Blunt force trauma

(+ introduction to Forensic Traumatology)

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DEFINITION:

wound = damage to any part of the body due to application of mechanical force

INCLUDING: (mechanism x type of trauma)

- Beating blunt trauma/injuries
- Kicking blunt t.
- Biting sharp/blunt t.
- Stabbing sharp t.
- Strangling blunt t.
- Shooting GSW gun shot wounds
- Explosions blunt (sharp) t.
- Falling blunt t.
- Injuries caused by machines, vehicles etc. blunt (sharp) t.

EXCLUDING: injuries caused by heat, cold, electricity, corrosives (acid, alkali), poisons etc.

There are **not only <u>diagnostic</u>** and <u>treatment aspects</u> of a wound/injury...

<u>Legal aspects</u> => accurate and unequivocal description of wounds in a report is important ...

... there may be weeks/months/years till a case gets to police, expert witness, court ...

=> following details should be carefully recorded:

- nature of the wound abrasion, bruise or contusion, laceration ... etc.
- dimensions always 3! length, width, depth
- anatomical location of the wound
- in stab wounds and some pedestrian injuries (in car accidents) – the <u>level</u> (height) of the wound(s) above heel level

I. ABRASIONS

- synonyms: scratch, graze, excoriation
- = most superficial type of injury
- in the strict sense "abrasion" is damage of epidermis
- => does not bleed

... but many abrasions do enter the dermis and lead to slight bleeding from small blood vessels in the papillae of dermis

Abrasions can be caused:

- actively by an object striking the skin punch ...
- passively if the body is hitting a stationary object in fall, car accident ... etc.

Different shapes of abrasions can be seen:

- linear (=scratch)
- broad (graze, brush abrasion)
- <u>arched/curved</u> fingernails
- round
- <u>patterned</u> designed pattern of tyre or radiator grille, sole of shoe ... etc.

=> abrasions are forensically very important wounds -

- they <u>acquire the pattern of causative object</u> sometimes this can help to identify the object important in criminal assaults (esp. homicides) and hit-and-run type of car accidents <u>take a picture</u>
- sometimes the direction of applied force can be determined: there are ruffled **shreds of epidermis in one end** of abrasion

II. BRUISES, CONTUSIONS

- bruises (haematomas) are caused by **blunt injury** to the tissues which damages blood vessels beneath the surface => blood leaks into the surrounding tissues
- superficial under the skin haematoma
- deep in any tissue or organ contusion

- bruises under the skin usually do not reproduce the pattern of causative object, because blood is spreading along fascia
- <u>exception</u>: intradermal bruising in uppermost layer of the dermis
- tramline bruise (railway b.) metal bar, cane, bat, rod ...
- periorbital haematoma unilateral (= "black eye", caused by a punch), bilateral ("raccoon eyes", broken nasal bones, skull base fracture, Warfarin)

- vary in size mm ... many cm
- small skin haemorrhages = <u>ecchymoses</u>
- dot-like haemorrhages = petechiae petechial haemorrhages produced by light direct force are usually seen in a small area

in contrast: large areas of petechiae occur due to venous blood congestion usually due to asphyxia!

position change

- of a bruise may occur after haemolysis /days/ blood when haemolysed, can 'slip' downwards ... especially in connective tissue with low density
- e.g. a bruise originally located on the forehead can move to eyelid due to gravitational force

<u>colour changes</u> – 'discoloration' - in time due to chemical degradation of haemoglobin (extravascular haemolysis):

violet / redviolet - blue - early after wounding

brown-violet - 3rd – 4th day

green - 5th – 6th day

yellow - 8th – 12th day

fading to normal skin colour - after 2 – 3 weeks

- depending on dimension, health, location etc.

(green-yellow colour can occur after minimum of 4 – 5 days, not earlier)

PARTICULARLY IMPORTANT

- if there are many bruises of markedly different colours in the same person, esp. in children

... that means the bruises must have been inflicted at different times !!! => repetitive injury - CAN syndrome

... though the parents usually say, that only one accidental event caused all the bruises

III. LACERATIONS

= splitting or tearing wound caused by blunt injury which damages the full thickness of the skin ...

=> bleed profusely

by the impact of a blunt object

especially in areas where the bones are beneath the surface – common on the scalp, face, elbows, knees etc. but less common in soft areas – abdomen and buttocks

due to rolling movement, by strong (blunt) force

when a vehicle runs over a body – skin can be torn off underlying connective tissue

= "flaying injury" (syn. décollement traumatique de la peau)

- the edges of a laceration are always <u>ragged</u>, ussually with marginal abrasion
- tissues strands (nerves, hair, fibrous bands or vessels), can be seen on the bottom of the wound
- whereas the injury from a sharp object is cleanly cut through