

# FIRST AID

Literature:

First Aid Manual. London: Dorling Kindersley Ltd, 2014. ISBN 9781409342007.

Practical First Aid. London: Dorling Kindersley Ltd, 2012. ISBN 9781409315674.

Standard, First Aid, CPR, and AED. United States: Jones and Bartlett Publishers, 2011. ISBN 9781449609443.

HANDAL, K.A., The American Red Cross First Aid and Safety Handbook. New York: Little, Brown and Company, 1992

First Aid Manual. London: Brown Publishing, 2014

WYATT, J.P. et al., Oxford Handbook of Emergency Medicine. Oxford: Oxford University Press, 2008

Internet sources:

As a supplement you can use different internet sources on FA topics, especially short instruction videos.

<https://www.nsc.org/pages/safety-training-pages/first-aid-video-library>

<https://www.mayoclinic.org/first-aid>

**COVID-19 modification of BLS in adults**

<https://www.youtube.com/watch?v=aG9yxUEriLI&feature=youtu.be>