**BASKETBALL**

***Basketball***  
Basketball, also called Košíková, is a collective ball sport in which two teams with five players on the court try to get as many points as possible by throwing the ball into the rim of the basketball hoop and preventing opponents from gaining points.

***History***

In 1891 a doctor of P.E. James Naismith should invent a sport for more players. It could be played in gym when the weather was bad. Then he invented a game with some rules. On both sides of the gym were baskets for peaches. Students divided into teams, then they picked up sides and the game started.

The first match ended with the result 1:0. The only one point was shot by William Richard Chase.

Students began to like the new sport. Other schools began to ask for rules, and this is how the sport expanded. This led to the publication of the rules in the school magazine "Triangle" in 1892.

Basketball has expanded into France, Brazil, CR in 1897 then into other countries of the World.

***Rules***

Points:

1point - The player shoots after a foul made by player from the other team. The player, who was fauled stands behind the free throw line in Czech “šestka”. If the player made it, player’s team get a point.

2points – the player shoots from a medium or close distance, that means this place. These points are the most common.

3points – the player should shoot behind the 3-point line. These points are the longest shoots.

Combination: 2+1,3+1

Time:

Games are played in four quarters of 10 ([FIBA](https://en.wikipedia.org/wiki/FIBA))  or 12 minutes (NBA).

15 minutes are allowed for a half-time break under FIBA, NBA, and NCAA rulesand 10 minutes in United States high schools.

[Overtime](https://en.wikipedia.org/wiki/Overtime_(sports)#Basketball) periods are five minutes in length.

Teams exchange baskets for the second half. The time allowed is actual playing time; the clock is stopped while the play is not active.

Therefore, games generally take much longer to complete than the allotted game time, typically about two hours.

*24 seconds* – for an offense, there are 3 ways: f.ex. team A have an offense

1st – team A has successfully shoot then they scored, and team B should throw the ball from the Endline and team B have new 24 seconds for their offense.

2nd – team A has unsuccessfully shoot and team B have a rebound and get new 24 seconds for their action.

3rd – team A do not get over the half-court line and one of them was fauled then they have another new 24 seconds.

*14 seconds* – it is short form of 24 seconds, main function is each team has limited time for their action. How could it change it depends on what was happened as 24 seconds. There are 2 ways:

1st – team A has unsuccessfully shoot but team A got rebound so they could continue at offense.

2nd – team A was fouled, or someone kicked the ball on their half-court so they will continue their action and they will have new 14 seconds if there is less than 14 seconds. If it is 20 seconds and team A was fouled that means nothing will change, team A has still 20 seconds for their offense.

*8 seconds* is for overrun the half-court. Some teams are so good at defence that other teams could not overrun the half-court in time.

Travelling:

When player want to move, they should dribble because player could make max 2 steps, if they break the rule, it called travelling.

Double dribbling:

A player stops his dribble and then resume dribbling. A dribble that touches both hands mean stopping the dribble, giving this infraction the name double dribble.

Fouls:

An attempt to unfairly disadvantage an opponent through certain types of physical contact is illegal and is called a *personal foul*. These are most common by defensive players; however, they can be committed by offensive players as well.

Players who are fouled either receive the ball to pass inbounds again or receive one or more free throws if they are fouled in the act of shooting, depending on if the shot was successful.

The referee is responsible for judging whether contact is illegal, sometimes resulting in controversy.

There is a second category of fouls called *technical fouls*, which may be charged for various rules violations like unsportsmanlike conduct. These infractions result in one or two free throws, which may be taken by any of the five players on the court at the time. Repeated incidents can result in disqualification.

**Court Paramteries**

The rim is 45 cm in diameter, and it is suspended at a height of 3.05 meters above the ground.

The thickness of the rim is 2 cm and is 13 cm away from the board.

The official width of the board is 180 cm and the height of the board is 105 cm

The official length of the playing area is 28 meters and the official width is 15 meters.

In addition, dimensions of at least 26 meters in length and 14 meters in width are approved.

**Positions**

Point guard: usually the fastest player on the team, organizes the team's offense by controlling the ball and

making sure that it gets to the right player at the right time.

Shooting guard: creates a high volume of shots on offense, mainly long-ranged; and guards the opponent's

best perimeter player on defence.

Small forward: often primarily responsible for scoring points via cuts to the basket and dribble penetration,

on defence steals, but sometimes plays more actively.

Power forward: plays offensively often with their back to the basket; on defence, plays under the basket (in a

zone defence) or against the opposing power forward (in man-to-man defence).

Center: uses height and size to score (on offense), to protect the basket closely (on defence), or to rebound.

**Shooting**

The two most common shots that use the above described setup are the [*set shot*](https://en.wikipedia.org/wiki/Set_shot_(basketball)) and the [*jump shot*](https://en.wikipedia.org/wiki/Jump_shot_(basketball)).

In a set shot the shooter straightens up and throws from a standing position with neither foot leaving the floor; this is typically used for free throws.

For a jump shot, the throw is taken in mid-air with the ball being released near the top of the jump. This provides much greater power and range, and it also allows the player to elevate over the defender.

Failure to release the ball before the feet return to the floor is considered a traveling violation.

Another common shot is called the lay-up. This shot requires the player to be in motion toward the basket, and to "lay" the ball "up" and into the basket. The most crowd-pleasing and typically highest-percentage accuracy shot is the slam dunk, in which the player jumps very high and throws the ball downward, through the basket while touching it.

A shot that misses both the rim and the backboard completely is referred to as an [air ball](https://en.wikipedia.org/wiki/Air_ball).

**Similar games**

**Half-court game**

Perhaps the single most common variation of basketball is the half-court game, played in informal settings without referees or strict rules.

Only 1 basket is used, and the ball must be "taken back" or "cleared" – passed or dribbled outside the three-point line each time possession of the ball changes from one team to the other, players need not run back and forth a full court.

Half-court basketball is usually played 1-on-1, 2-on-2 or 3-on-3. Also, streetball commonly uses the same system

**Streetball**

The variation is gradually gaining official recognition as 3x3, originally known as FIBA 33.

It was first tested at the [2007 Asian Indoor Games](https://en.wikipedia.org/wiki/2007_Asian_Indoor_Games) in [Macau](https://en.wikipedia.org/wiki/Macau).

the first [FIBA 3x3 World Championships](https://en.wikipedia.org/wiki/FIBA_3x3_World_Championships) for senior teams was in 2012.

The sport is highly tipped to become an [Olympic sport](https://en.wikipedia.org/wiki/Olympic_sport) as early as [2016](https://en.wikipedia.org/wiki/2016_Summer_Olympics)

In the summer of 2017, the [BIG3](https://en.wikipedia.org/wiki/BIG3) basketball league, a professional 3x3 half-court basketball league that features former NBA players, began.

The BIG3 features several rule variants including a [four-point field goal](https://en.wikipedia.org/wiki/Four-point_field_goal).

It is a variation of basketball, typically played on outdoor courts and featuring less formal structure and enforcement of the game's rules.

For recreational streetball is no referees, so almost invariably a "call your own foul" rule is in effect, and a player who believes he has been fouled, simply needs to call out "Foul!", and play will be stopped, with the ball awarded to the fouled player's team (free throws are not awarded in streetball). It is also standard that the hands are considered part of the ball.

Other violations which are enforced include [traveling](https://en.wikipedia.org/wiki/Traveling_(basketball)), [double-dribble](https://en.wikipedia.org/wiki/Double-dribble), [carrying](https://en.wikipedia.org/wiki/Carrying_(basketball)), [kicking](https://en.wikipedia.org/w/index.php?title=Kicking_(basketball)&action=edit&redlink=1), [out of bounds](https://en.wikipedia.org/wiki/Out_of_bounds), [goaltending](https://en.wikipedia.org/wiki/Goaltending), and [backcourt violation](https://en.wikipedia.org/wiki/Glossary_of_basketball_terms#B).

**Beach basketball**

Played on beaches. For ball movement you have to pass, or you could make 2 and half steps. But dribbling is impossible for this variation.

**Slamball**

Slamball is full-contact basketball, with [trampolines](https://en.wikipedia.org/wiki/Trampolines). Points are scored by playing the ball through the net, as in basketball.

The main difference from the parent sport is the court; below the padded basketball rim and [backboard](https://en.wikipedia.org/wiki/Backboard_(basketball)) are four trampolines set into the floor, which serve to propel players to great heights for [slam dunks](https://en.wikipedia.org/wiki/Slam_dunk). The rules also permit some physical contact between the members of the four-player teams.

NBA

NBA that means the National Basketball Association. It is a professional basketball league in North America of men. It is well known as a competition in the world. It was founded in New York City on 6 June 1946 as the Basketball Association of America. Then the name was changed to the National Basketball Association on 3 August 1949.

On the right side is another logo of the NBA.

There are 30 teams in the NBA that are divided into 2 groups of 15 by their location. There are 29 teams from the USA and 1 team from Canada. Teams play for their conference and the first 8 go to the play-offs, which play the first to eight, second to seventh, third to sixth and fourth to fifth of the same conference. The winners are progressing and losing out. Each round of the play-off is played in 4 wins. The winner of the play-offs at each conference will advance to the NBA finals for the overall winner. There are also 4 victories in the final.

**NBA**

There are 15 teams in the Western Conference. All are from the USA e.g. : Golden State Warriors, Houston Rockets, Los Angeles Lakers (these are the most famous teams of the Western Conference) and more...

Los Angeles Lakers finished as first in the Western Conference, followed by LA Clippers and the 3rd Denver Nuggets.

There in the Eastern Conference are also 15 teams in total, but only 14 from the US, e.g.: Chicago Bulls where is the only Czech playing in the NBA, Tomáš Satoranský, Boston Celtics and Toronto Raptors who is the team from Canada.

Milwaukee Bucks was first then Toronto Raptors and 3rd was Boston Celtics.

Winner of this season is LA Lakers.