

Multi-drug resistant bacteria & reserve antibiotics

Jan Tkadlec

Topics

- What is the problem with antimicrobial resistance
- Which bacteria are main threats
- Antibiotic stewardship
 - Monitoring resistant bacteria
 - Controlling antibiotic usage

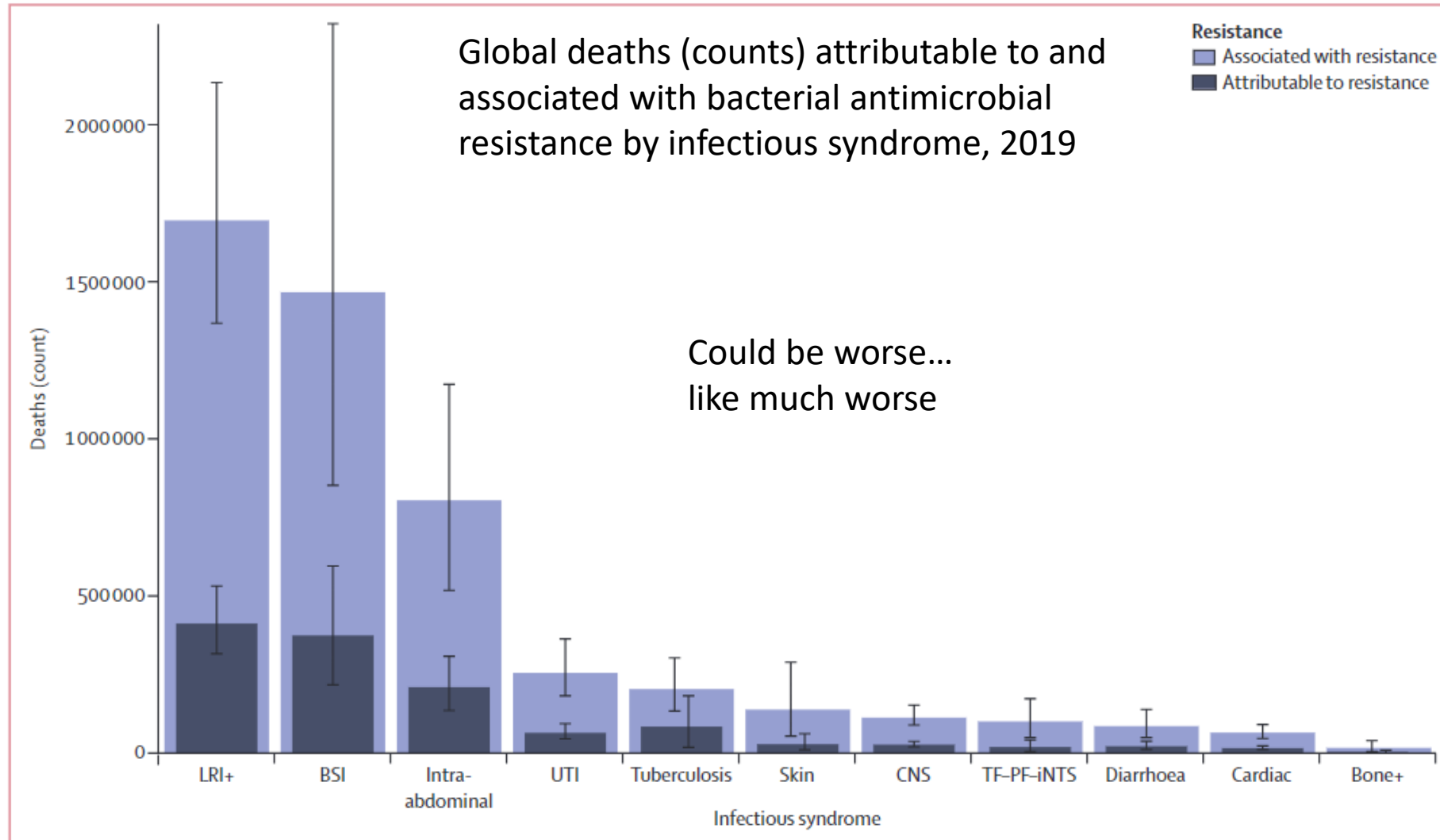
“It is time to close the book on infectious diseases and declare the war against pestilence won”.

William H. Stewart, the Surgeon General of the United States in 1969

Some quotations did not age well...

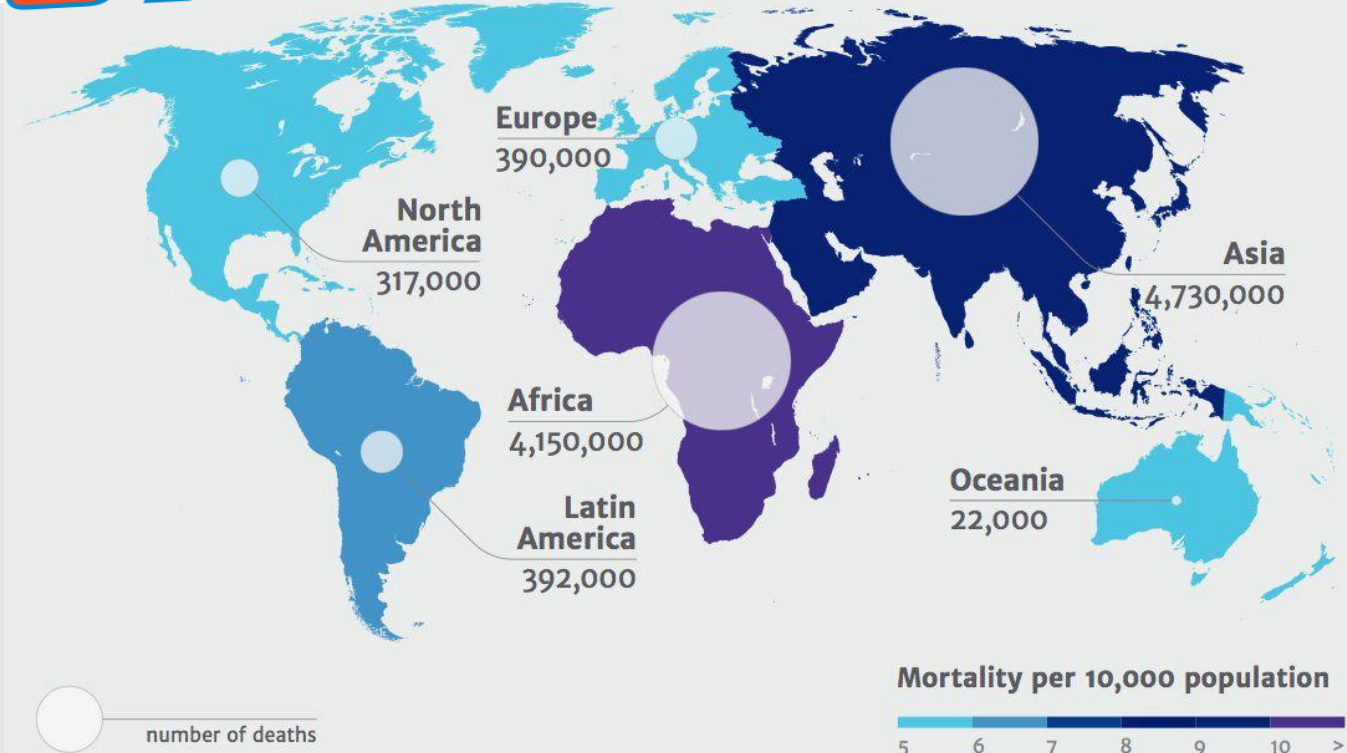
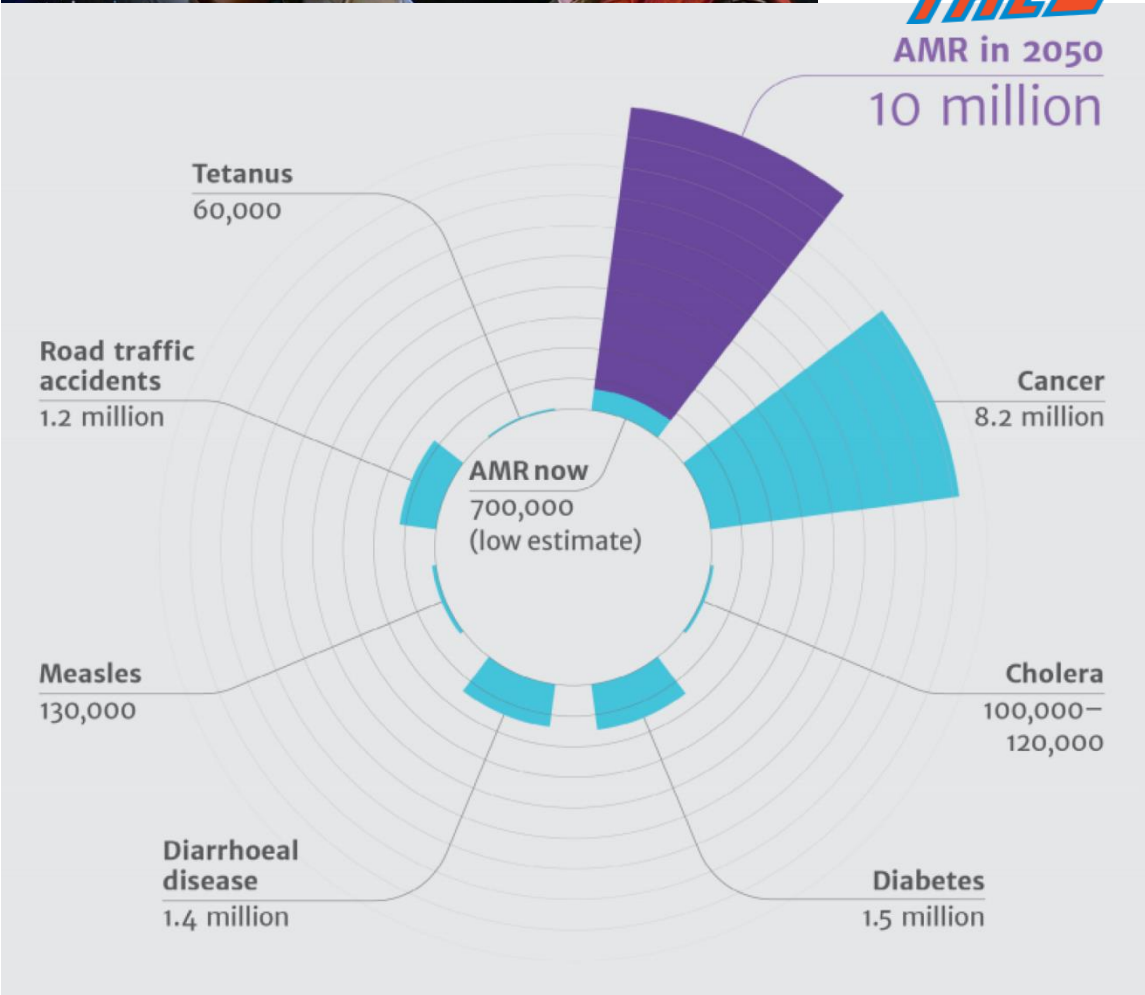
Global burden of antimicrobial resistance 2019

2019: 1.27 million deaths attributable to resistance





BACK TO THE FUTURE



\$100 trillion loss

AMR is predicted to contribute to a **100.2 trillion USD loss to world GDP** by 2050

Not only the old and sick...

David

19 years old, hit by a train while volunteering in India
Repatriated to the US, wounds infected with a mixture of multidrug-resistant bacteria, (*P. aeruginosa*, *Klebsiella pneumoniae*, *Morganella morganii*, *Enterococcus sp*), including NDM-1 producers
Repeated surgical and antibiotic treatment lasting almost a year



Meredith

- 19 years old, treated with AML
- After a successful bone marrow transplant, she dies of a multidrug-resistant infection *Pseudomonas aeruginosa*



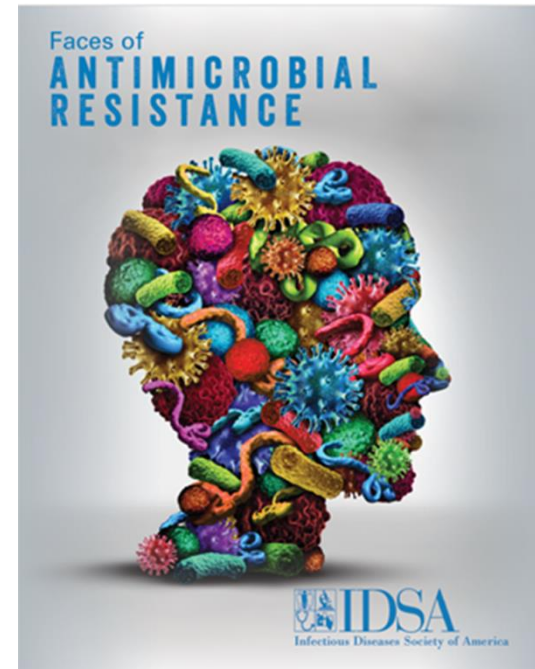
Rebeca

17 years old, student, competitive swimmer
Seemingly common cold leads to severe MRSA pneumonia > ECMO
After 4 months in the hospital, she dies.



Simon

- A healthy 1.5 year old boy
- Died within 24 hours of infection caused by community-acquired MRSA after unsuccessful treatment with broad-spectrum antibiotics



Main threats



World Health
Organization

WHO PRIORITY PATHOGENS LIST FOR R&D OF NEW ANTIBIOTICS

Priority 1: CRITICAL[#]

Acinetobacter baumannii, carbapenem-resistant

Pseudomonas aeruginosa, carbapenem-resistant

*Enterobacteriaceae**, carbapenem-resistant, 3rd generation cephalosporin-resistant

Priority 2: HIGH

Enterococcus faecium, vancomycin-resistant

Staphylococcus aureus, methicillin-resistant, vancomycin intermediate and resistant

Helicobacter pylori, clarithromycin-resistant

Campylobacter, fluoroquinolone-resistant

Salmonella spp., fluoroquinolone-resistant

Neisseria gonorrhoeae, 3rd generation cephalosporin-resistant, fluoroquinolone-resistant

Priority 3: MEDIUM

Streptococcus pneumoniae, penicillin-non-susceptible

Haemophilus influenzae, ampicillin-resistant

Shigella spp., fluoroquinolone-resistant



Urgent Threats

- Carbapenem-resistant *Acinetobacter*
- *Candida auris* (*C. auris*)
- *Clostridioides difficile* (*C. difficile*)
- Carbapenem-resistant Enterobacteriaceae (CRE)
- Drug-resistant *Neisseria gonorrhoeae* (*N. gonorrhoeae*)

Serious Threats

- Drug-resistant *Campylobacter*
- Drug-resistant *Candida*
- Extended-spectrum beta-lactamase (ESBL)-producing Enterobacteriaceae
- Vancomycin-resistant *Enterococci* (VRE)
- Multidrug-resistant *Pseudomonas aeruginosa* (*P. aeruginosa*)
- Drug-resistant nontyphoidal *Salmonella*
- Drug-resistant *Salmonella* serotype Typhi
- Drug-resistant *Shigella*
- Methicillin-resistant *Staphylococcus aureus* (MRSA)
- Drug-resistant *Streptococcus pneumoniae* (*S. pneumoniae*)
- Drug-resistant Tuberculosis (TB)

Concerning Threats

- Erythromycin-resistant group A *Streptococcus*
- Clindamycin-resistant group B *Streptococcus*

Watch List

- Azole-resistant *Aspergillus fumigatus* (*A. fumigatus*)
- Drug-resistant *Mycoplasma genitalium* (*M. genitalium*)
- Drug-resistant *Bordetella pertussis* (*B. pertussis*)

What is a bigger threat?



Vs.



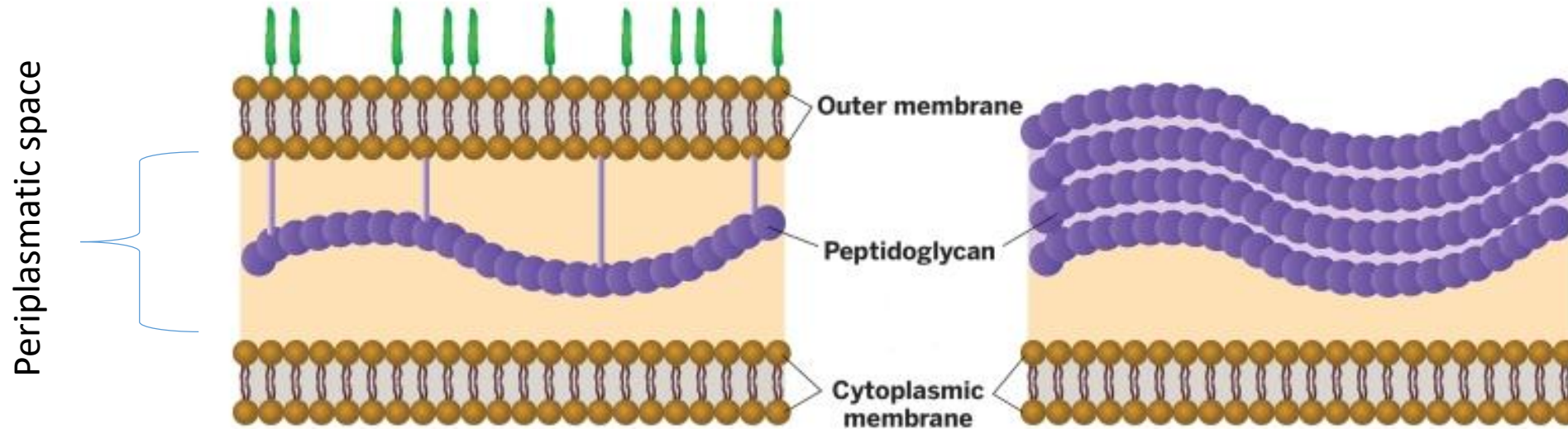
How the level of threat is measured:

- Clinical impact (severity, mortality)
- Economic impact (when available)
- Incidence
- 10-year projection of incidence (new infections over the next 10 years)
- Transmissibility (how easily a germ spreads or causes infections)
- Availability of effective antibiotics
- Barriers to prevention
- Situation in other countries

Key differences between

GRAM-NEGATIVE

GRAM-POSITIVE



e.g. *E. coli*

Bound to **moisture** – intestinal/soil/wastewater bacteria

Spreads by aerosol, faecal/oral transmission

Chemical/biochemical resistance

Advantage of outer membrane

- Limited antibiotic penetration
- Efflux pumps
- ATB lysing enzymes in periplasm

Extensive horizontal gene transfer

e.g. *S. aureus*

Physically resistant

- to drying, heat, high salt concentration, disinfection
- Spread by contaminated surfaces or direct contact

Colonised persons

Clonal spread

Frequent resistance by change in target site modification – methicillin, vancomycin, macrolides

Multidrug resistant bacteria

Multidrug resistant
Extensive drug resistant
Pandrug resistant

Definition:

Bacterium	MDR	XDR	PDR
<i>Staphylococcus aureus</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1 ^a	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1.	Non-susceptibility to all agents in all antimicrobial categories for each bacterium in Tables 1–5
<i>Enterococcus</i> spp.	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 2	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 2.	
<i>Enterobacteriaceae</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 3	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 3.	
<i>Pseudomonas aeruginosa</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 4	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 4.	
<i>Acinetobacter</i> spp.	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 5	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 5.	

Antimicrobial category	Antimicrobial agent	Results of antimicrobial susceptibility testing (S or NS)
Aminoglycosides	Gentamicin	
Ansamycins	Rifampin/rifampicin	
Anti-MRSA cephalosporins	Ceftaroline	
Anti-staphylococcal β -lactams (or cephamycins)	Oxacillin (or cefoxitin) ^a	
Fluoroquinolones	Ciprofloxacin	
	Moxifloxacin	
Folate pathway inhibitors	Trimethoprim-sulphamethoxazole	
Fucidanes	Fusidic acid	
Glycopeptides	Vancomycin	
	Teicoplanin	
	Telavancin	
Glycylcyclines	Tigecycline	
Lincosamides	Clindamycin	
Lipopeptides	Daptomycin	
Macrolides	Erythromycin	
Oxazolidinones	Linezolid	
Phenolics	Chloramphenicol	
Phosphonic acids	Fosfomycin	
Streptogramins	Quinupristin-dalfopristin	
Tetracyclines	Tetracycline	
	Doxycycline	
	Minocycline	

^aAll MRSA isolates are defined as MDR because resistance to oxacillin or cefoxitin predicts non-susceptibility to all categories of β -lactam antimicrobials listed in this document, with the exception of the anti-MRSA cephalosporins (i.e. all categories of penicillins, cephalosporins, β -lactamase inhibitors and carbapenems currently approved up until 25 January 2011).

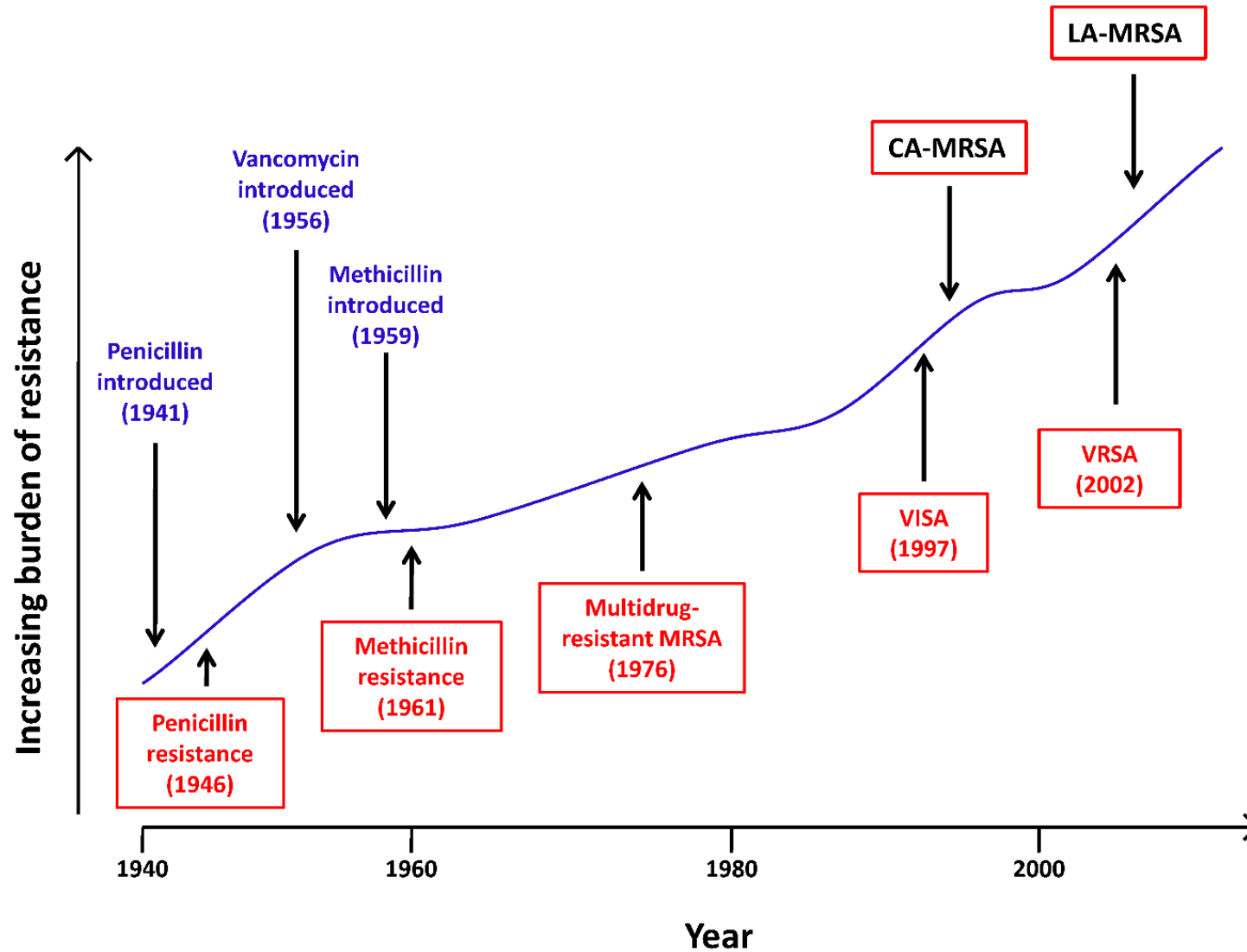
Multidrug resistant bacteria

- *Escherichia coli*
 - *Klebsiella pneumoniae*
 - *Pseudomonas aeruginosa*
 - *Acinetobacter* spp.
 - *Streptococcus pneumoniae*
 - *Staphylococcus aureus*
 - *Enterococcus faecalis*
 - Other gramnegative rods (*Enterobacter*, *Citrobacter*, *Serratia*,...)
 - *Mycobacterium tuberculosis*
- What they have in common?
- Human comensals
 - Environmental bacteria

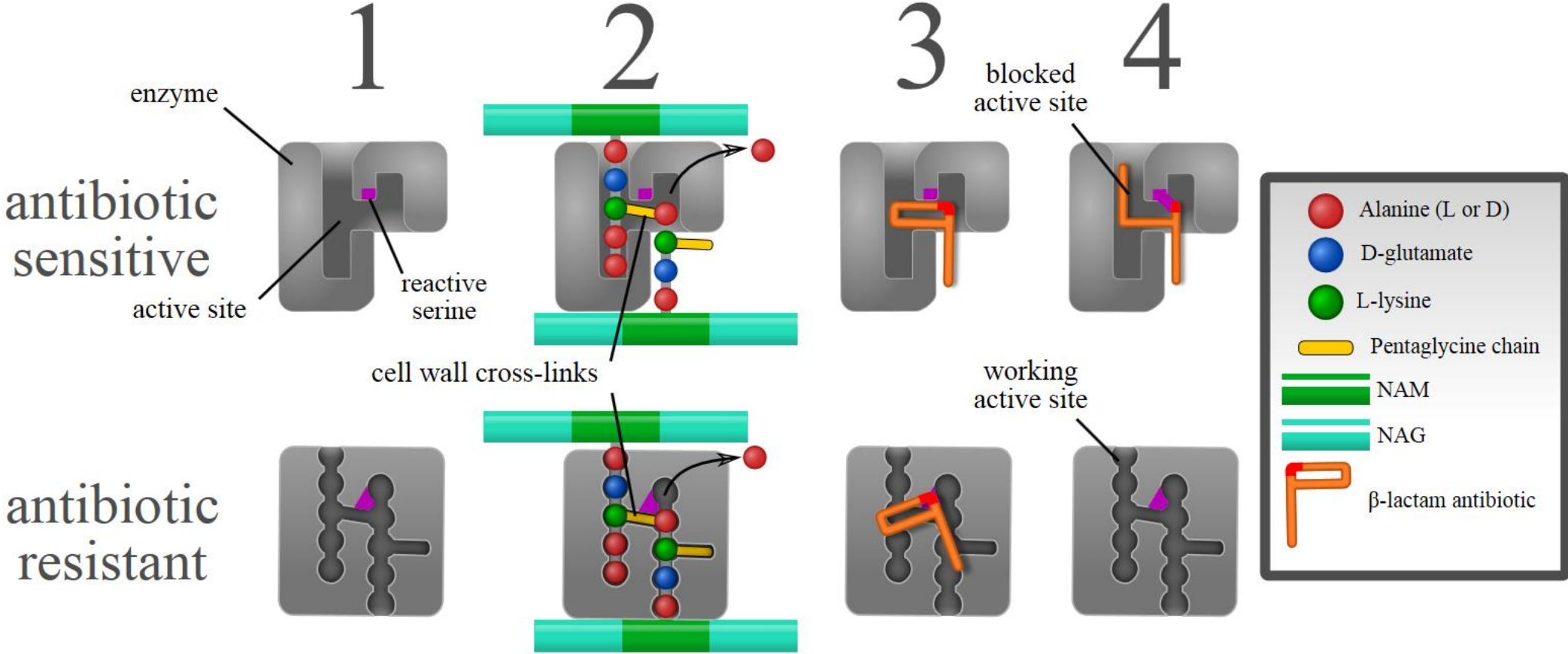
S. aureus – the first superbug

- 1940s – pandemic penicillin resistant-*S. aureus* – enzym penicillinase
- Introduction of methicillin (1959)
 - Semisynthetic derivate of penicillin
 - Resistant to penicillinase
- MRSA (methicillin-resistant *S. aureus*) 1961
 - Resistance to penicillin, methicillin (oxacillin) and cephalosporins
 - MDR: often resistant to fluoroquinolones, tetracyclines, macrolides and aminoglycosides
 - Susceptible to vancomycin, linezolid, daptomycin
 - Higher mortality and morbidity compare to MSSA

Gradual increase of resistance in *S. aureus*

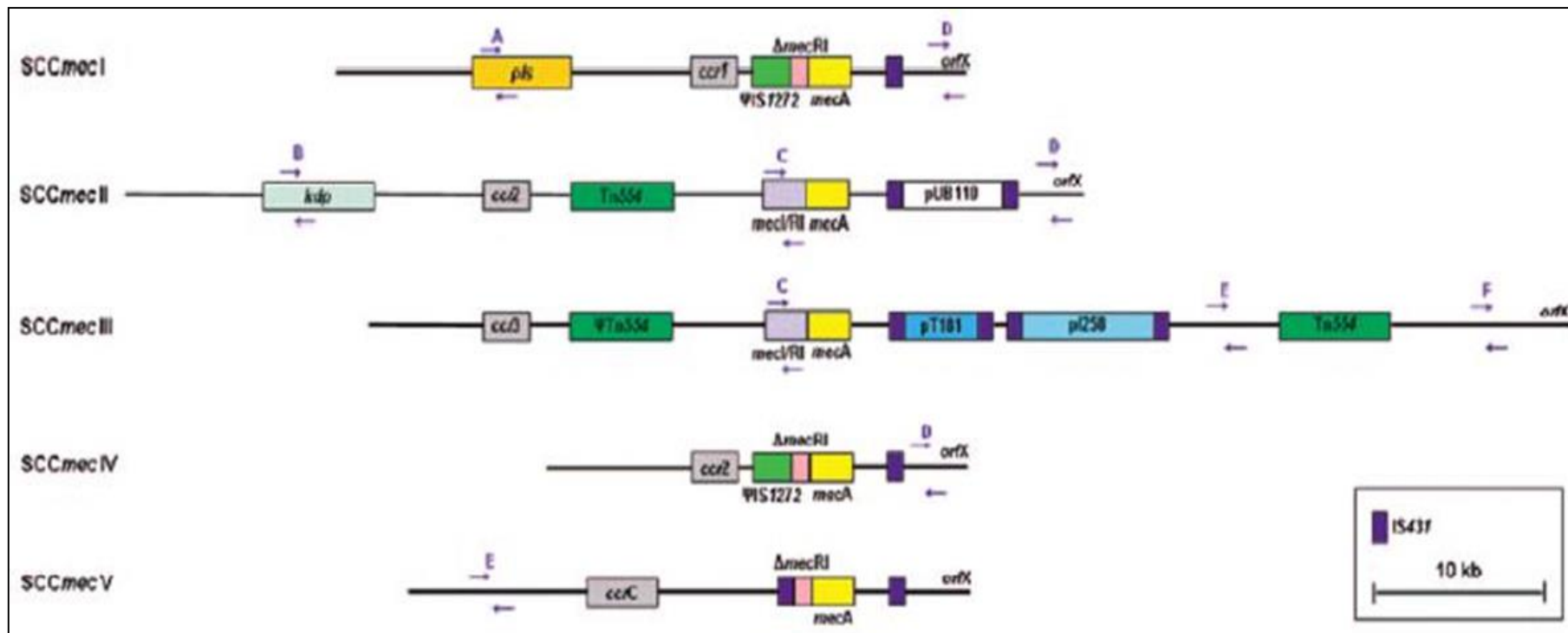


Mechanism of MRSA resistance

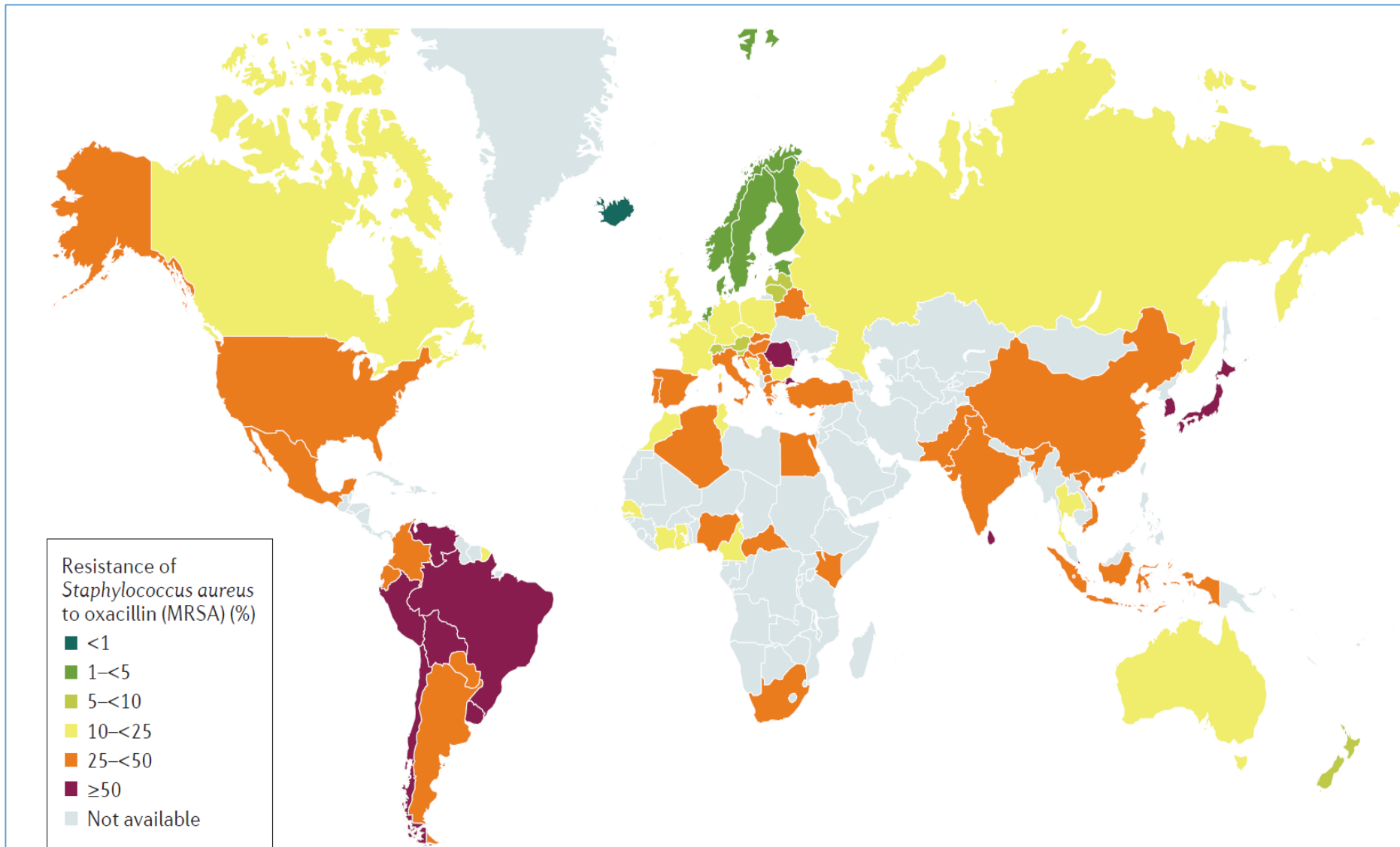


Genetic background for MRSA

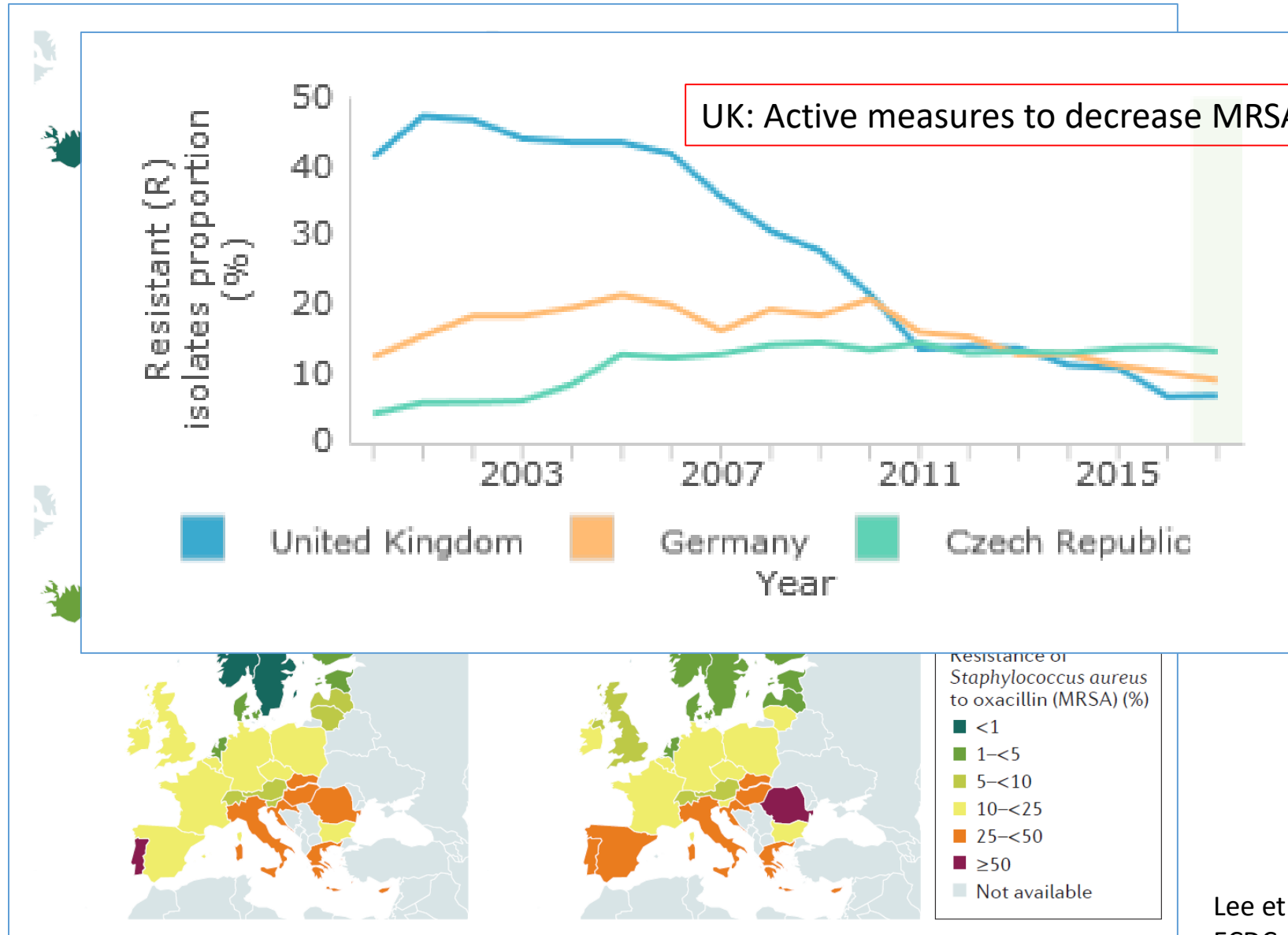
- *SCCmec* cassette
 - Gene cassette (mobile genetic element)
 - Codes for PBP2a on the *mecA* gene (plus several other genes).
 - 7 types of varying size and composition (and sub-types)



Global MRSA prevalence (%)



Europe (invasive isolates)



Therapeutic options for MRSA (existing or near future)

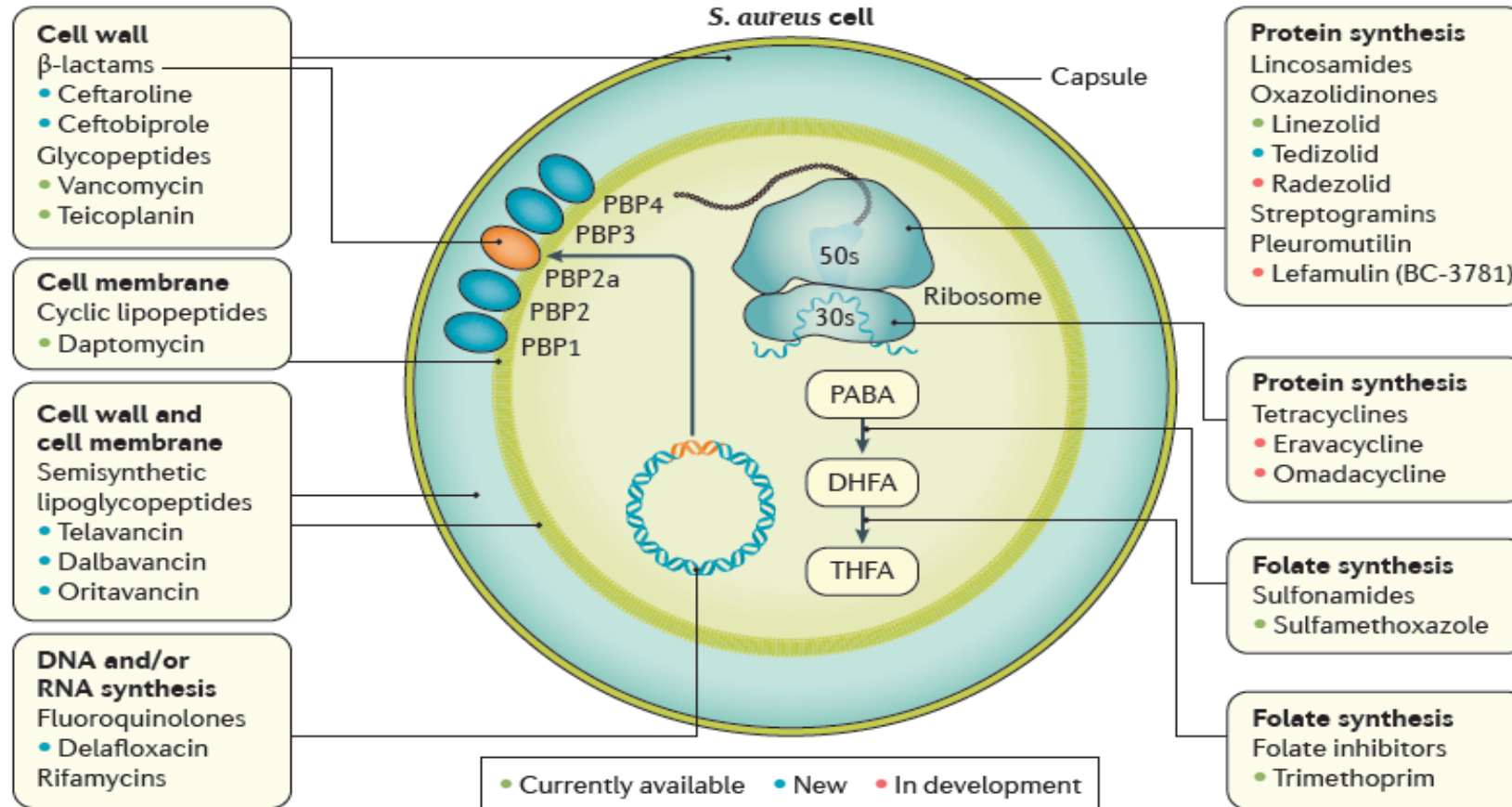
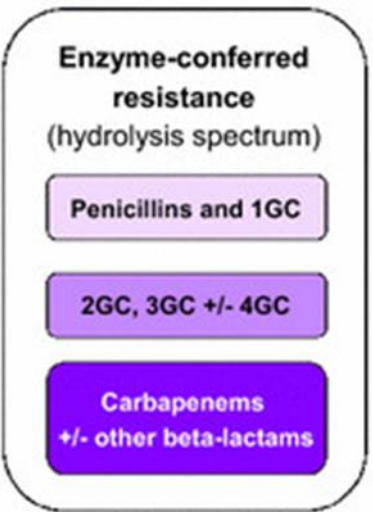
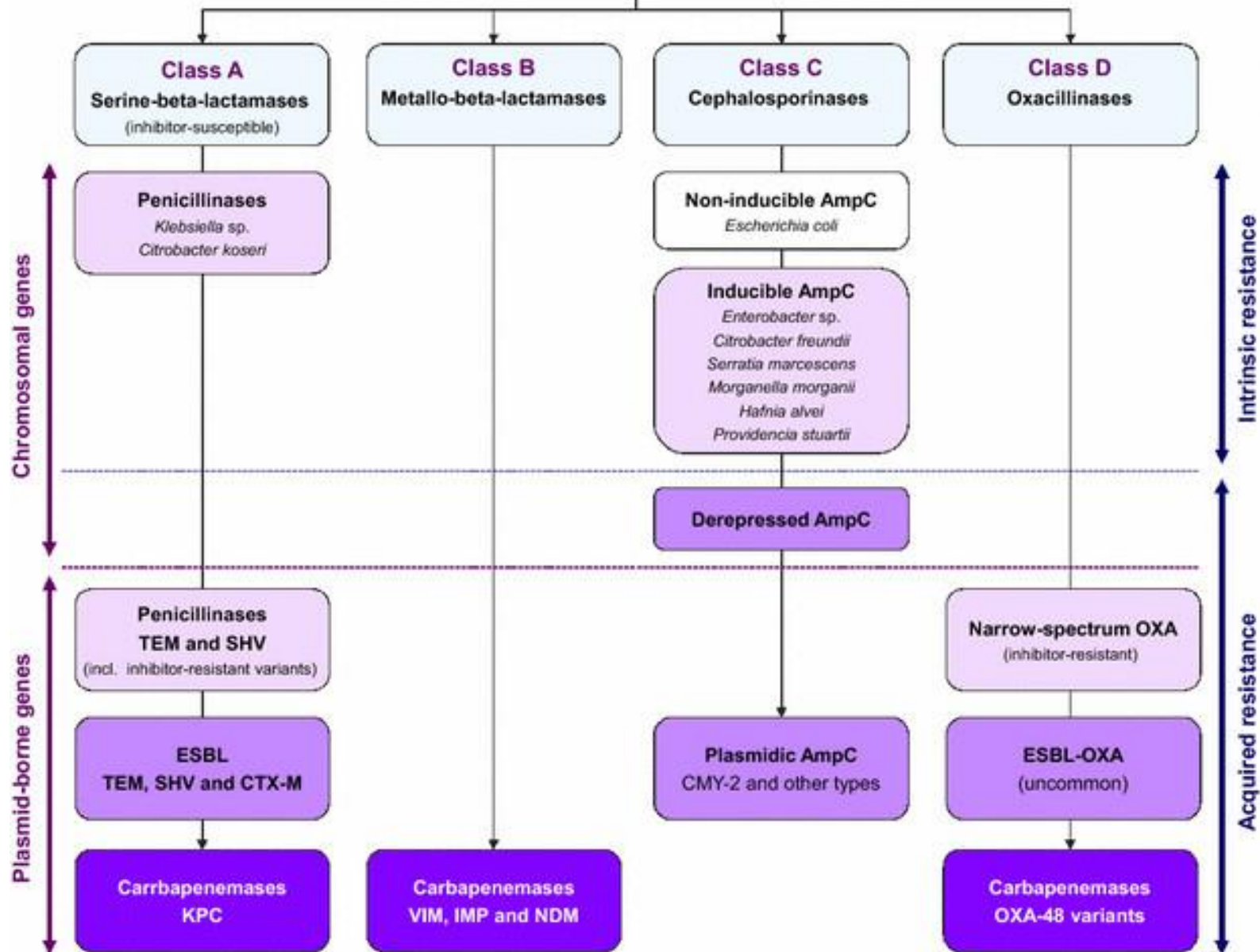


Figure 5 | **Bacterial targets of antibiotics active against MRSA.** Antibiotics have diverse mechanisms of action and target different bacterial structures or metabolic pathways. Existing antibiotic options are in green, new antibiotics approved and on the market are in blue and antibiotics in the pipeline are in orange. DHFA, dihydrofolic acid; PABA, para-aminobenzoic acid; PBP, penicillin-binding protein; *S. aureus*, *Staphylococcus aureus*; THFA, tetrahydrofolic acid. Figure adapted from REF.²²⁹, Macmillan Publishers Limited.

Betalactamases in gramnegative bacteria

MAIN BETA-LACTAMASES IN ENTEROBACTERIACEAE
Ambler's classification



Beta lactamase inhibitors

- Clavulanic acid
- Sulbactam
- Tazobactam
- Avibactam
- Relebactam

Extended spectrum betalactamase producing bacteria (ESBL)

- *E. coli, K. pneumoniae*
- TEM, SHV, CTX, OXA enzymes
- These enzymes are sensitive to betalactamase inhibitors
- Resistance to penicillins and first to third generation cephalosporins
- Plasmid mediated
- Often resistant to quinolones, trimetoprim, azteonam
- Sensitive to amikacin, carbapenems, colistin

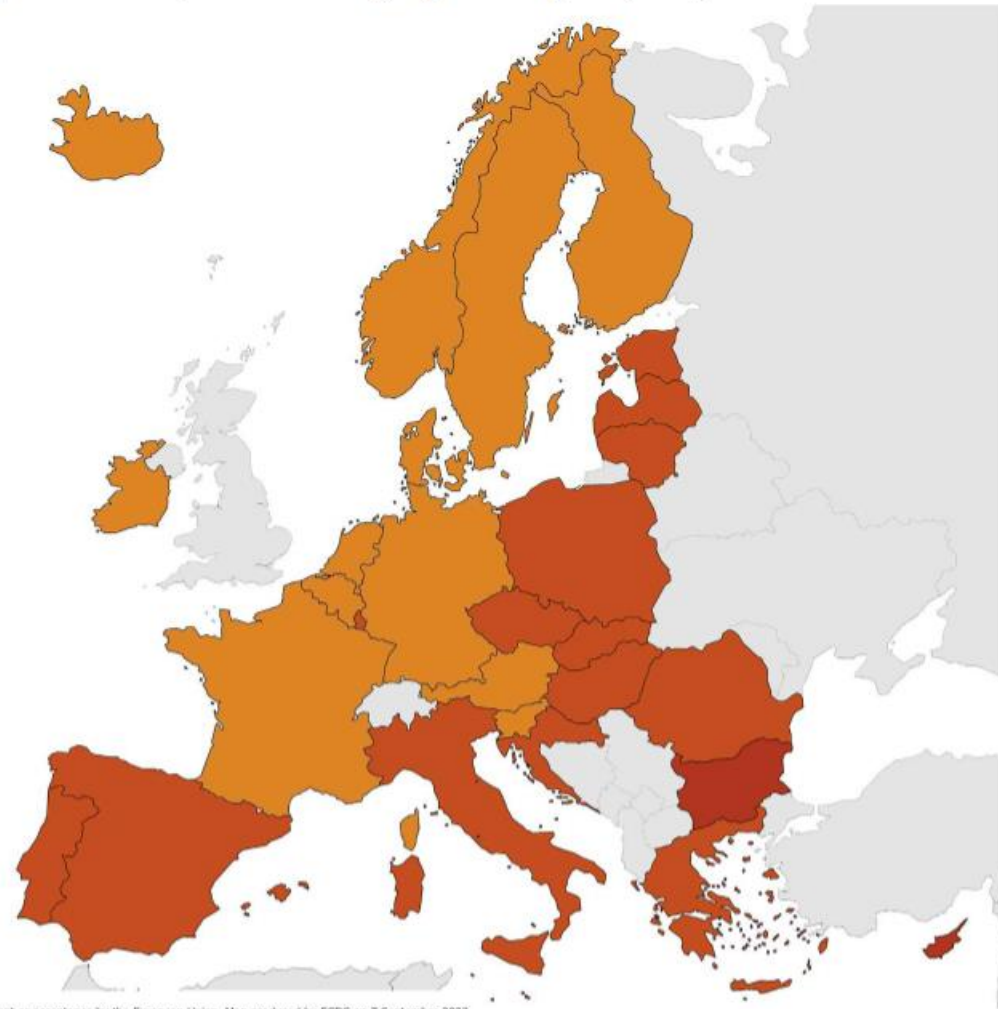
Figure 2. *Escherichia coli*. Percentage of invasive isolates resistant to third-generation cephalosporins (cefotaxime/ceftriaxone/ceftazidime), by country, EU/EEA, 2022



- <1%
- 1% to <5%
- 5% to <10%
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- 25% to <50%
- ≥50%
- <20 isolates
- No data

Non-visible countries

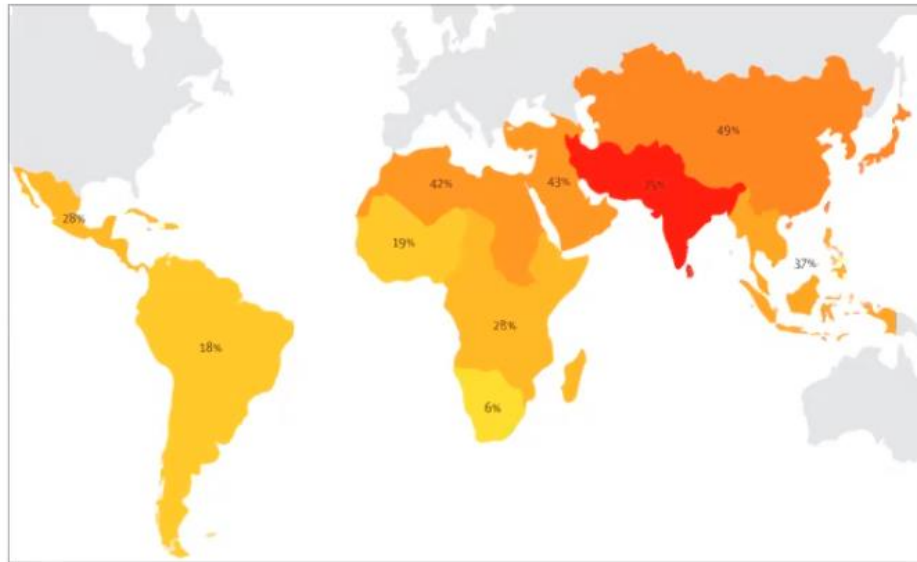
- Leichtenstein
- Luxembourg
- Malta



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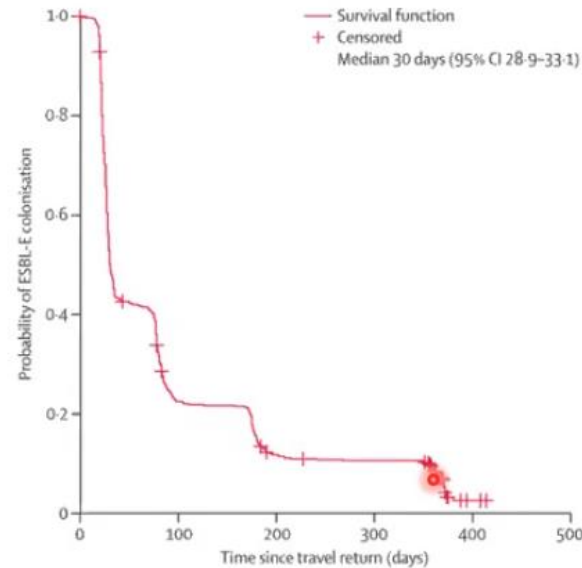
Most common MDR in Europe

Travellers in danger to acquire MDR *E. coli*

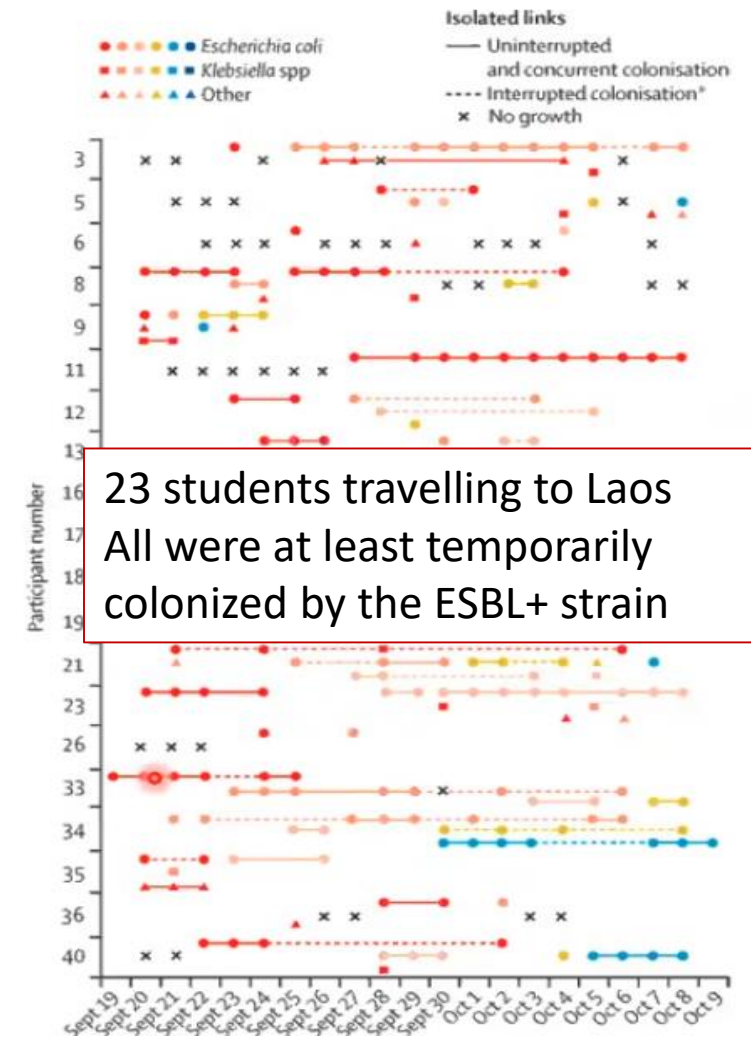


Large numbers of returning tourists is colonized by ESBL clones
 The original strain of *E. coli* is completely replaced
 Colonisation can persist for several months

Arcilla et al, Lancet ID 2017



Bevan et al, MBio 2018



MDR *E. coli* colonisation dynamic
 Kantele et al. Lancet Microbe 2021

Carbapenem-resistant Enterobacteriaceae (CPE)

- ***Enterobacteriaceae*** – *Klebsiella pneumoniae*, *E. coli*, *Serratia marcescens*, *Enterobacter*, *Citrobacter*...
- But also *Pseudomonas aeruginosa* and *Acinetobacter*
- Carbapenems (ertapenem, imipenem, meropenem)
 - For bacteria resistant to other beta-lactams (ESBLs) - the drugs for multidrug-resistant Enterobacteriaceae
- 2008 India: NDM-1 gene - bacteria resistant to everything except colistin and tigecycline
- Spread in hospitals
- Most serious problem today
- Treatment : cefalosporin/inhibitor, aztreonam, colistin, tigecyclin, ceftiderocol

Carbapenemases

- Class A
 - KPC, GES, SME, IMI, NMC
 - Sensitive to inhibitors (clavulanic acid, tazobactam, relebactam, avibactam)
 - *Enterobacteriaceae*, *P. aeruginosa*, *Acinetobacter* sp
- Class B - metalobetalactamases
 - VIM, IMP, GIM, SIM, NDM,...
 - Resistant to inhibitors
 - *Enterobacteriaceae*, *P. aeruginosa*, *Acinetobacter* sp
- Class D - oxacillinases
 - OXA-48 - *K. pneumoniae*, *E. cloacae*, *E. coli*
 - OXA-23, OXA-58, OXA-40 - *Acinetobacter* sp
 - Resistant to inhibitors except avibactam/ (OxA-23,48)

Other non-enzymatic mechanisms

- PBP alteration – target site modification
- Porins – limited intake
- Efflux pumps – pumping out

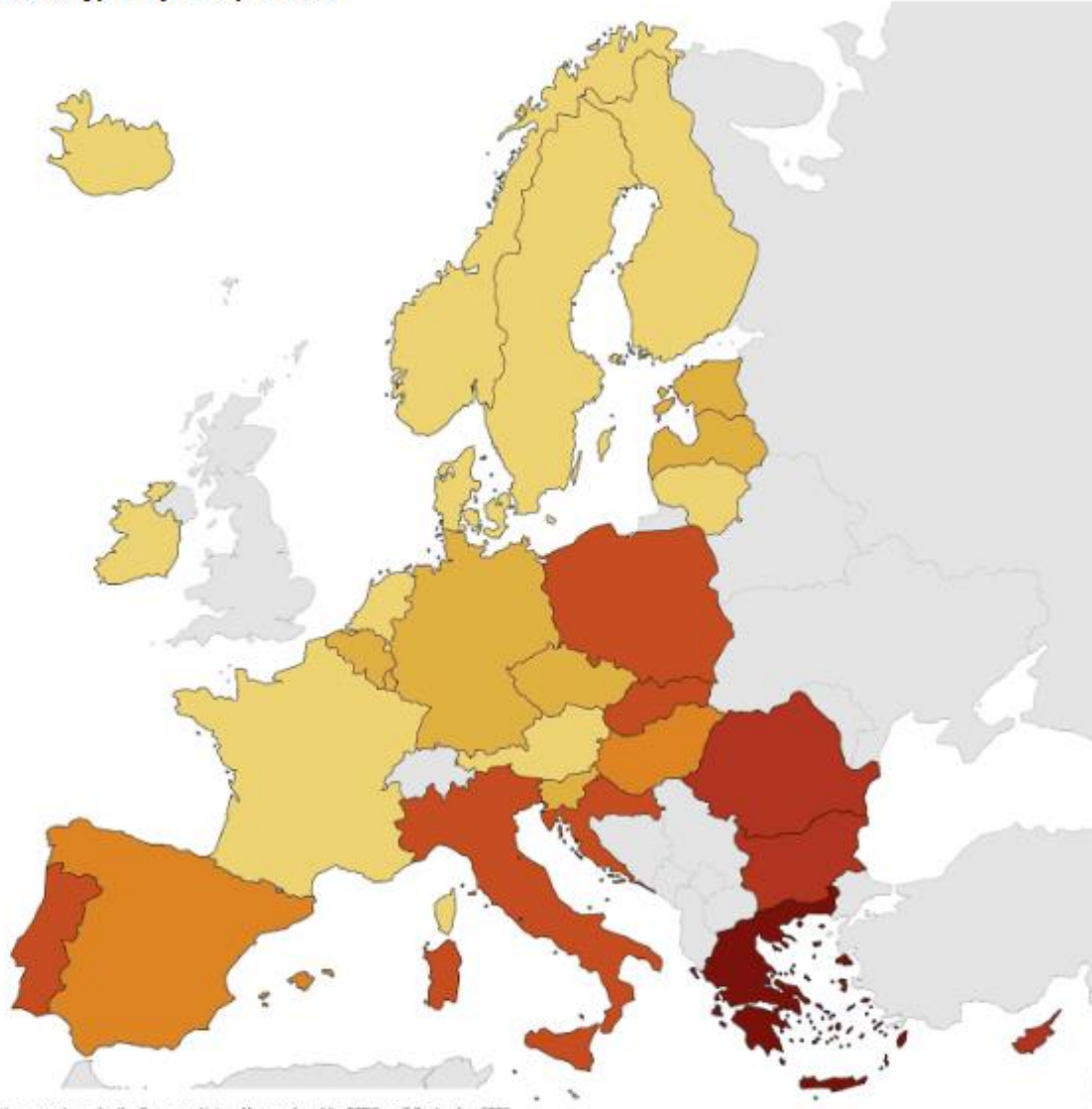
- *P. aeruginosa*, *Acinetobacter*

Figure 5. *Klebsiella pneumoniae*. Percentage of invasive isolates resistant to carbapenems (imipenem/meropenem), by country, EU/EEA, 2022



- <1%
- 1% to <5%
- 5% to <10%
- 10% to <25%
- 25% to <50%
- ≥50%
- <20 isolates
- No data

- Non-visible countries**
- Liechtenstein
 - Luxembourg
 - Malta



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CPE:
High mortality, over 50% in sepsis
Klebsiella pneumoniae – main threat
Increasing trend
High potential for hospital spread

Risk factors for CPE infection



Recent
gastroenterology
procedure



Recent
intensive care
admission



Recent
prolonged
hospitalisation



Overseas
medical
treatment



Inappropriate use
of antimicrobials



Weakened
immunity

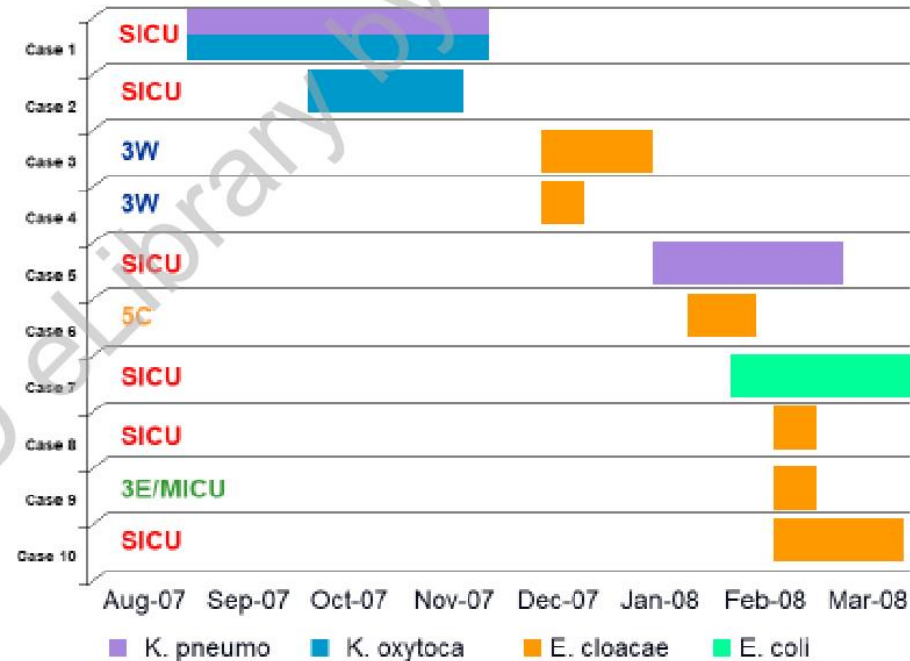


Indwelling
medical device

Example of KPC outbreak

2007---Index case of KPC-producing *K. pneumoniae* and *K. oxytoca*

First six months:
Transmission not clear
but there seemed to
be a problem in the
Surgical ICU



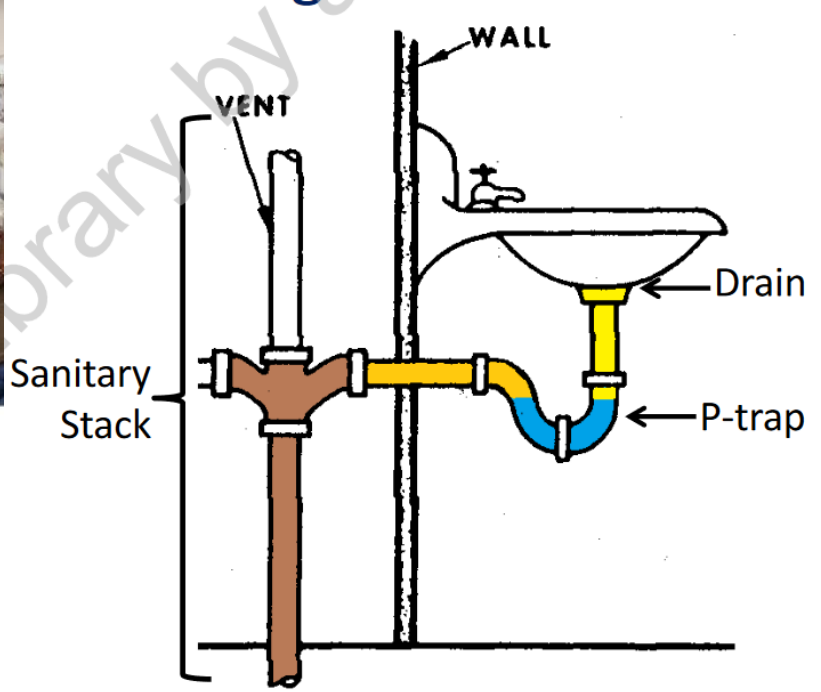
KPC = type of carbapenemase

2009-2011: cca 281 isolates from 182 patients
Transposon Tn4401 carrying bla_{KPC}
11 plasmids
Different species and genera



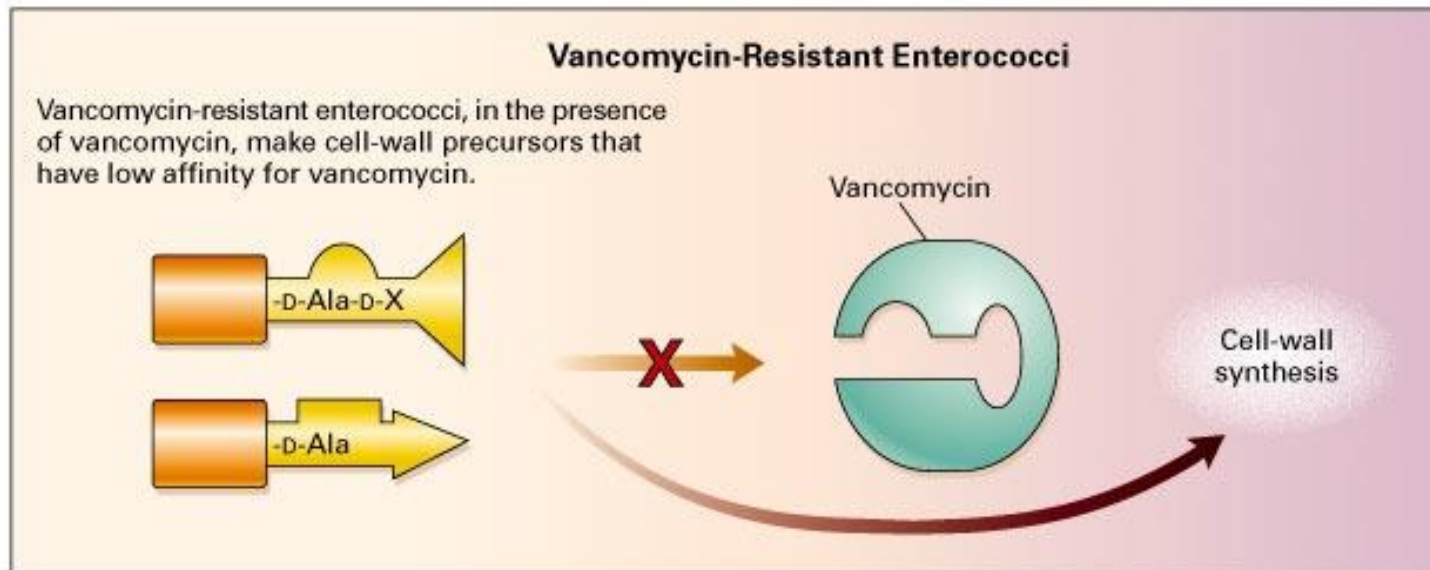
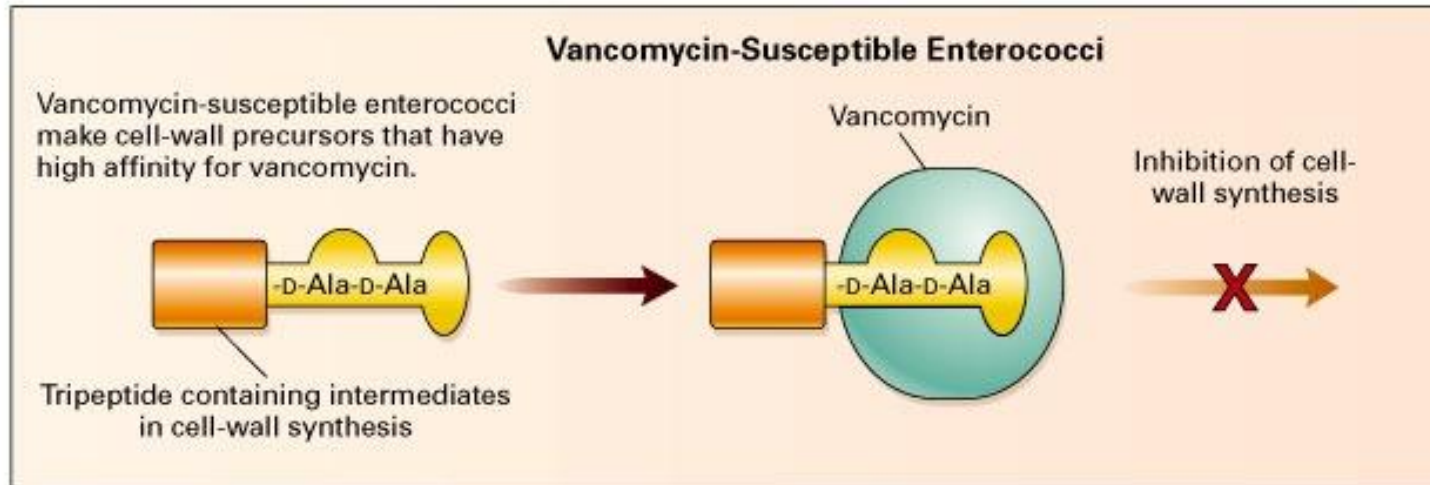
When we looked, we found KPC in the sink drains

**KPC-
producing
organisms
isolated
from sink**



Enterobacteria could colonise pipes via biofilm formation

Vancomycin resistant enterococci (VRE)



E. faecium

E. faecalis

GIT comensals

vanA or *vanB*

Plasmid mediated

UTI, Sepsis, endocarditis

Treatment: linezolid,
daptomycin, tigecycline,
chloramphenicol

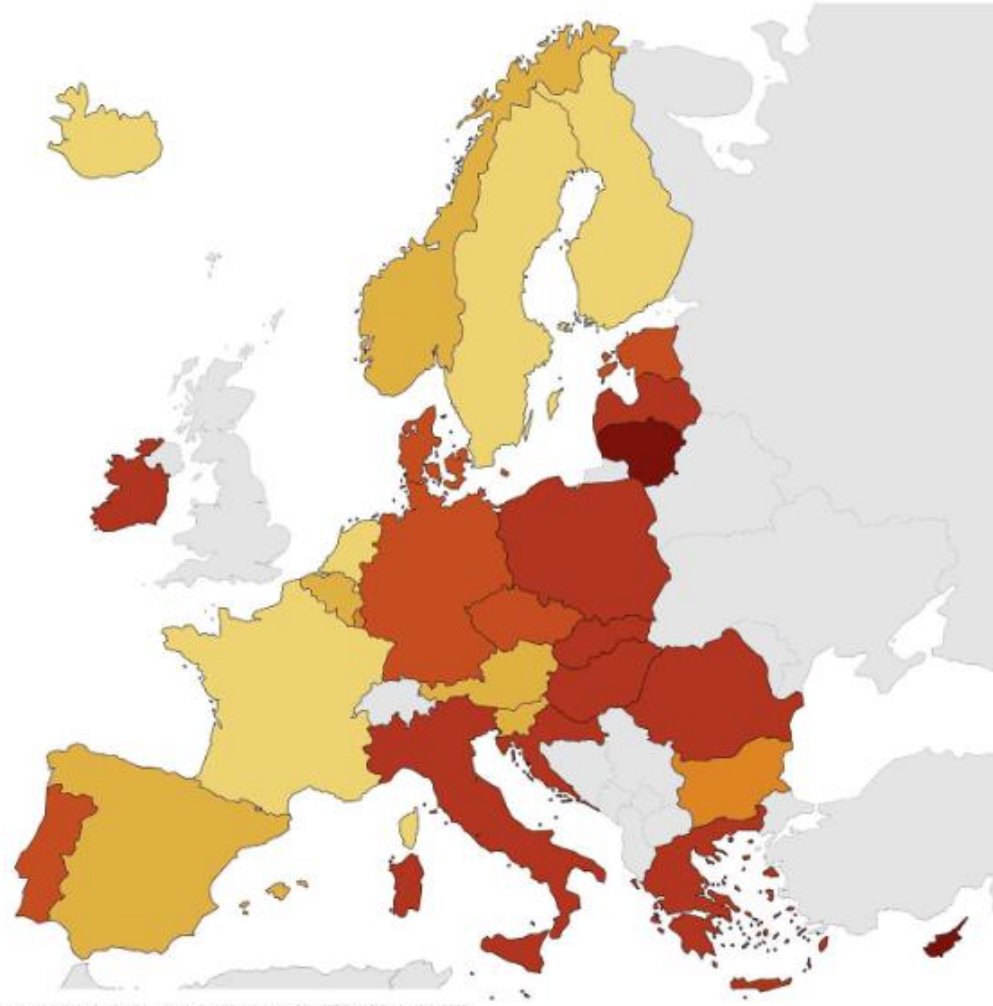
Figure 10. *Enterococcus faecium*. Percentage of invasive isolates resistant to vancomycin, by country, EU/EEA, 2022



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Increasing trend

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Antibiotic stewardship

- the effort to keep antibiotics effective
- Key elements:
 - Controlling the level of AMR (**surveillance**, infection prevention and control, education)
 - Controlling antibiotic prescription and usage



Monitoring of resistant bacteria, because...



Knowledge is a power!

- Petyr Baelish

Surveillance of antimicrobial resistance

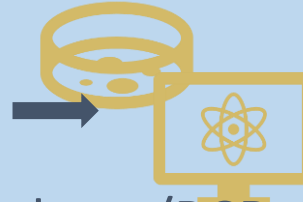
Clinical issue - infections



- **The problem is a patient with an infection**



Sampling



culture/PCR



Susceptibility



Targetted therapy

- Monitoring prevalence of resistant strains (e.g. MRSA in BSI)
- Important for initial/empirical therapy
- Observing the trends, identifying problem
- Local/national/international/global AMR surveillance
 - EARS-NET, GLASS

European Antimicrobial Resistance Surveillance Network (EARS-Net)



- Since 1998
- 30 participating countries in Europe
- invasive isolates
 - blood or cerebrospinal fluid samples
- Annual reports

Monitored species:

Escherichia coli

Klebsiella pneumoniae

Pseudomonas aeruginosa

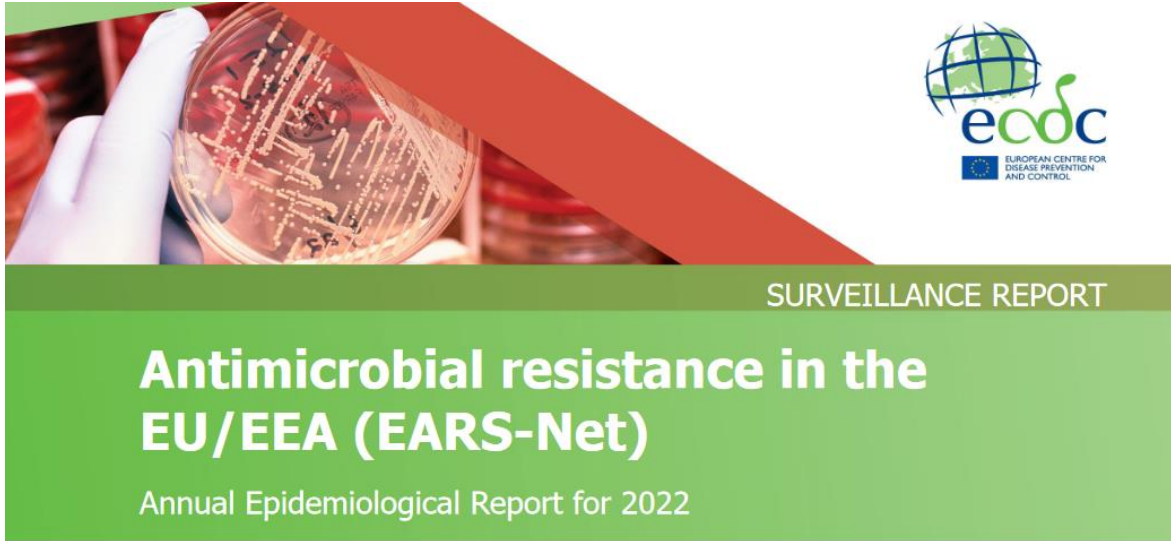
Acinetobacter species

Streptococcus pneumoniae

Staphylococcus aureus

Enterococcus faecalis

Enterococcus faecium



Key facts 2022

- incidence of bloodstream infections with both MRSA and third-generation cephalosporin-resistant *E. coli* showed a favourable **decreasing** trend between 2019 and 2022,
- the EU incidence of carbapenem-resistant *K. pneumoniae* **increased** by almost 50%
- continuous **increase** in carbapenem-resistant *K. pneumoniae* (10.9% in 2022) and vancomycin-resistant *E. faecium* (17.6% in 2022).
- **decreases** in the EU/EEA population-weighted mean AMR percentages for *Acinetobacter* spp. compared to 2021,
- **increasing** trend for the EU/EEA population-weighted mean percentage of macrolide resistance and penicillin non-wild-type, including combined resistance in *S. pneumoniae* during the period 2018-2022.

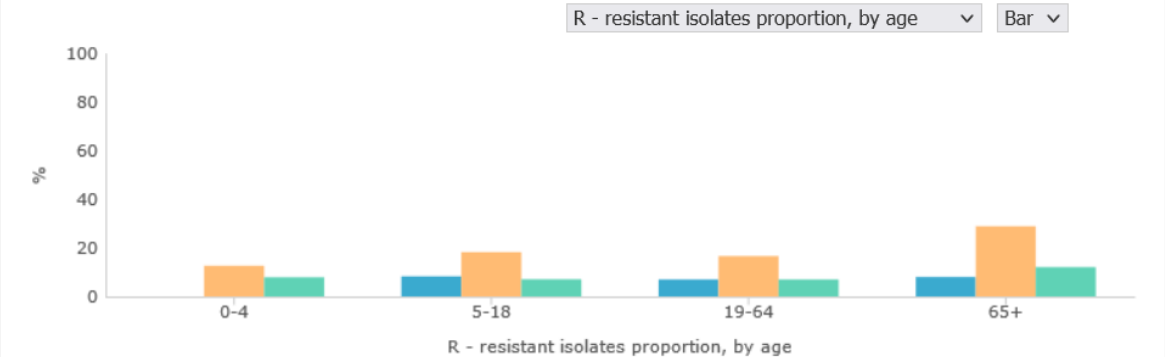
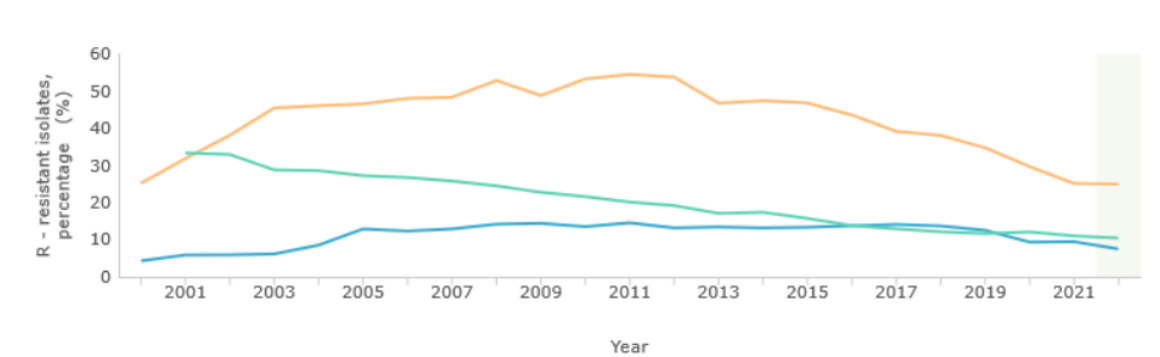
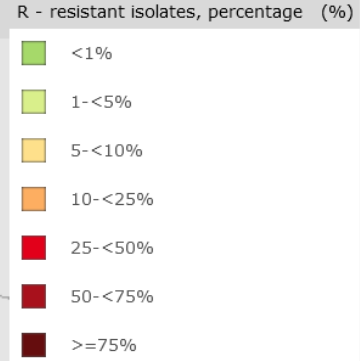
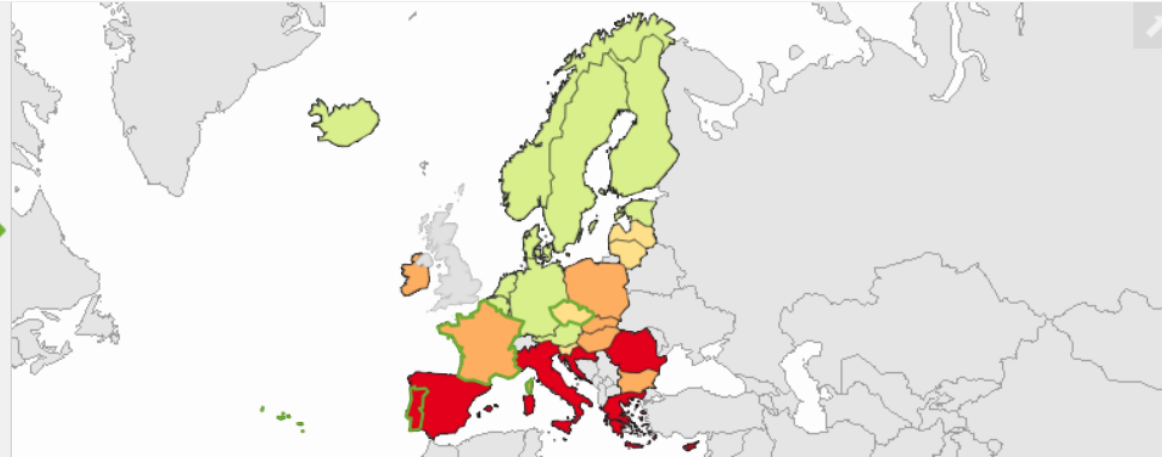


Surveillance Atlas of Infectious Diseases

← → Antimicrobial resistance ▾ Staphylococcus aureus ▾ Meticillin (MRSA) ▾ R - resistant isolates, percentage ▾ ▶ 2022 ▾ ⋮



Region	R - resistant isolates, percentage (%)
Austria	3.9
Belgium	4.2
Bulgaria	12.0
Croatia	31.1
Cyprus	50.8
Czechia	7.5
Denmark	1.9
Estonia	2.2
Finland	2.3
France	10.4
Germany	3.9



Czechia Portugal France

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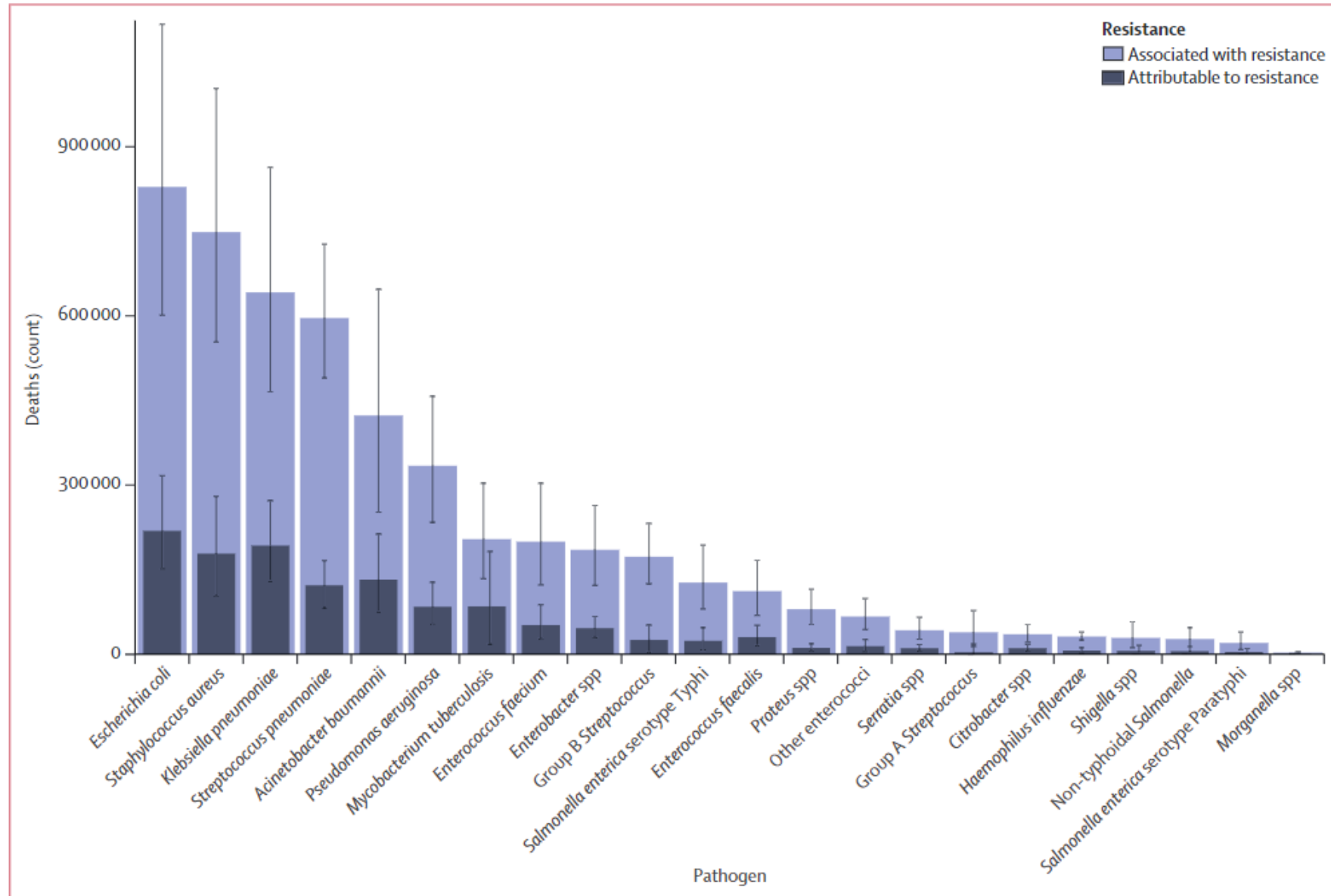
WHO



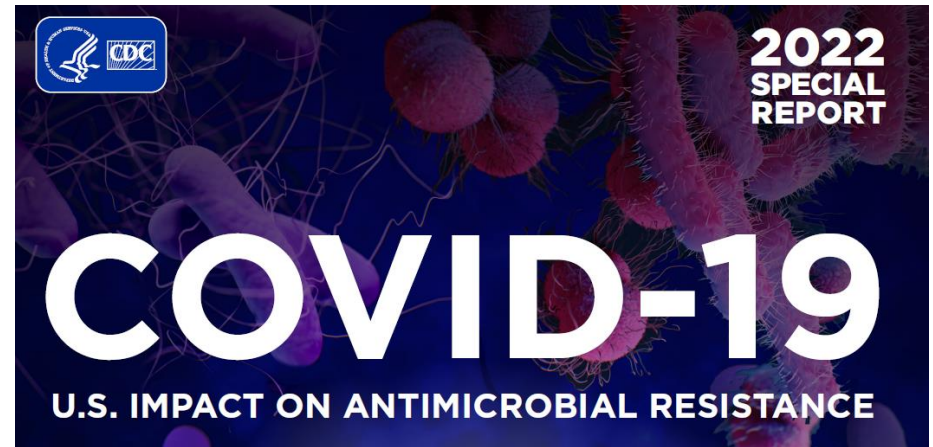
**Global Antimicrobial Resistance and Use
Surveillance System (GLASS)**

Since 2015
132 participating countries

Global deaths (counts) attributable to and associated with bacterial antimicrobial resistance by pathogen, 2019



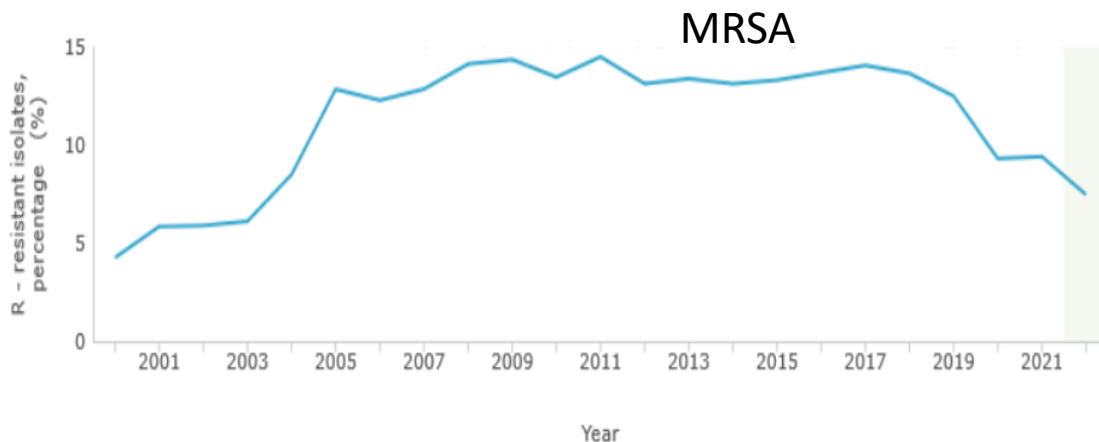
Efect of COVID



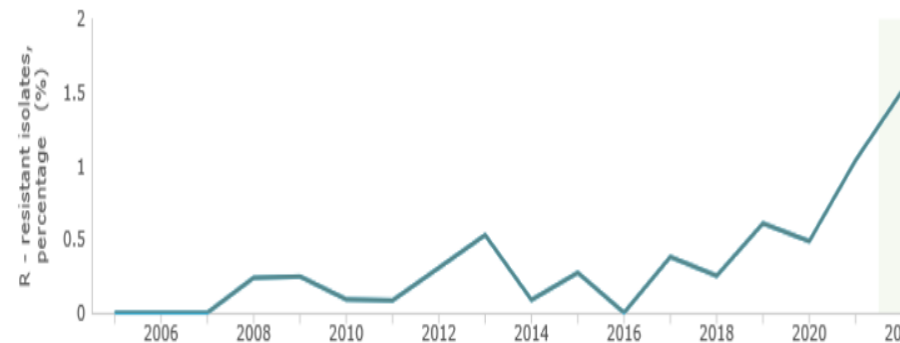
Available data show an alarming increase in resistant infections starting during hospitalization, growing at least 15% from 2019 to 2020.

- Carbapenem-resistant *Acinetobacter* (**↑78%**)
- Antifungal-resistant *Candida auris* (**↑60%***)
- Carbapenem-resistant Enterobacterales (**↑35%**)
- Antifungal-resistant *Candida* (**↑26%**)
- ESBL-producing Enterobacterales (**↑32%**)
- Vancomycin-resistant Enterococcus (**↑14%**)
- Multidrug-resistant *P. aeruginosa* (**↑32%**)
- Methicillin-resistant *Staphylococcus aureus* (**↑13%**)

Czech Republic:



Carbapenem resistant *K. pneumoniae*



Various factors:

- Increase general hygiene
- Lower intake of non-covid patients
- High workload and antibiotic usage on covid units

Surveillance of antimicrobial resistance

Epidemiological issue - colonisation



- Main epidemiological problem is the colonized (healthy) patient



- infections are a tip of the iceberg, regarding the presence of resistant bacteria
- **Locally used to preventing spread of resistance**
- Cost-effectiveness – it is cheaper to prevent spread of MDR (decolonisation, isolation) than to treat infection

Screening for MDR colonisation



Resistance based

- Resistance to reserve antibiotics - colistin, carbapenems, ESBL, MRSA

Risk groups of patients

- Travellers – returning from high-risk countries
- Patients on ICU, and other wards with high antibiotic consumption
- Patients before surgery
 - MRSA screening followed by decolonisation (prevention of post-surgery infections)
 - Universal MRSA decolonisation without screening (chlorhexidine bathing, nasal mupirocin)?
Short term effective, Long term selection of resistance.
- Contacts of positive patients (family, staff)



Carriage of resistant bacteria – which samples

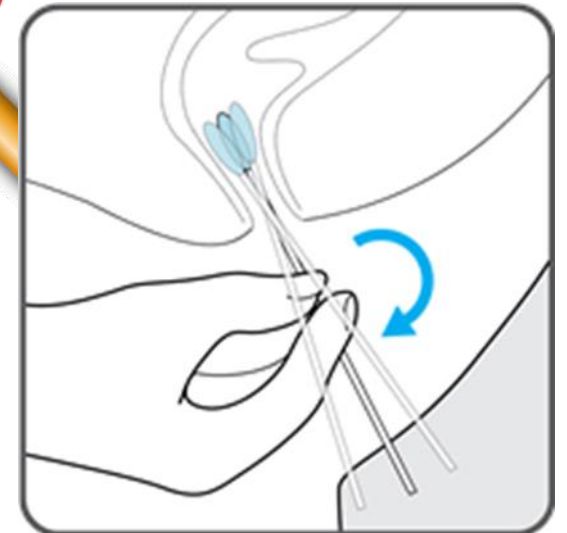
- **Colonisation:**

- Nose
- GIT
- Skin
- Upper airways
- throat
- ...

Nasal swab - MRSA



Rectal swab - ESBL, CPE, VRE



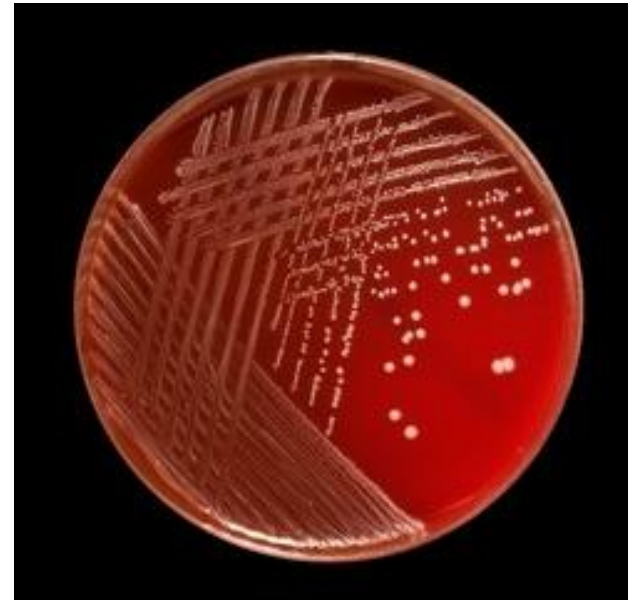
Methods for resistance screening

- **Selective culture** – not blood agars...

Yersinia pestis

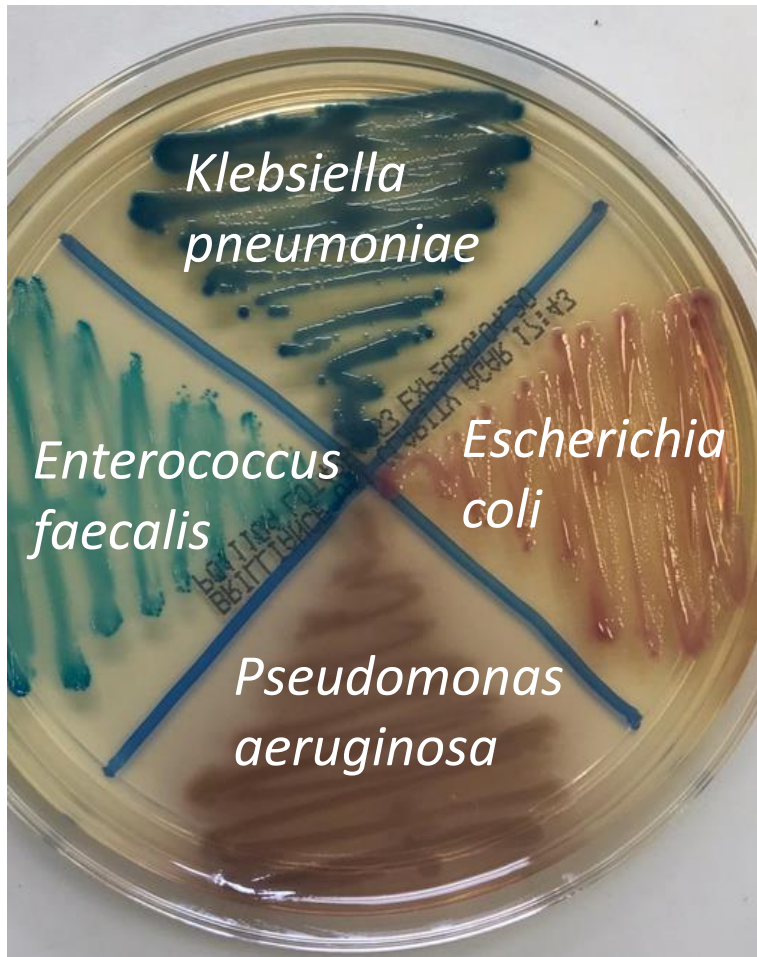
Staphylococcus epidermidis

Escherichia coli

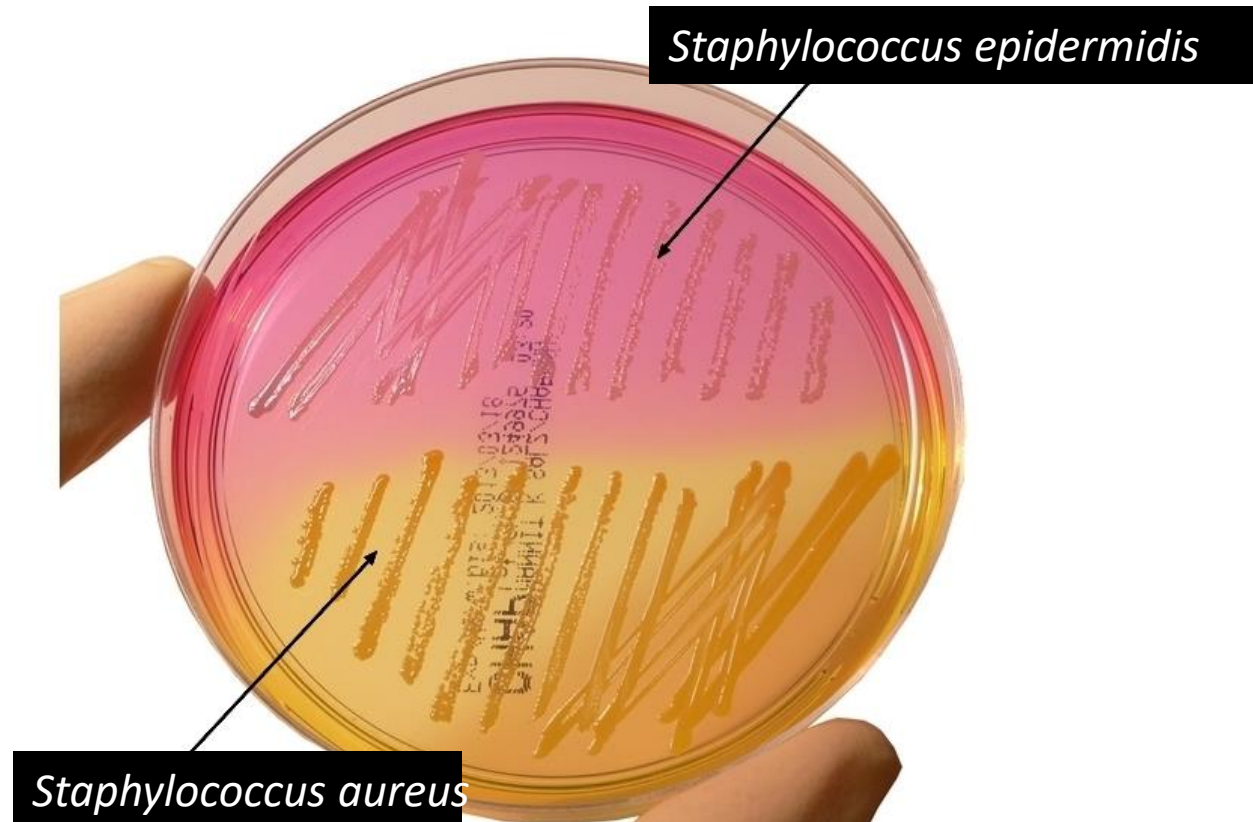


Selective differential media

Chromogenic media



Manitol Salt agar



Screening of patients

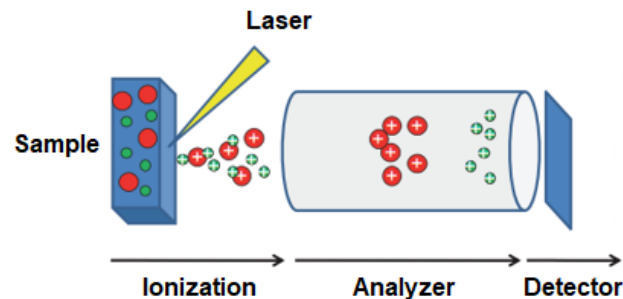
- **Methods for resistance screening**
 - **Selective culture** – monitoring the spread
 - *Speciec confirmation* by mass spectrometry (MALDI-TOF)



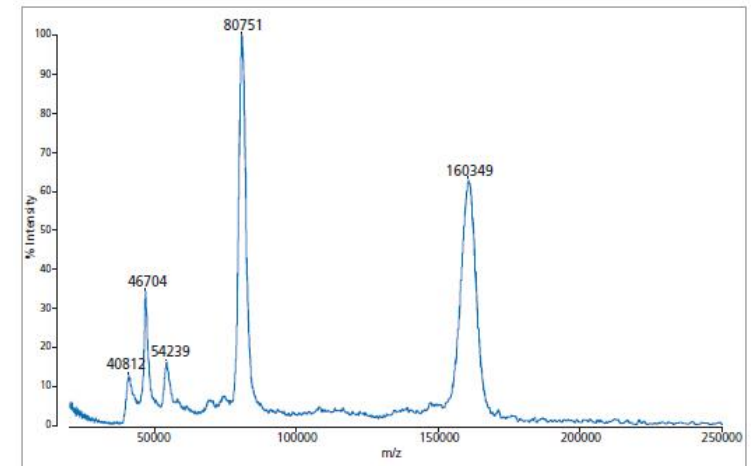
Culture



Mass spectrometry
MALDI-TOF



Excitation by laser –
flight through vacuum



The weight to charge ratio is species
specific

Screening of patients

- **Methods for resistance screening**
 - **Selective culture** – monitoring the spread
 - *Speciec confirmation* by mass spectrometry (MALDI-TOF)
 - *Resistance confirmation* (AST)
 - *Mechanism of the* resistance (PCR, sequencing)
 - *Typing* (clonal spread)
 - **Direct PCR** – direct detection of resistance genes



Controlling prescription

Classification of antimicrobials according preference of usage

- AWARE classification

Consultations – optimal treatment

- Microbiologist, infectious disease specialist, pharmacist

Controlling prescription

- Antibiotic centres – microbiologist has to approve the prescription
- Point prevalence studies/audit of prescription
 - Selected patients – retrospective revision of their therapy
 - Regular
 - **feedback** to clinicians

Measuring antimicrobial usage

- Is there excess in some dept.?
- What is the reason?



ATB consumption in European hospitals

Figure 4. Hospital sector consumption of antibacterials for systemic use (ATC group J01) in EU/EEA countries, 2021 (expressed as DDD per 1 000 inhabitants per day)

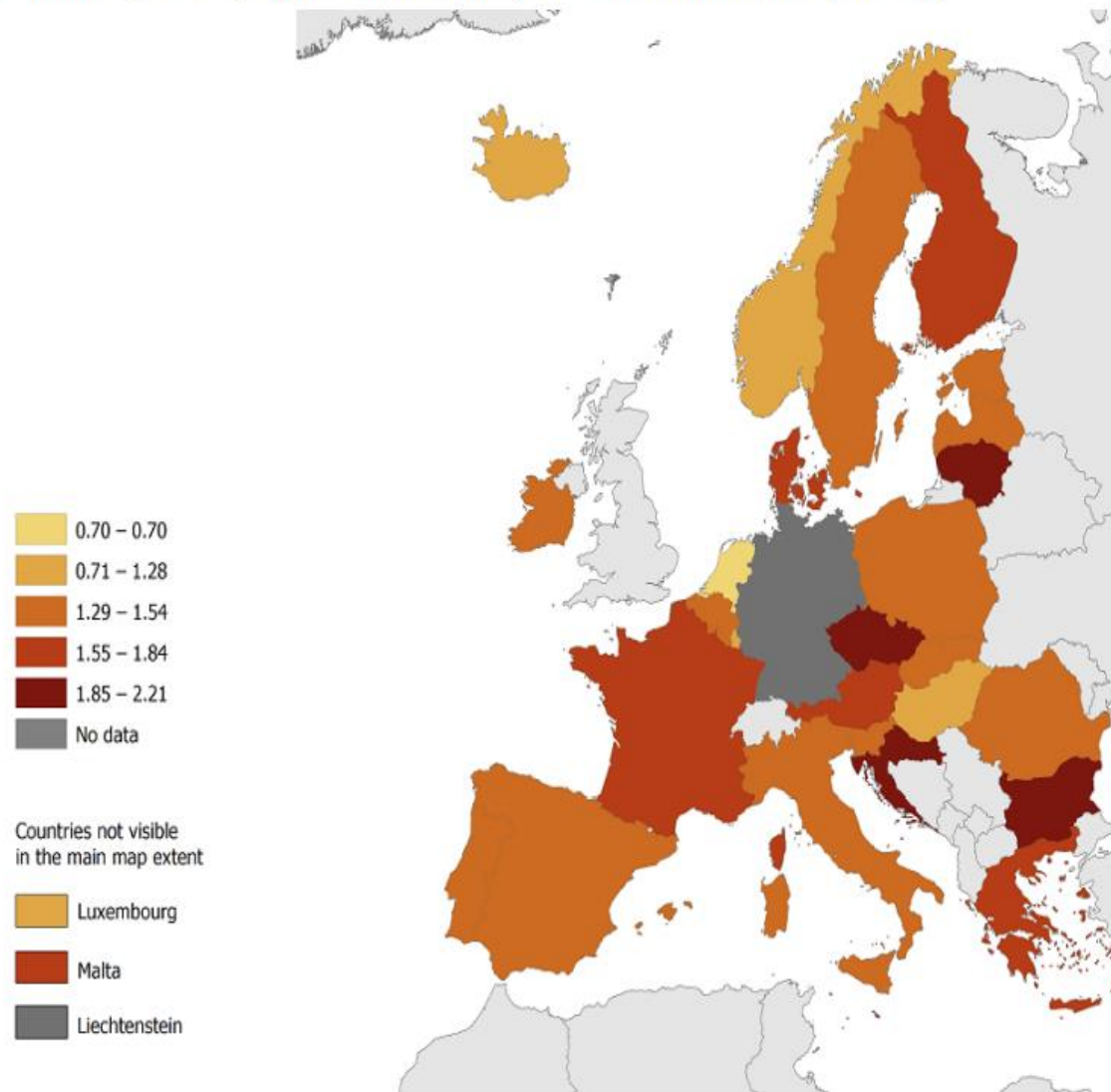
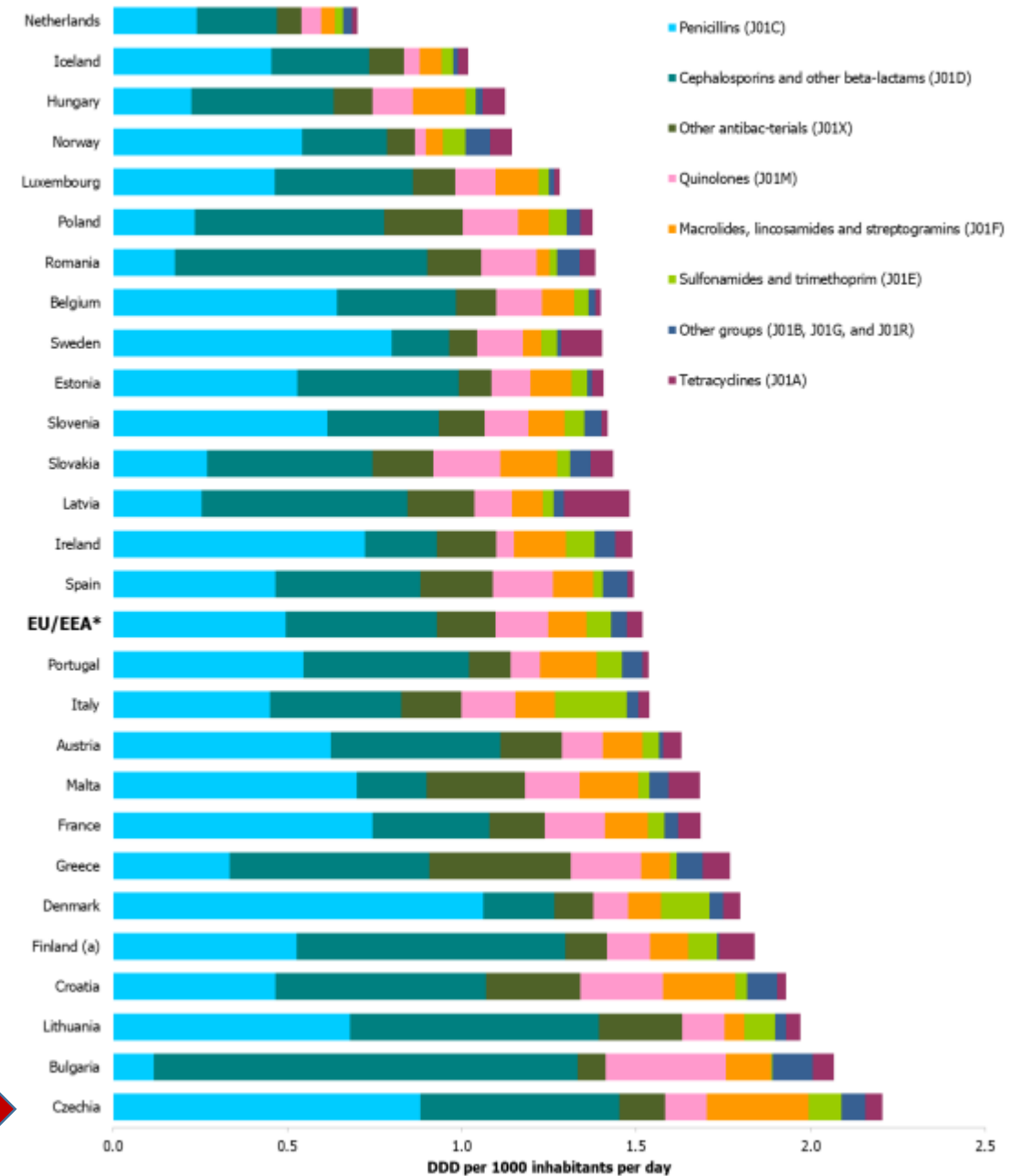


Figure 5. Hospital sector consumption of antibacterials for systemic use (ATC group J01) at ATC level 3 sub-group, EU/EEA countries, 2021 (expressed as DDD per 1 000 inhabitants per day)



Classification of antibiotics – different types of therapy

Initial - therapy is started before pathogen identification, broad spectrum to cover all possible causes. E.g. Patient hospitalised with bacterial meningitidis or sepsis

Empirical – treatment without microbiological diagnostics, e.g. Streptococcal tonsillitis

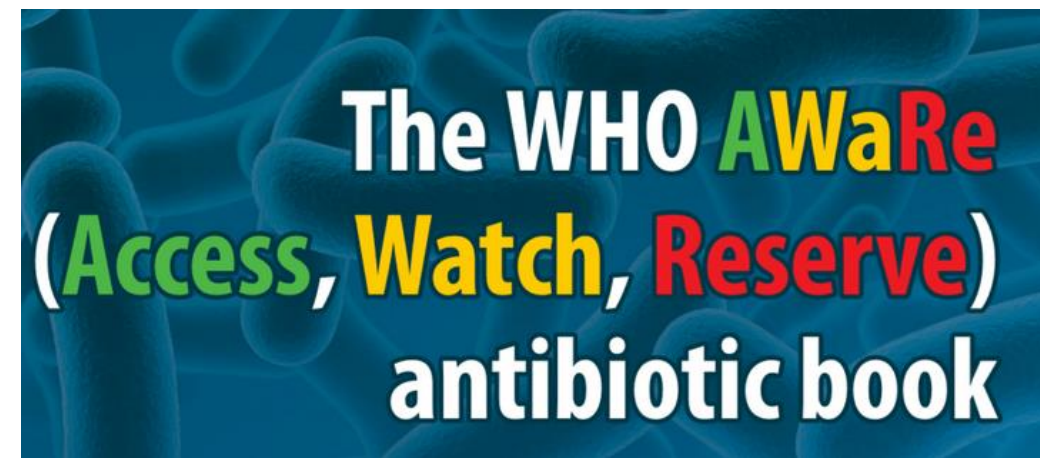
Targetted – known cause and its susceptibility

Deescalation – switch to targetted therapy after identification of cause

Prophylaxis – to prevent infection, e.g. surgical prophylaxis, immunokompromised patients

AWARE classification

The AWaRe classification is intended as a tool for monitoring antibiotic consumption, defining targets and monitoring the effects of stewardship policies that aim to optimize antibiotic use and curb antimicrobial resistance.

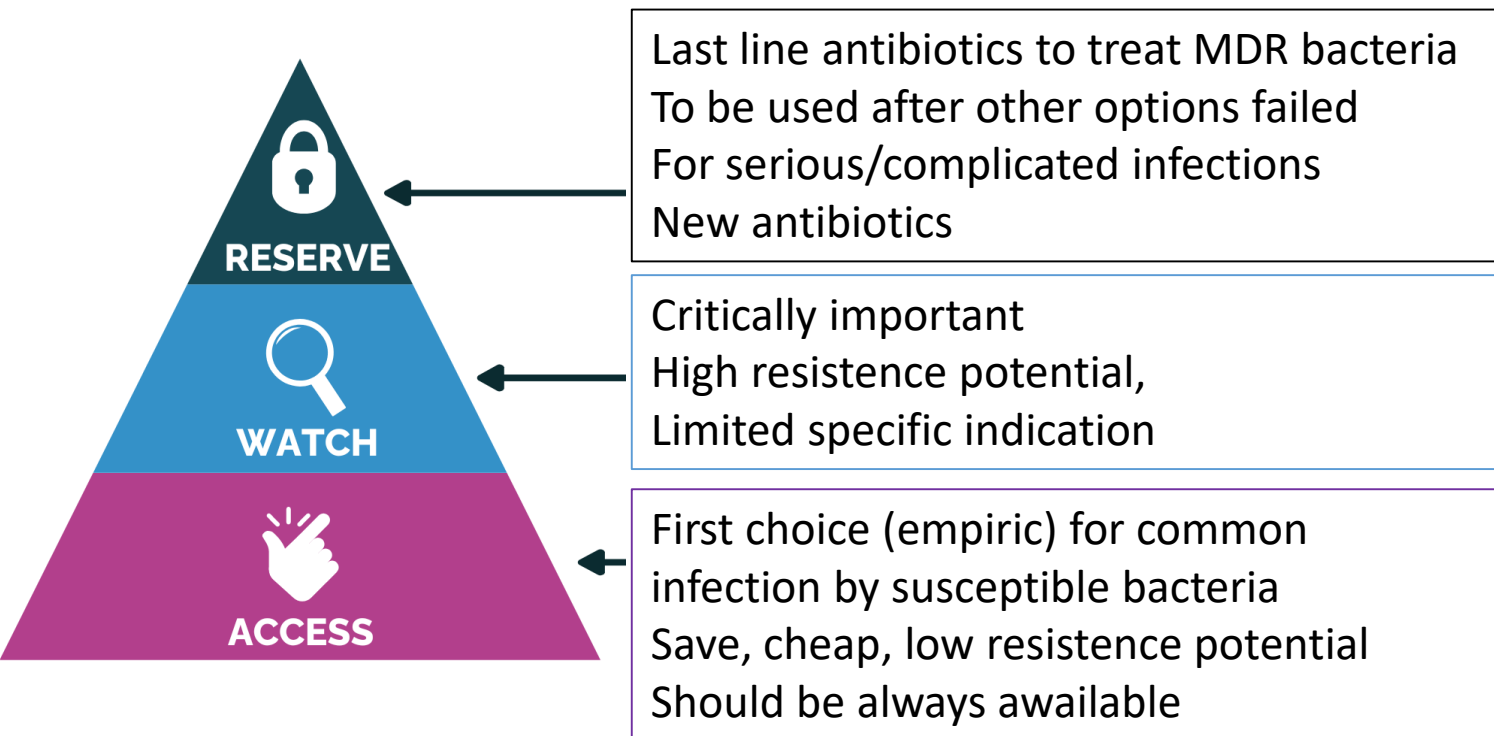


Examples

Colistin, tigecycline, linezolid,
Meropenem/vaborbactam, Daptomycin,
Aztreonam, ceftarolin, cefiderocol

Azithromycin, Ciprofloxacin, 2nd to 4th
gen cephalosporins, Erythromycin,
fidaxomicin, Meropenem, rifampicin,
vancomycin

Ampicillin, clindamycin, doxycycline,
oxacillin, nitrofurantoin, benzylpenicillin,
first generation cephalosporins



Be AWARE yes, but....



US World Politics Business Opinion Health Entertainment Style Travel Sports Video

A new season of infections is here, but the shortage of a common kids' antibiotic never ended

By Brenda Goodman, CNN

🕒 5 minute read · Published 6:47 AM EDT, Fri September 22, 2023



Unexpected demand - increase in respiratory infection i.e. streptococcal
Manufacturing issues – supply chain

Consequences – treatment by less optimal drugs
– selection of resistance

HEALTH, EUROPE

Antibiotics shortage crisis deepens in Germany

What happens now in Germany is tip of iceberg, says spokesman for German pediatricians association

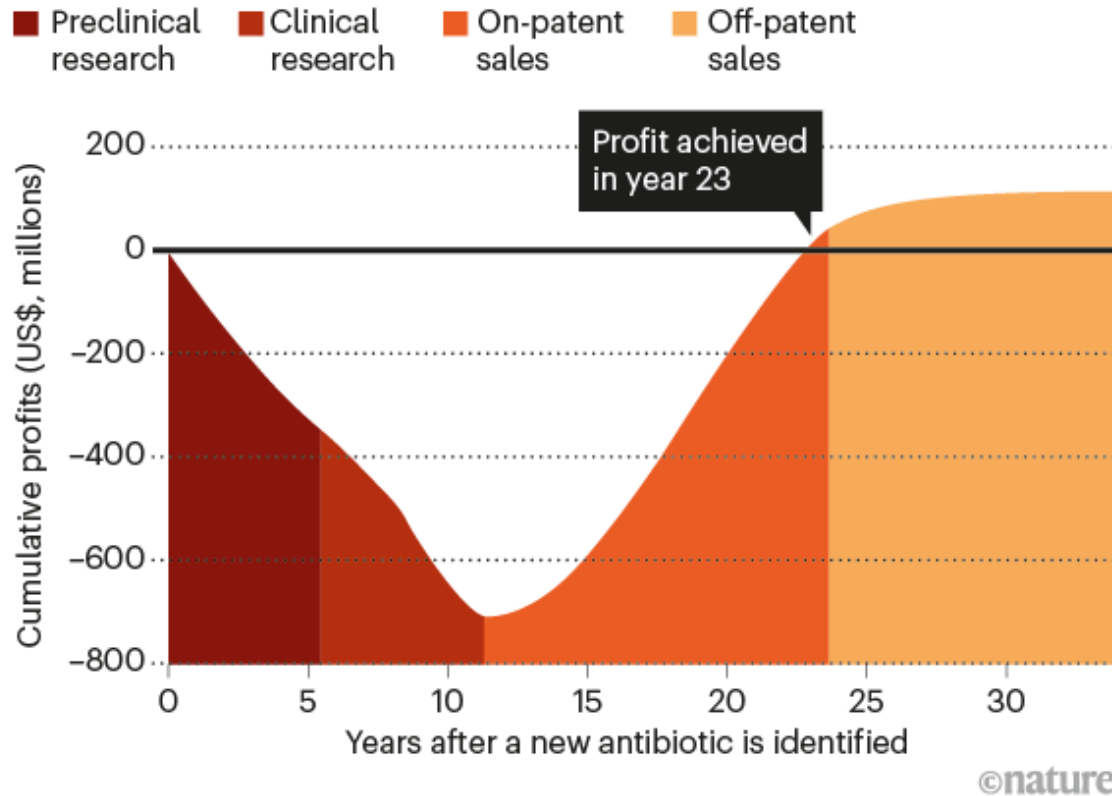
Erbil Basay | 07.05.2023 - Update : 08.05.2023



Antibiotics – high risk business adventure

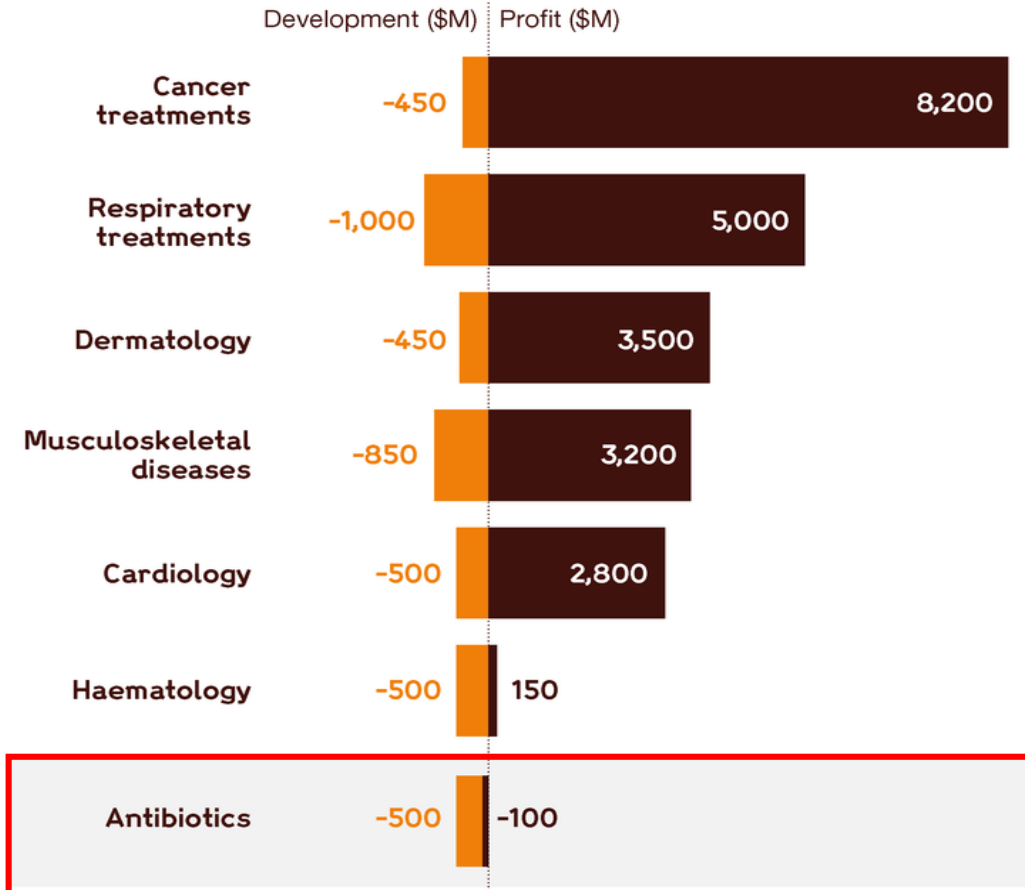
LONG PATH TO PROFITABILITY

Estimates suggest that it takes more than 20 years to see any profit from a newly developed antibiotic. Once a drug goes off patent, increasing that profit becomes much more difficult.



Antibiotics are not an economically viable investment

Profitability of different disease treatments (millions of dollars), 2014-16



Thank you for your attention!