morbidity and mortality weekly report. Center for Disease Control (CDC).

Today 37 million patients
(2/3 in Africa)

Czech Republic (since 1985): 4,000 (20% developed AIDS)

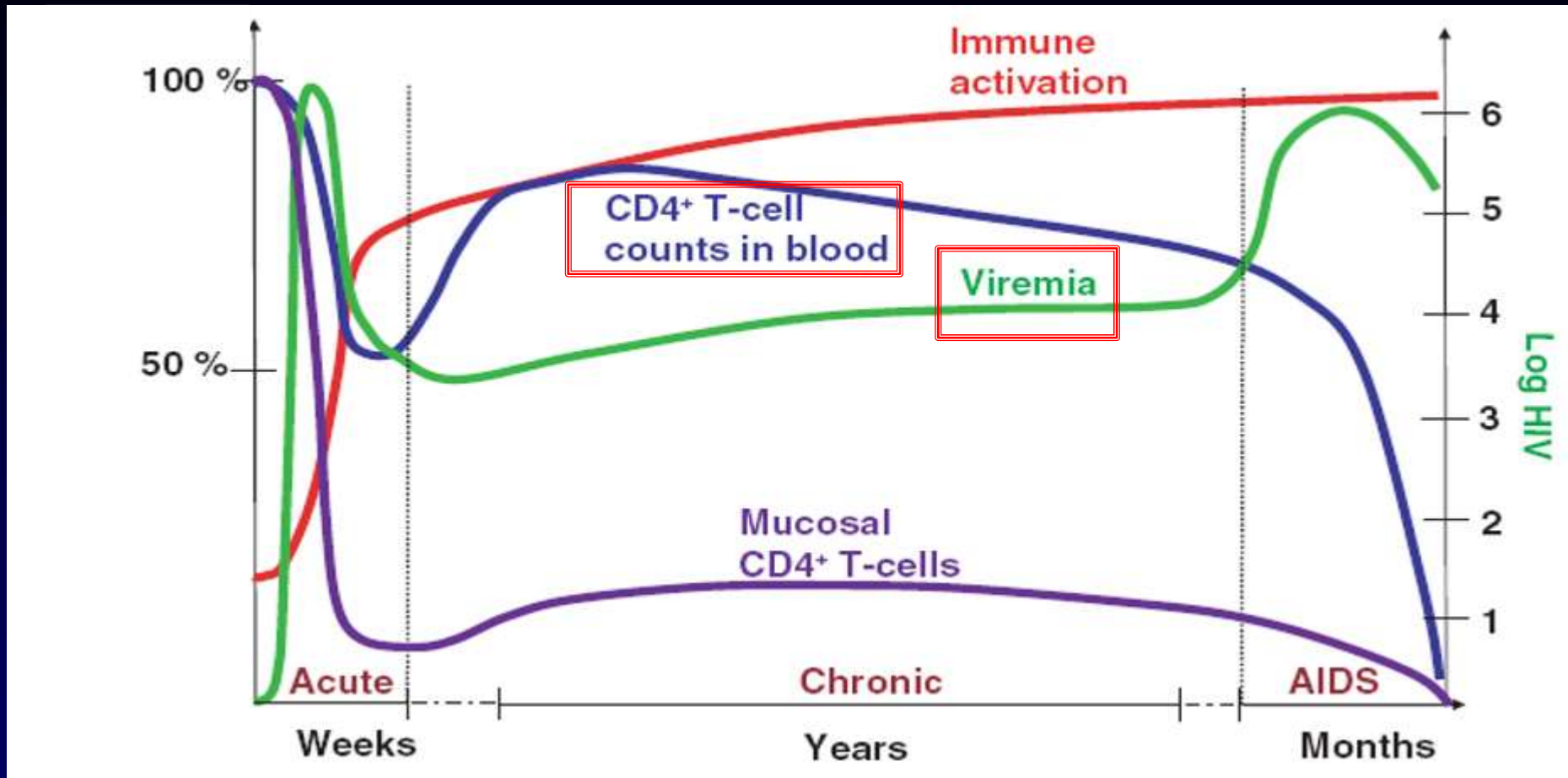


Diagnostics:

- antibodies (ELISA): in 3 weeks p.i. (to confirm with immunoblot)
- Ag p24: in 2 weeks p.i.
- RNA: in 10 days p.i.

still many cases diagnosed late (1/5 in the CR)

Course in untreated individual:



CD4 positive T cells:

norm: 500-1400/mm³

AIDS: < 200

(speed of progression depends on viral load and CD4 counts)

zdroj: Grossman et al. Pathogenesis of HIV infection: what the virus spares is as important as what it destroys. Nat Medicine 2006.

Therapy:

Goal: to suppress replication of HIV, viral load in blood: as low as possible, as long as possible

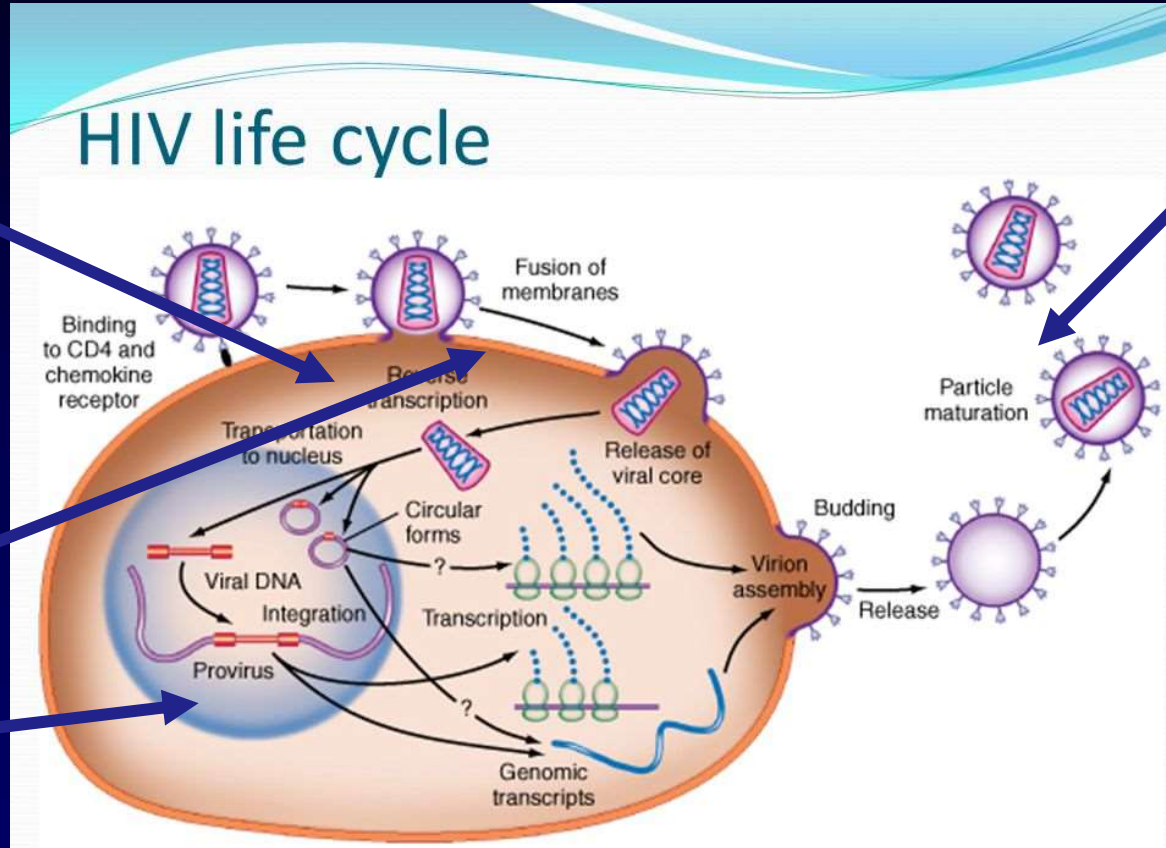
When to start: immediately (regardless the CD4+ count)

inhibitors RT

- nucleoside(tide)
- nonnucleoside:
zidovudin (1987)
lamivudin
tenofovir
...

fusion inhibitors

integrase inhibitors



protease inhibitors:

lopinavir
atazanavir
...

cART (HAART earlier): to administer in two-, three drug combo (two nucleoside inhibitors + third drug)

Opportunistic pathogens at the stage of AIDS:

Pneumocystis jiroveci (CD4+ below 200)

NTM (*M. avium* complex) and *M. tuberculosis* (developing countries)
recurrent pneumonia

CMV (retinitis, oesophagitis), (CD4+ below 50)

Toxoplasma gondii (CD4+ below 100)

Cryptosporidium

Cryptococcus neoformans (meningitis)

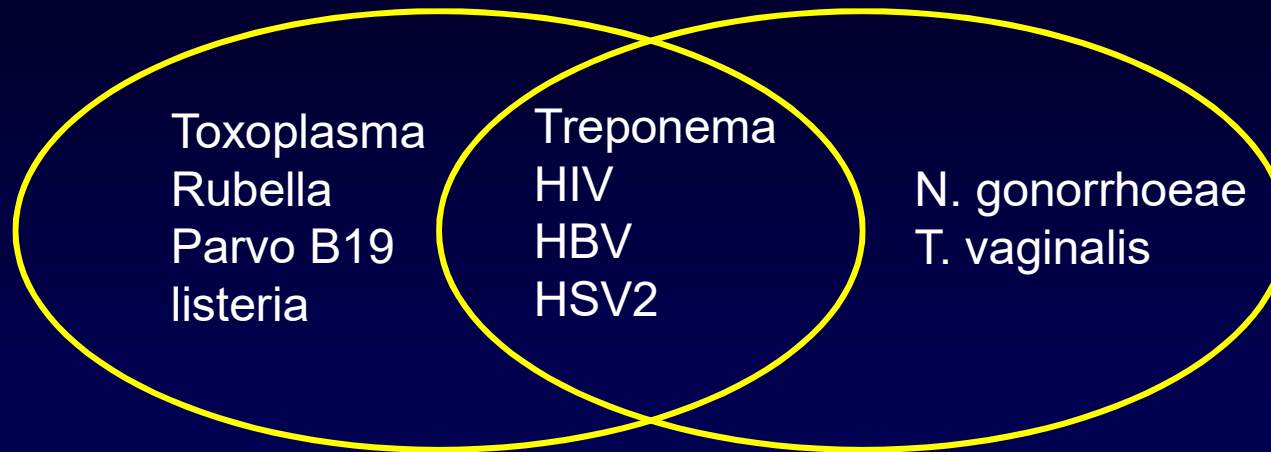
Salmonella septicaemia

HBV

...

Conclusion:

Infections in pregnancy and STD agents overlap, but not completely



... no overlap with UTI