

ANTIBIOTIC GROUPS AND THEIR INDICATIONS – PART 1

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- **ANTIBIOTICS**
- **ANTIMICROBIAL AGENTS**
- **CHEMOTHERAPEUTIC AGENTS**

ANTIBIOTICS

- **Natural** substances produced by various species of microorganisms
 - bacteria
 - fungi
 - actinomycetes
- suppress growth / kill other microorganisms

ANTIMICROBIAL AGENTS

- **Synthetic analogues**
- **ANTIMICROBIAL AGENTS :**
- includes **synthetic** as well as **naturally** obtained drugs that attenuate microorganisms

CHEMOTHERAPEUTIC AGENTS

- Drugs in this class differ from all others in that they are
- Designed to inhibit/kill the infecting organism and have **no/minimal effect on the recipient – selective toxicity**

Classification of Antimicrobials

- **Inhibit cell wall synthesis**
 - Penicillins
 - Cephalosporins
 - Carbapenems
 - Monobactams (aztreonam)
 - Vancomycin
- **Inhibit protein synthesis**
 - Chloramphenicol
 - Tetracyclines
 - Macrolides
 - Clindamycin
 - Streptogramins (quinupristin/dalfopristin)
 - Oxazolidinones (linezolid)
 - Aminoglycosides
- **Alter nucleic acid metabolism**
 - Rifamycins
 - Quinolones
- **Inhibit folate metabolism**
 - Trimethoprim
 - Sulfamethoxazole

Mechanism of Action

Cell wall synthesis

Cycloserine
Vancomycin
Bacitracin
Penicillins
Cephalosporins
Monobactams
Carbapenems

DNA gyrase

Quinolones
Nalidixic acid
Quinolones

DNA-directed RNA polymerase

Rifampin
Streptovaricins

Protein synthesis (50S inhibitors)

Erythromycin (macrolides)
Chloramphenicol
Clindamycin
Lincomycin

Protein synthesis (30S inhibitors)

Tetracyclines
Spectinomycin
Streptomycin
Gentamicin
Kanamycin
Amikacin
Nitrofurans

Protein synthesis (tRNA)

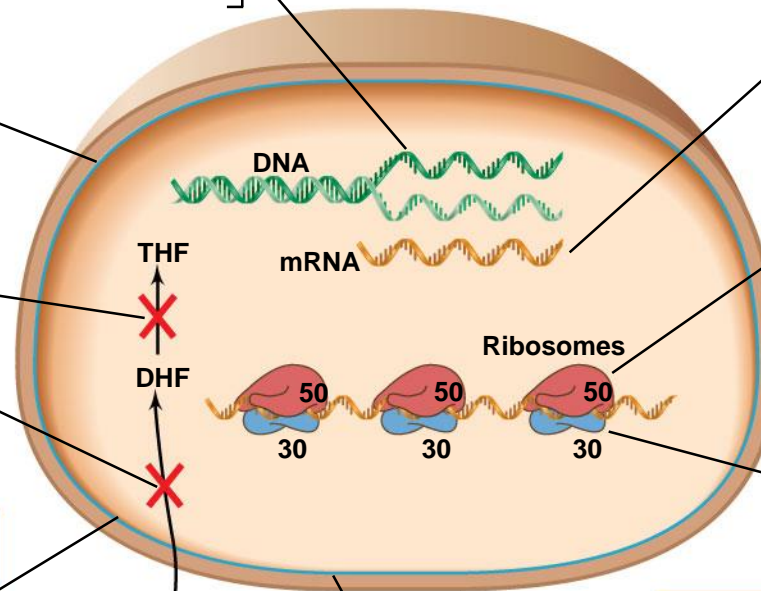
Mupirocin

Folic acid metabolism

Trimethoprim
Sulfonamides

Cytoplasmic membrane structure and function

Polymyxins
Daptomycin



PABA

Cytoplasmic membrane
Cell wall membrane

Mechanism of Action

- **Agents that inhibit synthesis of bacterial cell walls**

Penicillins & cephalosporins
& monobactams & carbapenems

Vancomycin

Fosfomycin

Target –cell wall synthesis

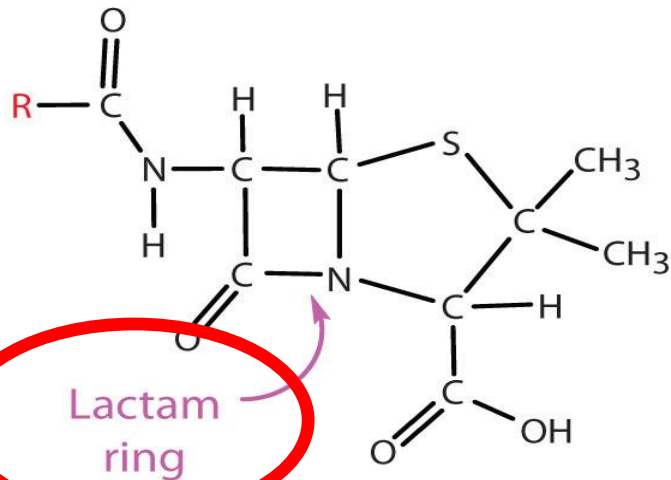
The bacterial cell wall is a cross linked polymer called peptidoglycan which allows a bacteria to maintain its shape despite the internal turgor pressure caused by osmotic pressure differences.

If the peptidoglycan fails to crosslink the cell wall will lose its strength which results in cell lysis.

All β -lactams disrupt the synthesis of the bacterial cell wall by interfering with the transpeptidase which catalyzes the cross linking process.

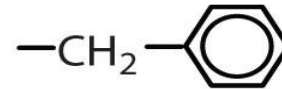
Penicillins

Penicillin Structure

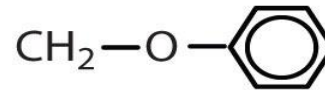


R Group

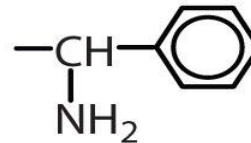
Drug Name



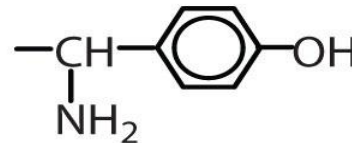
penicillin G



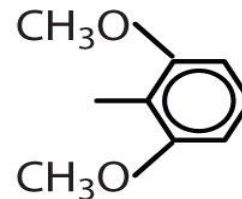
penicillin V



ampicillin



amoxicillin



methicillin

Transpeptidase- PBP

The cross linking reaction is catalyzed by a class of transpeptidases known as penicillin binding proteins

A critical part of the process is the recognition of the D-Ala-D-Ala sequence of the NAMA peptide side chain by the PBP. Interfering with this recognition disrupts the cell wall synthesis.

beta-lactams mimic the structure of the D-Ala-D-Ala link and bind to the active site of PBPs, disrupting the cross-linking process.

Penicillins

- **There are semi-synthetic forms of penicillin.**
They are created through modifications that can be made in a laboratory.
- **Chemists can create and modify side chains.**
This produces new forms of penicillin.
- **Natural penicillin has a very narrow spectrum.**
Chemically modifying penicillin broadens the spectrum.
- **Semi-synthetic penicillins can be further modified to increase the efficiency of inhibiting bacterial growth**

Narrow – spectrum Penicillins – Clinical Uses

Benzylopenicillin (Penicillin G) is the prototype of a subclass of penicillins.

Clinical uses include therapy of infections caused by common **streptococci, meningococci, gram-positive bacilli, and spirochetes..**

Many strains of pneumococci (penicillin-resistant **S. pneumoniae** [PRSP] strains). **Staphylococcus aureus** and **Neisseria gonorrhoeae** are resistant via production of beta-lactamases

Penicillin G remains the drug of choice for syphilis. Activity against enterococci is enhanced by coadministration of aminoglycosides. Penicillin V is an oral drug used mainly in oropharyngeal infections..

BENZYL PENICILLIN: MAIN INDICATIONS

- ***Strep pyogenes* infection** (from sore throat to fasciitis and sepsis)
- Pneumococcal pneumonia, meningitis
- Meningococcal meningitis, sepsis
- Infective endocarditis (strep)
- Strep group B sepsis
- Diphtheria
- Syphilis
- Leptospirosis...

Very-narrow-spectrum penicillinase-resistant drugs

This subclass of penicillins includes **methicillin**, **nafcillin**, and **oxacillin**....

They are stable to staphylococcal beta lactamase, **penicillinase**

Their primary use is in the treatment of known or suspected different types staphylococcal infections.

Methicillin-resistant (MR) staphylococci (*S. aureus* [MRSA] and *S. epidermidis* [MRSE]) are resistant to all penicillins and are often resistant to multiple antimicrobial drugs).

Wider-spectrum penicillinase-susceptible drugs

Ampicillin and amoxicillin—has a wider spectrum of antibacterial activity than penicillin G.

Their clinical uses include indications similar to penicillin G as well as infections resulting from **enterococci, *Listeria monocytogenes*, *Escherichia coli*, *Proteus mirabilis*, *Haemophilus influenzae*, and *Moraxella catarrhalis***, although resistant strains occur.

Oral and parenteral forms

When used in combination with inhibitors of beta lactamases (**clavulanic acid, sulbactam, tazobactam**), their antibacterial activity is often enhanced. In enterococcal and listerial infections, ampicillin is synergistic with aminoglycosides.

Ureidopenicillin – broad spectrum of activity

Piperacillin

These drugs have broad spectrum activity **against several gram-negative rods**, including *Pseudomonas*, *Enterobacter*, and in some cases *Klebsiella species*, also streptococci, enterococci, anaerobes

Piperacillin is susceptible

to certain beta lactamases and are often used in combination with penicillinase inhibitors (eg, **tazobactam and clavulanic acid**) to enhance their activity.

It is used for the treatment of serious nosocomial infections (pneumonia, sepsis, complicated urinary tract infections, wound infections, abdominal infections) ...)

Penicillins – toxicity, side effects

Allergy—Allergic reactions include **urticaria, severe pruritus, fever, joint swelling, hemolytic anemia, nephritis, and anaphylaxis.**

Complete cross-allergenicity between different penicillins should be assumed.

2. Gastrointestinal disturbances— **Nausea and diarrhea may occur with oral penicillins, especially with ampicillin.**

Gastrointestinal upsets may be caused by direct irritation or by overgrowth of gram-positive organisms or yeasts.

Cephalosporins

The **cephalosporins** are β -lactam antibiotics that are closely related both structurally and functionally to the penicillins.

Most **cephalosporins** are produced **semisynthetically** by the chemical attachment of side chains to 7-aminocephalosporanic acid.

Cephalosporins have the same mode of action as penicillins, and they are affected by the same resistance mechanisms.

However, they tend to be more resistant/stable than the penicillins to certain β -lactamases.

Mechanisms of Action and Resistance

Cephalosporins bind to **PBPs** on bacterial cell membranes to inhibit bacterial cell wall synthesis by mechanisms similar to those of the penicillins. **Cephalosporins are bactericidal** against susceptible organisms.

Cephalosporins less susceptible to penicillinases produced by staphylococci, but many bacteria are resistant through the production of **other betalactamases** that can inactivate cephalosporins.

Resistance can also result from decreases in membrane permeability to cephalosporins and from changes in PBPs.

Methicillin-resistant staphylococci (MRSA) are also resistant to cephalosporins.

Classification of cephalosporins

- 1-4. generation
- Division into generations determines :
 - spectrum of **antimicrobial activity**
 - **stability** to the effect of beta lactamases
- The higher the generation - the wider the spectrum of activity and the higher the stability to beta lactamases

First generation

First-generation drugs—cefazolin, cefalotin (parenteral) and cephalexin (oral) are examples of this subgroup.

They are active against gram-positive cocci, including staphylococci and common streptococci. Many strains of *E coli* and *K pneumoniae* are also sensitive.

Clinical uses include treatment of infections caused by these organisms and surgical prophylaxis in selected conditions.

Second generation

Cefuroxim, cefprozil

Have slightly less activity against gram-positive organisms than the first-generation drugs but have an extended gram-negative coverage.

Examples of clinical uses *include infections* sinus, ear, and respiratory infections caused by *H influenzae* or *M catarrhalis*

Urinary tract infections caused by *E. coli*, *Proteus spp...*

.. surgical prophylaxis in selected conditions

Third-generation

Ceftazidime, cefotaxime, ceftriaxone

include increased **activity against gram-negative** organisms resistant to other beta-lactam drugs and ability to penetrate the blood-brain barrier

Most are active against ***Providencia*, *Serratia marcescens***., and beta-lactamase producing strains of ***H influenzae* and *Neisseria***

Ceftriaxone and cefotaxime are currently the most active cephalosporins against penicillin-resistant pneumococci (PRSP strains)

- Also have activity against ***Pseudomonas*** (**cefoperazone, ceftazidime**)
- **Ceftriaxone** (parenteral) and **cefixime** (oral), currently drugs of choice in gonorrhea.

Fourth-generation

Cefepime is more *resistant to beta-lactamases* produced by gram-negative organisms, including *Enterobacter, Haemophilus, Neisseria*, and some penicillin resistant pneumococci...

Cefepime combines the gram-positive activity of first-generation agents with the wider gram-negative spectrum of third-generation cephalosporins.

CLINICAL USE OF BROAD SPECTRUM CEPHALOSPORINES (2-4. gen.)

- **Respiratory tract infections**
- **Urinary tract infections**
- **Neuroinfection**
- **Sepsis...**
 - most often of hospital origin
 - ...administered intravenously
- **Resistance is most often mediated by beta lactamases with an **extended spectrum of activity** (ESBL, AmpC ...)**

Fifth generation ?

Ceftaroline has activity in infections caused by methicillin-resistant staphylococci

The only registered beta lactam antibiotic with an effect on **MRSA**

The spectrum of action corresponds to the 3rd generation

Side effects, toxicity

Allergy—Cephalosporins cause a range of allergic reactions from skin rashes to anaphylactic shock. These reactions occur *less frequently with cephalosporins than with penicillins*.

Complete cross-hypersensitivity between different cephalosporins should be assumed. Cross-reactivity between penicillins and cephalosporins is incomplete (5–10%)

They may **increase the nephrotoxicity** of aminoglycosides when the two are administered together.

OTHER BETA-LACTAM DRUGS -

Aztreonam is a monobactam that is resistant to beta-lactamases produced by certain gram-negative rods, including *Pseudomonas aeruginosa*, *Serratia*, *Klebsiella...*

The drug has no activity against gram positive bacteria or anaerobes.

Aztreonam is administered intravenously

Carbapenems - Imipenem, Meropenem and Ertapenem

- Chemically different from penicillins but retaining the **beta-lactam** ring structure
- **Reserve antibiotics** - Now used to treat gram negative infections due to so called **ESBL** producing organisms eg, *E coli*, *Klebsiella*...
- They are administered intravenously only
- They have wide activity **against gram-positive cocci** (including some penicillin-resistant pneumococci), **gram-negative rods**, and **anaerobes**.
- **For pseudomonal infections**, they are often used in combination with an aminoglycoside.

Beta-Lactamase Inhibitors

. **Clavulanic acid, sulbactam, and tazobactam** are used in fixed combinations with certain hydrolyzable penicillins.

- **amoxicillin/clavulanic acid, ampicillin/sulbactam, piperacillin/tazobactam**

They are most active against plasmid-encoded beta lactamases such as those produced by *gonococci*, *staphylococci*, *E coli*, and *H influenzae*..

- They are not good inhibitors of inducible chromosomal beta-lactamases (AmpC..) formed by ***Enterobacter***, ***Pseudomonas***, and ***Serratia***
- Inhibition of ESBL enzymes is not reliable

BETA LACTAMS - MECHANISMS OF ACTION

Beta-lactam antibiotics are bactericidal drugs. They act to inhibit cell wall synthesis by the following steps:

- (1) Binding of the drug to specific enzymes (penicillin-binding proteins [PBPs]) located in the bacterial cytoplasmic membrane;**
- (2) inhibition of the transpeptidation reaction that cross-links the linear peptidoglycan chain constituents of the cell wall; and**
- (3) activation of autolytic enzymes that cause lesions in the bacterial cell wall.**

BETA LACTAMS - MECHANISM OF RESISTANCE

- **The formation of beta-lactamases** by most staphylococci and many gram-negative organisms.
- ✓ **Inhibitors of these bacterial enzymes (eg, *clavulanic acid*, *sulbactam*, *tazobactam*)** are often used in combination with penicillins to prevent their inactivation.
- **Structural change in target PBPs** is responsible for methicillin resistance in staphylococci and for resistance to penicillin G in pneumococci (eg, PRSP, penicillin resistant *Streptococcus pneumoniae*) and enterococci.
- In some gram-negative rods (eg, *Pseudomonas aeruginosa*), **changes in the porin structures in the outer cell wall membrane** may contribute to resistance by impeding access of penicillins to PBPs., another option is efflux

CLASSIFICATION OF BETA LACTAMASES

There have been a number of schemes for the classification of beta lactamases. The most often used scheme

Amblor classification [Molecular classification]

Groups β -lactamases into four major classes (A to D) based on genotypic relationships. Class A, C, and D enzymes which utilize serine for β -lactam hydrolysis and class B metalloenzymes which require divalent zinc ions for substrate hydrolysis.

EXTENDED-SPECTRUM β -LACTAMASES

- ❑ **Extended-spectrum β -Lactamases (ESBLs)** are extremely broad spectrum β -Lactamase enzymes found in a variety of Enterobacteriaceae.
- ❑ The ESBLs are mutant forms of TEM-1, TEM-2 and SHV-1 enzymes. The ESBLs often differ from the original enzymes by only one to a few changes in their amino acid sequences.
- ❑ ESBLs are enzymes that mediate resistance to extended-spectrum (third generation) cephalosporins (e.g., ceftazidime, cefotaxime, and ceftriaxone) and monobactams (e.g., aztreonam) but do not affect carbapenems (e.g., meropenem or imipenem).
- ❑ ESBLs are generally encoded by plasmid-borne genes, characteristically hydrolyse oximino-cephalosporins (e.g. ceftriaxone), partly inhibited by clavulanic acid and sulbactam, The majority of ESBLs (SHV and TEM derivatives) contain a serine at the active site, and belong to Ambler's molecular class A
- ❑ The OXA type ESBLs (Amber class D) have more commonly been identified in *P. aeruginosa* and are another growing family of ESBLs.

OTHER CELL WALL OR MEMBRANE-ACTIVE AGENTS: VANCOMYCIN, Teicoplanin

Vancomycin is a bactericidal glycoprotein that binds to the ***d-Ala-d-Ala*** terminal of the nascent peptidoglycan pentapeptide side chain and **inhibits transglycosylation**.

This action prevents elongation of the peptidoglycan chain and interferes with crosslinking.

Another less used glycoprotein is **teicoplanin**

- Resistance in strains of enterococci (**vancomycin-resistant enterococci** [VRE]) and **staphylococci (vancomycin-resistant *S aureus*** [VRSA]) involves a decreased affinity of vancomycin for the binding site

VANCOMYCIN- CLINICAL USE

Vancomycin has a narrow spectrum of activity and is used for serious infections caused by drug-resistant gram-positive organisms (staphylococci, streptococci..), including **methicillin-resistant staphylococci** (MRSA) – sepsis, infective endocarditis, serious wound infection...It is used **intravenously**

Vancomycin is drug of choice for **oral** treatment (it is not absorbed in the intestine) of intestinal infections caused by ***Clostridium difficile*** – (CDI – Clostridium difficile Infection)

SIDE EFFECTS, TOXICITY

- Toxic effects of vancomycin include **phlebitis, ototoxicity, and nephrotoxicity**.
- Rapid intravenous infusion may cause diffuse flushing (“**red man syndrome**”) from histamine release
- Treatment can be monitored by measuring serum levels to prevent toxic high levels of vancomycin

Fosfomycin

Fosfomycin is an antimetabolite inhibitor of cytosolic enolpyruvate transferase. This action prevents the formation of N-acetylmuramic acid, an essential precursor molecule for peptidoglycan chain formation

Spectrum activity : enterobacteria, staphylococci, streptococci, enterococci

Fosfomycin is *excreted by the kidney*, with urinary levels exceeding the minimal inhibitory concentrations (MICs) **for many urinary tract pathogens**

AMINOGLYCOSIDES

- **Agents that bind to 30S ribosomal subunit & alter protein synthesis, which eventually leads to cell death**

Aminoglycosides

Bactericidal effect

AMINOGLYCOSIDES – SPECTRUM ACTIVITY

- **Gentamicin, amikacin** (tobramycin, streptomycin)
- Bactericidal, concentration dependent higher the concentration greater the rate at which bacteria are killed
- Mainly active against **gram negative bacteria**, *E. coli*, *Pseud. aeruginosa*, *Protues*, *Klebsiella*, *Eterobacter*, *Citrobacter*.. partially staphylococci
- Aminoglycosides and beta-lactams are synergistic and nearly always used in combination with a beta-lactam to extend coverage to possibly gram-positive microbes
 - **Not effective against streptococci, and anaerobes**

Aminoglycosides – clinical use

- **Used to treat serious infection due to aerobic gram negative bacilli , because of serious toxicities it is replaced by safer drugs (if it is possible)**
- **used in most **gram-negative aerobic** bacillary infection, septicaemia, pelvic and abdominal sepsis, urosepsis**
- **Bacterial endocarditis**
- **Other infections: **tuberculosis (streptomycin)****

POST ANTIBIOTIC EFFECT

- They also exert a long & concentration dependent **post antibiotic effect** that is, residual bactericidal activity persisting after the serum concentration has fallen below the minimum inhibitory concentration
- Duration of this effect is concentration dependent
- They are applied **once a day**

SIDE EFFECTS, TOXICITY

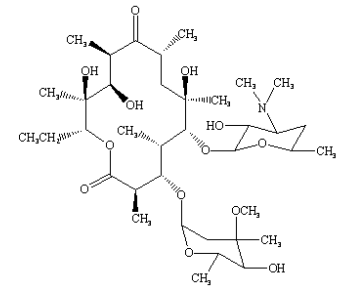
- **Ototoxicity** (vestibular and cochlear)related to high peak plasma level and duration of treatment : deafness may be irreversible
- **Nephrotoxicity** : mild, reversible
- **Neuromuscular blockade/paralysis**
- Treatment can be monitored by measuring serum levels to prevent toxic high levels of gentamicin or amikacin

PROTEOSYNTHESIS INHIBITORS, (Bacteriostatic)

- **Agents that affect the function of 30S or 50S ribosomal subunits to cause a reversible inhibition of protein synthesis**
- Bacteriostatic drugs
 - Chloramphenicol, Tetracyclines,
Macrolides, Clindamycin

MACROLIDES

- **Basic structure macrocyclic lactone ring 14-, 15-, 16-membered**
- **The first member : erythromycin**
- **Modern derivatives : roxithromycin, clarithromycin, azithromycin...**
- **Broad spectrum activity** : streptococci, staphylococci, pathogenic neisseria, chlamydia, mycoplasma, legionella, campylobacter...
- **Possibility Intracellular penetration** (chlamydia, legionella..)



MACROLIDES – CLINICAL USE

- **Treatment of respiratory infections**
- **Skin and soft tissue infections**
- **Treatment of mycoplasma infection**
- **Chlamydial infections**
- **Legionellosis**
- **Treatment of Helicobacter pylori infections**
- **Treatment of campylobacter infections**
- **An alternative in case of penicillin allergy**

- **Oral and parenteral forms**

SIDE EFFECTS, TOXICITY, RESISTANCE

Hepatotoxicity

Drug interactions

Indigestion, nausea (erytromycin)

- Resistance, alteration of 23S rRNA by adenine methylation. This confers resistance to type B macrolides, lincosamides and streptogramins and is referred to as the **MLS_B** phenotype. It is encoded by the erm (erythromycin ribosomal methylase) genes; : alteration of 23S rRNA by adenine methylation. This confers resistance to type macrolides, lincosamides and streptogramins and is referred to as the **MLS_B** phenotype. It is encoded by the erm (erythromycin ribosomal methylase) genes

LINCOSAMIDES

- Lincomycin and **clindamycin**
- Different structure, similar mechanism of action as macrolides
- Spectrum of activity : **staphylococci**, streptococci, **anaerobes**, *Gardnerella vaginalis*...

CLINICAL USE

- **Infections in orthopedics and dentistry (high concentration in bone tissue)**
- **Intra-abdominal infections (in combination)**
- **Gynecological infections**
- **Abscessive infections (lungs, abdomen ..)**
- **Toxoplasmosis (pregnant)**

SIDE EFFECTS, RESISTANCE

- **Minimal toxicity**
- For the first time, treatment-related *Cl.difficile* infection (**CDI**) has been demonstrated
- Resistance : often crossed with macrolides- MLS_B (macrolides, lincosamides, streptogramins- change of site configuration), streptococci, staphylococci, *Bacteroides fragilis* ..