



AMERICAN COLLEGE of CARDIOLOGY

NCDR ACC Accreditation Services

KNOW YOUR PATIENTS' FRAILTY

Use the **Canadian Study of Health and Aging Clinical Frailty Scale** to assess the patient's current condition.

The **nine-point Clinical Frailty Scale** can help determine if a patient is at risk for poor outcomes and can guide communication between clinicians and patients.

Scoring Frailty in People With Dementia
The degree of frailty corresponds to the degree of dementia.

Common symptoms in **mild dementia** include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.

In **moderate dementia**, recent memory is very impaired, even though they seemingly can remember their past life events well.

In **severe dementia**, they cannot do personal care without help.

HOW TO MEASURE FRAILTY IN YOUR PATIENTS



Sources: Canadian Study on Health & Aging, Riviere 2008, K. Rockwood et al. A global clinical measure of fitness and frailty in elderly people. CMAJ 2005; 173 (5):489-495. Used with permission.