

Respiratory viruses

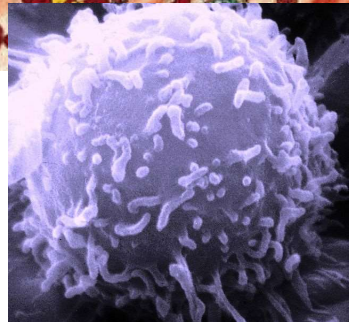
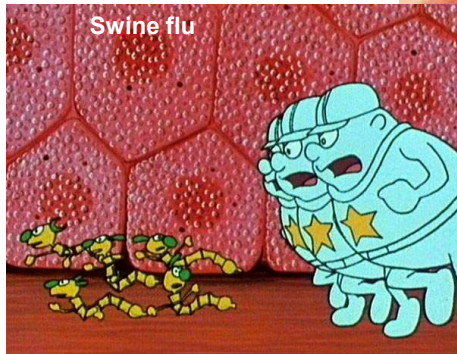
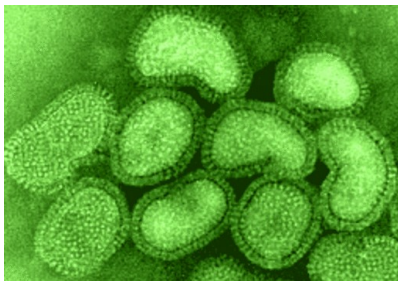


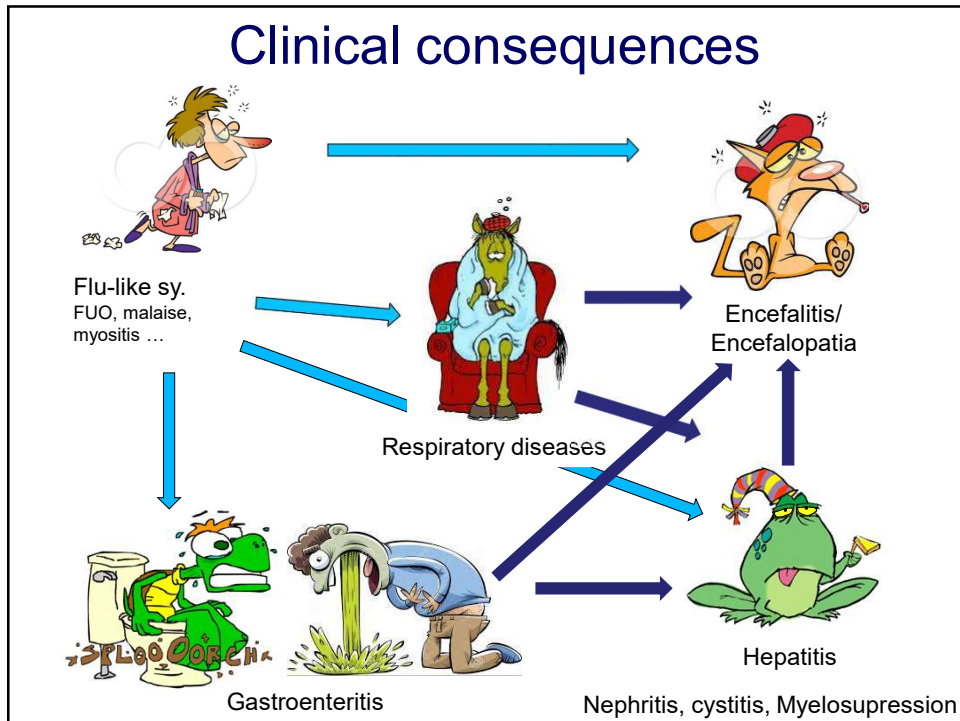
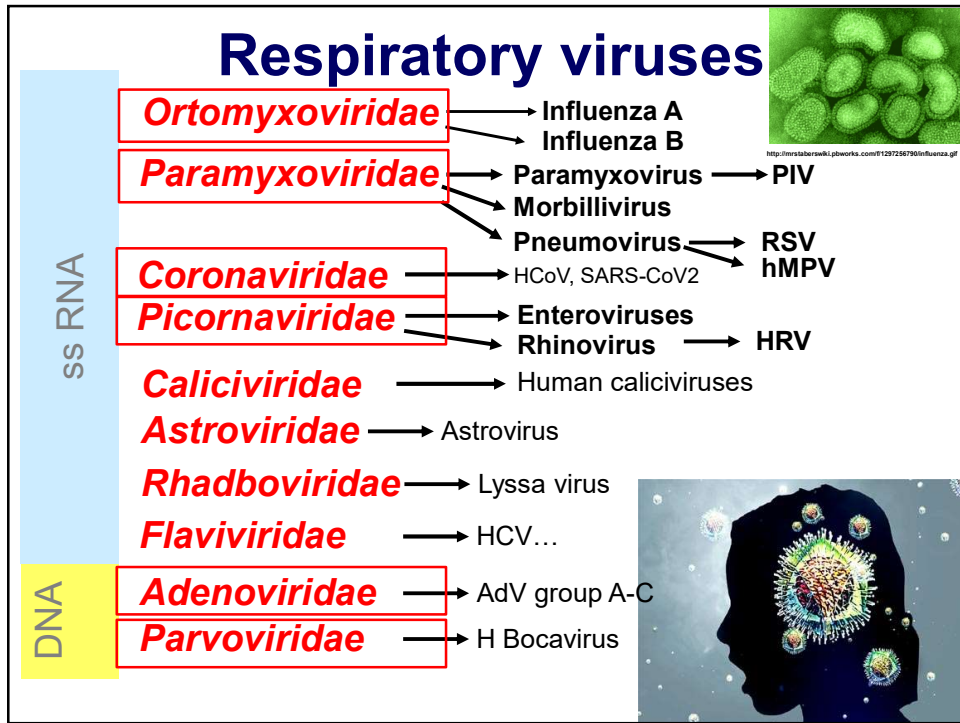
Petr Hubáček

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2nd Medical Faculty of Charles University and Motol University Hospital



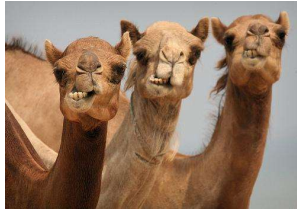
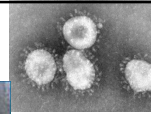
Life is fight





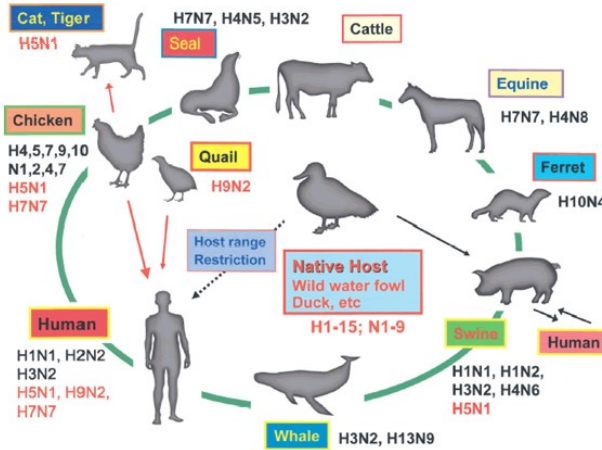
Respiratory viruses

- Often zoonotic:
 - SARS - CoV
 - MERS - CoV
 - ...



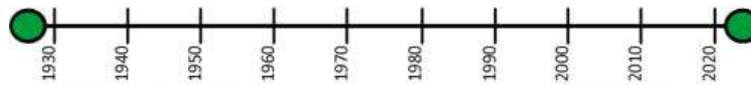
Bats - Horseshoe bat,...

Civet

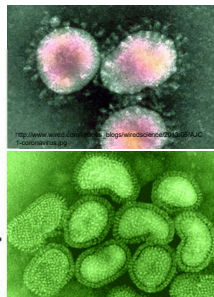
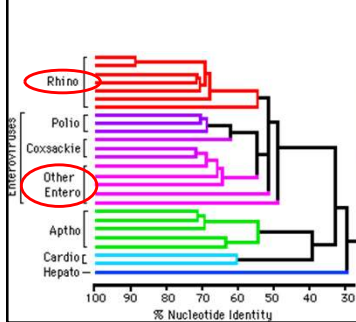


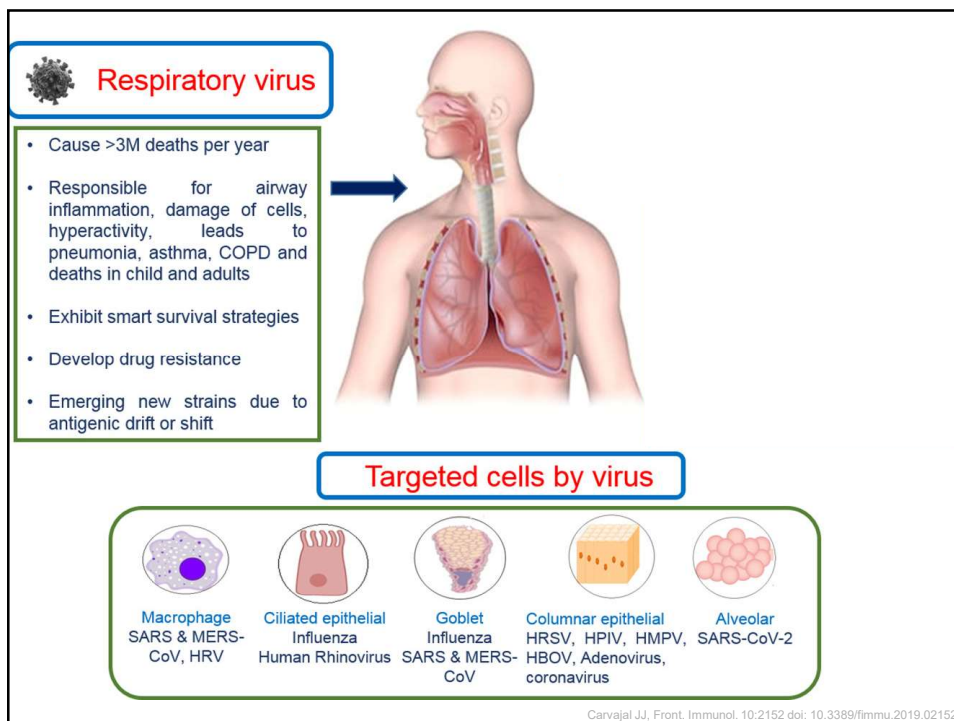
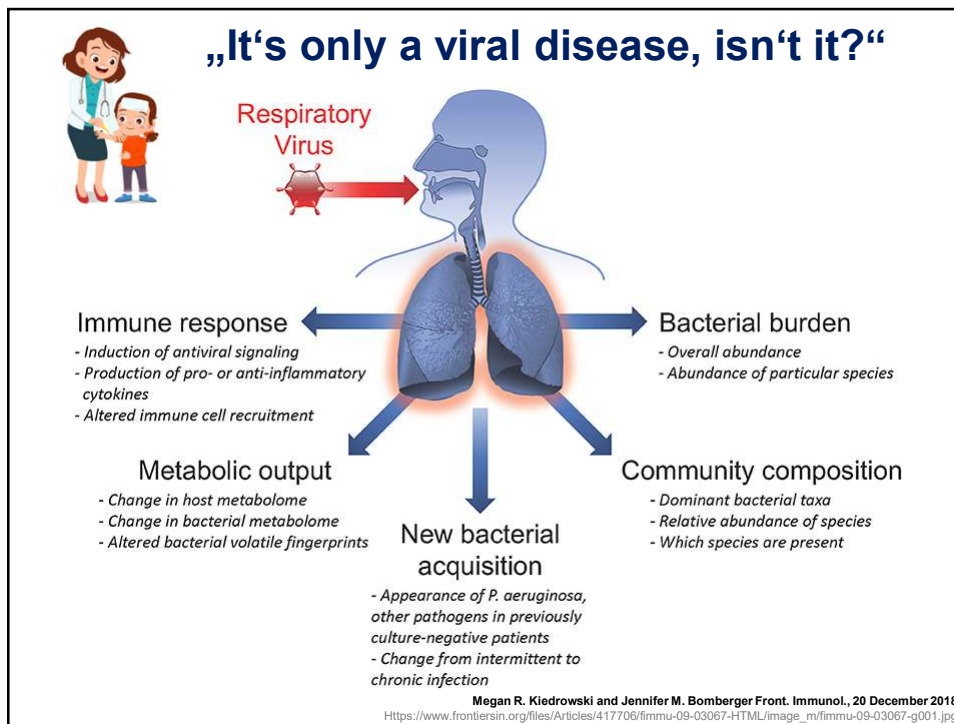
Leads to high Frequency of recombination of new life-threatening infections

History of viral respiratory infections



- Influenza virus 1933
- Coxsackie virus 1948
- Echovirus 1951
- Adenovirus 1953
- HRV 1953
- HRSV 1956
- HPIV 1956
- HCoV-229E 1966
- HCoV-OC43 1967
- HMPV 2001
- SARS-CoV 2003
- HCoV-NL63 2004
- HCoV-HKU1 2005
- HBoV 2005
- HRV-C 2006
- WUPyV 2007
- KIPyV 2007
- MCV 2008
- HPyV6 2010
- HPyV7 2010
- HPyV8-TSV 2010
- HPyV9 2011
- HPyV10 2012
- HCoV MERS 2012





So - how to diagnose



What to aim during the process of dg? **Clinical symptoms** *Adapted ECDC Definitions* **of Respiratory Tract Infectious Disease (RTID)**

Clinical criteria

- New onset of symptoms
AND
at least one of the following four respiratory symptoms:
 - Cough
 - Sore throat
 - Shortness of breath
 - Coryza
- AND
- A clinician's judgement that the illness is due to an infection

Epidemiological Criteria

- An epidemiological link with human to human transmission

Laboratory Criteria

- Detection of CARV in a clinical specimen by at least *one* of the following:
 - Virus isolation by cell culture (VIC)
 - Direct virus antigen testing (DAT)
 - Nucleic acid amplification testing (NAT)

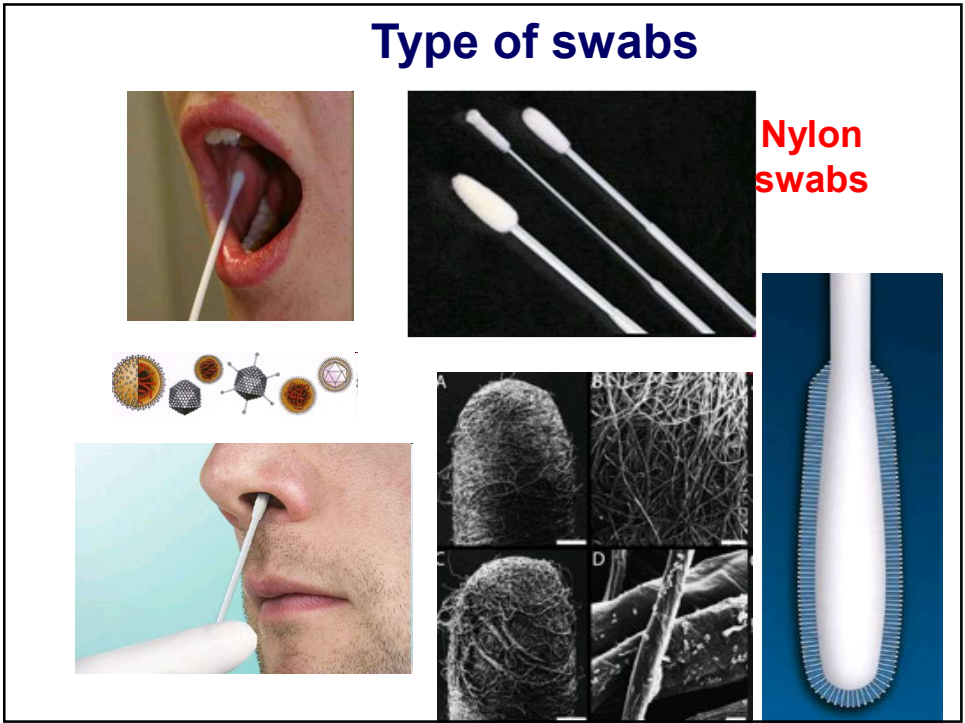
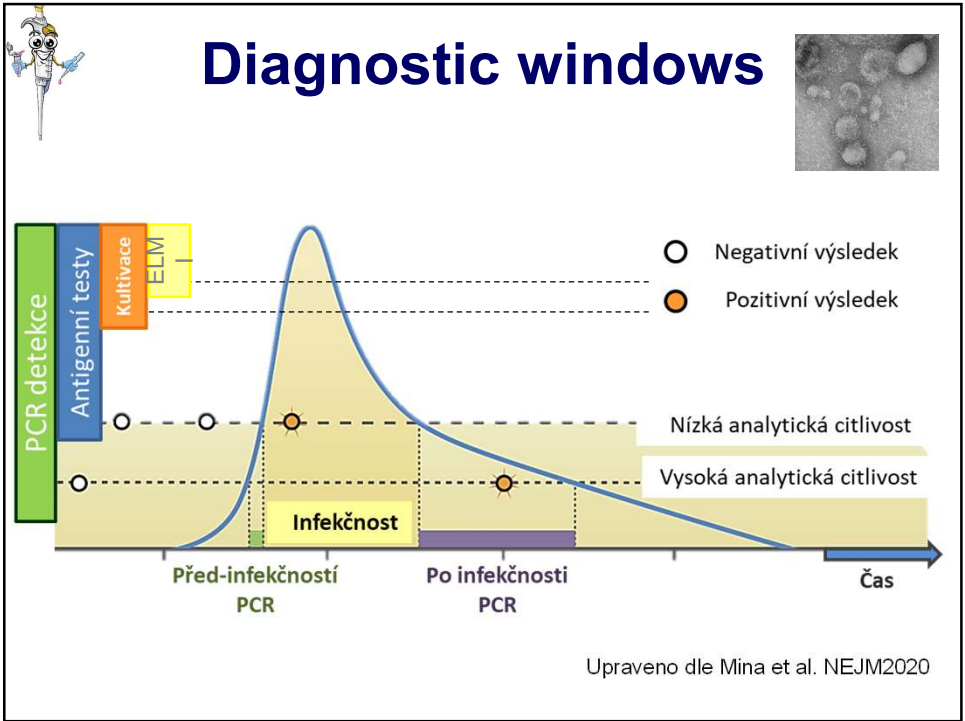
Case Classification

- **Possible case**
 - Any person meeting the clinical criteria of RTID
- **Probable case**
 - Any person meeting the clinical criteria of RTID *and* with an epidemiological link
- **Confirmed case**
 - Any person meeting the clinical of RTID *and* the laboratory criteria

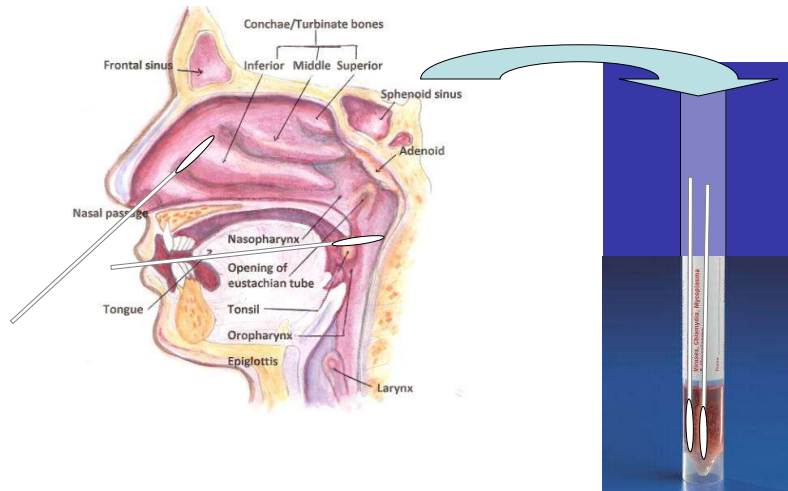


Adapted from ECDC definitions for influenza
http://ecdc.europa.eu/en/activities/surveillance/EISN/surveillance/Pages/influenza_case_definitions.aspx

4th European Conference on Infections in Leukemia



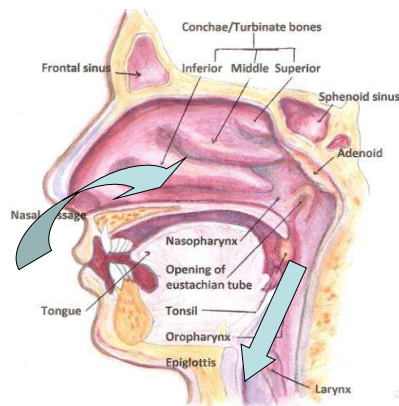
Proper sampling of biological material



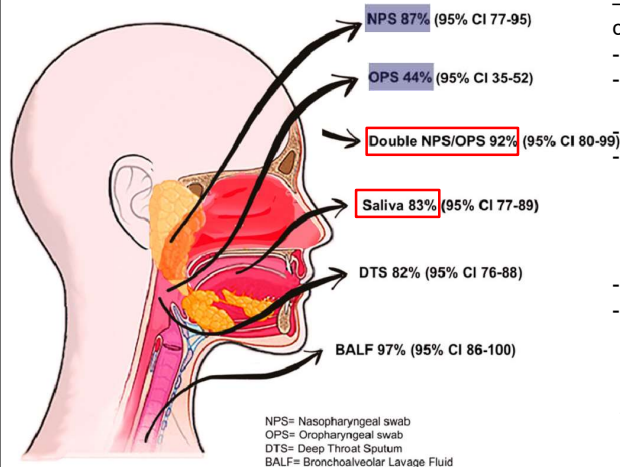
Proper sampling of biological material

First proliferation on mucous
of URT – at the locus of infection
entrance.

<i>Virus</i>	<i>Transmission from URT to LRT</i>	<i>Mortality</i>
RSV	20-68%	17-70%
PIV	13-37%	10-30%
HRhV	<10%	<10%



What's the sensitivity according to the biological material?



Khiabani et al. Are saliva and deep throat sputum as reliable as common respiratory specimens for SARS-CoV-2 detection? A systematic review and meta-analysis *American Journal of Infection Control*, DOI: 10.1016/j.ajic.2021.03.008

- screened 1598 studies, 33 chosen (26 quantitative)
- 1. published/accepted
- 2. patients dg or screened for COVID-19
- 3. RT-PCR
- 4. studies aimed for using of saliva, sputum, oral liquids/secrets, pharyngeal secretes for comparisson of diagbostical method
- 5. at least 2 samples
- 6. performer on proven COVID-19 patients with pair samples

Urine

- Ag detection -74% (Diao et al. 2020)
- amount $\pm 10^2$ - 10^5 /ml vs. $\pm 10^5$ - 10^{11} /ml in NPS (D.L. Jones et al. *Scie Total Environment* 2020)
- virus in infectious (Sun j. et al. *Emerg. Microbes Infect.* 2020)

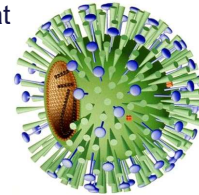
Diagnosis

- Virus cultivation
 - Performed on tissue cultures, or chicken embryos
- Rapid tests (especially antigen detection)
- **PCR**
- Preliminary dg. – clinical picture and epidemics
- Serological detection

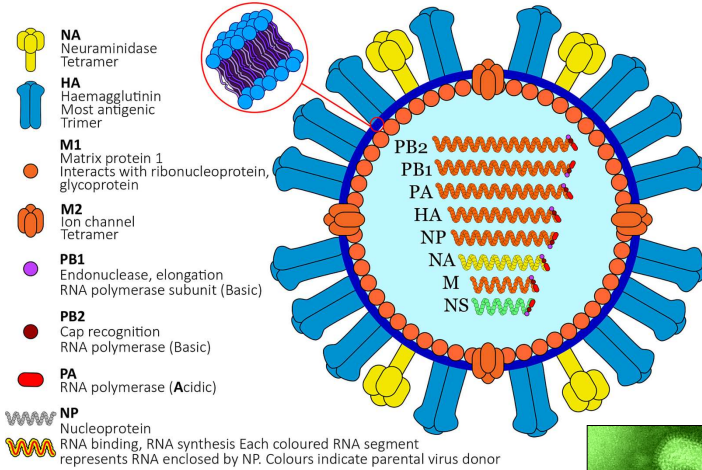


What is influenza?

- An acute respiratory illness resulting from infection with an influenza virus (Orthomyxoviruses)
- Highly infectious and can spread rapidly from person to person
- Some strains cause more severe illness than others
- Highly infectious viral illness
- 412 BC - first mentioned by Hippocrates
- 1580 - first pandemic described
- 1580-1900 - 28 pandemics
- Name influenza came from Italian „influentia“ – influence. Name was used in Italy from 16th century, because they believed that health is influenced by stars.
- Virus first isolated in 1933

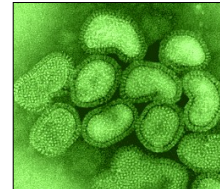


ORTHOMYXOVIRUSES



typ A, B, C : **NP**, **M1** protein
sub-typy: **HA** nebo **NA** protein

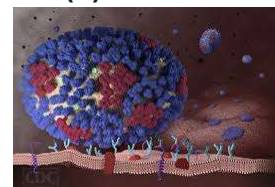
https://figshare.com/articles/Influenza_virus/6817112



<http://www.uct.ac.za/depts/mmi/stanard/fluivirus.html>

Types of influenza viruses

	TYPE A	TYPE B	TYPE C
severity of illness	++++	++	+
animal reservoir	yes	no	no
human pandemics	yes	no	no
human epidemics	yes	yes	no (sporadic)
antigenic changes	shift, drift	drift	drift
segmented genome	yes	yes	yes
amantadine, rimantidine	sensitive	no effect	no effect
zanamivir	sensitive	sensitive	
surface glycoproteins	2	2	(1)

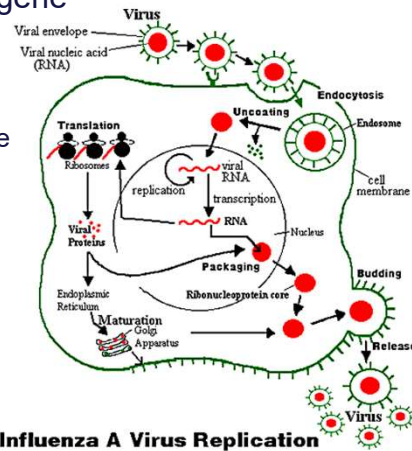


Influenza Antigenic Changes

- **Antigenic Drift** - seasonal
 - Minor change, same subtype
 - Caused by point mutations in gene
 - May result in epidemic

Example of antigenic drift

- In 2003-2004, A/Fujian/411/2002-like (H3N2) virus was dominant
- A/California/7/2004 (H3N2) began to circulate and became the dominant virus in 2005



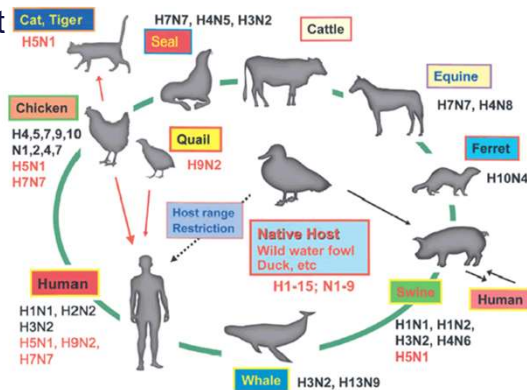
Influenza A Virus Replication

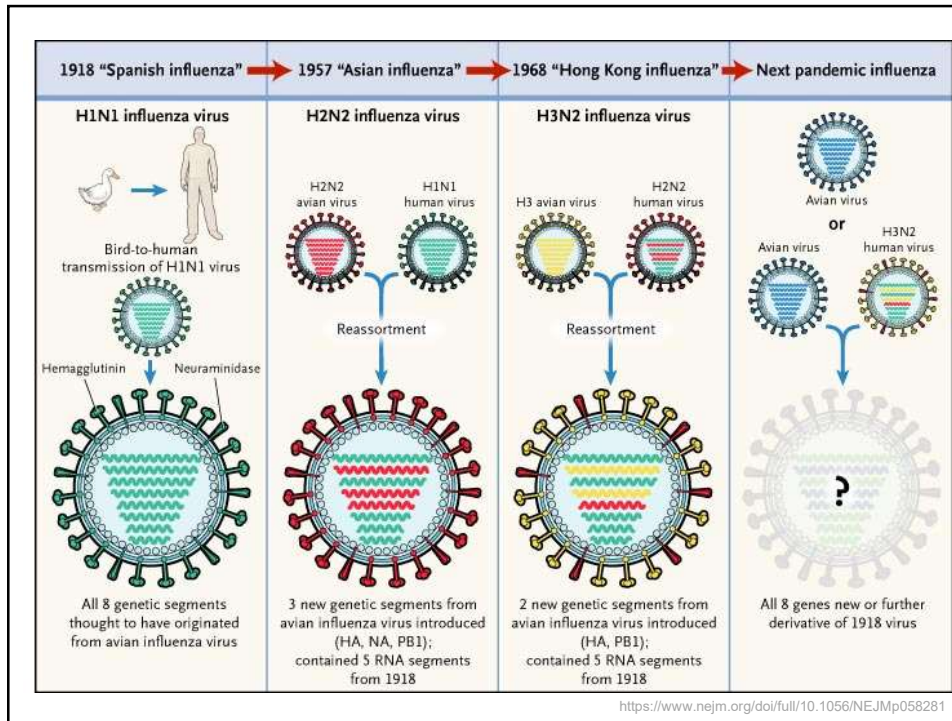
Influenza Antigenic Changes

- **Antigenic Shift**
 - Major change, new subtype
 - Caused by exchange of gene segments
 - May result in pandemic

- Example of antigenic shift

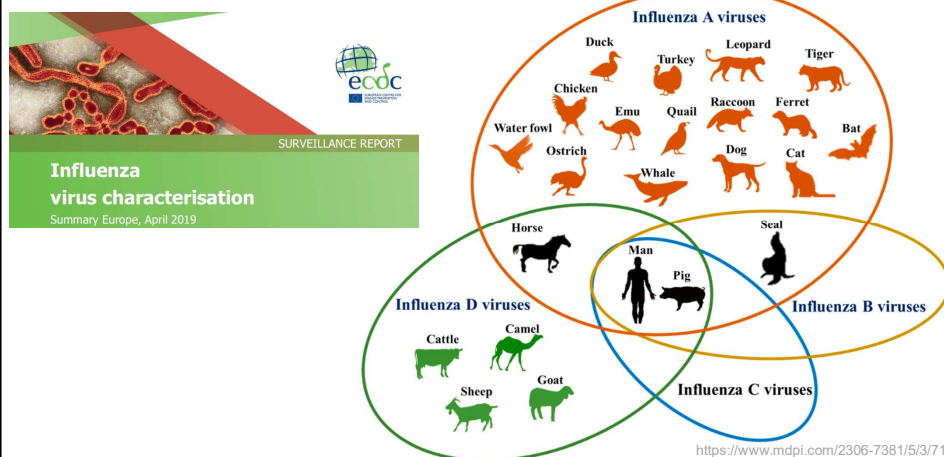
- H2N2 virus circulated in 1957-1967
- H3N2 virus appeared in 1968 and completely replaced H2N2 virus





How many HA and NA?

- 13 types HA
- 9 types NA – all circulating in birds
- Pigs – might be infected both with human and bird's types



Burden of Influenza

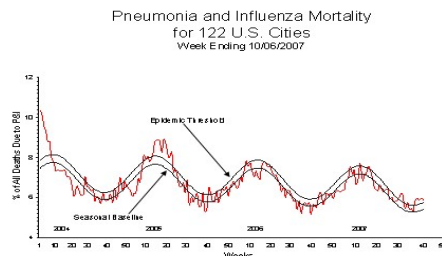
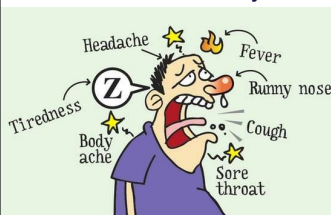
- 10% to 20% of the population is infected with influenza virus each year
- Average of more than 200,000 excess hospitalizations each year
 - Persons 65 and older and 2 years and younger at highest risk
- Average of 36,000 deaths each year
 - Persons 65 and older at highest risk of death

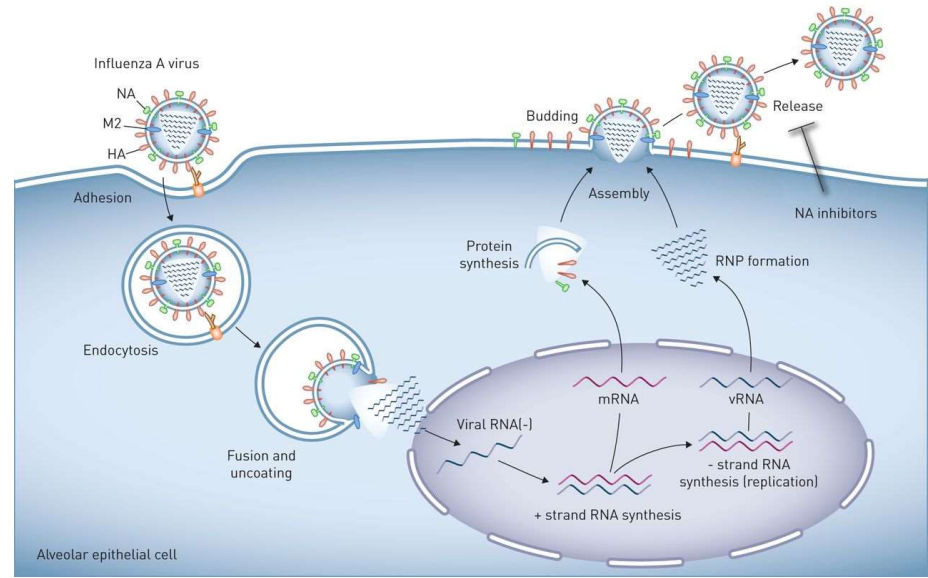
Influenza Associated Pulmonary and Circulatory Deaths, 1998

Age Group (yrs)	Rate (per 100,000)	
0 – 49	0.4 – 0.6	
50 – 64	7.5	
≥65	98.3	(>90% mortality rate)

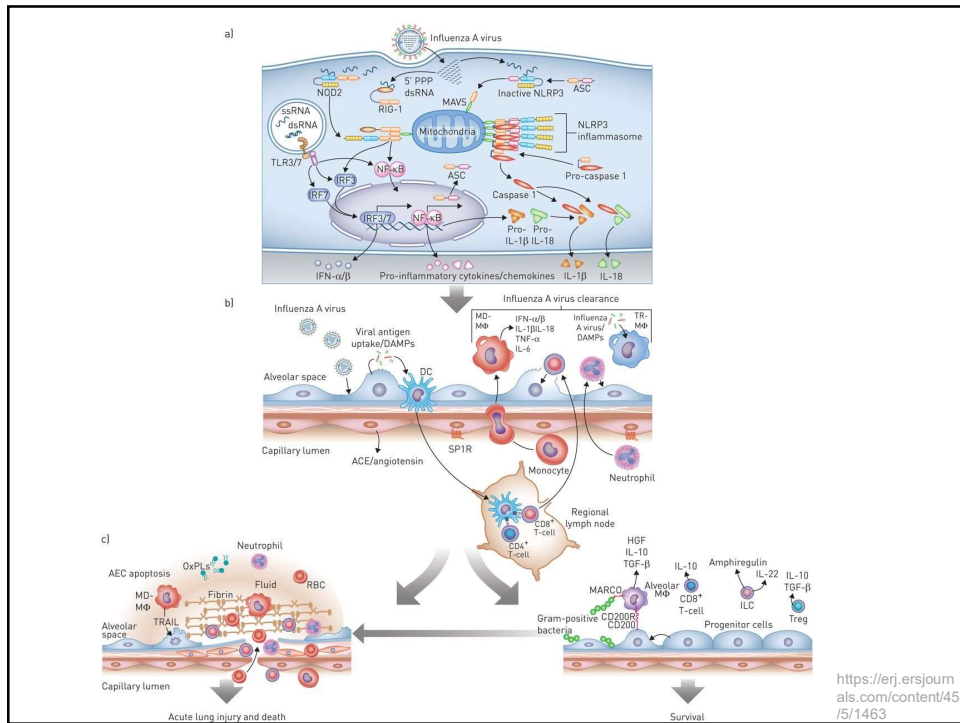
Influenza Epidemiology

- Reservoir: Human, animals (type A only)
- Transmission:
 - inhaling respiratory aerosols containing the virus, produced when infected person talks, coughs, or sneezes
100,000 - 1,000,000 virions/droplet
 - » touching an infected person or an item contaminated with the virus and then touching your eyes, nose, or mouth
- Incubation: 18-72 hours
- Communicability: Maximum 1-2 days before to 4-5 days after onset



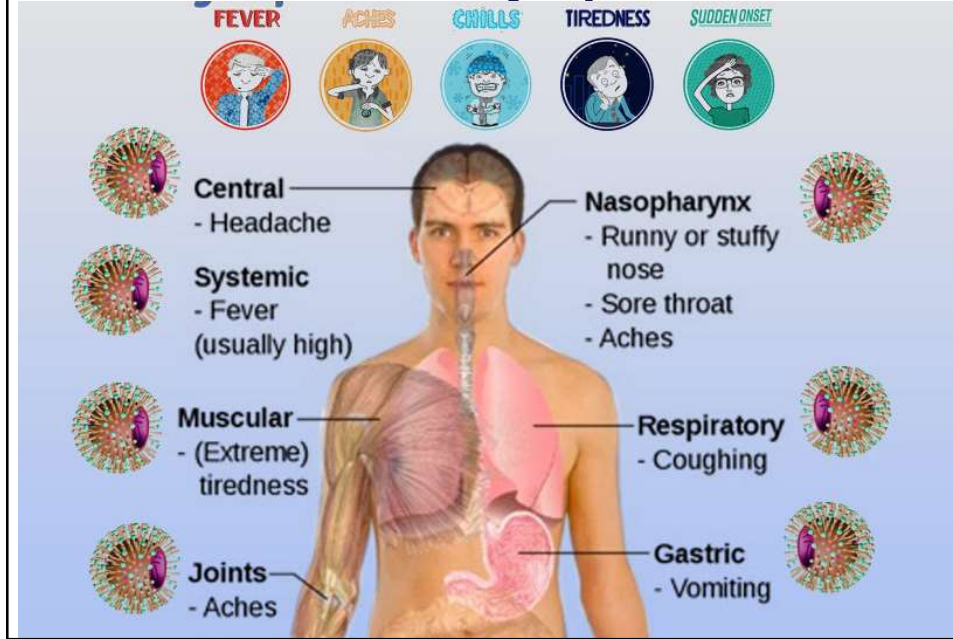


<https://erj.ersjourn.als.com/content/45/5/1463>



<https://erj.ersjourn.als.com/content/45/5/1463>

Influenza symptoms



COVID - 19

- nakažlivé onemocnění způsobené novým koronavirem
- inkubační doba je 2 - 14 dnů, nejčastěji 5 - 6 dnů
- vyvolává především onemocnění dýchacího a trávicího ústrojí

CHŘIPKA

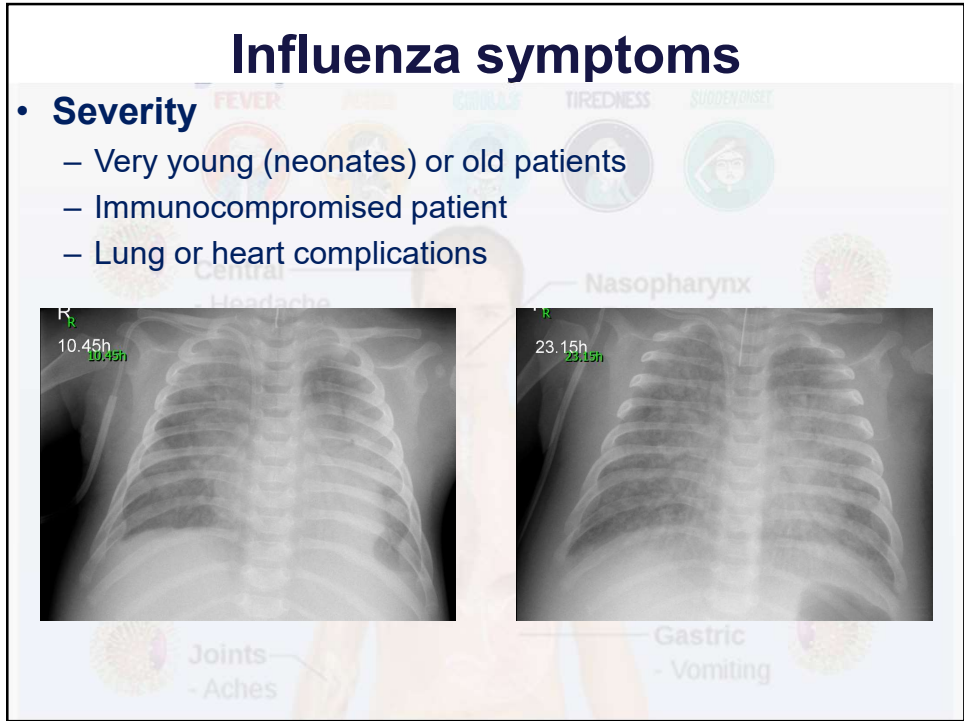
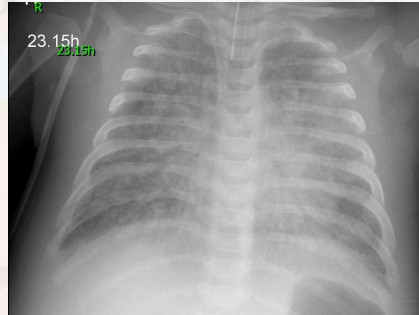
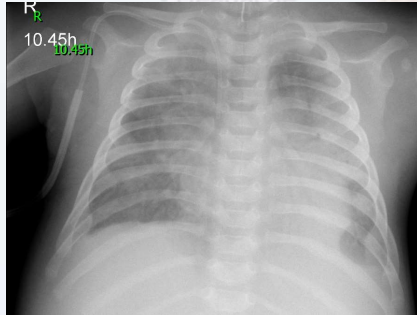
- nakažlivé onemocnění způsobené virem chřipky
- inkubační doba je 1 - 3 dny
- začíná náhle z plněho zdraví horečkou, zimnicí, bolestí svalů a kloubů, později přistupuje suchý dráždivý kašel.

Nejčastější příznaky	Časté příznaky	Méně časté příznaky	Nejčastější příznaky	Časté příznaky	Méně časté příznaky
 zvýšená teplota horečka suchý kašel únava	 obtížné dýchání bolest hlavy bolest svalů bolest kloubů bolest v krku zánět spojivek ztráta chuti svědivá vyrážka covidové prsty covidové prsty	 průjem závraťe rýma <div style="background-color: #f8d7da; padding: 5px;"> <p>Závažné příznaky</p> <ul style="list-style-type: none"> • závažná dušnost • bolest na hrudi • tlak na hrudi • ztráta řeči • ztráta pohybu • zmatenost • vykašlávání krve • selhávání ledvin </div>	 horečka zimnice únava suchý kašel bolest hlavy schvácenost bolest svalů bolest kloubů	 bolest v krku rýma nechutenství bolestivý pohyb očních bulbů, bolest za očima	 průjem závraťe zvracení <div style="background-color: #d1ecf1; padding: 5px;"> <p>Závažné příznaky</p> <ul style="list-style-type: none"> • závažná dušnost • bolest na hrudi • tlak na hrudi </div>

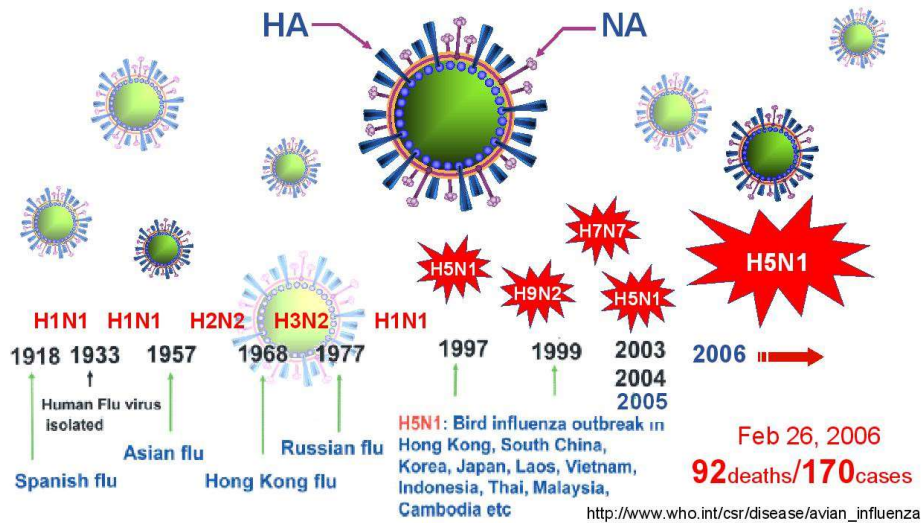
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public> www.cdc.gov/flu/symptoms/flu-vs-covid-19/htm

Influenza symptoms

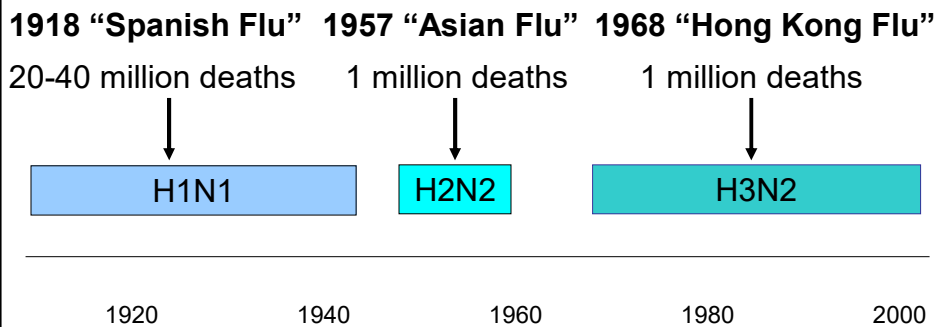
- **Severity**
 - Very young (neonates) or old patients
 - Immunocompromised patient
 - Lung or heart complications



Influenza A viruses



Pandemic influenza in the 20th Century



Influenza in „numbers“

1500 Passing away due to influenza: approx. such number of patients in average decease every year in CR for influenza Zdroj: szu.cz

290 000 - humans decease every year due to influenza virus around the world Zdroj: WHO
650 000

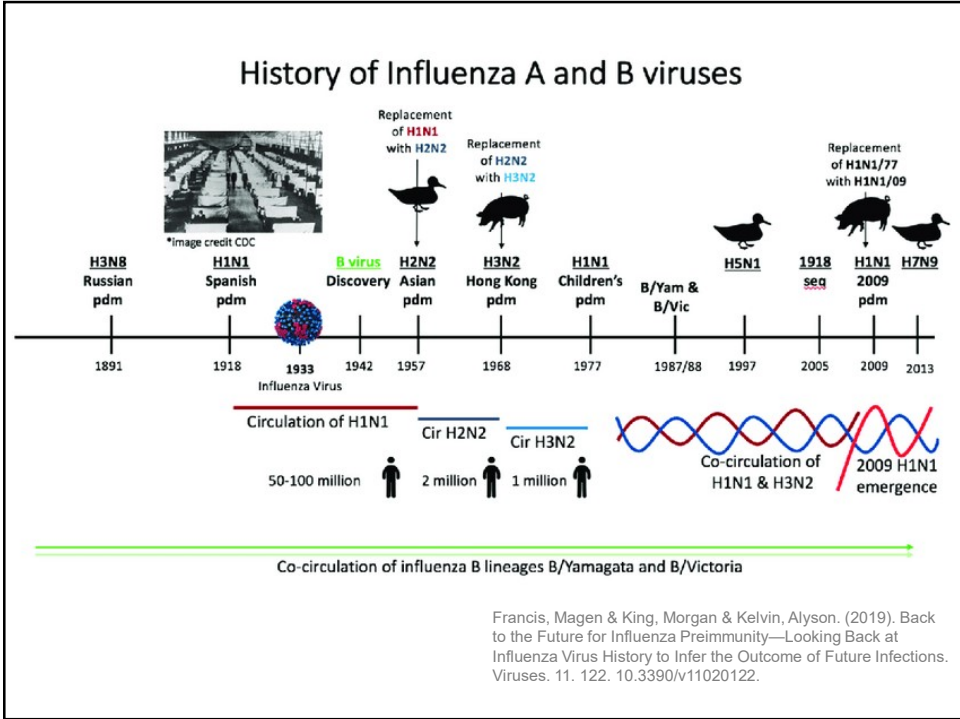
25,4% No. of vaccinated people in CR older 65 yrs. Zdroj: oecd.org

6% Jno. Of vaccinated people in general population (low in comparisson to most of the other countries)

Recommendation of WHO:

30% No. of vaccinated in general population

75% Vaccination in risk groups (persons over 65 yrs. Of age, with risk factor).



Remembrance Day

11th November

16 millions deaths

8,538,315 soldiers

1914-1918

THE GREAT WAR

and the Shaping of the 20th Century

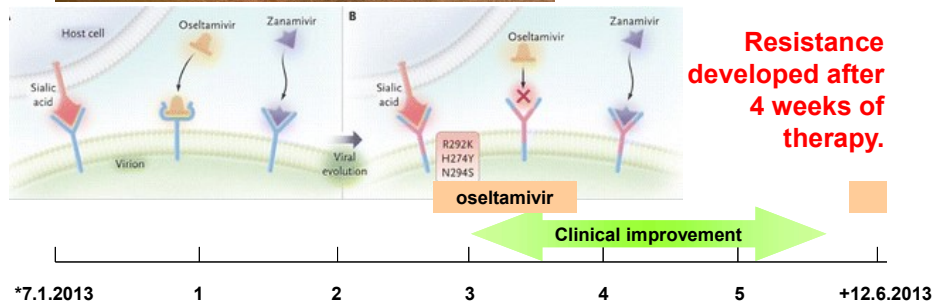
Patient 1

Influenza A virus



Macroscopic picture of influenza pneumonia.

1st proven oseltamivir resistance in the Czech Republic.



Complications

• Pulmonary

- CROUP (YOUNG CHILDREN)
- PRIMARY INFLUENZA VIRUS PNEUMONIA

• SECONDARY BACTERIAL INFECTION

- *Streptococcus pneumoniae*
- *Staphylococcus aureus*
- *Hemophilus influenzae*

• Non-Pulmonary

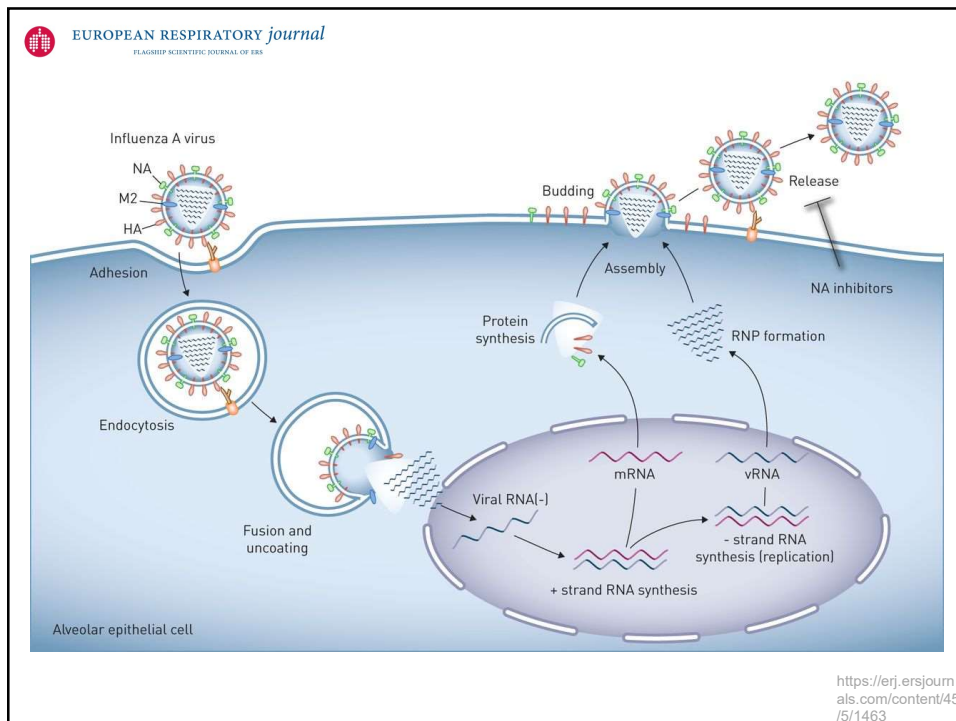
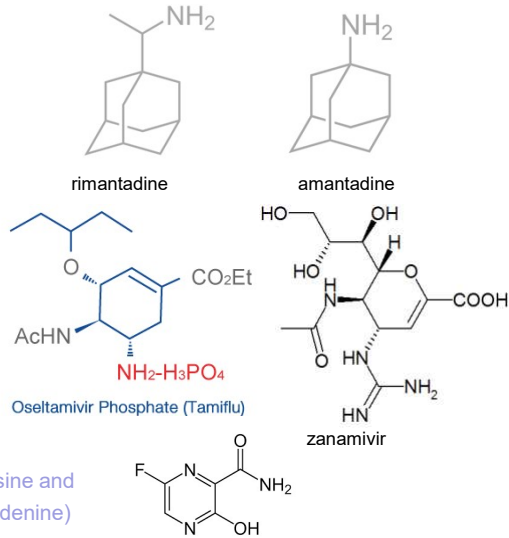
- myositis (rare, > in children, > with type B)
- cardiac complications
- recent studies report encephalopathy
 - studies of patients <21 yrs in Michigan - 8 cases seen last season
- liver and CNS
 - Reye syndrome
- peripheral nervous system
 - Guillian-Barré syndrome

38

Treatment (prevention) - drugs

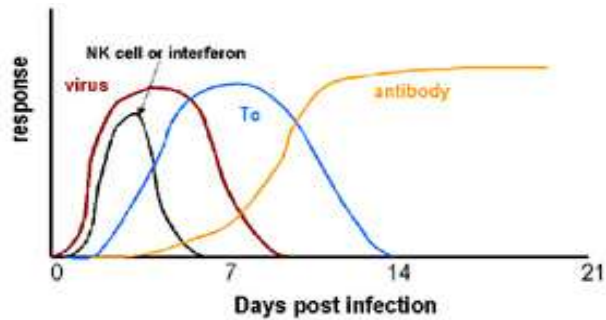
All virostatics have to be started immediately

- rimantadine (M2)
 - Type A only
- amantadine (M2)
 - Type A only
- oseltamivir (NA)
 - Type A and B
- zanamivir (NA)
 - Type A and B
- peramivir (NA)
 - Type A and B
- favipiravir (analogue of guanosine and adenine)



Recovery

- **INTERFERON** – side effects include
FEVER, MYALGIA, FATIGUE, MALAISE
- **CELL-MEDIATED IMMUNE RESPONSE**



- **TISSUE REPAIR** can take some time

Protection against re-infection

- IgG and IgA
 - IgG less efficient but lasts longer
- antibodies to both HA and NA important
 - antibody to HA more important (can neutralize)

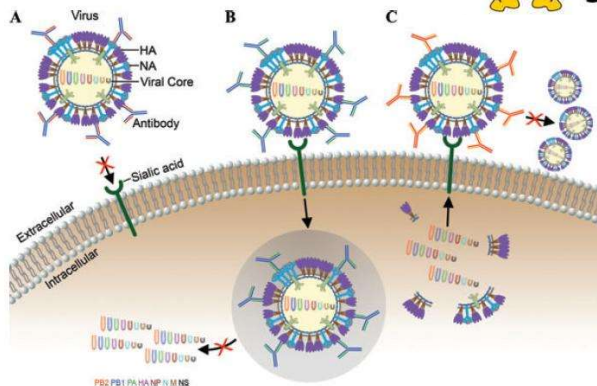
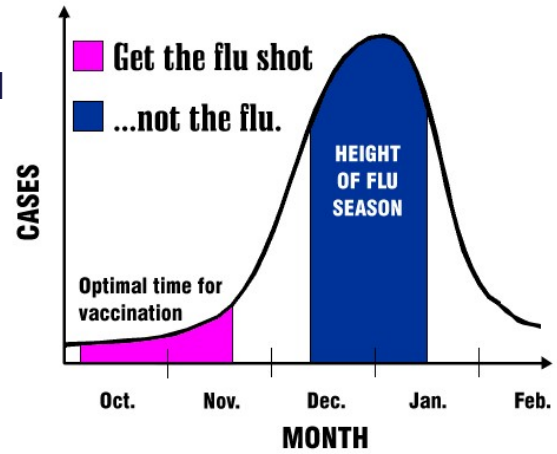


Figure 1. Mechanisms of antibody-mediated neutralization of the influenza virus. (A) Antibodies can block influenza HA1 glycoprotein binding to sialic acid residues of receptor proteins on host cells. (B) Antibodies specific to the HA2 glycoprotein of the virus can inhibit its low-pH triggered fusion activity in the endosome at the postbinding/prefusion stage, which inhibits replication of the virus. (C) Antibodies to surface neuraminidase can prevent the release of influenza virions from the infected cell surface.

Vaccination

- Recombinant, often tetravalent
- A – H1 and H3
- B – Yamagata and Viktoria
- Intranasal vaccine



CDC



Courtesy of CDC

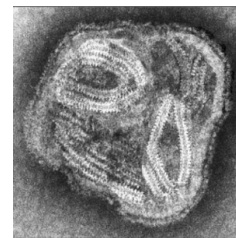
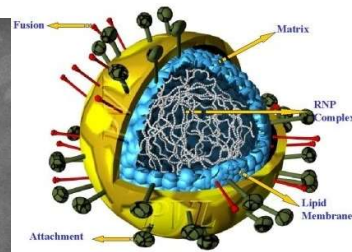
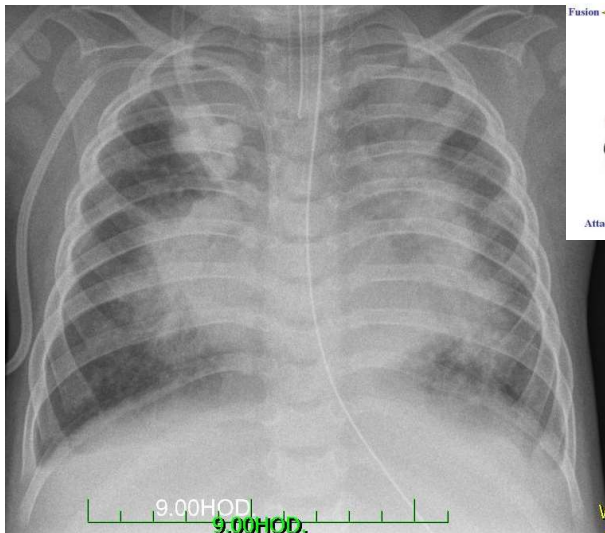
And what about Paramyxoviruses



Paramyxoviridae

Respiratory-syntitial virus

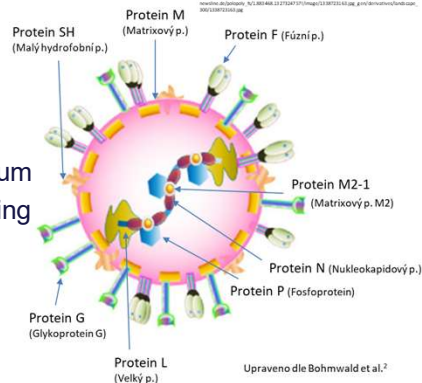
RSV (boy treated for AML)





Respiratory syncytial virus

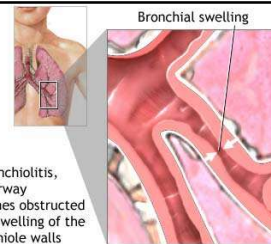
- Enveloped negative ss RNA virus
- *Pneumoviridae*, genus *Orthopneumovirus*
- 15 kb – 10 genes, 11 proteins
- 9 structural
 - 3 surface (F, G, SH)
 - 5 internal (L, P, N, M, M2.1, M2.2)
- A (10 genotypes) – B (13 genotypes)
- Spreading by droplets
- Proliferation in respiratory epithelium
- Frequent late Autumn to early spring (max. January-February)
- Incubation period 2-8 days
- Spread to LRT (bronchitis, bronchiolitis) lasts 5-7 days



Paramyxoviridae

Presentation

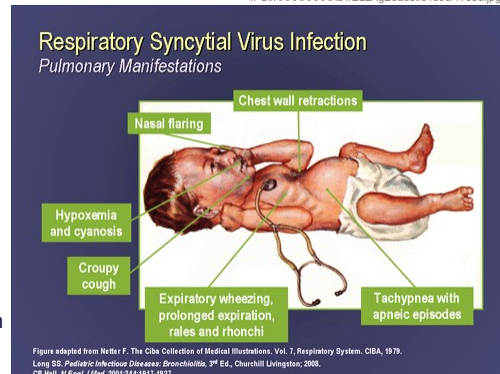
- Cold-like sx
- Audible wheezing
- SOB
- Anorexia
- Poor sleeping
- Irritability
- Vomiting
- Choking



<http://2.bp.blogspot.com/-110cvfUldKg/T4LLO2-fPCI/AAAAAAAAA44/EL2AgEeae6I/s1600/17098.jpg>

Severity

- Inhibition of certain interferons
- Involvement of innate immune system
- Interleukins and chemokines
- Coinfection with other respiratory viruses



<http://img.medscape.com/fullsize/migrated/editorial/cmecircle/2008/18697/flash/luedtke/images/slide9.png>

STAR WARS RETURN OF THE JEDI

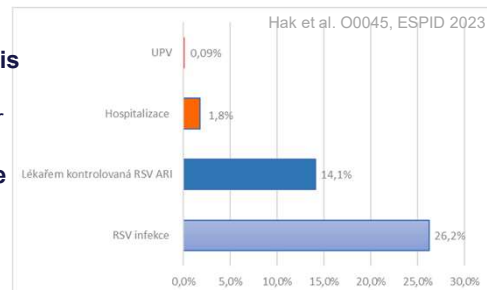
Star Wars: Return Of The Jedi - Han Solo Unfreezes, Jabba's Palace (Movie Clip) - YouTube



RSV epidemiology

- Most frequent cause of **bronchiolitis & pneumonia in toddlers < 1 yr**
- 25-40% of kids have bronchiolitis or pneumonia within 1st RSV infection
- **10.7 millions LRTI - 0,4% decease**

(Cohen et al. Lancet Global Health 2022; 10:2:e169-e170)



In 2015, RSV is suspected to cause worldwide :

- 33.1 millions of acute LRT infections
- 3.2 millions of hospitalisations
- total mortality 118 200 in children < 5 yo (Shi et al. Lancet 2017; 390:946–58)
- In adults 420 000 of hospitalisation and 29 000 of deads in developer countries
- **seroprevalence at 1 year of age 60-70%** (Obando-Pacheco P, et al. J Inf Dis 2018; 217: 1356–1364)
- metaanalysis of papers from last 25 years (186 published studies; 152 209 cases of communitie pneumonia in children (<18 yo) RSV (22,7%) and HRV (22,1%)

(Pratt et al. Lancet 2022; 6: 555–570.)

Coinfection and Risk factors

Premature delivery

- Likely to have chronic lung disease
- Hypersensitive to stimuli
- Underdeveloped airway & immunity
- Lack adult maternal levels of IgG

Environmental & Demographics

- Male infants
- Age & birth month of infant
- Crowding & day care attendance
- Secondhand smoke

Factors NOT Positively Correlated with RSV

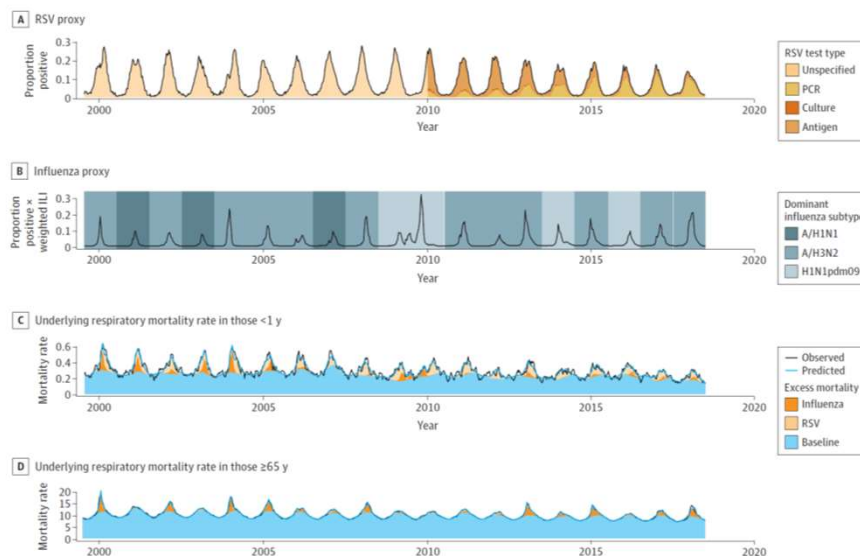
- Socioeconomic status
- Malnourishment
- Breastfeeding



<https://www.lancastergeneralhealth.org/health-hub-home/motherhood/your-pregnancy/differences-between-term-and-preterm-newborns>

RSV epidemiology

Figure 2. Weekly Time Series for Respiratory Syncytial Virus (RSV) and Influenza Surveillance Proxies and the Underlying Respiratory Mortality Rate per 100 000 Population in Children Younger Than 1 Year and Adults Aged 65 Years or Older



- YearHansen et al. JAMA Network Open. 2022;5(2):e220527.

RSV epidemiology

Table. Estimated Mean, Annual Age-Specific Influenza and RSV Deaths and Mortality Rates per 100 000 Population, 1999-2000 to 2017-2018, US

Underlying cause of death and age group, y	RSV deaths, No. (95% CI)	RSV mortality rate per 100 000 population (95% CI)	Influenza deaths, No. (95% CI)	Influenza mortality rate per 100 000 population (95% CI)
Pneumonia and influenza				
<1	47 (45 to 49)	1.2 (1.1 to 1.2)	18 (16 to 21)	0.5 (0.4 to 0.5)
1-4	5 (3 to 6)	0.0 (0.0 to 0.0)	23 (21 to 25)	0.1 (0.1 to 0.2)
5-49	59 (46 to 72)	0.0 (0.0 to 0.0)	419 (403 to 436)	0.2 (0.2 to 0.2)
50-64	250 (229 to 272)	0.5 (0.4 to 0.5)	635 (606 to 664)	1.1 (1.1 to 1.2)
≥65	2655 (2506 to 2804)	6.7 (6.3 to 7.1)	4168 (3968 to 4367)	10.2 (9.7 to 10.7)
Total	3016 (2829 to 3203)	1.0 (0.9 to 1.1)	5263 (5014 to 5512)	1.7 (1.7 to 1.8)
Respiratory				
<1	96 (92 to 99)	2.4 (2.3 to 2.5)	23 (19 to 27)	0.6 (0.5 to 0.7)
1-4	20 (18 to 22)	0.1 (0.1 to 0.1)	24 (21 to 27)	0.2 (0.1 to 0.2)
5-49	124 (108 to 141)	0.1 (0.1 to 0.1)	519 (497 to 541)	0.3 (0.3 to 0.3)
50-64	508 (460 to 556)	1.0 (0.9 to 1.0)	1322 (1260 to 1384)	2.4 (2.2 to 2.5)
≥65	5800 (5461 to 6139)	14.7 (13.8 to 15.5)	8284 (7855 to 8713)	20.5 (19.4 to 21.5)
Total	6549 (6140 to 6958)	2.2 (2.0 to 2.3)	10 171 (9652 to 10 691)	3.4 (3.2 to 3.5)

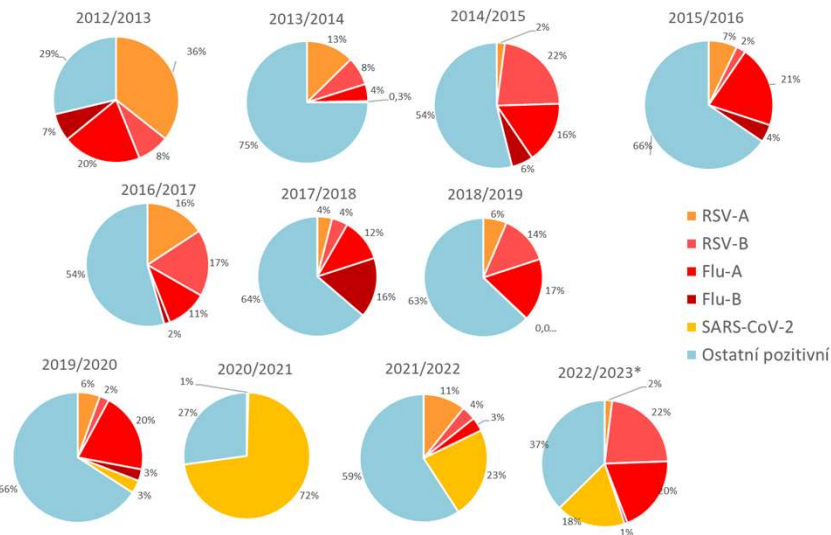
This cross-sectional study used data from 50.3 million US death certificates from 1999 to 2018 to create age-specific linear regression models and assess weekly mortality fluctuations above a seasonal baseline associated with RSV and influenza. Statistical analysis was performed for 1043 weeks from January 3, 1999, to December 29, 2018.

There were 50.3 million death certificates (50.1% women and 49.9% men; mean [SD] age at death, 72.7 [18.6] years) included in this analysis, 1.0% of children younger than 1 year and 73.4% for adults aged 65 years or older.

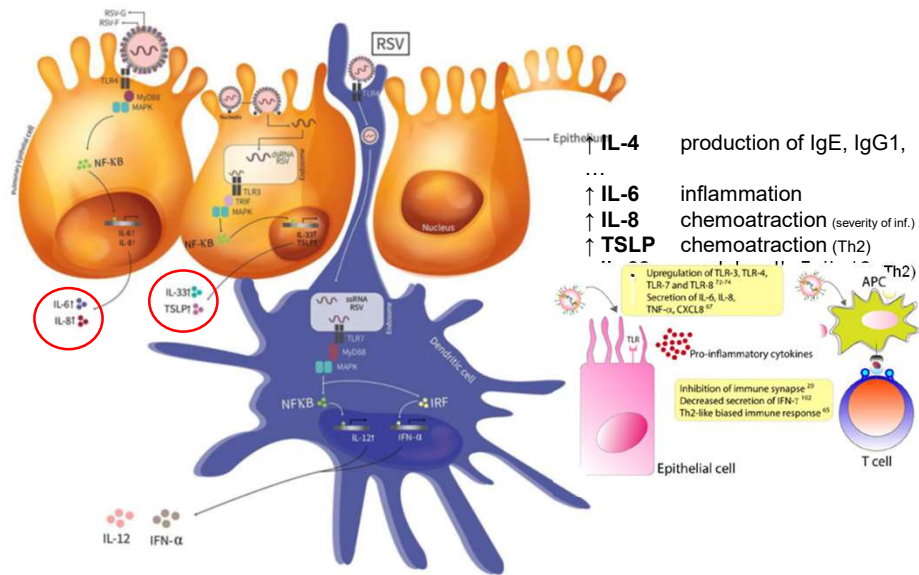
- Hansen et al. JAMA Network Open. 2022;5(2):e220527.

RSV epidemiology

Detection of RSV (A and B), influenza virus A and B and SARS-CoV-2 in Motol UH in respiratory seasons 2012 - January 2023.



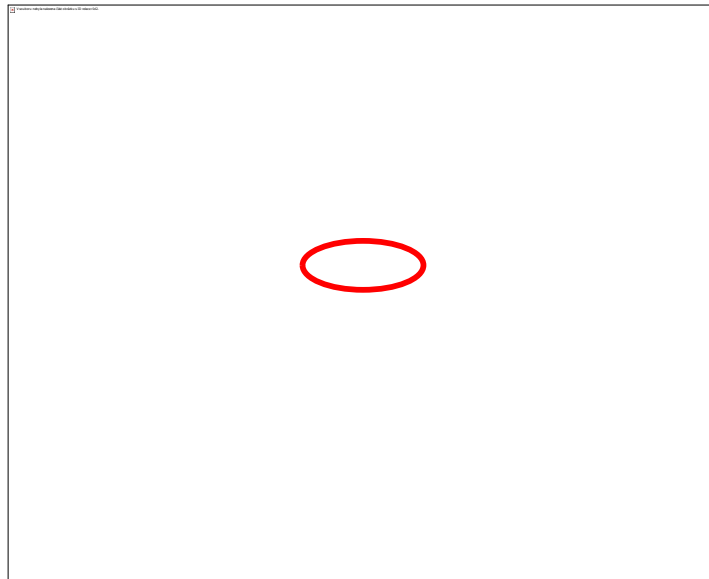
Patophysiology of RSV



Vázquez et al. Frontiers in Immunology 10:3389/fimmu.2019.01154

Bohmwald et al. Cytokines Induced by hRSV Infection, 2019

Patophysiology of asthma



<https://img.medscapestatic.com/pi/meds/ckb/23/38523tn.jpg>

Patophysiology of RSV

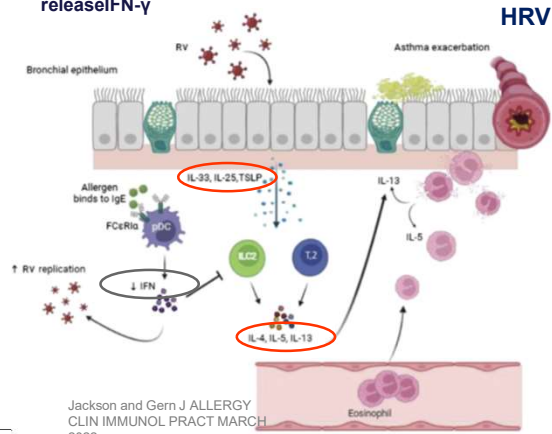
TABLE 1 | Effect of HRSV infection on the expression profile of cytokines in the upper and lower respiratory tract and entral nervous system.

Organism	Upper respiratory tract	Lower respiratory tract	Central nervous system
Human		↑ IL-6 (57, 58)	↑ IL-6 (14, 15, 59)
		↑ TNF-α (57, 58)	
		↑ IL-4 (60-62)	
		↑ IL-5 (54)	
	↑ TNF-α (63, 64)	↑ IL-9 (60, 65)	
	↑ IL-12 (65)	↓ IL-10 (60-62, 67-69)	
	↑ IL-23 (65)	↑ IL-13 (60-62)	
		↓ IFN-γ (56)	
		↑ IL-17 (70, 71)	
		↑ TSLP (72)	
		↑ CXCL8 (57, 58, 73)	
	↑ CXCL8 (74)	↑ CCL2 (15)	
	↑ CCL5 (74)	↑ CCL3 (57, 58, 75)	↑ CCL4 (15)
	↑ CXCL10 (74)	↑ CCL4 (57, 58)	↑ CXCL8 (15)
		↑ CCL2 (57, 58)	
	↑ CCL5 (57, 58, 75)		

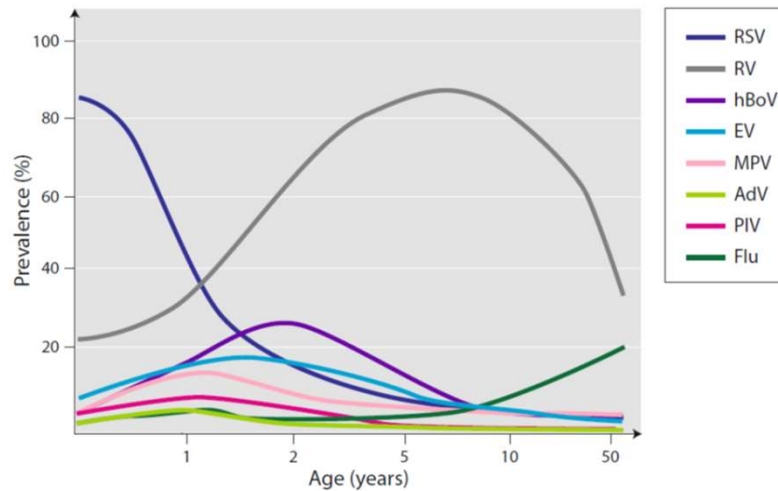
WILEY-Allergy

NS1 & NS2 of RSV inhibit IFN-α/β production
Inhibition of IFN-γ subsequently causes increased production of IgE

Glycoprotein F of RSV inhibits T lymphocyte activation
CD8+ lymphocytes infected by RSV are not able to release IFN-γ



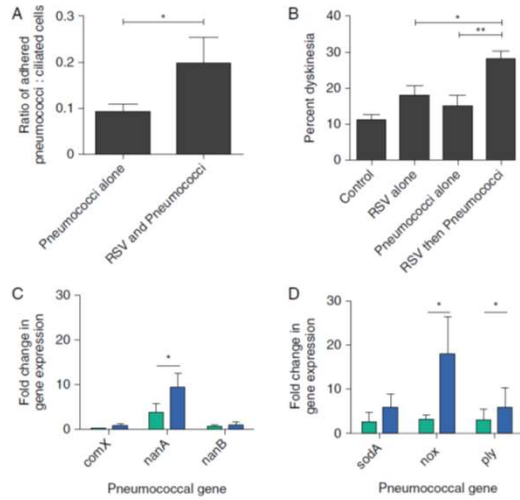
Patophysiology of RSV



Jartti et al. Semin Immunopathol . 2020 Feb;42(1):61-74.

RSV and *Streptococcus pneumoniae*

G glycoprotein of RSV binds to penicillin binding protein 1a.



G protein of RSV seems to be a receptor for *Str. pneumoniae* in infected cells and so improve invasion of the bacteria to cell.

Presence of RSV G protein lead to change of expression of 157 genes: in 99 genes was increased, in 58 decreased.

↑pneumolysin

Smith et al. Am J Respir Crit Care Med. 2014 Jul 15;190(2):196-207.

Table 1. Secreted Cytokine and Chemokine Concentrations in Cell Culture Supernatant after 2-Hour Exposure of *Streptococcus pneumoniae* to Mock or RSV-infected Human Ciliated Epithelial Cells

Chemokine cytokine (pg/ml)	Mock*		RSV*	
	Control†	Pneumococcus‡	Control†	Pneumococcus‡
IFN-γ	12 (10-15)	20 (15-20)	17 (14-25)	20 (19-25)
IL-1β	2 (2-4)	4 (3-4)	6 (5-12)	5 (4-6)
IL-12p70	2 (2-2)	3 (3-4)	2 (2-3)	4 (3-4)
TNF-α	7 (6-8)	10 (10-15)	12 (9-19)	19 (14-19)†
IL-5	3 (2-3)	4 (4-4)	5 (4-16)	6 (4-6)‡
IL-13	6 (5-7)	10 (8-11)	6 (5-22)	10 (9-11)
CCL11	72 (68-73)	92 (90-93)	68 (63-153)	93 (93-99)
CCL4	1 (1-1)	2 (2-3)	2 (2-12)	3 (3-4)
CCL17	35 (26-36)	48 (48-49)	30 (23-89)	52 (51-58)
CCL22	91 (91-101)	131 (123-138)	141 (122-335)	167 (128-191)
CXCL8	30 (26-62)	98 (83-152)	159 (104-1,319)	271 (93-457)‡

Definition of abbreviations: RSV = respiratory syncytial virus; TNF = tumor necrosis factor. Data are shown as median and interquartile range (in parentheses).

Statistical differences from the "Mock-control" sample were calculated using a paired t test.

Significant changes ($P < 0.05$) from the mock control are highlighted in bold.

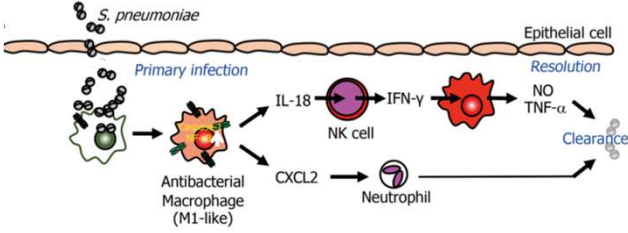
*Primary infection (for 72 h).

†Secondary infection (for 2 h).

‡Significant difference ($P < 0.05$) between the "Mock-pneumococcus" and "RSV-pneumococcus" samples ($n = 5$).

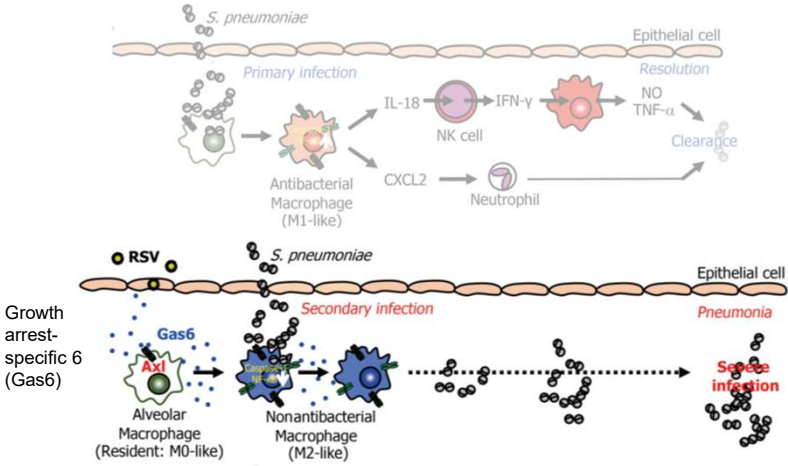
Smith et al. Am J Respir Crit Care Med. 2014 Jul

RSV and Streptococcus pneumoniae



Shibata et al. J Clin Invest . 2020 Jun 1;130(6):3021-3037.

RSV and Streptococcus pneumoniae



Gas6/Axl is involved also in development of IgA nephropathy

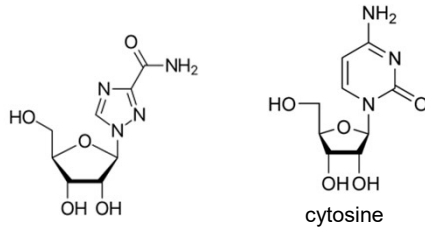
Shibata et al. J Clin Invest . 2020 Jun 1;130(6):3021-3037.

Treatment

- Mostly symptomatic
- Salbutamol MDI drug of choice
- Also use epinephrine, ipratropium bromide & oral steroids only if hospitalized



• ribavirine in severely ill patients



Fourth European Conference on Infections in Leukaemia (ECIL-4): Guidelines for Diagnosis and Treatment of Human Respiratory Syncytial Virus, Parainfluenza Virus, Metapneumovirus, Rhinovirus, and Coronavirus

REVIEW ARTICLE

CID 2013

Hans H. Hirsch,^{1,2} Rodrigo Martino,³ Katherine N. Ward,⁴ Michael Boeckh,⁵ Hermann Einsele,⁶ and Per Ljungman^{1*}

Oral ribavirin for treatment of respiratory syncytial virus and parainfluenza 3 virus infections post allogeneic haematopoietic stem cell transplantation

J Casey¹, K Morris¹, M Narayana¹, M Nakagaki² and GA Kennedy^{3,4}

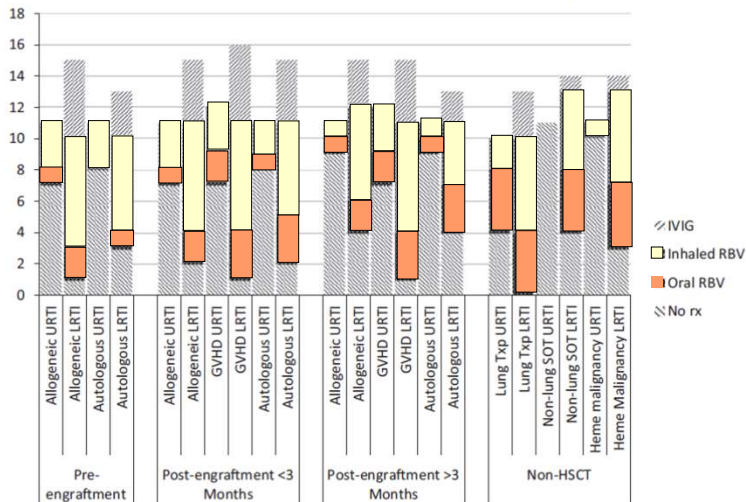
BMT 2011

p.o. ribavirine 10-30 mg/kg/D in 3 doses

Current practices for treatment of respiratory syncytial virus and other non-influenza respiratory viruses in high-risk patient populations: a survey of institutions in the Midwestern Respiratory Virus Collaborative

Beaird et al: Management of RSV in high-risk adults

Transplant Infectious Disease 2016; **18**: 210-215



RSV therapy

Virus Family	Virus	Strain	Assay Type	Nuc EC ₅₀ /EC ₁₀ (μM)/[SI]	GS-5734 EC ₅₀ /EC ₁₀ (μM)/[SI]
Filo-	EBOV	Rec. Mayinga-GFP	REP	1.6/6.7/[31]	0.066/0.203/[151]
		Rec. Mayinga-Gluc	REP	3.1/11/[16]	0.021/0.053/[476]
		Rec. Makona-ZSG	REP	1.3/3.3/[38]	0.014/0.045/[714]
	MARV	Makona	VTR	1.0/2.5/[50] ^a	0.003/0.019/[666] [†]
		Rec. Bat371-Gluc	REP	NT	0.019/0.052/[526]
		Rec. Bat371-GFP	REP	1.9/4.6/[26]	0.014/0.047/[714]
Paramyxo-	NiV	Rec. M-Luc2AM	REP	1.5/5.7/[33]	0.045/0.126/[184]
		Rec. M-GFP2AM	REP	2.2/4.0 [22]	0.029/0.053/[286]
		M-1999	VTR	0.49/1.4/[102] ^a	0.047/0.083/[180] [†]
		B-2004	VTR/CPE	0.83/2.2/[60] [†]	0.032/0.106/[259]
	HeV	1996	VTR/CPE	1.0/1.8/[50] [†]	0.055/0.117/[150]
	hPIV3	Rec. JS-GFP	REP	0.51/1.0/[98]	0.018/0.35/[461]
	MV	Rec. rMV ^Δ -GFP(3)	REP	1.0/2.6/[50]	0.037/0.073/[224]
		EZ vaccine	AG	2.0/5.1/[25]	NT
	MuV	IA 2006	AG	9.7/26.3/[5]	0.79/3.4/[10]
	Pneumo-	RSV	Rec. rgRSV224 (A2)	REP	0.63/2.2/[79]
hMPV		Rec. CAN97-83-GFP	REP	0.73/1.7/[NT]	NT
Bunya-	RVFV	Rec. ZH501-GFP	REP	No inhibition	No inhibition
	CCHF	Rec. IbAr 10200	AG	No inhibition	No inhibition
	ANDV	Chile 9717869	AG	NT	7.0/10.1/[1.4]
Arena-	LASV	Josiah	AG	No inhibition	4.5/5.1/[2.2]
Rhabdo-	VSV	New Jersey	CPE	No inhibition	No inhibition
Flavi-	AHFV	200300001	CPE	49.9/ > 150/[NT]	4.2/17.6/[2.4]
	KFDV	P9605	CPE	46.3/ > 350/[NT]	1.8/3.4/[5.6]
	TBEV	Hypr	CPE	51.2/ > 150/[NT]	2.1/3.5/[4.8]
	OHFV	Bogoluvovska	CPE	50.6/ > 350 [NT]	1.2/3.9/[8.3]

**GS-5734 =
remdesivir**

Lo et al. Scientific Reports 2017 | 7:43395 | DOI: 10.1038/srep43395

Paramyxoviridae

Prophylaxis



- **RSV-IGIV (RespiGam)**
- Children under 24 mo. w/ CHD or less than 35 wks. gestation
- Given IV monthly during RSV season
- Volume overload possible
- Not for infants w/ hemodynamically significant heart disease.

- **Palivizumab (Synagis)** – anti protein F antibody
- Given IM monthly
- Can reduce hospitalization of high risk infants by 45%
- Expensive
- Many providers reluctant to give
- Many parents unaware





RSV prevention



palivizumab (Synagis) – anti protein F antibody

- Given i.m. monthly
- Can reduce hospitalization of high risk infants by 45%
- Expensive
- Many providers reluctant to give
- Many parents unaware
- Dosing: 15 mg/kg bw.



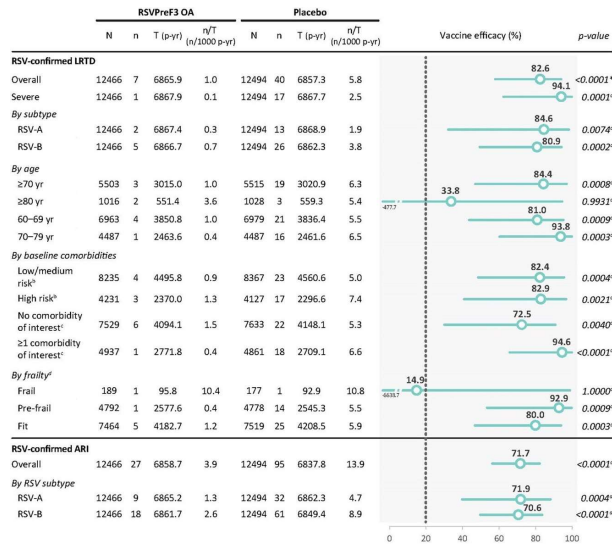
nirsevimab (Beyfortus) – antibody against F protein

- Given i.m. 1x in 3 month
- Dosing: single amplication of 50 mg i.m. in children < 5 kg and si dose 100 mg i.m. for kids ≥ 5 kg
- Halftime approx. 69 days

RSV prevention - vaccines

Arexvy
(FDA approval 18.5.2023)
– GSK in elderly (> 60 years)

Figure 1. Vaccine efficacy against first episodes of RSV-confirmed LRTD and RSV-confirmed ARI (modified exposed set)

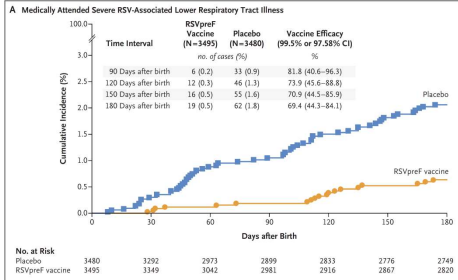


Cases reported up to the efficacy data lock point of 11 April 2022. N, number of participants in the modified exposed set; n, number of participants with ≥1 RSV-confirmed LRTD (identified by the adjudication committee) or ≥1 RSV-confirmed ARI; T, sum of follow-up time (from day 15 post-vaccination until first occurrence of the event, data lock point or drop-out); p-yr, person-years; n/T, incidence rate of participants reporting at least one event. Error bars represent 95% confidence intervals (CI) for primary objective (RSV-confirmed LRTD, overall) and 95% CI for other endpoints. *Two-sided exact p-value conditional to number of cases comparing incidence rates; †Two-sided exact normal p-value conditional to number of cases comparing incidence rates; ‡Charlson comorbidity index: low/medium risk, participants with baseline comorbidity score ≤3; high risk, participants with baseline comorbidity score >3. *Comorbidities of interest included chronic obstructive pulmonary disease, asthma, any chronic respiratory/pulmonary disease, chronic heart failure, diabetes mellitus type 1 or type 2 and advanced liver or renal disease. §Frailty status assessed using a gait speed test: frail, participants with a walking speed <0.8 m/s or not able to perform the test; pre-frail, participants with a walking speed of 0.4–0.99 m/s; fit, participants with a walking speed ≥1 m/s. Note: RSV subtype was unknown for 1 RSV-confirmed LRTD and 2 RSV-confirmed ARI episodes.

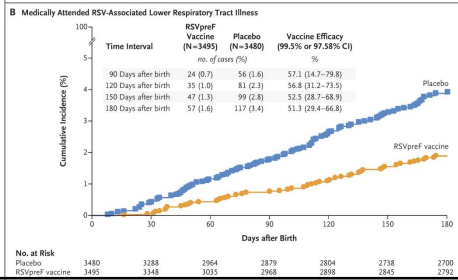
<https://www.gsk.com/en-gb/media/press-releases/gsk-s-older-adult-respiratory-synctial-rsv-rsv-vaccine>

RSV prevention - vaccines

Protein vaccine Pfizer (FDA 18.5.2023 approved) – vaccination during pregnancy (2-3 trimestr) and for elderly



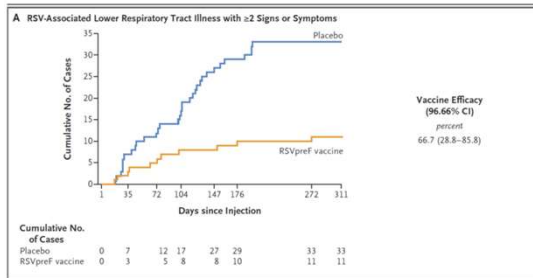
The NEW ENGLAND JOURNAL of MEDICINE



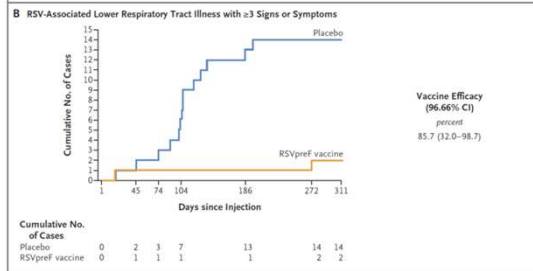
Kapman et al. N Engl J Med 2023 ;388:1451-64. DOI: 10.1056/NEJMoa2216480

RSV prevention - vaccines

Protein vaccine Pfizer (FDA 18.5.2023 approved) – vaccination during pregnancy (2-3 trimestr) and for elderly



The NEW ENGLAND JOURNAL of MEDICINE

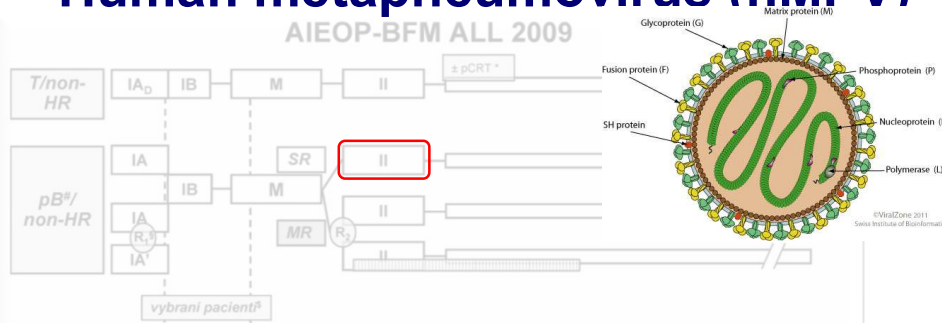


Walsh et al. N Engl J Med 2023 ;388:1465-77. DOI: 10.1056/NEJMoa2213836

Paramyxoviridae

Human metapneumovirus (hMPV)

AIEOP-BFM ALL 2009



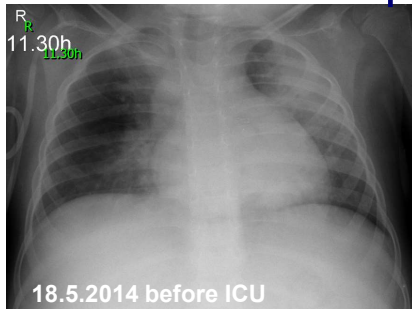
Girl 2 yrs. of age
9/2013 dg euploid cALL, CNS status 1
Treatment according AIEOP BFM ALL 2009 – SR group

During Protokolu IIa
hypertrophic cardiomyopathy – improvement in steroids reduction
after 15 days was chemotherapy stopped due to febrile neutropenia
subsequently she developed bilateral interstitial pneumonia

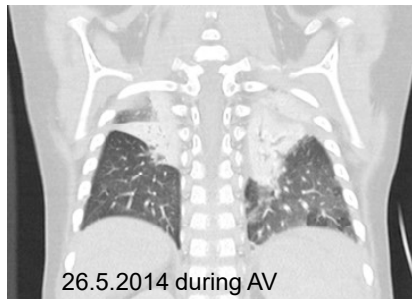
IA	Prot. IA (s Pred and 4 DNR) dnech 8, 15, 22 a 29	IA _D	Prot. IA _D (s Pred a 4 DNR) dāvkami den 8, 15, 22 a 29	# nebo neznamy imunofenotyp
IA'	Prot. IA' (s Pred and 2 DNR) den 8 a 15	IB-ASP+	Prot. IB-ASP+ (s 4 x 2500 E PEG-L-ASP)	* pCRT 12 Gy je-li věk > 2 roky / ve vybraných podskupinách bez pCRT + 6x i th. MTX / u pacientů s CNS infiltraci (CNS 3)
IA _{CPM}	Prot. IA _{CPM} (s Pred, 4 DNR a 1 dāvkou CPM) den 10	PEG-L-ASP	PEG-L-ASP po dobu 20 tědnů	†CRT s 12 Gy nebo 18 Gy (dāvka dle věku) § indikace k randomizaci viz protokol § viz protokol

Paramyxoviridae

Human metapneumovirus (hMPV)

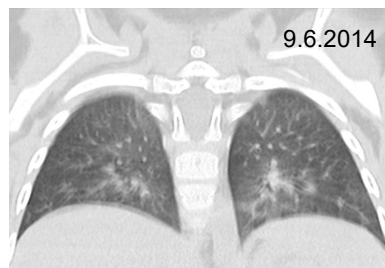


18.5.2014 before ICU



26.5.2014 during AV

- 9.5.2014 positive NF swab for hMPV
- Treatment:
 - IVIG (substitution 0.3 g/kg - 4 doses)
 - ribavirine 6 mg/kg á 8 hod p.o. 5 weeks
- Respiratory failure with 8 days of AV (FiO₂ 1,0)
- hMPV confirmed for ET tube
- hMPV positivity 4 weeks
- Control CT after 10 days of AV - regression

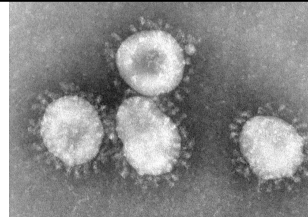


9.6.2014
After 4 weeks he finished Protokol IIa.

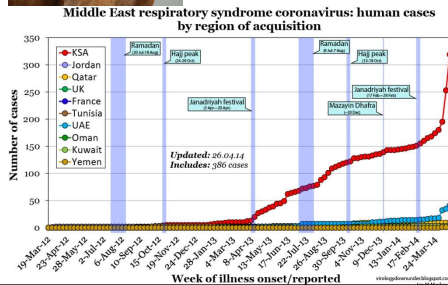
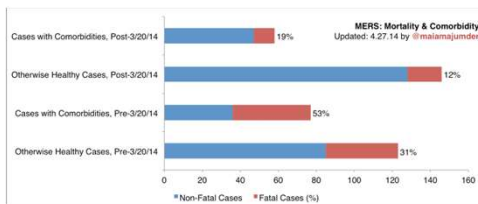


Coronaviruses

- Coronaviridae
- ss (+) RNA, 26-32 kb genome length (largest RNA)
- first identified in the mid-1960s
 - alpha – HCoV 229E and NL63
 - beta - HCoV OC43, HKU1, SARS-CoV (severe acute respiratory syndrome), and MERS-CoV (Middle East Respiratory Syndrome)
- **SARS**
 - Cellular receptor – ACE2
 - mortality rate – approx. 9.5%
- Incubation period – 2-4 days
- **Treatment symptomatic**

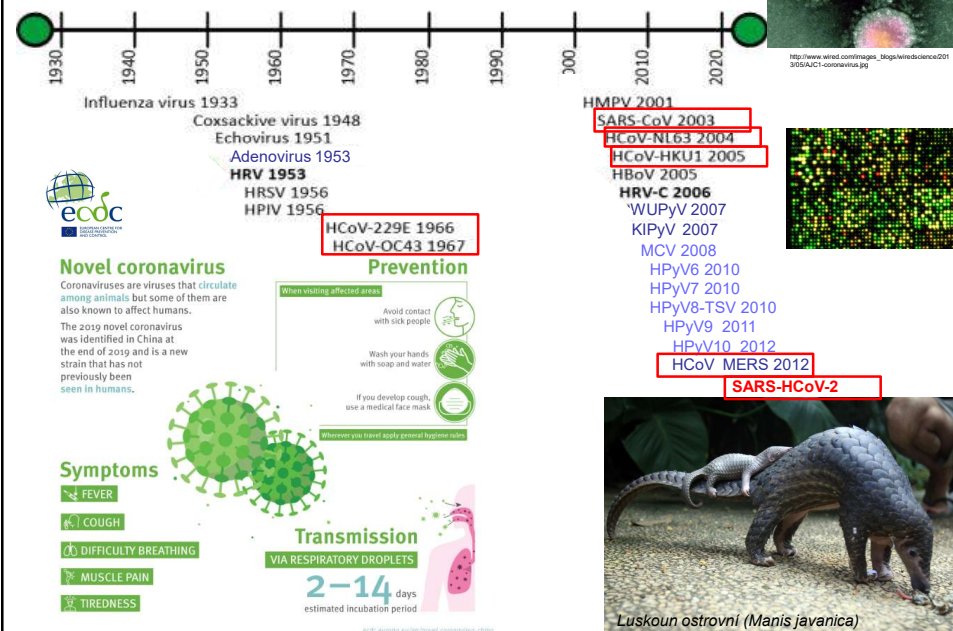


MERS - transmission through camels, their milk and cheese



https://maminajumder.files.wordpress.com/2014/04/mers_comorbidity_mortality_4-271.png

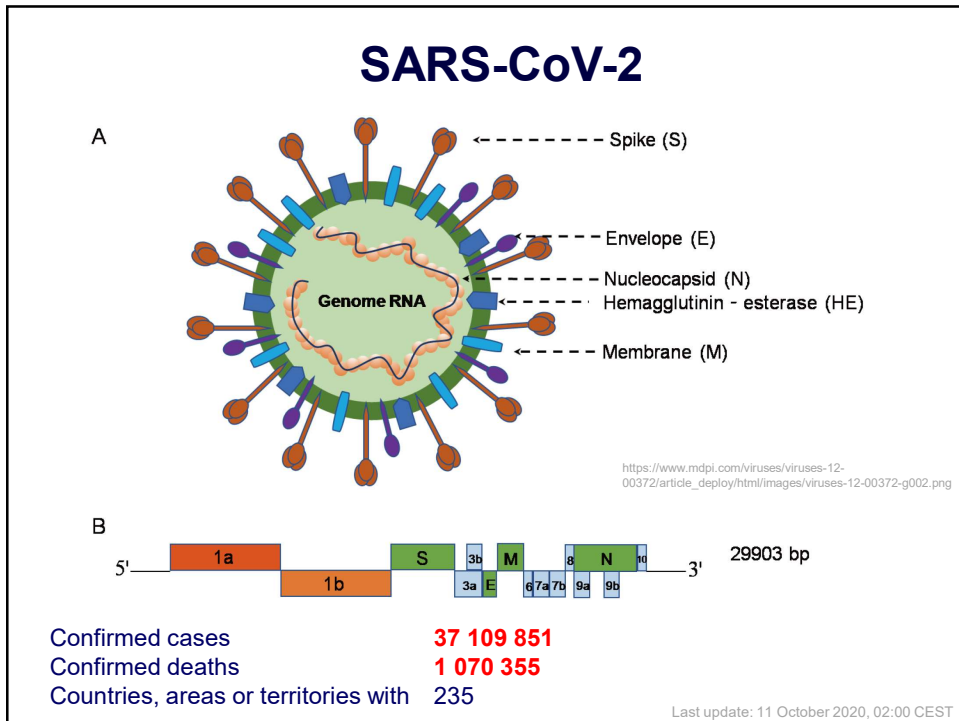
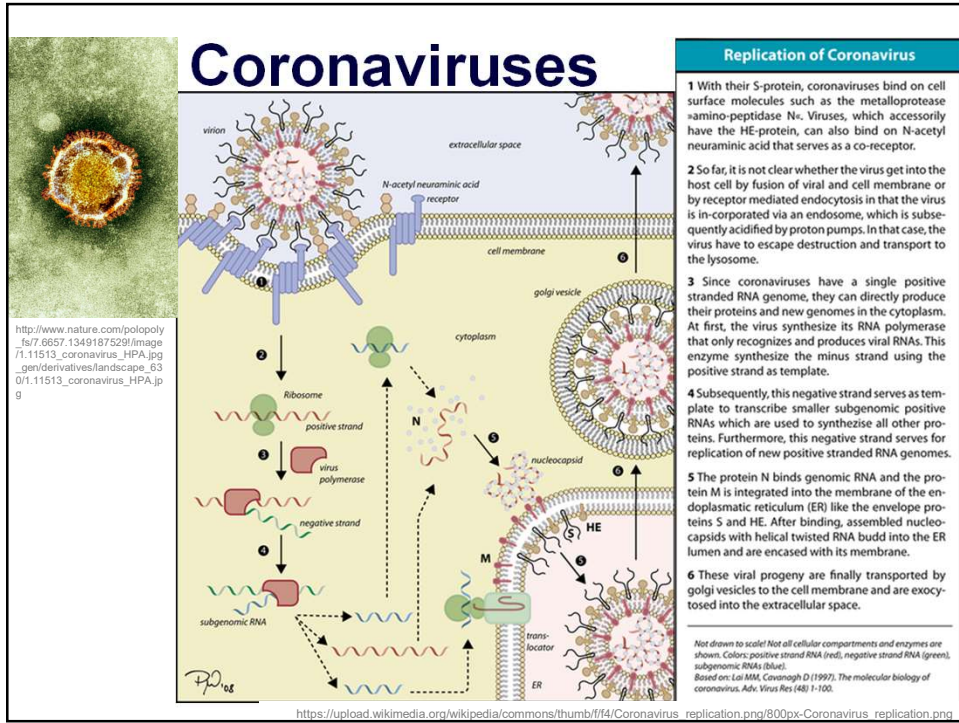
Coronaviruses are known for decades



Coronaviruses

Virus	Receptor	References
Alphacoronaviruses		
HCoV-229E	APN	[115]
HCoV-NL63	ACE2	[116]
TGEV	APN	[117]
PEDV	APN	[118]
FIPV	APN	[119]
CCoV	APN	[120]
Betacoronaviruses		
MHV	mCEACAM	[121, 122]
BCoV	N-acetyl-9-O-acetylneuraminic acid	[123]
SARS-CoV	ACE2	[124]
MERS-CoV	DPP4	[100]

APN aminopeptidase N, ACE2 angiotensin-converting enzyme 2, mCEACAM murine carcinoembryonic antigen-related adhesion molecule 1, DPP4 dipeptidyl peptidase 4, HCoV human coronavirus, TGEV transmissible gastroenteritis virus, PEDV porcine epidemic diarrhea virus, FIPV feline infectious peritonitis virus, CCoV canine coronavirus, MHV murine hepatitis virus, BCoV bovine coronavirus, SARS-CoV severe acute respiratory syndrome coronavirus, MERS-CoV Middle East respiratory syndrome coronavirus



SARS-CoV-2

Virus Environmental Stability

(relevance to personal safety unclear)

Half-life

(time to decrease 2-fold; not strictly constant)

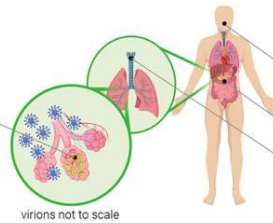
Aerosols: ≈ 1 hr **Surfaces:** $\approx 1-10$ hr
e.g. plastic, glass,
paper and metals

Based on quantifying infectious virions.
Numbers will vary between conditions and surface types.
Viral RNA observed on surfaces even after a few weeks.

Host Cells

(tentative list; number of cells per person)

Type I & II pneumocytes ($\sim 10^{11}$ cells)
Alveolar macrophage ($\sim 10^{10}$ cells)
Mucous cell in nasal cavity ($\sim 10^9$ cells)
Host cell volume: $\sim 10^3 \mu\text{m}^3 = 10^3$ fL



Concentration

(maximal observed values following diagnosis)

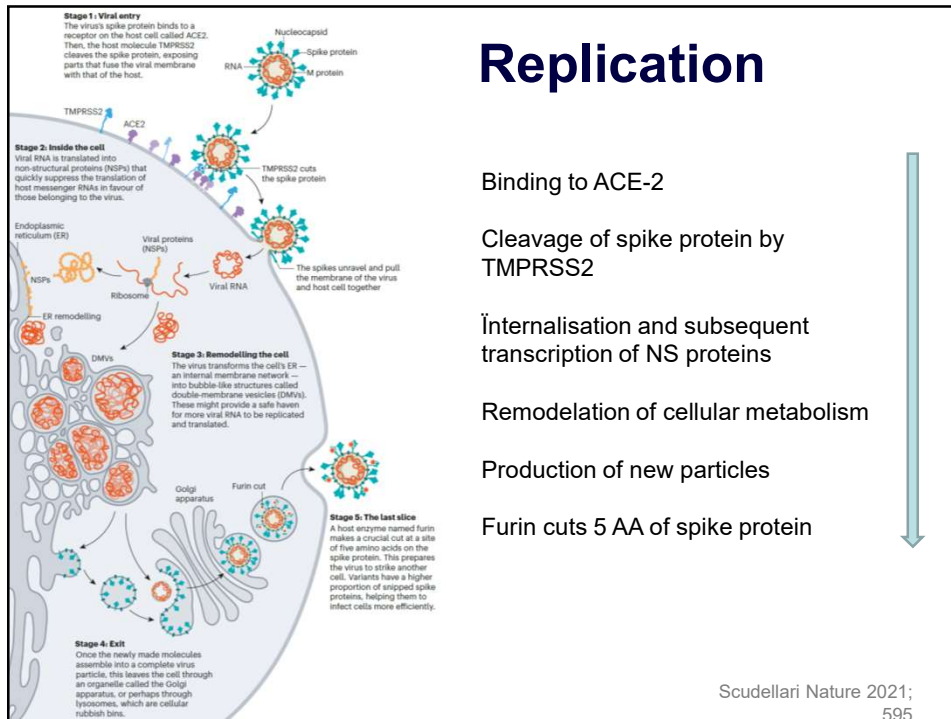
Nasopharynx: 10^6-10^9 RNAs/swab
Throat: 10^4-10^8 RNAs/swab
Stool: 10^4-10^8 RNAs/g
Sputum: 10^6-10^{11} RNAs/mL

RNA counts can markedly overestimate infectious virions

RNA je zpravidla 1000x víc než infekčních virových partikulí.

Bar-On eLifescience
2020

Replication



Binding to ACE-2

Cleavage of spike protein by
TMPRSS2

Internalisation and subsequent
transcription of NS proteins

Remodelation of cellular metabolism

Production of new particles

Furin cuts 5 AA of spike protein

Scudellari Nature 2021;
595

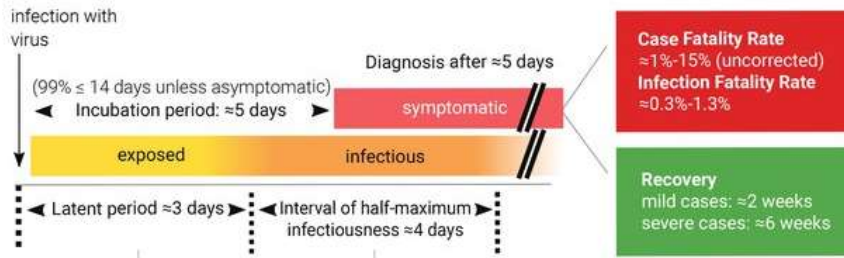
Patophysiology

"Characteristic" Infection Progression in a Single Patient

Basic reproductive number R_0 : typically 2-4

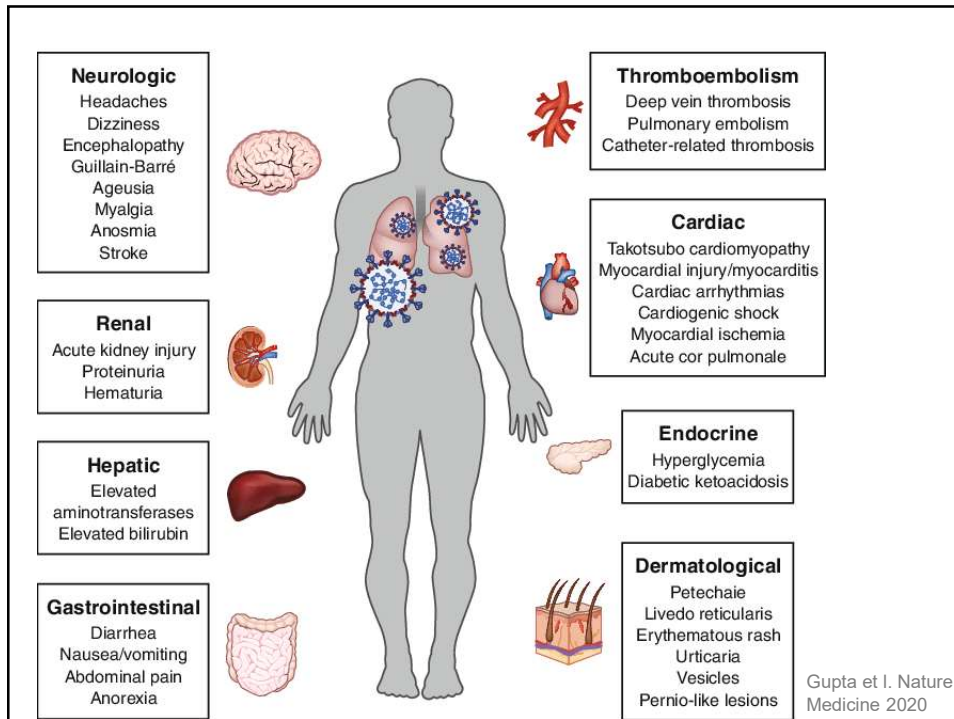
Varies further across space and time

(number of new cases directly generated from a single case)

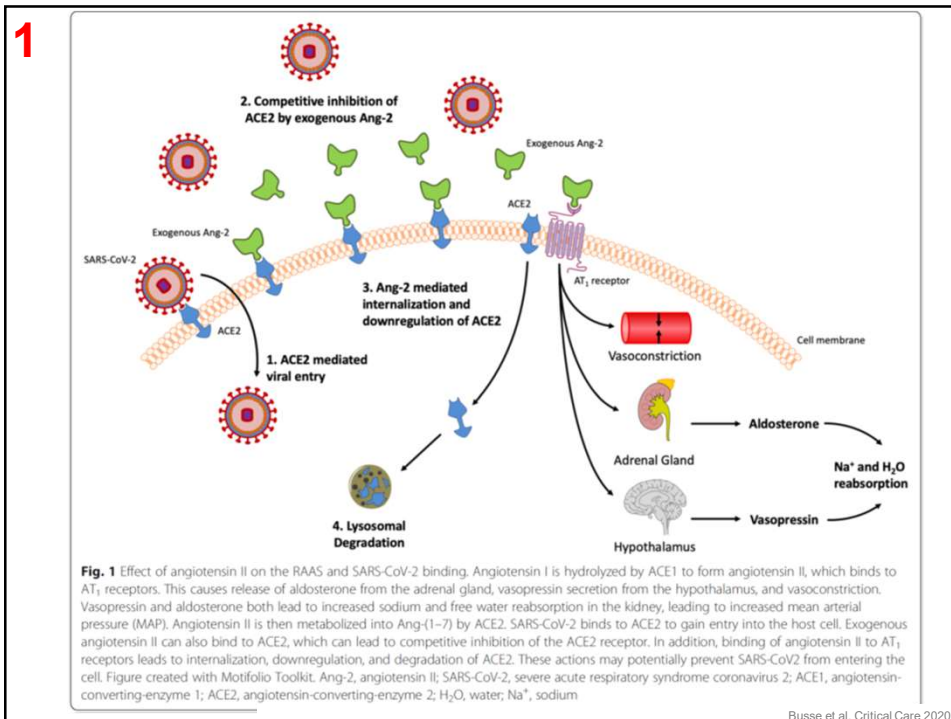
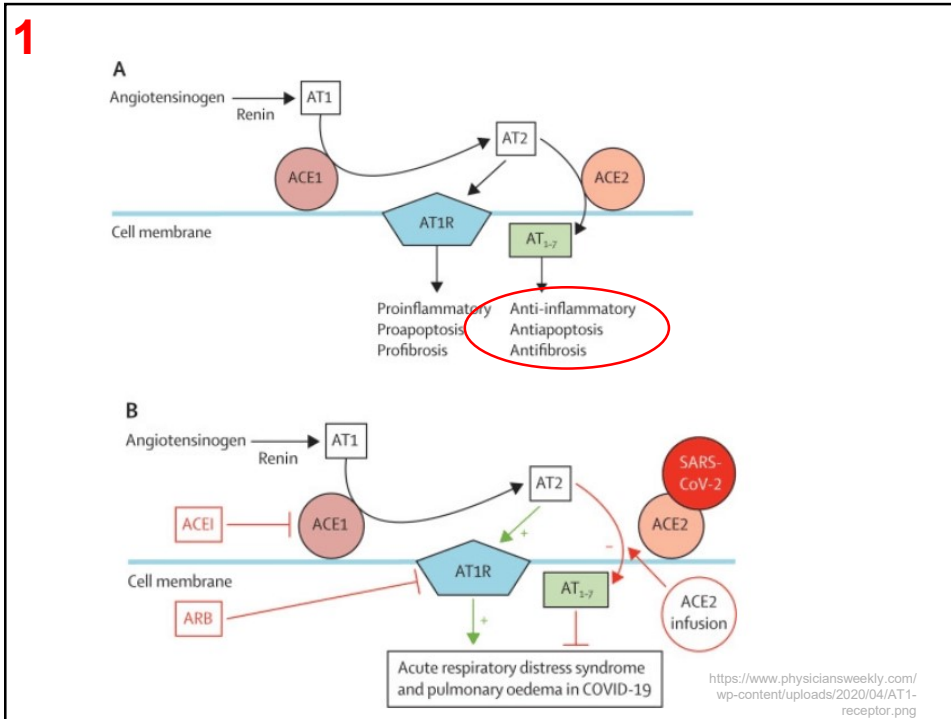


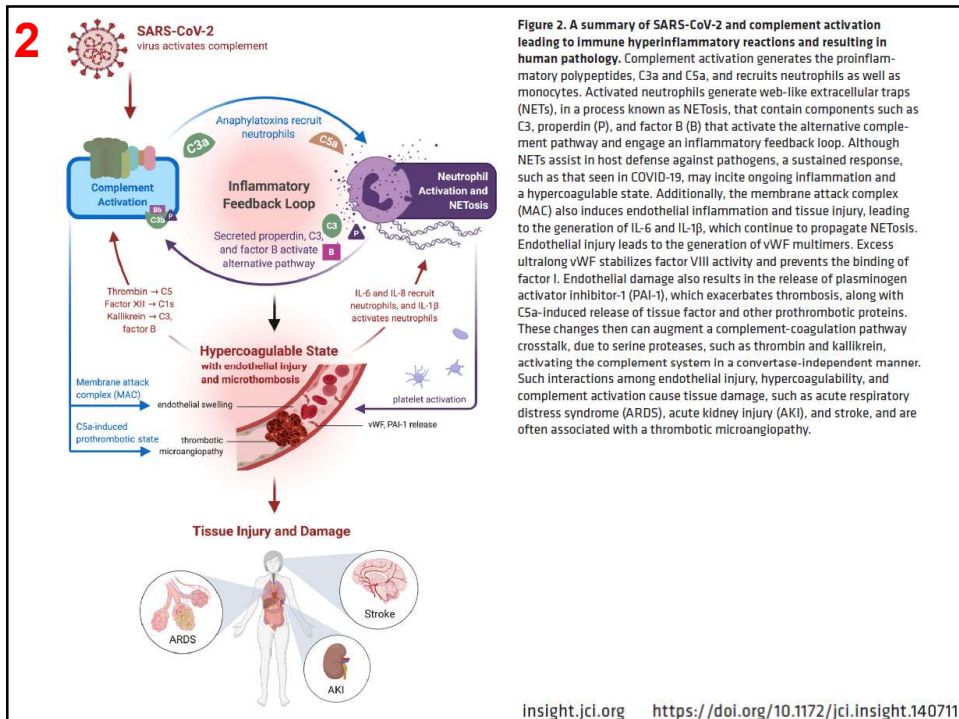
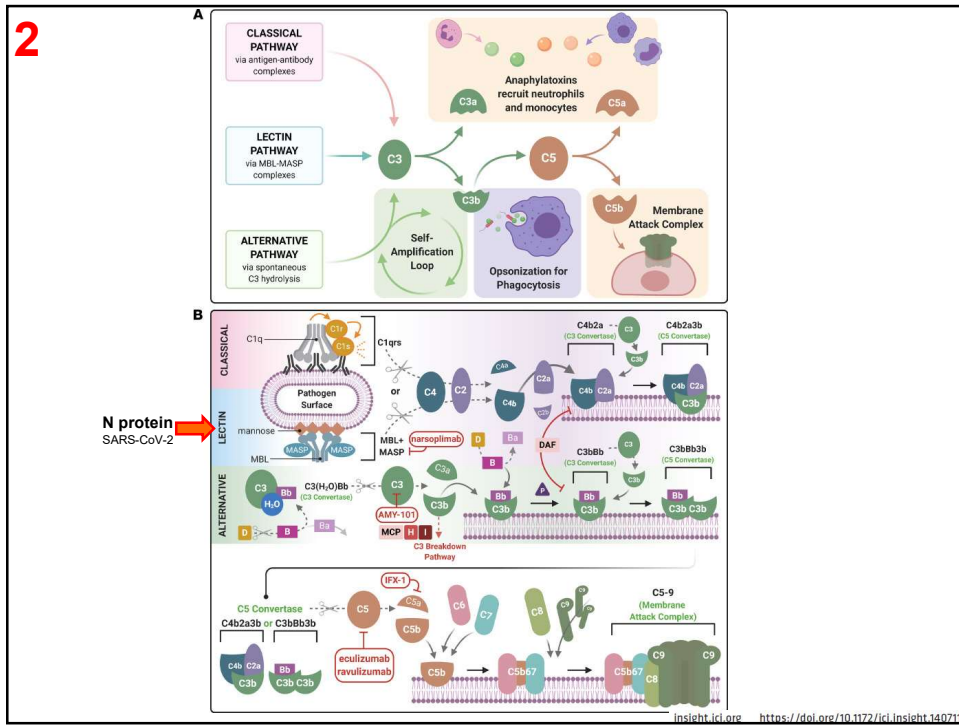
Inter-individual variability is substantial and not well characterized. The estimates are parameter fits for population median in China and do not describe this variability.

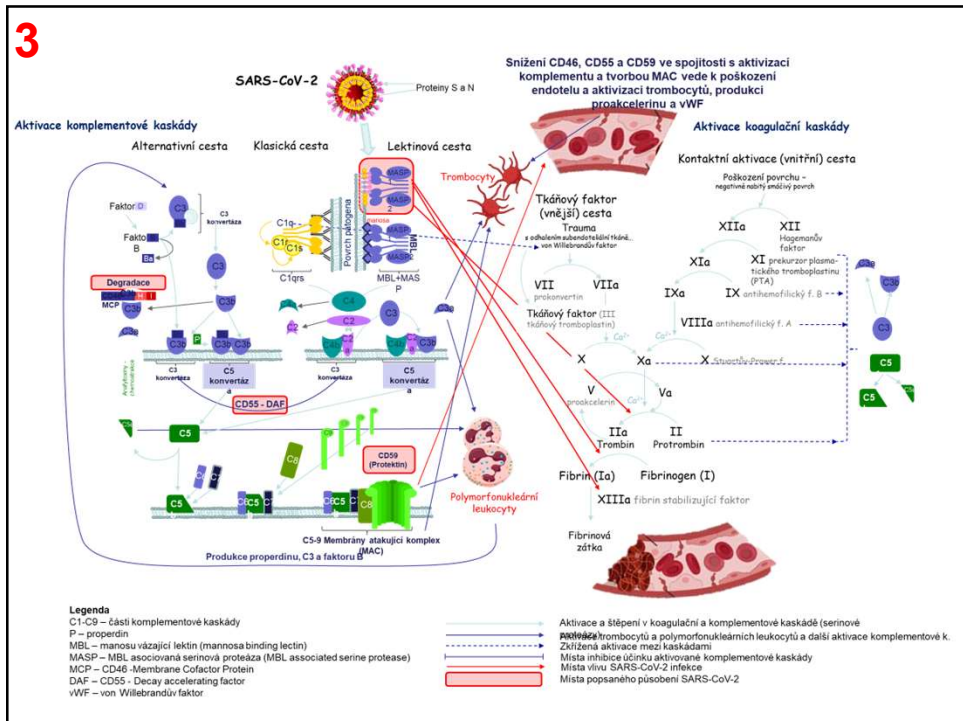
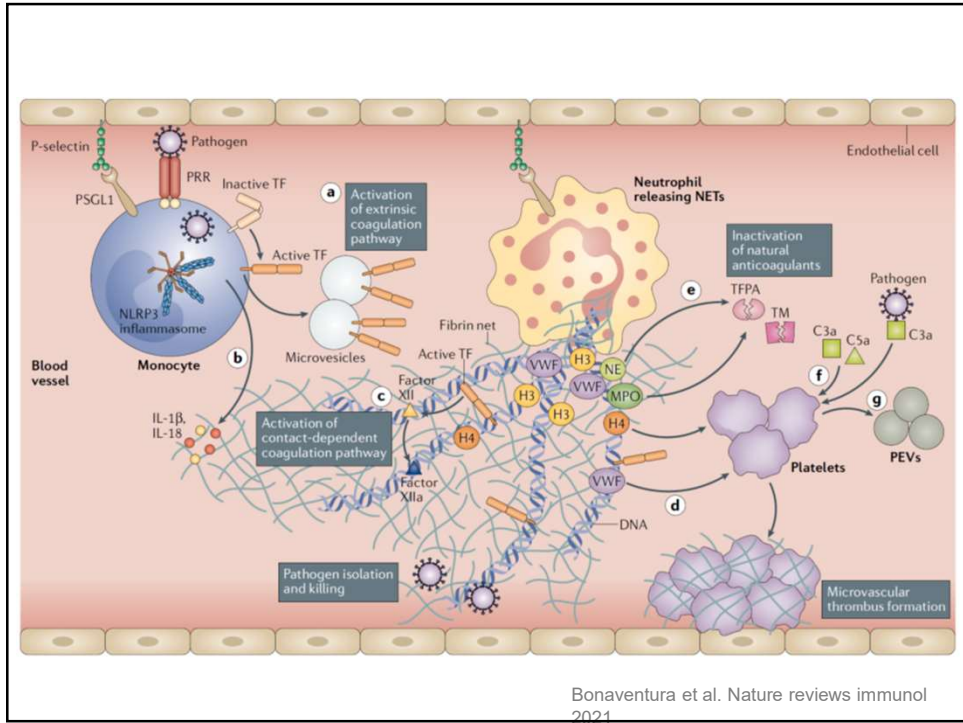
Bar-On eLifescience 2020
<http://bit.ly/2WOeN64>



Gupta et al. Nature
 Medicine 2020







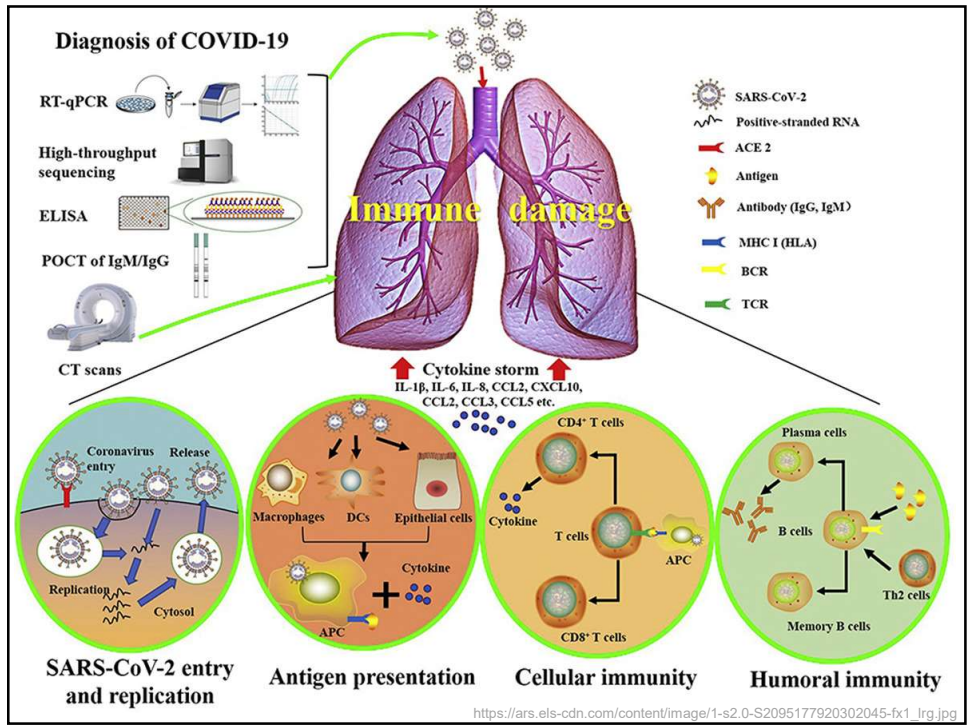
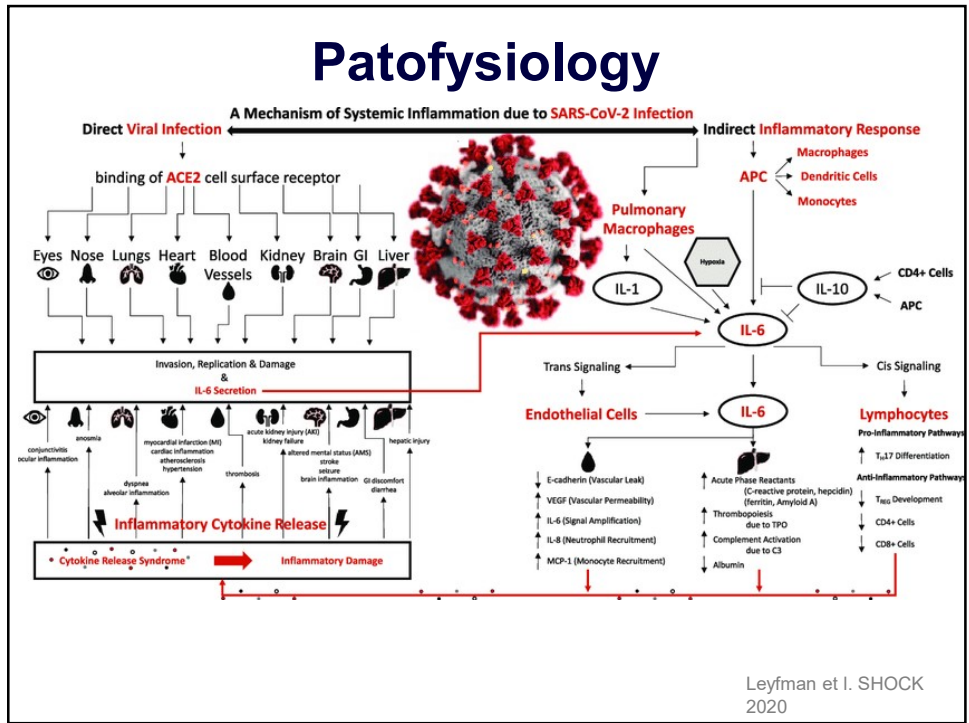
Patofysiology - summary

- Destruction of the tissue by viral proliferation
- Change in the renin-angiotensin aldosteron system
- Complement activation
- Thrombocytes activation
- Immune response actiovation – M ϕ , lymphocytes (cytokines, cytokine storm)
- Endothelial damage

Patofysiology - summary

- Destruction of the tissue by viral proliferation
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- Endothelial damage

Hypercoagulation status (LMWH prevention)
Superinfection and reactivation of latent infections

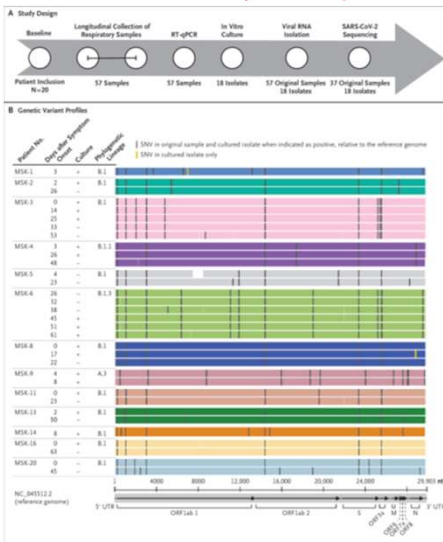


COVID-19 pneumonia (A) and subsequent HSV pneumonia (B)



Lenths of SARS-CoV-2 shedding in the hematooncological patients

The NEW ENGLAND JOURNAL of MEDICINE



- 15 out of 20 patients had active chemotherapy
- 11 severe COVID
- viral RNA detected up to 78 days (IQR 24-64)
- First day 71% of samples cultivatable
- follow up positive in 5 patients (8, 17, 24, 26 and 61 days after beginning to the symptoms)

„Patients with profound immunosuppression after undergoing hematopoietic stem-cell transplantation or receiving cellular therapies may shed viable SARS-CoV-2 for at least 2 months.“

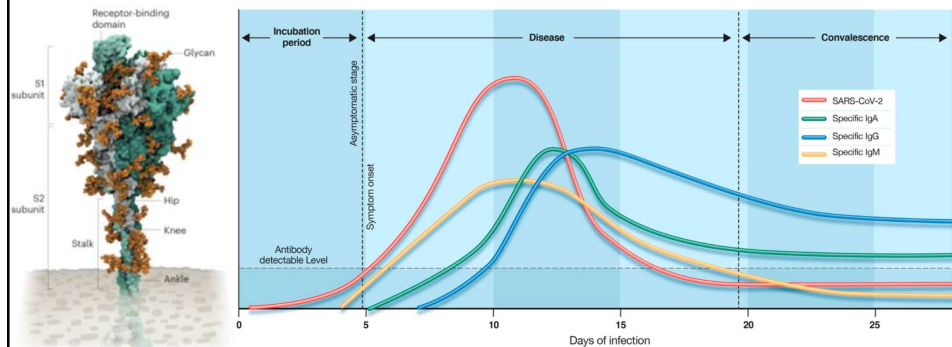
N ENGL J MED 383:26 NEJM.ORG DECEMBER 24, 2020

Viral shedding

Virus	Length of shedding in general population (possible children/adults)	Length of shedding in the immunocompromised host
Influenza virus A	≤14 days/ ≤5.5 days	29.5 days to 5 months (!)
Influenza virus B	6-7 days	7.5 days (2.5-80.5)
Parainfluenza virus	PIV-1 and 2: 3-6 days PIV-3: 8 days (3-10 days)	6-42 days
RSV	± 4 days (1-12)/	Median 2-4 weeks 80 days (35-334 days)
hMPV	± 5 days	7-24 days
HRV/HEV	± 14 days (HRV-C 7 days) Adult longer than children	Mostly ≤4 weeks 5 weeks (1-49 weeks)
Coronavirya (HKU-1, 229E, OC43, NL63, SARS-CoV-2)	3-18 days, Couple of weeks to 2 months	4 weeks (1-22 weeks), in SARS-CoV-2 even 3 months

Talaat et al. JID 2013;208-1669-1678; Takeyama et al. Jmed Virol 2016, 88(6):938-946; Milano et al. Blood 2010, 115(10):2088-94; Lehnert et al. PLOS One 2016, Feb. 2016; de Lima et al. Transpl Infect Dis 2014, 16(1):165-9; Gooskens et al. JID 2009, 199, 1435-1441; Pinsky et al. Emerg Infect Diseases 2010, 16(7):1165-1167; Chen et al. J Clin Virol 2015, 64:74-82; Dennis et al. CID 2016, 52(4): 431-437; van der Hoek et al. FEMS Microbiol rev 30 (2006):760-773; Tasian et al. Pediatr Blood Cancer 2008, 50(5) 983-987; Choi et al. Blood 2011, 117(19):5050-5056; Fields. Virology 9th ed. 2007

Antibody response



Antibodies against S1
Antibodies against RBD domain correlate to neutralisation antibodies

Antibody Response - Seroconversion

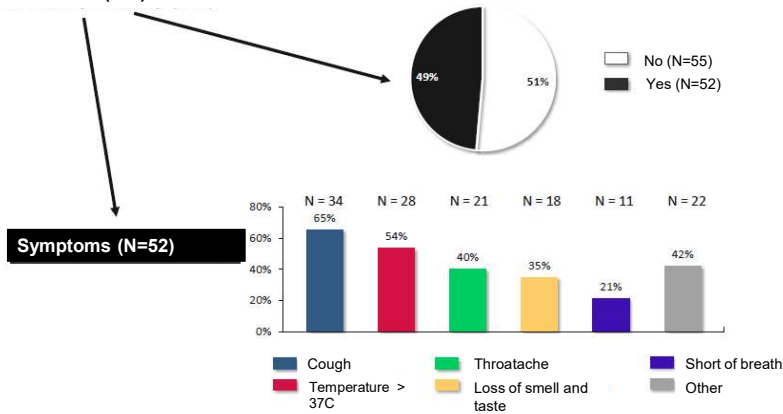
Antibodies appear in blood after: ≈10-20 days
Maintenance of antibody response:
≈2-3 years (measured for SARS-CoV-1)

Bar-On eLifescience 2020
<http://bit.ly/2WoeN64>
Scudellari Nature 2021; 595
https://www.mdpi.com/diagnostics/diagnostics-10-00453/article_deploy/html/images/diagnostics-10-00453-g004.png

SARS-CoV-2

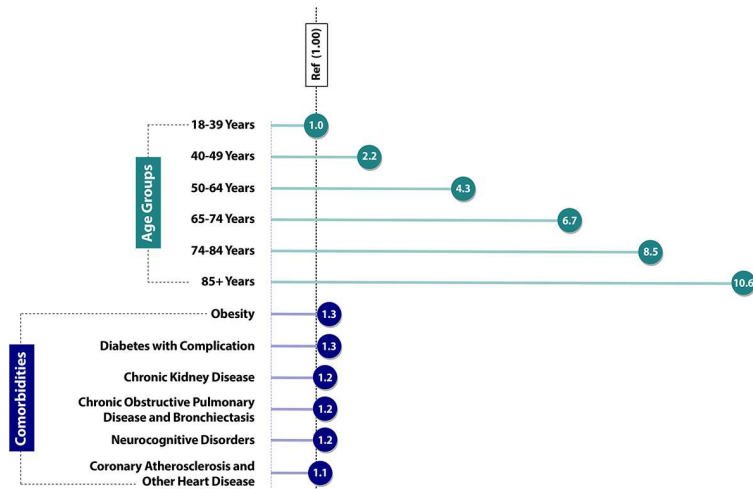
Presence of respiratory symptoms after 1.1.2020

Respondents with antibody positive test (107)



Risk groups

COVID-19 Death Risk Ratio (RR) for Select Age Groups and Comorbid Conditions

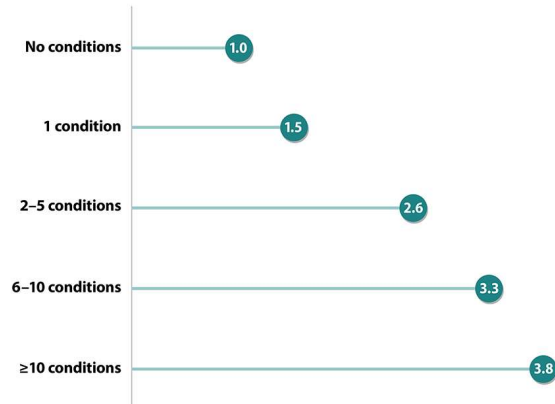


[Underlying Medical Conditions Associated with Higher Risk for Severe COVID-19: Information for Healthcare Providers \(cdc.gov\)](https://www.cdc.gov/media/releases/2020/s1119-covid-19-risk-factors.html)

[Underlying Medical Conditions Associated with Higher Risk for Severe COVID-19: Information for Healthcare Providers \(cdc.gov\)](https://www.cdc.gov/media/releases/2020/s1119-covid-19-risk-factors.html)

Risk groups

COVID-19 Death Risk Ratio (RR) Increases as the Number of Comorbid Conditions Increases



[Underlying Medical Conditions Associated with Higher Risk for Severe COVID-19: Information for Healthcare Providers \(cdc.gov\)](#)

[Underlying Medical Conditions Associated with Higher Risk for Severe COVID-19: Information for Healthcare Providers \(cdc.gov\)](#)

Epidemiology



Search by Country, Territory, or Area

Covid-19 Response Fund

Donate

WHO Coronavirus (COVID-19) Dashboard

Overview

Measures

Table View

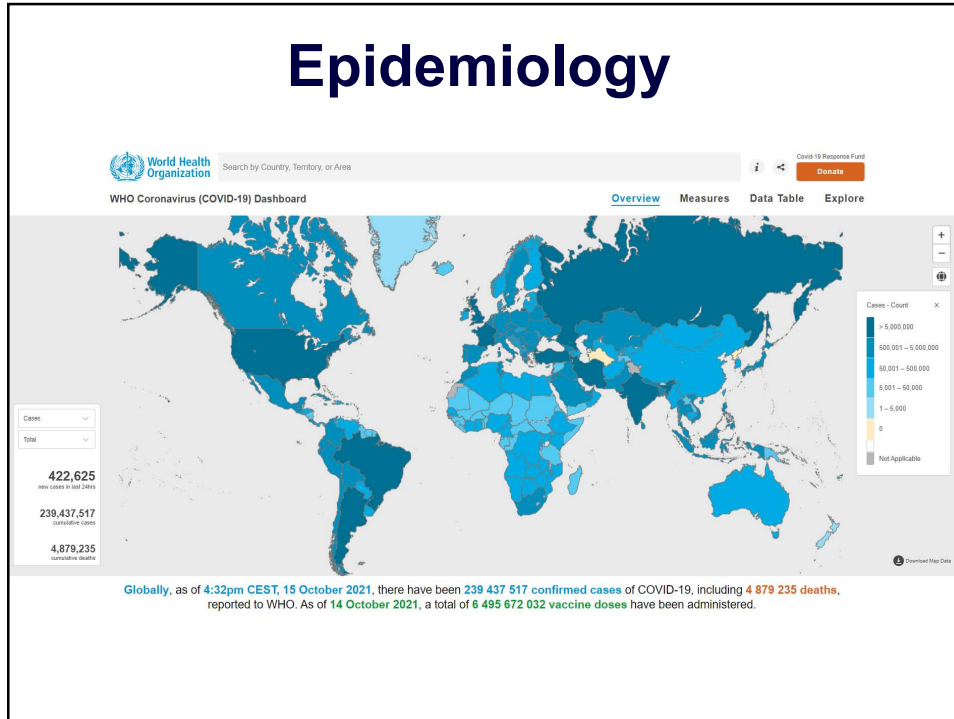
Data

More Resources



Globally, as of 12:00pm CET, 2 November 2023, there have been 771 679 618 confirmed cases of COVID-19, including 6 977 023 deaths, reported to WHO. As of 24 October 2023, a total of 13 534 457 273 vaccine doses

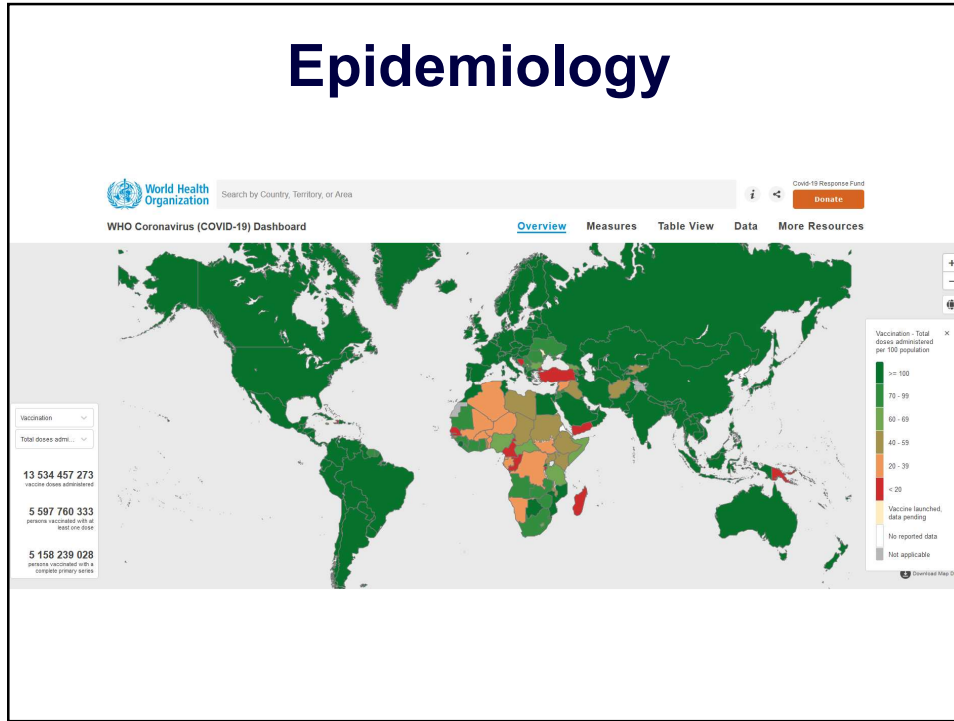
Epidemiology



Epidemiology



Epidemiology



Epidemiology

WHO Coronavirus (COVID-19) Dashboard

Overview Measures **Data Table** Explore

Back to top

Name	Cases - cumulative total	Cases - newly reported in last 24 hours	Deaths - cumulative total	Deaths - newly reported in last 24 hours
Global	239 437 617	422 626	4 879 235	7 300
Japan	125,8 mil	1 713 268	0,14%	619
Czechia	10,7 mil	1 705 971	15,9%	1 535
Canada	38,01 mil	1 670 234	4,39%	2 659
China	19,12 mil	1 665 916	8,71%	1 191
Bangladesh	164,7 mil	1 564 485	0,95%	0
Romania	19,29 mil	1 430 475	7,41%	15 828
Israel	9,217 mil	1 313 211	14,2%	1 325
Belgium	1 276 221	1	25 732	0
Pakistan	1 261 685	1 016	28 201	28
Sweden	1 161 264	799	14 926	0
Portugal	1 077 963	777	18 071	6
Serbia	1 031 283	6 786	8 946	54

Epidemiology

Situation by Region, Country, Territory & Area

Name	Cases - cumulative total	Cases - newly reported in last 7 days	Deaths - cumulative total	Deaths - newly reported in last 7 days	Vaccines - Total doses administered per 100 population	Vaccines - Persons vaccinated with a complete primary series per 100 population	Vaccines - Persons vaccinated with at least one booster or additional dose 100 population
Global	771,679,618	4,161	6,977,023	63	173.64	66.18	31.91
Malaysia	33,57 mil	5 131 899	15,29% 37 202	0,72%	224,96	85,11	50,49
Israel	9,217 mil	4 840 714	52,51% 12 697	0,26%	207	71,75	50,27
Belgium	11,59 mil	4 817 196	41,56% 34 339	0,71%	252,7	78,84	62,37
Thailand	71,6 mil	4 758 125	206 6,65% 34 487	2 0,72%	199,63	77,64	39,37
Canada	38,01 mil	4 716 205	12,41% 53 297	0,13%	258,59	82,96	52,4
Czechia	10,51 mil	4 665 557	1 361 44,39% 42 917	9 0,09%	174,1	65,5	41,52
Peru	33,72 mil	4 522 474	13,41% 221 727	4,90%	271,73	86,91	67,16

Epidemiology



Search by Country, Territory, or Area



[Overview](#)

[Measures](#)

[Table View](#)

[Data](#)

[More Resources](#)

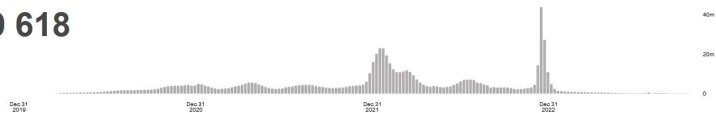
WHO Coronavirus (COVID-19) Dashboard

[Back to top](#)

Global Situation

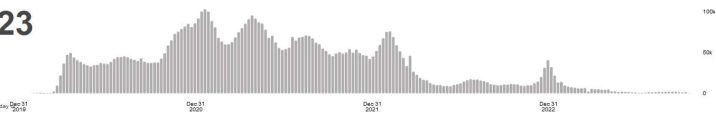
771 679 618

confirmed cases



6 977 023

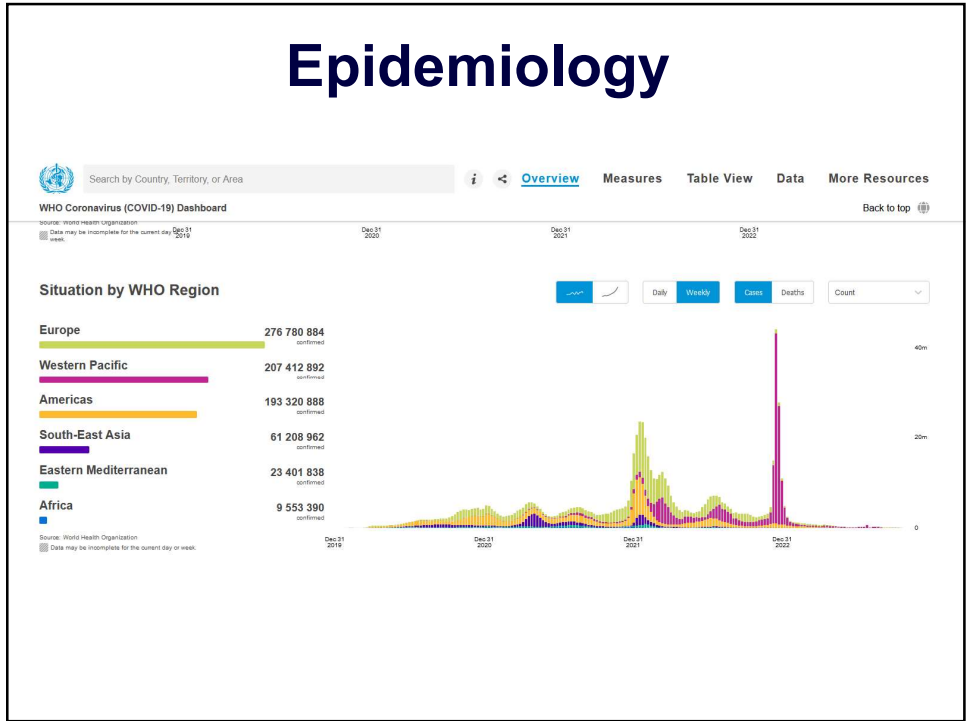
deaths



Source: World Health Organization

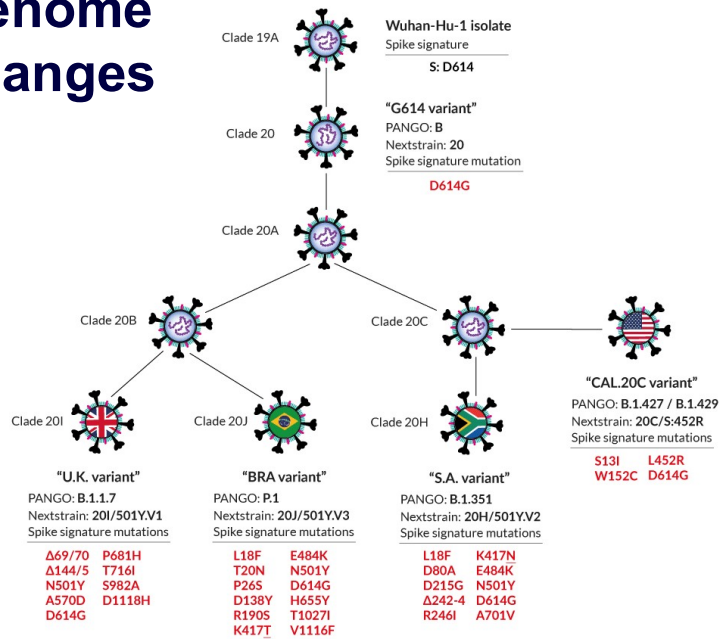
Data may be incomplete for the current day.

Epidemiology



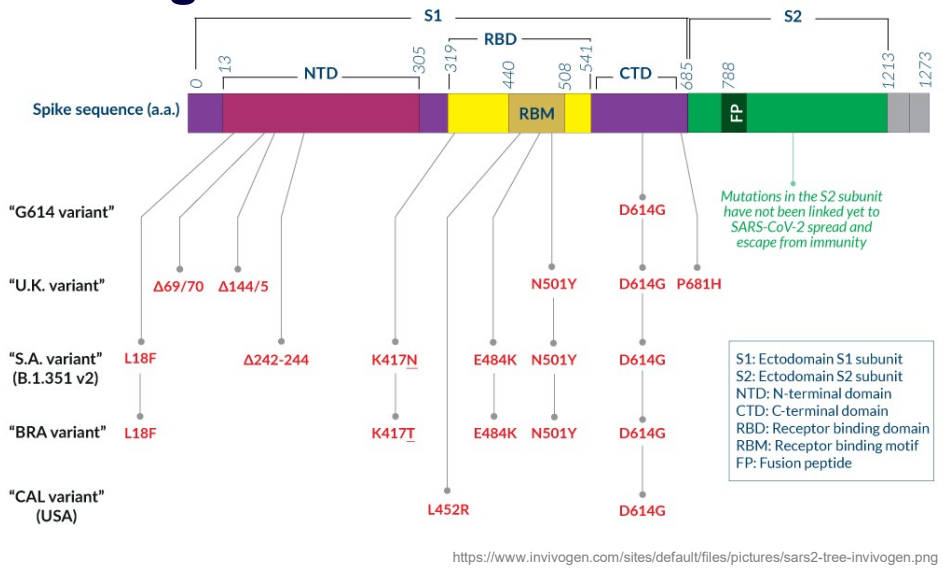
Genome changes

Simplified SARS-CoV-2 phylogenetic tree

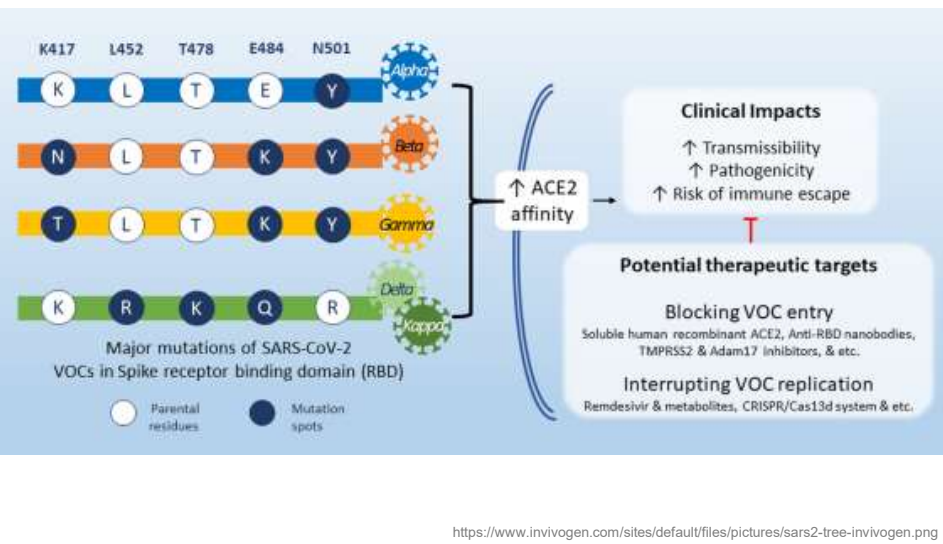


Genome changes

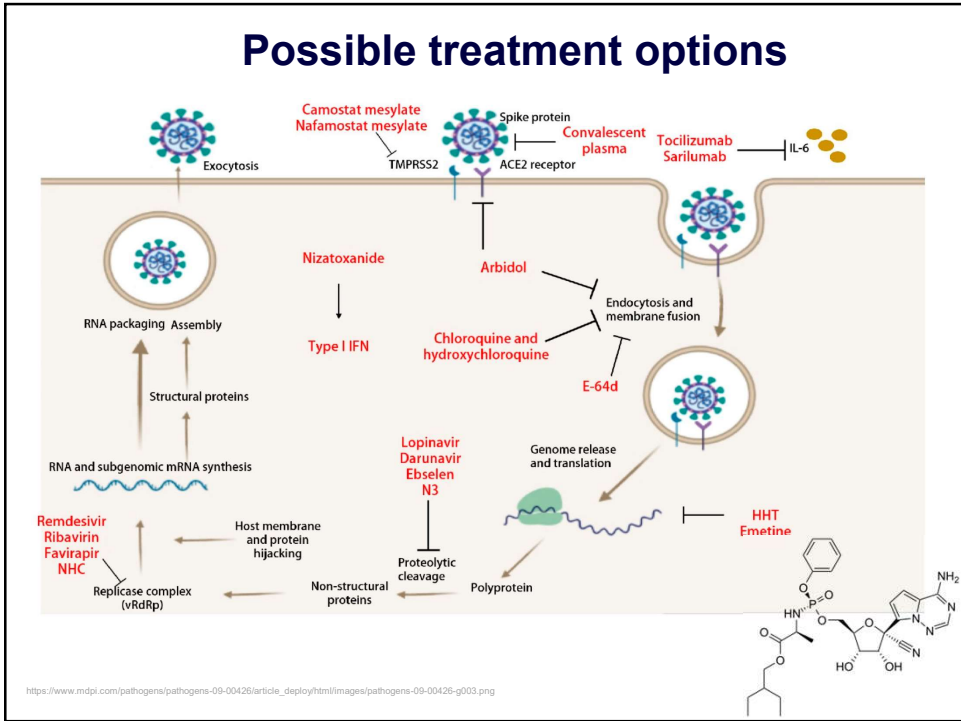
Spike mutations of concern in SARS-CoV-2 variants



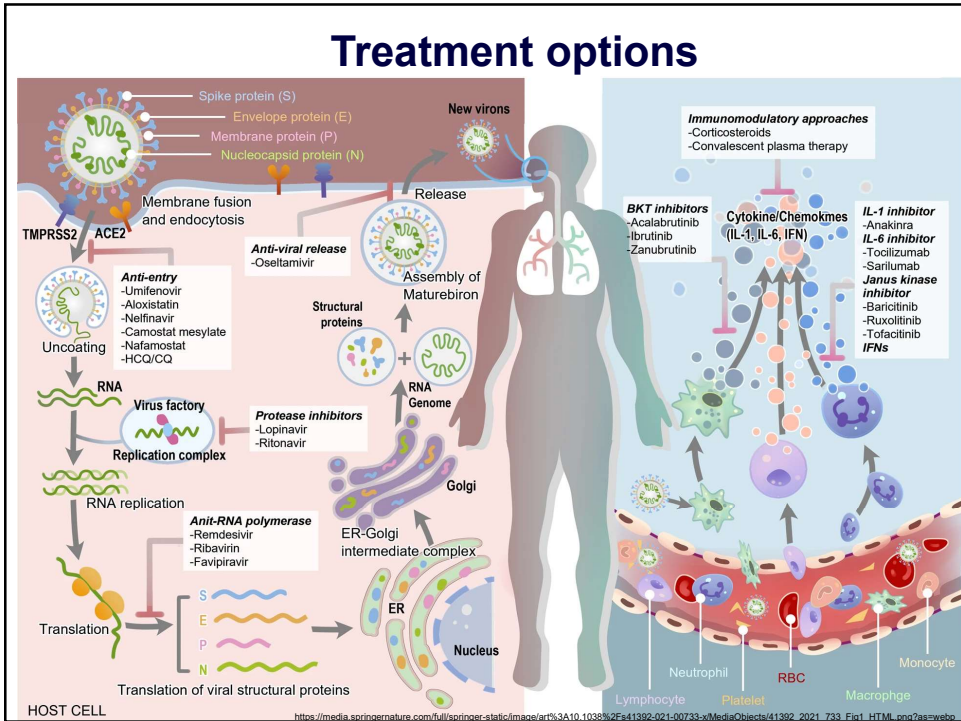
Genome changes



Possible treatment options



Treatment options



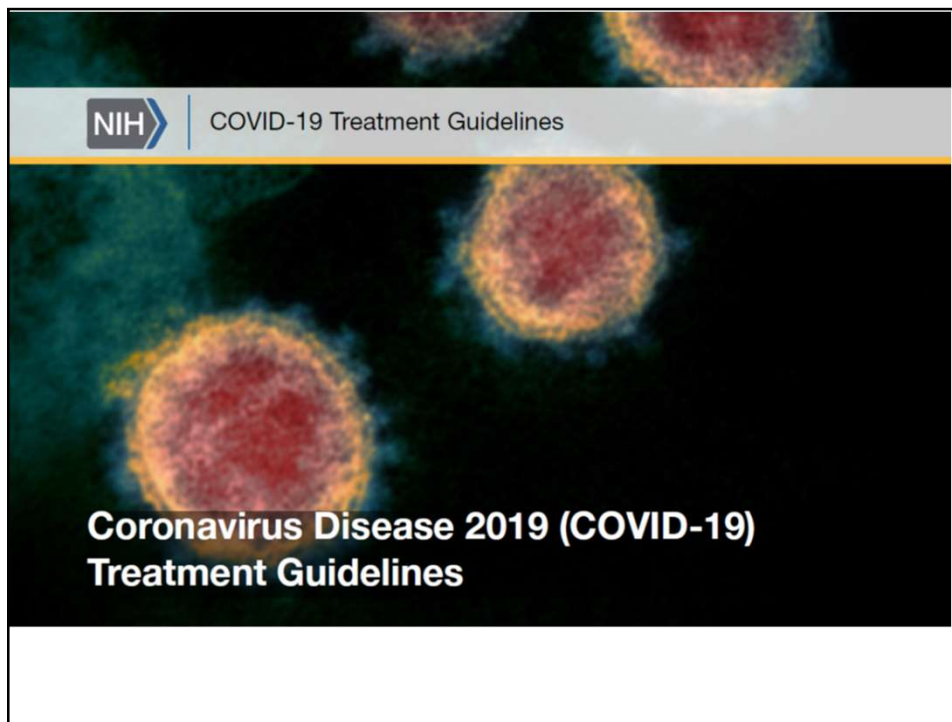


Figure 2. Therapeutic Management of Hospitalized Adults With COVID-19 Based on Disease Severity

DISEASE SEVERITY	PANEL'S RECOMMENDATIONS
Hospitalized but Does Not Require Supplemental Oxygen	<p>The Panel recommends against the use of dexamethasone (AIIa) or other corticosteroids (AIII).^a</p> <p>There is insufficient evidence to recommend either for or against the routine use of remdesivir. For patients at high risk of disease progression, remdesivir may be appropriate.</p>
Hospitalized and Requires Supplemental Oxygen	<p>Use one of the following options:</p> <ul style="list-style-type: none"> • Remdesivir^b (e.g., for patients who require minimal supplemental oxygen) (BIIa) • Dexamethasone plus remdesivir^c (e.g., for patients who require increasing amounts of supplemental oxygen) (BIII) • Dexamethasone (when combination with remdesivir cannot be used or is not available) (BII)
Hospitalized and Requires Oxygen Delivery Through a High-Flow Device or Noninvasive Ventilation	<p>Use one of the following options:</p> <ul style="list-style-type: none"> • Dexamethasone (AII) • Dexamethasone plus remdesivir^c (BIII) <p>For recently hospitalized^d patients with rapidly increasing oxygen needs and systemic inflammation:</p> <ul style="list-style-type: none"> • Add either baricitinib (BIIa) or IV tocilizumab (BIIa) to one of the two options above^e <ul style="list-style-type: none"> • If neither baricitinib nor IV tocilizumab is available or feasible to use, tofacitinib can be used instead of baricitinib (BIIa) or IV sarilumab can be used instead of IV tocilizumab (BIIa).
Hospitalized and Requires IMV or ECMO	<ul style="list-style-type: none"> • Dexamethasone (AII) <p>For patients who are within 24 hours of admission to the ICU:</p> <ul style="list-style-type: none"> • Dexamethasone plus IV tocilizumab (BIIa) • If IV tocilizumab is not available or not feasible to use, IV sarilumab can be used (BIIa)

Rating of Recommendations: A = Strong; B = Moderate; C = Optional
Rating of Evidence: I = One or more randomized trials without major limitations; IIa = Other randomized trials or subgroup analyses of randomized trials; IIb = Nonrandomized trials or observational cohort studies; III = Expert opinion

^a Corticosteroids prescribed for an underlying condition should be continued.
^b If patients progress to requiring high-flow oxygen, noninvasive ventilation, mechanical ventilation, or ECMO, complete remdesivir course.
^c For example, within 3 days of hospital admission.
^d Drugs are listed alphabetically and not in order of preference. As there are no studies directly comparing baricitinib and tocilizumab for treatment of COVID-19, there is insufficient evidence to recommend one drug over the other. Treatment decisions should be determined by local guidance, drug availability, and patient comorbidities.
Key: ECMO = extracorporeal membrane oxygenation; ICU = intensive care unit; IMV = invasive mechanical ventilation; IV = intravenous; the Panel = the COVID-19 Treatment Guidelines Panel; PO = orally

Figure 1. Therapeutic Management of Nonhospitalized Adults With COVID-19

All outpatients with COVID-19 who enter the health care system should have in-person or telehealth follow-up visits. Symptomatic treatments, including hydration, antipyretics, analgesics, and antitussives, can be initiated as needed. Patients should be counseled about symptoms that warrant re-evaluation by a health care provider (e.g., new onset dyspnea, worsening dyspnea [particularly dyspnea that occurs while the patient is resting or that interferes with daily activities], mental status changes). Home resources should be assessed before patients are discharged from a clinic, urgent care center, ED, or hospital; outpatients should have access to housing, proper nutrition, a caregiver, and a device that is suitable for telehealth. If patients are discharged while they are still receiving oxygen supplementation, they should receive oximetry monitoring and close follow-up soon after discharge.

PATIENT DISPOSITION	PANEL'S RECOMMENDATIONS
Not Requiring Hospitalization or Supplemental Oxygen, As Determined by a Health Care Provider in ED or an In-Person or Telehealth Visit	Anti-SARS-CoV-2 monoclonal antibody products are recommended for outpatients with mild to moderate COVID-19 who are at high risk of disease progression, as defined by the EUA criteria. Treatments are listed in alphabetical order: <ul style="list-style-type: none"> • Bamlanivimab plus etesevimab; or • Casirivimab plus imdevimab; or • Sotrovimab The Panel recommends against the use of dexamethasone or other systemic glucocorticoids in the absence of another indication (AII). ^a
Discharged From Hospital Inpatient Setting in Stable Condition and Does Not Require Supplemental Oxygen	The Panel recommends against continuing the use of remdesivir (AIIa), dexamethasone (AIIa), or baricitinib (AIIa) after hospital discharge.
Discharged From Hospital Inpatient Setting and Requires Supplemental Oxygen <i>For those who are stable enough for discharge but who still require oxygen^b</i>	There is insufficient evidence to recommend either for or against the continued use of remdesivir, dexamethasone, and/or baricitinib. Review the text below when considering the use of any of these agents after hospital discharge.
Discharged From ED Despite New or Increasing Need for Supplemental Oxygen <i>When hospital resources are limited, inpatient admission is not possible, and close follow-up is ensured^c</i>	The Panel recommends using dexamethasone 6 mg PO once daily for the duration of supplemental oxygen (dexamethasone use should not exceed 10 days) with careful monitoring for adverse events (BII). There is insufficient evidence to recommend either for or against the use of remdesivir. When considering the use of remdesivir, review the text below for further discussion. The Panel recommends against the use of baricitinib in this setting, except in a clinical trial (AII).

Rating of Recommendations: A = Strong; B = Moderate; C = Optional
Rating of Evidence: I = One or more randomized trials without major limitations; IIa = Other randomized trials or subgroup analyses of randomized trials; IIb = Nonrandomized trials or observational cohort studies; III = Expert opinion

^a In laboratory studies, some SARS-CoV-2 variants of concern or variants being monitored harbor certain mutations that are associated with reduced susceptibility to certain agents. Some regimens may be preferred in certain settings based on the degree of reduced susceptibility and the prevalence of these variants in a given region. See Anti-SARS-CoV-2 Monoclonal Antibodies and The Panel's Statement on Bamlanivimab Plus Etesevimab for more information. Updates on the distribution of bamlanivimab plus etesevimab are available on the HHS Bamlanivimab/Etesevimab website.
^b There is currently a lack of safety and efficacy data on the use of these agents in outpatients with COVID-19 using systemic glucocorticoids in this setting may cause harm.
^c These individuals should receive oximetry monitoring and close follow-up through telehealth, visiting nurse services, or in-person clinic visits.
^d In cases where resources (e.g., equipment, beds, staff members) are scarce, it may be necessary to discharge an adult patient and provide an advanced level of home care, including supplemental oxygen (whether patients are receiving oxygen at home for the first time or are increasing their baseline oxygen requirements), public oximetry, and close follow-up through visiting nurse services, telehealth, or in-person clinic visits.

Key: ED = emergency department; EIA = Emergency Use Authorization; HHS = Department of Health and Human Services; the Panel = the COVID-19 Treatment Guidelines Panel; PO = orally

Antiviral Drugs That Are Approved or Under Evaluation for the Treatment of COVID-19

Last Updated: July 8, 2021

Summary Recommendations

Remdesivir is the only Food and Drug Administration-approved drug for the treatment of COVID-19. In this section, the COVID-19 Treatment Guidelines Panel (the Panel) provides recommendations for using antiviral drugs to treat COVID-19 based on the available data. **As in the management of any disease, treatment decisions ultimately reside with the patient and their health care provider.** For more information on these antiviral agents, see [Table 2e](#).

Remdesivir

- See [Therapeutic Management of Hospitalized Adults with COVID-19](#) for recommendations on using remdesivir with or without dexamethasone.

Ivermectin

- There is insufficient evidence for the Panel to recommend either for or against the use of ivermectin for the treatment of COVID-19. Results from adequately powered, well-designed, and well-conducted clinical trials are needed to provide more specific, evidence-based guidance on the role of ivermectin in the treatment of COVID-19.

Nitazoxanide

- The Panel recommends against the use of nitazoxanide for the treatment of COVID-19, except in a clinical trial (BIIa).

Hydroxychloroquine or Chloroquine and/or Azithromycin

- The Panel recommends against the use of chloroquine or hydroxychloroquine and/or azithromycin for the treatment of COVID-19 in hospitalized patients (AI) and in nonhospitalized patients (AIIa).

Lopinavir/Ritonavir and Other HIV Protease Inhibitors

- The Panel recommends against the use of lopinavir/ritonavir and other HIV protease inhibitors for the treatment of COVID-19 in hospitalized patients (AI) and in nonhospitalized patients (AII).

Rating of Recommendations: A = Strong; B = Moderate; C = Optional

Rating of Evidence: I = One or more randomized trials without major limitations; IIa = Other randomized trials or subgroup analyses of randomized trials; IIb = Nonrandomized trials or observational cohort studies; III = Expert opinion

The Possible Role of Vitamin D in Suppressing Cytokine Storm and Associated Mortality in COVID-19 Patients

Ali Daneshkhah¹, Vasundhara Agrawal¹, Adam Eshein¹, Hariharan Subramanian¹, Hemant K. Roy², and Vadim Backman^{1*}

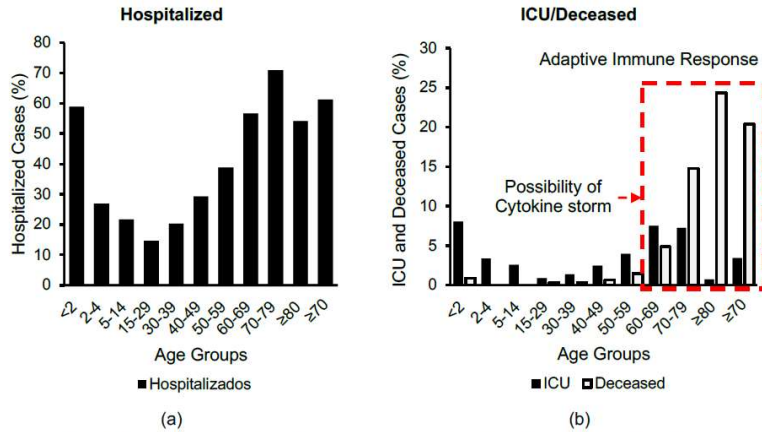


Figure 7 Age distribution of the a) hospitalized, b) admitted to ICU or deceased in Spain based on data from 145,429 cases[26].

The Possible Role of Vitamin D in Suppressing Cytokine Storm and Associated Mortality in COVID-19 Patients

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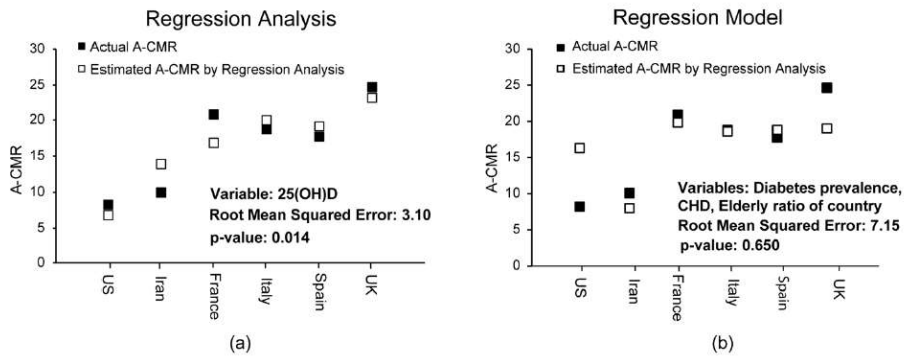
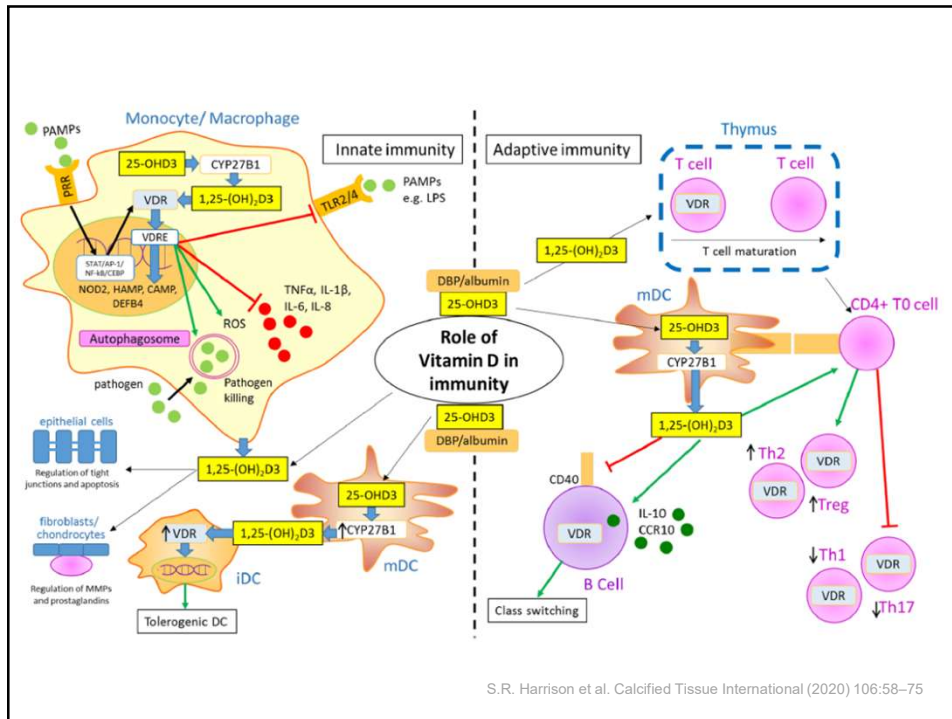
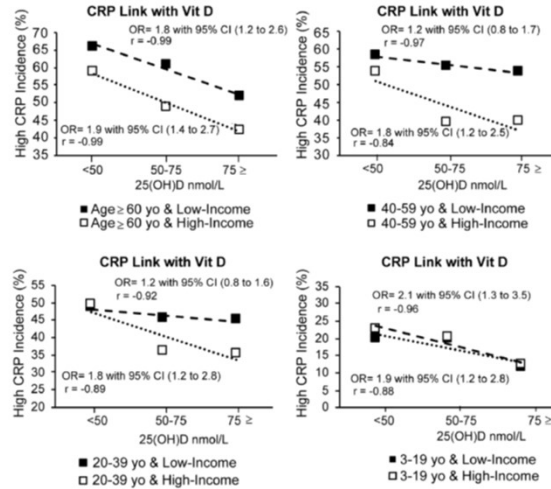
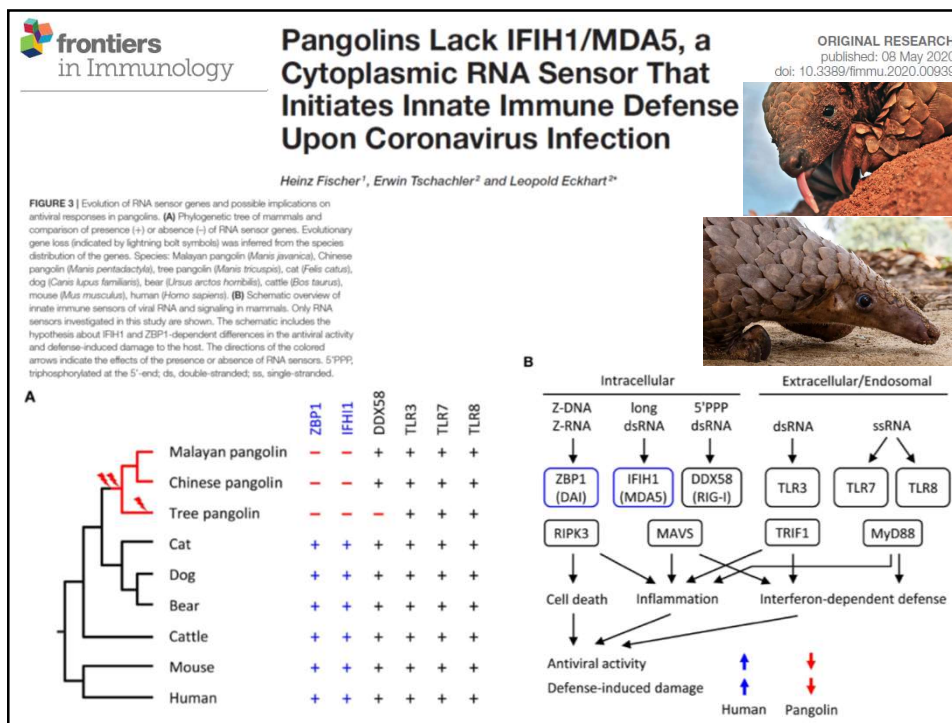
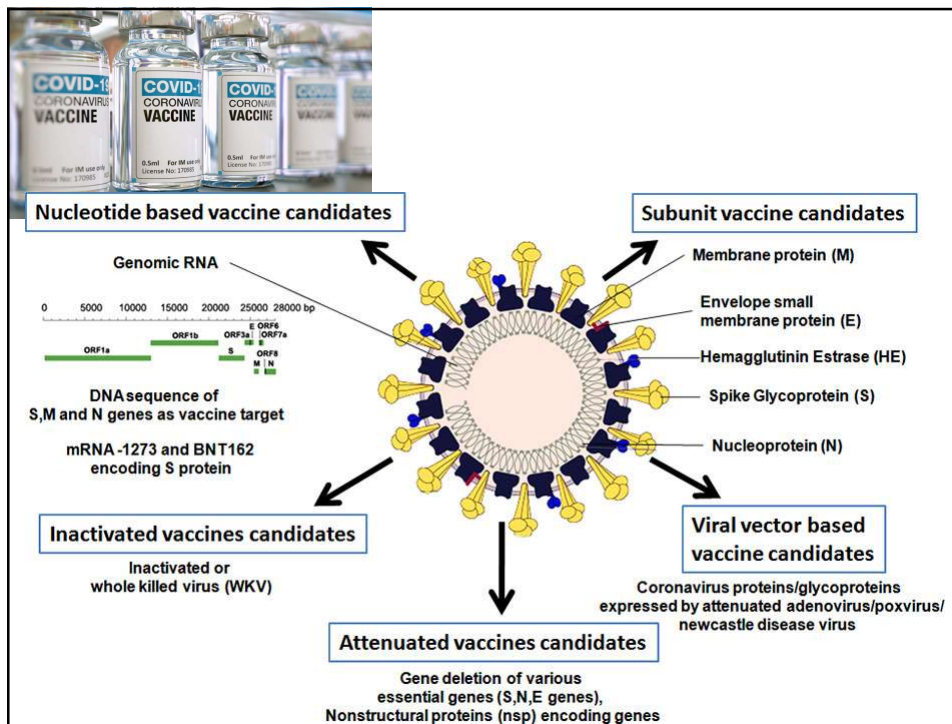


Figure 6 Regression analysis based on (a) 25(OH)D, (b) Diabetes prevalence among men and women (age standardized), elderly ratio (≥ 70 yo) in the country, CHD death rate per 100,000 (age standardized)

The Possible Role of Vitamin D in Suppressing Cytokine Storm and Associated Mortality in COVID-19 Patients

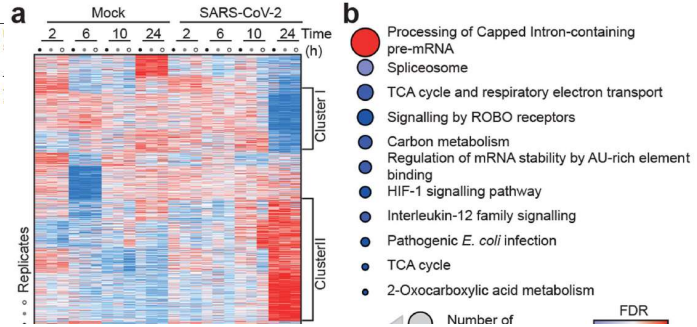
Ali Daneshkhah¹, Vasundhara Agrawal¹, Adam Eshein¹, Hariharan Subramanian¹, Hemant K. Roy², and Vadim Backman^{1*}





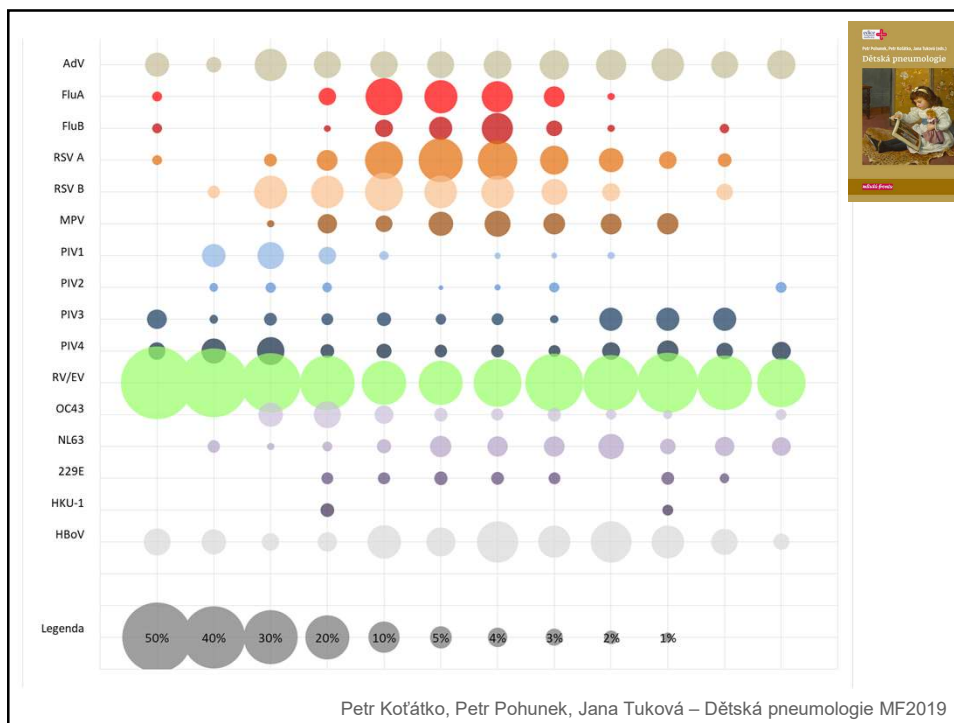
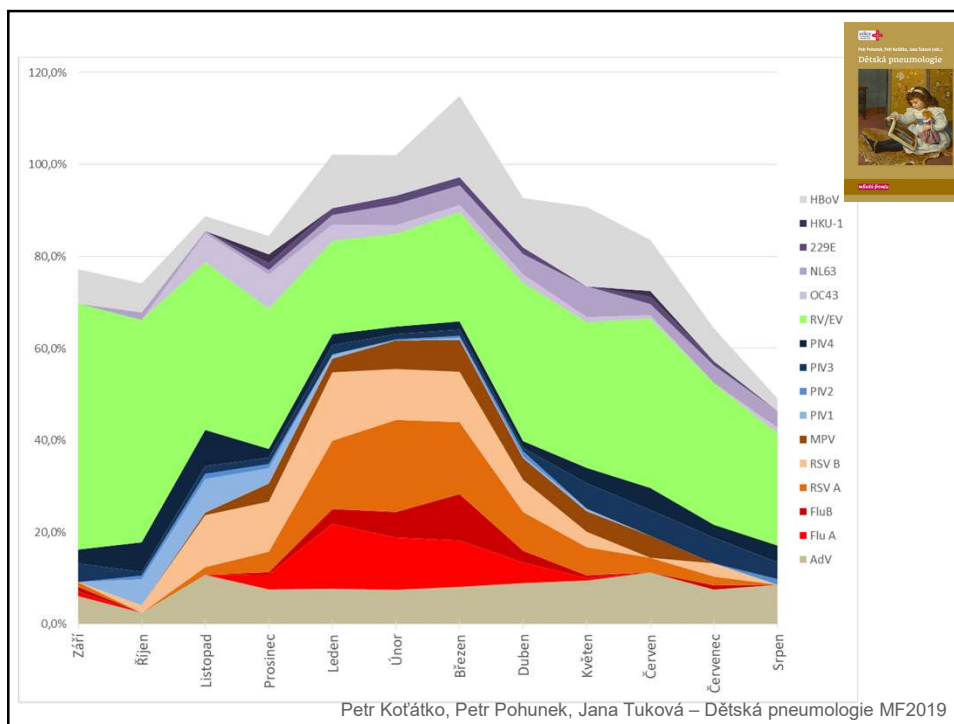
Proteomics of SARS-CoV-2-infected host cells reveals therapy targets

<https://doi.org/10.1038/s41586-020-2332-7>
 Received: 27 February 2020
 Accepted: 6 May 2020
 Published online: 14 May 2020

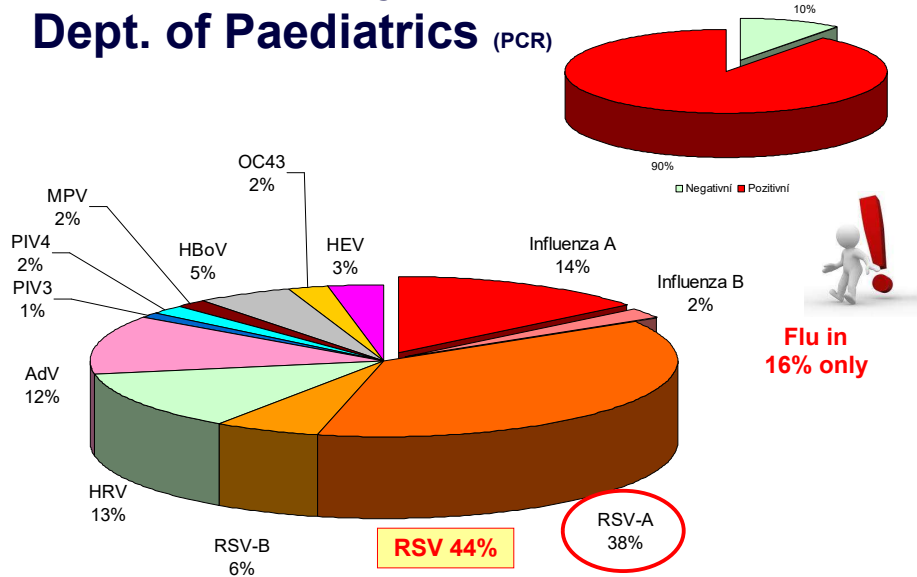


These analyses revealed that SARS-CoV-2 reshapes central cellular pathways, such as translation, splicing, carbon metabolism and nucleic acid metabolism. Small molecule inhibitors targeting these pathways prevented viral replication in cells. Our results reveal the cellular infection profile of SARS-CoV-2 and led to the identification of drugs inhibiting viral replication. We anticipate our results to guide efforts to understand the molecular mechanisms underlying host cell modulation upon SARS-CoV-2 infection. Furthermore, our findings provide insight for the development of the therapy options for COVID-19.



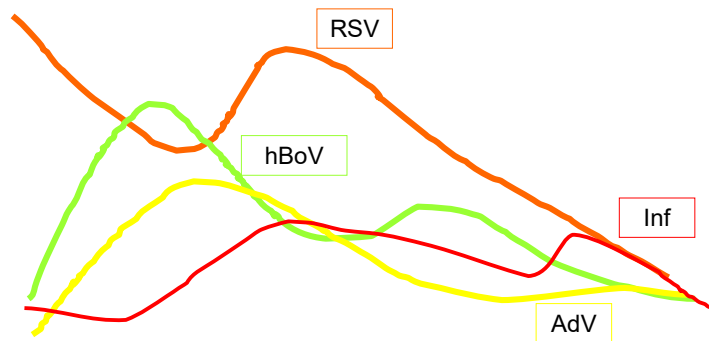


Frequency of respiratory viruses in Motol University Hospital Dept. of Paediatrics (PCR)

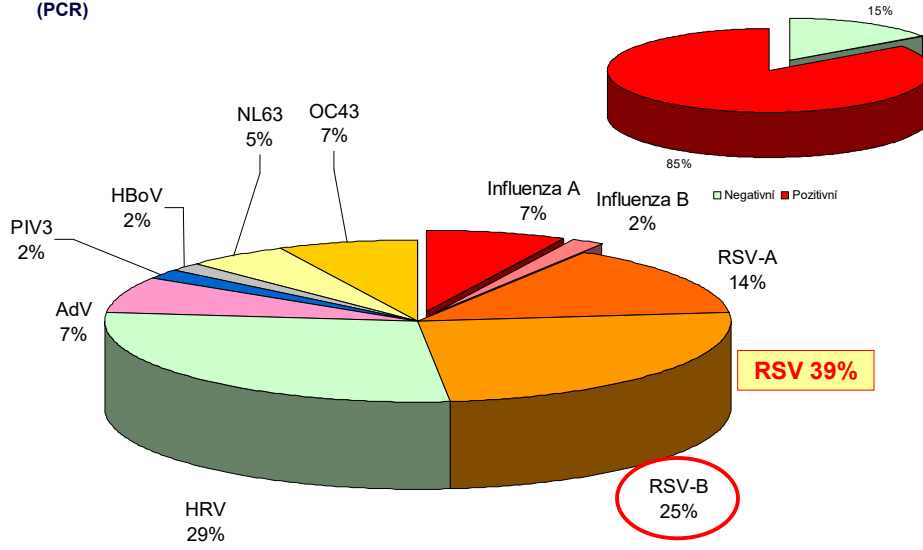


Frequency of respiratory viruses in Motol University Hospital (PCR)

Testováno 197 vzorků.



Frequency of respiratory viruses in Motol University Hospital
Dept. of Paediatric Haematology and Oncology
 (PCR)

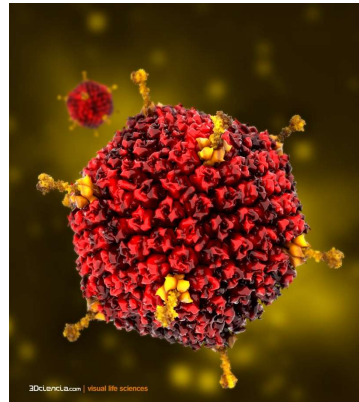


CAVE

Every detection technique has limits!
Even molecular-biological = PCR!

It is true also for commercial kits e.g. There is evidence that Anyplex RV16 detects only **10 out of 60 described serotypes.**

Most frequently detected,
but not the only!!!!
PCR negativity does not
necessary omits AdV infection.



Fourth European Conference on Infections in Leukaemia (ECIL-4): Guidelines for Diagnosis and Treatment of Human Respiratory Syncytial Virus, Parainfluenza Virus, Metapneumovirus, Rhinovirus, and Coronavirus

Hans H. Hirsch,^{1,2} Rodrigo Martino,³ Katherine N. Ward,⁴ Michael Boeckh,⁵ Hermann Einsele,⁶ and Per Ljungman^{7,8}

<http://www.ebmt.org/Contents/Resources/Library/ECIL/Pages/ECIL.aspx>



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